1995-1996

Directory

Alcohol and Drug Treatment Resources in Ontario

Ressources pour le traitement de l'alcoolisme et la toxicomanie en Ontario

Répertoire

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ARF Addiction Research Foundation / Fondation de la recherche sur la toxicomanie

DART Drug and Alcohol Registry of Treatment / Drogue et alcool – Répertoire des traitements

DART
1-800-565-8603

Information About Ontario's Substance Abuse Treatment System

DART

Drug and Alcohol Registry of Treatment

Providing information about and referral to addiction treatment services

Assisting professionals and the general public

Serving the Province of Ontario

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(as of Oct. 1/94, 9 a.m. to 9 p.m.)

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Drogue et alcool - Répertoire des traitements

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1995 - 1996
DIRECTORY

ALCOHOL AND DRUG TREATMENT RESOURCES IN ONTARIO

RÉPERTOIRE
1995 - 1996

RESSOURCES POUR LE TRAITEMENT DE L'ALCOOLISME ET LA TOXICOMANIE EN ONTARIO

Compiled by the staff of
The Drug and Alcohol Registry of Treatment (DART)
London, Ontario

The Drug and Alcohol Registry of Treatment (DART) was developed by the Addiction Research Foundation and is funded by the Ontario Substance Abuse Bureau of the Ministry of Health.

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TABLE OF CONTENTS
TABLE DES MATIÈRES

iii	Foreword / Avant-propos
vii	How to Use the Directory / Mode d'emploi du répertoire
viii	Sample Entry / Échantillon d'inscription
x	Definitions / Définitions

GEOGRAPHICAL LISTING BY DISTRICT HEALTH COUNCIL REGION
LISTE GÉOGRAPHIQUE SELON LES RÉGIONS DESSERVIES PAR LES CONSEILS RÉGIONAUX DE SANTÉ

1	South West DHC Region
37	Central West DHC Region
71	Central East DHC Region
123	Eastern DHC Region
175	North East Region
219	North West Region

APPENDICES
ANNEXES

A-1	**Appendix A / Annexe A** ARF Community Programs Department Service des programmes communautaires de la ARF
B-1	**Appendix B / Annexe B** Resources for Native Peoples Ressources à l'intention des autochtones
C-1	**Appendix C / Annexe C** Additional Resources available from the ARF Ressources supplémentaires disponibles à la ARF

INDEXES
INDEX

I-3	**Alphabetical Agency Index**
	Municipalities Index
I-9	Main Office Listings
I-10	Other Office Listings
	Treatment Type Index
I-12	OHIP-Designated Assessment and Referral Centres
I-13	Detoxification
I-14	Outpatient
I-16	Day/Evening
I-17	Short-term Residential
I-18	Long-term Residential
	Services for Special Populations Index
I-19	Native Peoples
I-20	Seniors
I-20	Women
I-21	Youth
I-22	Other Languages

FOREWORD

INTRODUCTION

The Drug and Alcohol Registry of Treatment (DART) is an information and referral service available to service providers (medical, social, correctional, educational, pastoral, etc.) who are seeking treatment for clients with drug and/or alcohol problems. DART recently opened its 1-800 lines to members of the general public who are experiencing problems related to substance abuse. DART is designed to assist in finding suitable treatment within Ontario.

The service, which opened in October 1991, is funded by the Ontario Substance Abuse Bureau of the Ontario Ministry of Health and operates in London, Ontario. DART was developed by the Addiction Research Foundation (ARF) at the request of the Ministry of Health as part of the Ministry's strategy to make the addiction treatment services system more efficient. DART complements the process used by the Ontario Health Insurance Plan (OHIP) for the "prior approval" of payment for Ontario residents seeking drug or alcohol treatment in the United States.

DART provides comprehensive up-to-date status reports on the availability of a wide range of drug and alcohol treatment options, detailed descriptions of the types of treatment services, and referral procedures. Information is accessed via a toll-free telephone line (1-800-565-8603) and covers services such as detoxification, assessment and referral, outpatient treatment, day treatment, residential care and services for special populations.

DART staff search a computerized database that is updated regularly and includes information on 228 drug and alcohol treatment agencies in Ontario and the almost 1,300 different services they provide. Treatment agencies report regularly to DART about available or upcoming treatment spaces.

DART contributes statistical data to the development of public policy and strategic planning concerning drug and alcohol treatment on a provincial, regional or local basis. DART responds to requests from the Ministry of Health, District Health Councils, other planning bodies and treatment agencies for summaries of descriptive and statistical information from the DART database regarding the addiction treatment system in Ontario.

Consistent with the mandate of the Drug and Alcohol Registry of Treatment (DART), the *1995 - 1996 Directory of Alcohol and Drug Treatment Resources in Ontario* has been extracted and compiled from the DART database. In collaboration with the Addiction Research Foundation (ARF), this Directory will be produced by DART every two years.

CRITERIA FOR INCLUSION IN DART

Generally, the DART database includes addiction-specific agencies in Ontario that:

- receive funding (in whole or in part) from the federal or provincial governments;
- offer a specialized treatment service for individuals with alcohol and drug problems;
- accept referrals from the community.

Agencies offering treatment for other types of addictions (e.g., smoking, food, gambling) and agencies specializing in addiction prevention or health promotion are not currently included in the DART database.

PURPOSE OF THE DIRECTORY

This Directory is compiled for use by individuals who need concise, current and comprehensive information concerning drug and alcohol treatment resources in Ontario. It is a resource for professionals working in addiction treatment and social service agencies, health professionals, employee assistance programs, community groups and the general public. For professionals, we hope the Directory will enhance your awareness of the range of addiction treatment resources and help you to serve your clients more effectively.

The Directory represents a "hard copy" of selected information contained in DART's database of addiction treatment agencies. It is not intended to replace use of the DART database, which offers more comprehensive information on the services provided by each agency and their availability. The DART database is updated on a regular basis and changes are made frequently to information about treatment agencies.

Listing of any agency in this Directory does not imply legitimization, authorization or endorsement by the Drug and Alcohol Registry of Treatment or the Addiction Research Foundation. Directory content is intended to be informative, not evaluative.

SCOPE OF THE DIRECTORY

In its main listings, the Directory includes all 228 agencies in the DART database as of January 1995. The Directory can capture only a portion of data on the addiction agencies, the treatment services they provide, and the activities associated with these services. The format of the Directory listings is similar to listings from the 1993 Directory.

DATA COLLECTION AND VERIFICATION

The content of the Directory was extracted from the DART database, which is continually being updated through contact with the staff of treatment agencies as information about their agencies and services changes. The entire database record of each agency is validated every six months. These Directory entries were verified by agency staff in January 1995.

FEEDBACK

We welcome comments regarding the presentation and content of the Directory.

Write, call or fax us at:

Drug and Alcohol Registry of Treatment (DART)
231 Hyman Street
London, Ontario N6A 1N6
DART toll-free line: 1-800-565-8603
Fax: 519-439-0455

HOW TO ORDER COPIES OF THE DIRECTORY

To order additional copies of this Directory or for information on the wide range of publications available through the Addiction Research Foundation, call or write to:

Addiction Research Foundation
Marketing Services
33 Russell Street
Toronto, Ontario M5S 2S1
Toll free: 1-800-661-1111
In Toronto: 416-595-6059
Fax: 416-593-4694

INFO-ARF TOLL-FREE INFORMATION LINE

The Information Centre of the Addiction Research Foundation (ARF) in Toronto staffs and maintains the INFO-ARF system of audio messages available on a broad range of topics relating to drug and alcohol addiction. French and multilingual messages are also available. Call toll-free at 1-800-463-6273.

AVANT-PROPOS

INTRODUCTION

Le service Drogue et alcool - Répertoire des traitements (DART) offre des renseignements et des recommandations aux fournisseurs de services (services médicaux, sociaux, correctionnels, éducatifs, religieux, etc.) à la recherche d'un traitement pour leurs clients aux prises avec des problèmes d'alcoolisme et de toxicomanie. DART a récemment étendu ses services aux membres du grand public aux prises avec des problèmes liés à la toxicomanie. DART aide les appelants à trouver un traitement approprié en Ontario.

Ce service, qui a été inauguré en octobre 1991, est parrainé par le Bureau ontarien de prévention de la toxicomanie du ministère de la Santé de l'Ontario et est situé à London en Ontario. DART a été mis au point par la Fondation de la recherche sur la toxicomanie, à la demande du ministère de la Santé, dans le cadre d'une stratégie visant à optimiser le réseau des services de traitement de la toxicomanie. DART complète la procédure utilisée par la Division de l'assurance-santé (autrefois l'OHIP) pour «l'autorisation préalable» du remboursement des résidants ontariens qui suivent un traitement aux États-Unis.

DART fournit des comptes rendus complets et à jour sur la disponibilité d'une vaste gamme de traitements de l'alcoolisme et la toxicomanie, des descriptions détaillées des services de traitement et procédures de recommandation. L'information est accessible par l'intermédiaire d'une ligne téléphonique sans frais (1-800-565-8603) et couvre un éventail de services dont la désintoxication, l'évaluation et l'orientation, le traitement en consultations externes, le traitement de jour, le traitement en établissement et les services à des populations particulières.

Pour effectuer ses recherches, le personnel de DART utilise une base de données informatisée qui est mise à jour régulièrement et contient des renseignements sur 228 organismes ontariens de traitement et les quelque 1 300 services qu'ils dispensent. Les organismes de traitement informent régulièrement le service DART des places qui sont déjà disponibles ou se libéreront sous peu.

DART fournit des données statistiques qui faciliteront l'élaboration des politiques gouvernementales et la planification stratégique en matière de traitement de l'alcoolisme et la toxicomanie, que ce soit à l'échelle provinciale, régionale ou locale. DART répond aux demandes du ministère de la Santé, des conseils régionaux de santé, et d'autres organismes de planification ou de traitement qui désirent un bref compte rendu de l'information descriptive et statistique sur le réseau ontarien de traitement de la toxicomanie.

Conformément au mandat du service Drogue et alcool - Répertoire des traitements (DART), le *Répertoire 1995 - 1996 des ressources pour le traitement de l'alcoolisme et la toxicomanie en Ontario* est compilé à l'aide de la base de données DART. Ce répertoire sera publié tous les deux ans par DART, en collaboration avec la Fondation de la recherche sur la toxicomanie.

CRITÈRES D'INCLUSION DANS LA BASE DE DONNÉES DART

La base de données DART contient de l'information sur les organismes ontariens spécialisés en toxicomanie. De manière générale, ces organismes :

- sont financés (en totalité ou en partie) par le gouvernement fédéral ou provincial;
- fournissent des services spécialisés de traitement aux personnes ayant un problème d'alcool ou de drogue;
- acceptent des recommandations provenant de la collectivité.

À l'heure actuelle, la base de données DART n'inclut pas les organismes qui offrent des traitements pour d'autres types de dépendance (p. ex. au tabac, au jeu, à la nourriture) et les organismes spécialisés en prévention de la toxicomanie ou en promotion de la santé.

OBJET DU RÉPERTOIRE

Ce répertoire est destiné aux personnes qui ont besoin d'un outil d'information concis et complet sur les ressources disponibles en Ontario dans le domaine du traitement de l'alcoolisme et de la toxicomanie. C'est une excellente ressource pour les professionnels à l'emploi des organismes de traitement de la toxicomanie et de services sociaux, les professionnels

de la santé, les programmes d'aide aux employés, les regroupements communautaires et le grand public. Dans le cas des professionnels, nous espérons que ce répertoire saura enrichir vos connaissances sur toute la gamme des ressources spécialisées en toxicomanie, et vous aidera à servir votre clientèle de manière plus efficace.

Ce répertoire est une version imprimée d'une sélection de renseignements contenus dans la base de données DART. Il n'est pas conçu en remplacement de la base de données DART, qui contient de l'information à jour et plus détaillée sur les services et la disponibilité de chaque organisme. La base de données DART est mise à jour régulièrement. De plus, les renseignements sur les organismes de traitement sont changès fréquemment.

Le fait que le nom d'un organisme figure dans le répertoire ne constitue pas une reconnaissance officielle, une autorisation, ni une recommandation de la part du service DART, ou de la Fondation de la recherche sur la toxicomanie. Le contenu du répertoire doit servir à l'information, et non à l'évaluation.

ÉTENDUE DU RÉPERTOIRE

Les listes principales du répertoire comprennent les 228 organismes que contenait la base de données DART au mois de janvier 1995. Le répertoire ne décrit qu'une partie des données fournies à la banque de données DART sur les organismes spécialisés en toxicomanie, leurs services de traitement et les activités associées à ces services. La présentation des descriptions est semblable à la présentation que l'on retrouve dans le répertoire 1993.

COLLECTE ET VÉRIFICATION DES DONNÉES

Le contenu du présent répertoire est tiré de la base de données DART, qui est constamment mise à jour à la suite des comptes rendus fournis par les organismes de traitement. Ces organismes nous font part de toute modification apportée à l'organisme même ou à ses services; le dossier informatisé de chaque organisme est vérifié et approuvé deux fois par année. La dernière vérification des données auprès des organismes s'est déroulée en janvier 1995.

COMMENTAIRES

Nous vous invitons à nous transmettre vos commentaires sur la présentation ou le contenu du répertoire. Veuillez écrire, téléphoner ou faire parvenir une télécopie au :

Drogue et alcool - Répertoire des traitements (DART)
231, rue Hyman
London (Ontario) N6A 1N6
Ligne sans frais DART : 1-800-565-8603
Télécopieur : 519-439-0455

COMMENT COMMANDER DES EXEMPLAIRES DU RÉPERTOIRE

Pour commander des exemplaires supplémentaires de ce répertoire ou pour de plus amples renseignements sur la vaste gamme de publications de la Fondation de la recherche sur la toxicomanie, appelez ou écrivez à :

Fondation de la recherche sur la toxicomanie
Service de marketing
33 rue Russell
Toronto ON M5S 2S1
Sans frais : 1-800-661-1111
À Toronto : 416-595-6059
Télec. : 416-593-4694

LIGNE D'INFORMATION SANS FRAIS INFO-ARF

Le centre d'information de la Fondation de la recherche sur la toxicomanie (la ARF), situé à Toronto, opère un système d'enregistrements audio portant sur une vaste gamme de sujets reliés aux drogues et à l'alcool. Les enregistrements sont tous traduits en français et certains messages sont multilingues.

HOW TO USE THE DIRECTORY

STRUCTURE
The addiction-specific agencies are listed geographically by the six District Health Council (DHC) Regions.

The six DHC regions are listed south to north. Within these regions, the cities in which the agencies are located appear in alphabetical order.

INDEXES/APPENDICES
Various indexes beginning on page I-3 identify agencies by treatment service type, by languages offered and by client type. Page numbers correspond to the entry for the agency. To quickly locate a particular agency in this Directory, refer to the Alphabetic Agency Index on page I-3. To locate agencies in a particular city, refer to the Municipalities Index on page I-9.

ARF resources are listed in Appendix A. Appendix B provides a list of aboriginal addiction treatment resources and Appendix C lists additional resources available from the ARF.

LANGUAGE
Those agencies on the DART database that have specified that they routinely offer services in French will have their agency information listed in both official languages.

MODE D'EMPLOI DU RÉPERTOIRE

STRUCTURE
Les organismes spécialisés en toxicomanie sont classés géographiquement selon les régions desservies par les conseils régionaux de santé.

Les six régions desservies par les CRS sont classées du sud au nord. À l'intérieur de ces régions, les villes sont classées par ordre alphabétique.

INDEX ET ANNEXES
Les index qui commencent à la page I-3 classent les organismes selon les types de traitements, les langues parlées au sein de l'organisme et les types de clients admis. Les numéros de pages correspondent aux indications données. Pour en savoir plus, consulter l'«échantillon d'inscription» qui se trouve à la page suivante. Pour trouver rapidement un organisme inscrit sur cette liste, consulter les index alphabétiques à la page I-3. Pour connaître les organismes situés dans une ville donnée, consulter l'index des municipalités de la page I-9.

Les ressources de la ARF sont énumérées à l'annexe A. L'annexe B contient une liste des traitements de la toxicomanie offerts aux populations autochtones. L'annexe C contient une liste des ressources supplémentaires disponibles à la ARF.

LANGUE
Les renseignements concernant les organismes inscrits dans la base de données DART et ayant précisé offrir régulièrement des services en français apparaîtront dans les deux langues officielles.

SAMPLE ENTRY

The following sample explains the content of the entry for each agency and the main service(s) it offers.

CITY IN WHICH AGENCY IS LOCATED

NAME OF THE ADDICTION-SPECIFIC AGENCY

	Main Office Address	*Director:*	Agency Head
	Municipality Province	*Phone:*	Telephone number
	Postal Code	*Fax:*	Fax number

Agency Description: Statement of agency goals, mandate, philosophy and clientele.

Services Offered: See next page for definitions of service types used by DART. Due to space limitations, the services described in detail below are comprehensive assessment (offered by an Assessment and Referral Centre), detoxification, outpatient, day/evening, short-term and long-term residential. An agency may offer more than one of these services.

Service Description: **SERVICE TYPE** (See definitions on page x) Name of service if it differs from the agency name.

Location: Address of service if it differs from the Main Office Address.

Contact: Name of staff to contact if interested in this service (phone number if different than the agency phone number).

Hours: Hours service is offered (M, Tu, W, Th, F, Sa, Su; 24-hour clock, e.g., 3:30 p.m. = 1430).

Clients: Age range (0-99 = no set limits) and gender.

Languages: Languages in which service can be arranged.

Area Served: Geographical area served.

Service Note: Details about the service provided, which may include types of groups, frequency of meetings, average length of program, service philosophy, etc.

Access Notes: Details on admission criteria or any factors that may affect the general accessibility of the service to particular clients, including restrictions, requirements or opportunities of interest to potential clients.

Other Offices: Municipality of satellite offices, if any. (Phone number if different from agency level.)

COMMON TERMS AND DART CODES (that may be found in the entries):

AA/NA/CA	Alcoholics Anonymous/Narcotics Anonymous/Cocaine Anonymous
ACOA	Adult Children of Alcoholics
A/R Centre	Assessment and Referral Centre
CAS	Children's Aid Society
CMHC	Canada Mortgage and Housing Corporation
COMSOC	Ontario Ministry of Community and Social Services
CSC	Correctional Services Canada
FBA	Family Benefits Allowance
GWA	General Welfare Assistance
in-house	within the agency itself
MCS	Ontario Ministry of the Solicitor General and Correctional Services
NNADAP	National Native Alcohol and Drug Abuse Program
OHIP	Ontario Health Insurance Plan
UIC	Unemployment Insurance Commission
YMCA/YWCA	Young Men's/Women's Christian Association

ÉCHANTILLON D'INSCRIPTION

L'échantillon suivant explique le contenu de l'inscription de chaque organisme ainsi que les principaux services qu'il offre.

VILLE DANS LAQUELLE L'ORGANISME EST SITUÉ

NOM DE L'ORGANISME SPÉCIALISÉ EN TOXICOMANIE

Adresse du bureau principal	*Directeur* : Chef de l'organisme
Municipalité, province	*Télépnone* : Numéro de téléphone
Code postal	*Télécopieur* : Numéro de télécopieur

Description de l'organisme: Énoncé des objectifs de l'organisme, son mandat, sa philosophie et sa clientèle.

Services offerts : Consulter la page suivante pour connaître les définitions des types de services utilisés par DART. En raison des contraintes d'espace, les services décrits ci-dessous sont : évaluations complètes (offertes par un centre d'évaluation et d'orientation), désintoxication, traitement en consultation externe, traitement de jour ou de soir, traitement de courte durée en établissement, traitement de longue durée en établissement. Un organisme peut offrir plus d'un de ces services.

Description des services : **TYPE DE SERVICE** (voir les définitions à la page xi.) Nom du service si celui-ci est différent du nom de l'organisme.

Emplacement : Adresse du service si celle-ci est différente de l'adresse du bureau principal.

Référence : Nom de la personne avec qui communiquer si intéressé par ce service (Numéro de téléphone si celui-ci est différent du numéro du bureau principal.)

Heures d'ouverture : Heures durant lesquelles le service est offert. (Lun. mar. mer. jeu. ven. sam. dim.)

Clientèle : Groupe d'âge (0 à 99 = pas de limite d'âge) et sexe.

Langues : Langues parlées à l'intérieur du service.

Région desservie : Région géographique desservie.

Autre information - service : Détails sur les services offerts, notamment les types de groupes, la fréquence des rencontres, la durée moyenne du programme, la philosophie du service, etc.

Autre information - accès : Détails sur les critères d'admission ou sur tout autre facteur pouvant influer sur l'accès général de certains clients au service, entre autre les restrictions, les exigences ou les occasions d'intérêt aux clients éventuels.

Bureaux : Municipalité des bureaux satellites, s'il y a lieu. (Numéro de téléphone si celui-ci est différent du numéro de l'organisme principal.)

EXPRESSIONS ET CODES UTILISÉS PAR DART (pouvant se retrouver dans les inscriptions):

AA/NA/CA	Alcooliques Anonymes/Narcotics Anonymous/Cocaine Anonymous
AEA	Adultes enfants d'alcooliques
Centres O/É	Centres d'orientation et d'évaluation
SAE	Société d'aide à l'enfance
SCHL	Société canadienne d'hypothèque et de logement
MSSC	Ministère des Services sociaux et communautaires de l'Ontario
SCC	Service correctionnel du Canada
PPF	Programme de prestations familiales
AGBS	Assistance générale en bien-être social
interne	à l'intérieur de l'organisme
MSGSC	Ministère du Solliciteur général et des Services correctionnels de l'Ontario
PNLAADA	Programme national de lutte contre l'abus de l'alcool et des drogues chez les autochtones
PSO	Protection-santé de l'Ontario (anciennement OHIP)
PAC	Prestations d'assurance-chômage
YMCA/YWCA	Young Men's/Women's Christian Association

DEFINITIONS

AGENCY

Treatment agencies listed in this Directory provide a variety and range of services for their clients. Some treatment agencies are free-standing, meaning that they are not tied administratively to other organizations. Other agencies are embedded, meaning that they deliver their specialized alcohol and drug services within a larger, more generic organization, such as a non-medical detoxification centre operating under the auspices of a general hospital.

SERVICE

This refers to clinical and other activities available to clients, specifically different treatment options along the continuum of care. In a small number of instances, one agency may offer only one type of service (e.g., some detoxification centres). In many instances, however, an agency will offer more than one service. For example, a non-residential treatment agency may offer outpatient counselling, a day/evening service and continuing care.

DEFINITIONS OF SERVICES:

Comprehensive Assessment: Systematic procedures for the identification of a client's major strengths and problem areas, culminating in a treatment plan and referral(s) for assistance.

Detoxification: Services provided to clients intoxicated or in withdrawal from alcohol and/or other drugs. These may be provided under medical supervision or in a non-medical detoxification centre.

Outpatient Treatment: Treatment provided on a non-residential basis, usually in regularly scheduled sessions (e.g., one to two hours per week).

Day/Evening Treatment: Intensive, structured non-residential treatment, typically provided five days or evenings per week (e.g., three to four hours per day).

Short-term Residential: Treatment provided for an intensive, structured period of time while the client resides in-house. The length of stay is typically less than 40 days.

Long-term Residential: Treatment and/or rehabilitation services provided for a period of time typically longer than 40 days. These programs include recovery homes, halfway houses, three-quarter-way houses and therapeutic communities.

Intake/Screening: Procedures for determining a client's eligibility for the services provided by the agency, registering the client into the appropriate services, and providing an overview of the services provided, expectations, rules, etc.

Walk-in and Crisis Services: A service that emphasizes ease and immediacy of access and that provides assistance, support, advice or attention to urgent medical, psychosocial and basic needs.

Family Intervention: A service targeted specifically at family members to provide education, assistance and/or other support, whether or not the addicted individual is in treatment (may be non-residential or residential). This is distinct from involvement of the family (significant others) in a client's assessment or treatment plan where this is provided on an as-needed basis.

Continuing Care: Resources or services that provide continuing encouragement and additional services as needed during or following client's completion of a treatment plan.

Supportive Stabilization: Resources or services that provide a supportive environment to a client being stabilized prior to treatment; pre-treatment.

DÉFINITIONS

ORGANISME

Les organismes de traitement inscrits dans ce répertoire offerent une vaste gamme de services pour leurs clients. Certains traitements organismes sont autonomes, en ce sens qu'ils ne sont pas liés, du point de vue administratif, à d'autres organismes. D'autres organismes sont intégrés parce qu'ils offrent des services spécialisés de traitement des problèmes d'alcool et de drogue au sein d'un organisme plus vaste et plus général. On pense, par exemple, à des centres de désintoxication non médicale ou des établissements de traitement qui mènent leurs activités sous les auspices d'un hôpital général, et à des organismes d'évaluation ou de consultations externes qui sont parrainés par des organismes communautaires.

SERVICE

Ce terme désigne les activités cliniques ou autres auxquelles les clients ont accès, en particulier les diverses options de traitement de l'éventail de soins. Quelques organismes n'offrent qu'un seul type de service (p. ex., certains centres de désintoxication). Très fréquemment, cependant, les organismes dispensent plus d'un service. Par exemple, un organisme offrant un traitement en consultation externe peut prodiguer des services de consultation, un service de jour ou de soir et des soins continus.

DÉFINITION DES SERVICES:

Évaluation complète : Procédés systématiques utilisés pour identifier les points forts et les problèmes du client; cette démarche conduit à l'établissement d'un plan de traitement et à des recommandations pour obtenir de l'aide.

Désintoxication : Services offerts aux clients intoxiqués ou qui sont en sevrage de l'alcool ou d'autres drogues. Ces services peuvent être offerts sous surveillance médicale ou dans un centre de désintoxication non médicale.

Traitement en consultation externe : Traitement fourni sans séjour en établissement et, habituellement, dans le cadre de séances régulières (p. ex. une ou deux heures par semaine).

Traitement de jour ou de soir : Programme de traitement intensif et structuré qui ne prévoit pas de séjour en établissement. Ces programmes sont habituellement offerts cinq jours ou cinq soirs par semaine (p. ex. trois ou quatre heures par jour).

Traitement de courte durée en établissement : Traitement intensif et structuré au cours duquel le client réside dans un établissement. La longueur du séjour est habituellement inférieure à 40 jours.

Traitement de longue durée en établissement : Le traitement ou les services de réadaptation couvrent habituellement une période supérieure à 40 jours. Ces programmes sont offerts par des centres de rétablissement, des foyers de transition et des groupes thérapeutiques.

Admission/sélection : Procédés utilisés pour déterminer l'admissibilité du client aux programmes offerts, pour inscrire le client dans le programme de traitement voulu et pour expliquer les services offerts, les attentes, les règlements, etc.

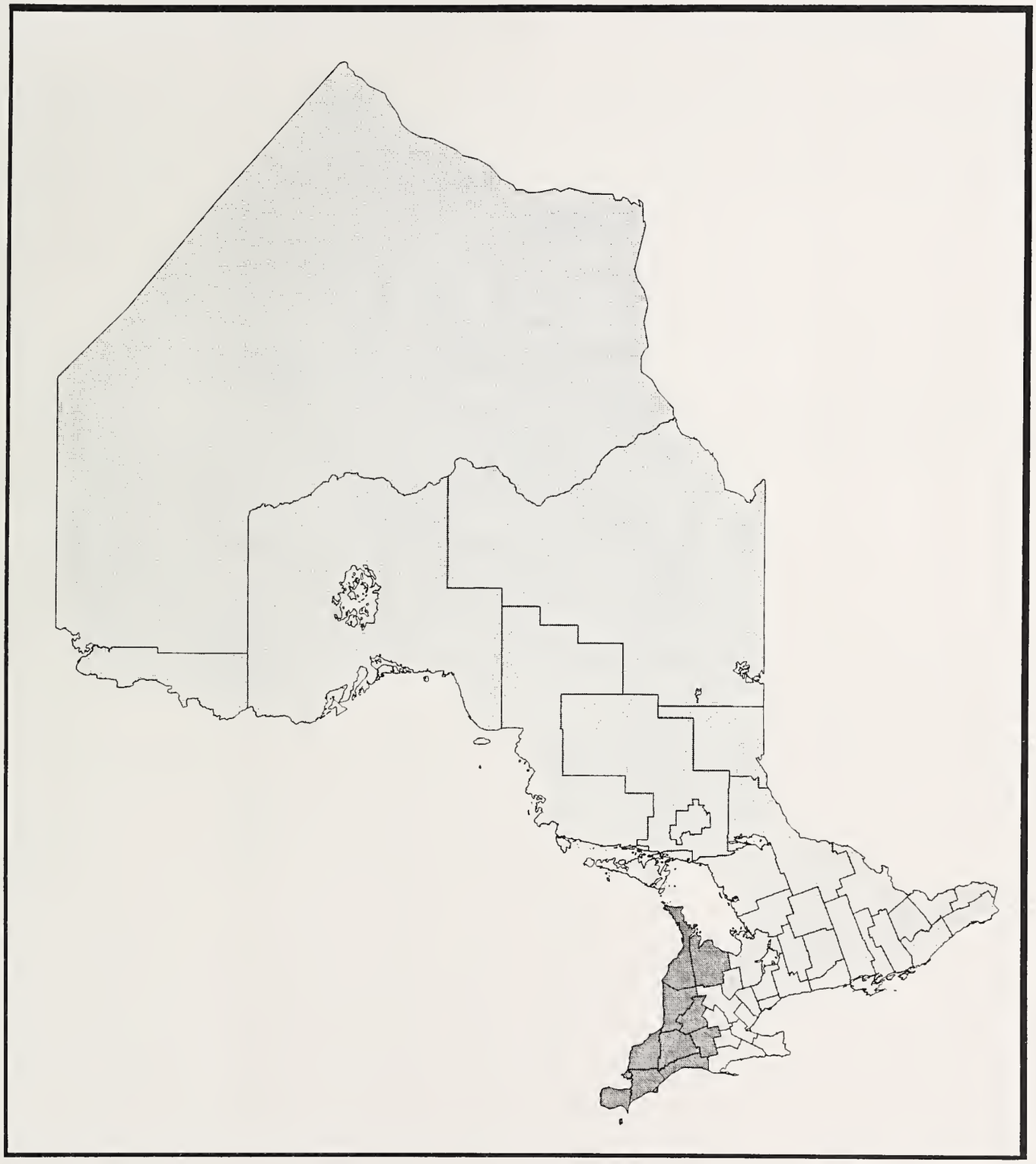
Services sans rendez-vous et services d'urgence : Services axés sur l'accès immédiat à du soutien ou de l'aide, des conseils ou des services médicaux et psychosociaux, ainsi que des services essentiels urgents.

Intervention auprès de la famille : Service d'éducation, d'assistance ou de soutien offert spécialement aux membres de la famille d'une personne toxicomane, qu'elle suive un traitement ou non. Ce service, qui peut être offert en consultation externe ou en établissement, diffère de la participation de la famille (ou des personnes proches) à l'évaluation ou au traitement du client, qui se fait en fonction des besoins.

Soins continus : Ressources ou services prévoyant un encouragement continu ou une aide supplémentaire pendant ou après la réalisation du plan de traitement.

Stabilisation pré-traitement : Ressources ou services visant à fournir au client tout le soutien dont il a besoin avant de passer au traitement.

South West District Health Council Region



INCLUDES THE COUNTIES/DISTRICTS OF:

- Bruce
- Elgin
- Essex
- Grey
- Huron
- Kent
- Lambton
- Middlesex
- Oxford
- Perth

KENT COUNTY ADDICTIONS PROGRAM

106 Emma St.
Chatham Ontario
N7L 1A8

Director: Barb Tiessen
Phone: (519) 436-2599
Fax: (519) 436-2536

Agency Description: Outpatient service designed to assist individuals and families with alcohol or other drug-related problems. Provides assessment, referral and treatment services to adults and youth of Kent County. Sponsored by Public General Hospital.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **ASSESSMENT** Youth Services/Adult and Family Services
Contact: Any staff
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English, French
Area Served: Kent County. Also serve those from out of county working in Kent County and those referred by Kent County Probation/Parole.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Appointment for assessment scheduled during intake. Comprehensive, structured format. Counsellor conducts holistic evaluation and collaborates to formulate a treatment plan. PEI/PESQ testing available.
Access Notes: Clients in crisis can be admitted immediately.
Other Offices: Wallaceburg (Youth Services only. 519-627-3397)

Service Description: **OUTPATIENT** Youth Services/Adult and Family Services
Contact: Any staff
Hours: M-F 830-1630 (evening appointments and groups)
Clients: Ages 16-20 / 21-99 Male/Female
Languages: English, French
Area Served: Kent County. Also those from out-of-county working in Kent County and those referred by Kent County Probation/Parole.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (group). Phase II: moves from assessment to outpatient. Individual/group counselling. Context of service flexible depending on need (individualized treatment). Number of activity options in form of group therapy.
Access Notes: Must be assessed in-house. Crisis situations can be admitted immediately. Some groups are held in Wallaceburg or area high schools.
Other Offices: Wallaceburg (Youth Services only. 519-627-3397)

KENT COUNTY ADDICTIONS PROGRAM

106 rue Emma
Chatham ON
N7L 1A8

Directrice : Barb Tiessen
Téléphone : (519) 436-2599
Télécopieur : (519) 436-2536

Description de l'organisme : Un service en consultation externe conçu pour aider les individus et les familles aux prises avec des problèmes liés à l'alcool ou aux autres drogues. Offre des services d'évaluation, d'orientation et de traitement aux adultes et aux jeunes du comté de Kent. Commandité par l'Hôpital Public General.

Services offerts : Évaluation, soins continus, intervention auprès de la famille, admission/sélection, consultation externe, services sans rendez-vous et d'urgence

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Description des services : **ÉVALUATION** Services aux jeunes/services aux adultes et à la famille
Référence : Tous les employés
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Comté de Kent. Accepte aussi les clients de l'extérieur du comté de Kent mais qui y travaillent et les clients recommandés par le service de libération conditionnelle du comté de Kent.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Accepte les adultes enfants d'alcooliques. Rendez-vous pour l'évaluation fixé durant l'admission. Présentation complète et structurée. Le conseiller mène une évaluation globale et collabore à l'élaboration du plan de traitement. Possibilité de faire les tests IEP et PESQ.
Autre information - accès : Les clients en crise peuvent être admis immédiatement.
Bureaux : Wallaceburg (Services aux jeunes seulement 519-627-3397)

Description des services : **CONSULTATION EXTERNE** Services aux jeunes/services aux adultes et à la famille
Référence : Tous les employés
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 (rendez-vous en soirée et en groupes)
Clientèle : Groupe d'âge : de 16 à 20 ans/de 21 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Comté de Kent. Accepte aussi les clients de l'extérieur du comté de Kent mais qui y travaillent et les clients recommandés par le service de libération conditionnelle du comté de Kent.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Offre des services spécialisés aux adultes enfants d'alcooliques (groupe). Phase II : passe de l'évaluation à la consultation externe. Consultation individuelle et de groupe. Le service s'adapte aux besoins du client (traitement individualisé). Certain nombre d'options d'activités sous forme de thérapie de groupe.
Autre information - accès : L'évaluation doit avoir lieu à l'interne. Les clients en crise peuvent être admis immédiatement. Certaines séances de groupe ont lieu à Wallaceburg ou à l'école secondaire de la région.
Bureaux : Wallaceburg (Services aux jeunes seulement 519-627-3397)

HURON ADDICTION ASSESSMENT AND REFERRAL CENTRE

79 Wellington St., Box 478
Clinton Ontario
N0M 1L0

Director: Meryl Thomas
Phone: (519) 482-1767
Fax: (519) 482-7231

Agency Description: Assessment, referral and case management for alcohol- or drug-troubled persons. Treatment plan developed for individual in conjunction with referrals to treatment agencies. Supportive family and outpatient counselling, public education.

Services Offered: Assessment, Continuing Care, Outpatient

Service Description: **ASSESSMENT**
Contact: Meryl Thomas
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Huron County. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Initial interview scheduled. Office Manager completes an intake/screening form over the phone.

Access Notes: Clients must not be impaired at the time of interview or when other contacts are made with the agency. No smoking.

Service Description: **OUTPATIENT**
Contact: Meryl Thomas
Hours: M-F 830-1630
Clients: Ages 12-99 Male/Female
Languages: English
Area Served: Huron County. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (group). Individual counselling. Group family program, probation/parole group. Service is limited (not formally funded), may also be offered in Exeter, Goderich, Seaforth and Wingham. Average stay is 180 days.

Access Notes: Client must not be impaired at time of interview or when other contacts are made with the agency. No smoking.

AWARENESS AND PREVENTION OF DRUG AND ALCOHOL ABUSE PROGRAM

53 Indian Lane
Kettle Point Reserve Ontario
N0N 1J0

Director: Beth Henry
Phone: (519) 786-6260
Fax: (519) 786-2108

Agency Description: Counselling and assessments for residents of Kettle and Stony Point Reserves who are concerned about their own or others' alcohol or drug problems. Clients seen on an individual or family basis. Prevention and education presentations.

Services Offered: Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Beth Henry
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Kettle and Stony Point Reserves.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (group). Offers specialized service to clients who have been sexually, physically or emotionally abused. Enter through intake. When goal is achieved, client advances to next phase (continuing care). Healing circle, individual/group counselling. Al-Anon/AA/NA encouraged.

Access Notes: Must be substance-free during counselling. Clients who do not wish to be seen at the office are provided with the service through outreach.

QUINTIN WARNER HOUSE

477 Queens Ave.
London Ontario
N6B 1Y3

Director: Pierre Sonier
Phone: (519) 434-8041
Fax:

Agency Description: A recovery home for men and day treatment for women with drug and alcohol problems. Operates on the premise that, in most cases, destructive excessive drinking patterns are symptomatic of basic life maladjustments.

Services Offered: Assessment, Continuing Care, Day/Evening, Intake/Screening, Long-term Residential

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Service Description: **DAY/EVENING**
Contact: Bernie Gillen
Hours: M-F 730-1730 (can be negotiated)
Clients: Ages 18-59 Female
Languages: English
Area Served: All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. If women require more intensive treatment, residential services can be arranged. Individual/group counselling. Average stay is 120 days.

Access Notes: Women only. Must be substance-free three days. If using hard drugs (e.g., cocaine) or IV drugs, must be substance-free two weeks. Must be assessed before admission. Residential accommodation available through support services. Must participate in all aspects of program. Cost: depends on income. Must admit drug/alcohol problem and be motivated to receive treatment. Accepts pregnant clients (depending on circumstances, final decision made after interview).

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Bernie Gillen
Hours: M-F 900-1700
Clients: Ages 18-59 Male
Languages: English
Area Served: All Ontario.

Service Note: Treatment centre. Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Must contact the agency and arrange an intake interview. Structured program. AA/NA attendance encouraged. Average stay is 120 days.

Access Notes: Men only. Must be substance-free three days. If using hard drugs (e.g., cocaine) or IV drugs, must be substance-free two weeks. Must be assessed before admission. Must participate in all aspects of program. Cost: depends on income. Must admit drug/alcohol problem and be motivated to receive treatment.

SALVATION ARMY CORRECTIONAL AND JUSTICE SERVICES ADDICTION EDUCATION PROGRAM

757 Richmond St.
London Ontario
N6A 3H4

Coordinator: Ed Westlake
Phone: (519) 432-9553
Fax: (519) 432-6306

Agency Description: Educational program: 1) provides an understanding of the effects and dangers of substance use and chemical dependency; 2) creates client motivation to change. Provides court with additional disposition for alcohol/drug-related offences.

Services Offered: Assessment, Intake/Screening, Outpatient, Supportive Stabilization

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Service Description: **OUTPATIENT**
Contact: Ed Westlake
Hours: 1900-2100 2 nights per week
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: London and surrounding area.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Assesses own alcohol/drug use and behavior. Modifies behavior through education. Individual/group counselling. Testing: assignments/quizzes/final exam. Classes: two hours two nights/week for five weeks. End result: self-evaluation.

Access Notes: No substance use 12 hours prior to start of classes. Cost: based on ability to pay if not a Ministry of Correctional Services (i.e., probation/parole) client.

ST. JOSEPH'S DETOXIFICATION CENTRE

471 William St.
London Ontario
N6B 3E4

Director: Bob Fleming
Phone: (519) 432-7241
Fax: (519) 432-9273

Agency Description: Provides a safe environment for people under the influence of alcohol/drugs who wish to sober up. Connected with St. Joseph's Hospital, the Centre attempts to motivate clients to seek treatment. Staff do not administer medication.

Services Offered: Detoxification

Service Description: **DETOXIFICATION**
Contact: Any Staff
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, some French and Dutch
Area Served: Thames Valley. Some clients from Kent, Lambton, Perth. Southwestern Ontario.

Service Note: This is a non-medical detoxification; therefore anyone in need of medical care is assisted in accessing the emergency department at a hospital.

Access Notes: Drug users must be cleared through an emergency room or family physician before entering detox.

ST. JOSEPH'S DETOXIFICATION CENTRE

471 rue William
London ON
N6B 3E4

Directeur : Bob Fleming
Téléphone : (519) 432-7241
Télécopieur : (519) 432-9273

Description de l'organisme : Offre un milieu sécuritaire aux personnes intoxiquées ou en état d'ébriété qui désirent devenir sobres. Affilié à l'Hôpital St. Joseph, le centre tente de motiver les clients à chercher un traitement. Le personnel d'administre pas de médicaments.

Services offerts : Désintoxication

Description des services : **DÉSINTOXICATION**
Référence : Tout les employés
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Anglais, un peu de français et d'hollandais
Région desservie : Thames Valley. Certains clients viennent de Kent, Lambton, Perth. Sud-ouest de l'Ontario.

Autre information - service : Il s'agit d'une cure de désintoxication non médicale; en conséquence, nous aidons quiconque nécessite des soins médicaux à se rendre à la salle d'urgence d'un hôpital.

Autre information - accès : Les usagers de drogues doivent avoir reçu leur congé de la salle d'urgence ou de leur médecin de famille avant d'être admis au service de désintoxication.

ST. LEONARD'S SOCIETY OF LONDON

Administrative Office, 183 King St.
London Ontario
N6A 1C9

Director: Peter Aharan
Phone: (519) 663-9330
Fax: (519) 663-9499

Agency Description: Residential and non-residential programs targeting a diverse group of offenders referred through agents of the criminal justice system.

Services Offered: Assessment, Intake/Screening, Long-term Residential, Outpatient, Supportive Stabilization, Walk-in and Crisis

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Service Description: **OUTPATIENT** Cody Centre
Location: 108 King Edward London Ontario N5Z 3T1
Contact: Patricia Kaye-Burge (Phone: 519-668-2701 Fax: 519-668-7549)
Hours: M-F 900-1700
Clients: Ages 18-99 Male
Languages: English
Area Served: Southwestern Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Primary service is eight sessions (once a week). Alcohol and Drug Education Program with matching Life Management Program—Cognitively based (twice a week for eight weeks). Relapse Prevention Program (three sessions). Individual/group counselling.

Access Notes: Men only. Must be detoxed.

Service Description: **LONG-TERM RESIDENTIAL** Cody Centre
Location: 108 King Edward London Ontario N5Z 3T1
Contact: Patricia Kaye-Burge (Phone: 519-668-2701 Fax: 519-668-7549)
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English
Area Served: Southwestern Ontario.

Service Note: Transition home. Will accept adult children of alcoholics. Accepts clients with potential for violence towards themselves and others (staff trained in suicide prevention and diffusion of hostility). Cognitive restructuring intervention. Reality therapy supported by behavioral control. Can work or attend school. Average stay is 120 days.

Access Notes: Men only. Must be detoxed one to two days. Must be assessed in-house or at an Assessment and Referral Centre. Must actively participate in plan of care. Strict adherence to legal expectations. Cost: $8/day rent. Targeted to correctional clients. Must participate in constructive daytime activity (e.g., school, work, volunteering).

Service Description: **LONG-TERM RESIDENTIAL** Luxton Centre
Location: 567 Queens Ave. London Ontario N6B 1Y9
Contact: Alex Poole (Phone: 519-439-0571 Fax: 519-439-5837)
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English
Area Served: Southwestern Ontario.

Service Note: Transition home. Accepts clients with potential for violence towards themselves and others (staff trained in suicide prevention and the diffusion of hostility). Will accept adult children of alcoholics. Cognitive restructuring intervention. Reality therapy supported by behavioral control. Average stay is 75 days.

Access Notes: Men only. Must be detoxed one to two days. Must be assessed in-house. Must actively participate in plan of care. Strict adherence to legal expectations. Well suited to impaired drivers facing incarceration. Targeted to correctional clients. Cost: $56/week room/board. Must participate in constructive daytime activity (e.g., school, work, volunteering). No smoking. Fully funded by MCS. Clients must be referred through the Elgin-Middlesex Detention Centre.

ST. STEPHEN'S HOUSE

36 Gower St.
London Ontario
N6H 2E6

Director: Sister St. Patrick
Phone: (519) 432-7057
Fax:

Agency Description: Attempts to meet the physical, social, spiritual and emotional needs of alcohol/drug abusers, enabling them to become responsible members of the community. Participation in AA is mandatory. Outpatient programs are also offered.

Services Offered: Intake/Screening, Long-term Residential

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Sister St. Patrick
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English
Area Served: All Ontario.

Service Note: AA model. Recovery home. Can work/attend school when client has progressed to that stage. Average stay is 420 days.

Access Notes: Men only. Must be detoxed one month. Must be a graduate of short-term residential treatment. Must be assessed in-house. Program is self-governing. Attend AA/NA four meetings/week.

THAMES VALLEY ADDICTION ASSESSMENT AND REFERRAL CENTRE

256 Pall Mall St., Suite 301
London Ontario
N6A 5P6

Director: Linda Sibley
Phone: (519) 673-3242
Fax: (519) 673-1022

Agency Description: Offers professional assessment and referrals to alcohol or drug-troubled persons, self-referred or otherwise.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT** London (Middlesex) Office
Contact: Madeleine Brown
Hours: M-F 830-1630. Open Tuesday evenings.
Clients: Ages 0-99 Male/Female
Languages: English, and arrangements are made for interpreters as necessary
Area Served: Middlesex, Elgin and Oxford Counties. Some flexibility if temporary residence in this catchment, no assessment/referral centre in local area, or special circumstances.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Encouraged to attend a screening group and two information sessions prior to the assessment interview.
Access Notes: Must go through intake first. Must set appointments through London Office.
Other Offices: St. Thomas (Elgin 519-631-9900), Woodstock (Oxford 519-539-6121)

Service Description: **OUTPATIENT** London (Middlesex) Office
Contact: Madeleine Brown
Hours: M-F 830-1630. Open Tuesday evenings.
Clients: Ages 18-99 Male/Female
Languages: English, and arrangements are made for interpreters as necessary
Area Served: Middlesex, Elgin and Oxford Counties.

Service Note: Short-term contracts for outpatient counselling. Use cognitive behavioral approach.
Access Notes: Must be assessed in-house.

TURNING POINT

Box 33010, Oxbury Postal Outlet, 1299 Oxford St. E
London Ontario
N5Y 5L4

Director: Jim Pettit
Phone: (519) 659-9618
Fax: (519) 453-1008

Agency Description: Co-ed recovery home that provides a temporary home-like residence for recovering alcohol/drug-dependent people. Services such as individual and group counselling, life skills, social and recreational activities are available to residents.

Services Offered: Continuing Care, Day/Evening, Intake/Screening, Long-term Residential

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Service Description: **DAY/EVENING**
Location: 612 Mornington Ave. London Ontario N5Y 3G1
Contact: Anne Cronin
Hours: M-F 800-1600 (24 hour on call service for clients)
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Primarily Middlesex County. All Ontario.

Service Note: AA model. Attend groups all day. Individual/group counselling. May progress into residential program if required. Average stay is 180 days.

Access Notes: Must be detoxed 10 days. Must be assessed in-house. AA/NA included. Must attend group sessions. Spiritual component. Accepts pregnant clients (over aged 16) up to and following delivery. Children may visit after 16:00. No apparent aggression or hostility.

Service Description: **LONG-TERM RESIDENTIAL**
Location: 612 Mornington Ave. London Ontario N5Y 3G1
Contact: Anne Cronin
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Primarily Middlesex County. All Ontario.

Service Note: Recovery home. Accepts clients with potential for violence towards themselves and others (only if not showing violence at the time). Can work or attend school after 60 days. Structured program. Two locations, second location at 225 Wharncliffe N., London (519-439-9034). Average stay is 120 days.

Access Notes: Must be detoxed 10 days. Must be assessed in-house. AA/NA included. Must attend group sessions. First-come first-serve basis waiting list, but clients with unstable living arrangements given priority. Accepts pregnant clients (over age 16) up to and following delivery. Children may visit after 16:00. Cost: sliding scale, based on ability to pay. Clients usually stay four months but can stay up to one year.

G & B HOUSE

980 4th Ave. East
Owen Sound Ontario
N4K 2P1

Director: Susan Murdoch
Phone: (519) 376-9495
Fax: (519) 376-3972

Agency Description: Recovery home for men with substance abuse problems. Early recovery issues, individual counselling. Psychosocial model.

Services Offered: Assessment, Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Nuala O'Connell
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: Grey and Bruce Counties.

Service Note: Treatment centre/Recovery home. Will accept adult children of alcoholics. Psychosocial model. Develop and negotiate treatment plan. Structured program. Individual counselling (sexual abuse, male batterers, Native issues, one Native staff). Once-a-week AA meeting based on client needs. Average stay is 135 days.

Access Notes: Men only. Must be detoxed three days. Must be assessed in-house or at an Assessment and Referral Centre. Cost: dependent upon income (restricted number of fee-for-service beds); funding for out-of-town clients with no income can be negotiated.

GREY-BRUCE ALCOHOL ASSESSMENT AND REFERRAL SERVICE

930 Second Ave. E.
Owen Sound Ontario
N4K 2H6

Director: Jill MacArthur
Phone: (519) 371-1232
Fax: (519) 372-1592

Agency Description: Offers comprehensive addiction assessment for individuals with alcohol or other drug-related problems. Provides referrals, supportive counselling, case management, follow-up. Service accessible in eight communities in Grey and Bruce Counties.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT** Owen Sound Office
Contact: Jill MacArthur
Hours: M-F 830-1700 (evening hours on request)
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Grey and Bruce Counties.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Service for those with alcohol/drug problems or their families. Supportive individual counselling, case management.

Access Notes: Service at eight offices in Grey-Bruce Counties.

Other Offices: Durham, Hanover, Kincardine, Meaford, Southampton, Walkerton, Wiarton

Service Description: **OUTPATIENT** Owen Sound Office
Contact: Eileen Saker
Hours: M-F 830-1700 (evening hours on request)
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Grey and Bruce Counties.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Some clients continue with assessment worker for counselling (individual, couple, family) with other resources or as sole intervention. Outpatient begins immediately after assessment, if appropriate. Individual counselling. Average stay is 180 days.

Access Notes: Service at eight offices in Grey-Bruce Counties. Must be assessed in-house. Must be substance-free for appointments.

Other Offices: Durham, Hanover, Kincardine, Meaford, Southampton, Walkerton, Wiarton

GREY BRUCE DETOXIFICATION CENTRE

495 9th Ave. E., P.O. Box 1400
Owen Sound Ontario
N4K 6M9

Manager: Paul Wagler
Phone: (519) 376-5666
Fax: (519) 376-7366

Agency Description: Provides a reassuring environment in which inebriated or withdrawing individuals can detoxify. Offers assessment, referral, motivation toward rehabilitation, group sessions, supportive stabilization, residential care for day treatment.

Services Offered: Assessment, Detoxification, Intake/Screening, Supportive Stabilization, Walk-in and Crisis

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Service Description: **DETOXIFICATION**
Contact: Staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Grey and Bruce Counties. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (unless actually violent at admission). Residential facility with hospital back-up. Detox, then motivation of client to do something about problem, then assessment, then referral. AA/NA strongly encouraged.

Access Notes:

GREY BRUCE REGIONAL HEALTH CENTRE, ADDICTION DAY TREATMENT PROGRAMS

Unit 8-2 1400 Eight Street East
Owen Sound Ontario
N4K 6M9

Director: Joseph Hulshof
Phone: (519) 376-2121
Fax: (519) 376-1846

Agency Description: Provides assessment, group therapy, individual therapy, family and marriage counselling, education and counselling about addiction, follow-up services. Consultation with other agencies.

Services Offered: Continuing Care, Day/Evening, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Joseph Hulshof
Hours: M-F 830-1630
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Grey and Bruce Counties. All Ontario.

Service Note: Service available after initial assessment interview. Treatment is individualized to each client's needs (no standard program). Individual therapy. Couple therapy. Family therapy.

Access Notes: Must have intake/assessment in-house. No smoking. Service geared towards those clients not appropriate for four-week day program.

Service Description: **DAY/EVENING** Four-week Program
Contact: Joseph Hulshof
Hours: M-F 930-1500
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Grey and Bruce Counties. All Ontario.

Service Note: Four weeks, full days, mainly group-based. Individual counselling available outside group therapy time. A follow-up group is provided for those completing service. Capacity for family and couple therapy for clients in day treatment. Average stay is 28 days.

Access Notes: Must complete intake assessment first. Weekly ongoing support may be provided while waiting. Some clients may be inappropriate for the service (e.g., those with cognitive impairment, or where behavior constitutes danger to self or others).

YOUTH ADDICTIONS SERVICES

1051 2nd Ave. E., Suite 5
Owen Sound Ontario
N4K 2H8

Director: Ellie Jenks
Phone: (519) 371-5487
Fax: (519) 371-7751

Agency Description: This is an outpatient program that provides assessment and referral services to youth under 20 years and outpatient counselling to youth aged 16 to 20 years. Clients are youth whose lives are being affected by substance abuse— their own or someone else's.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT**
Contact: Ellie Jenks
Hours: M-F 830-1630
Clients: Ages 0-20 Male/Female
Languages: English
Area Served: Grey and Bruce Counties.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to teen children of alcoholics. Three to four interviews for assessment, look at all aspects of client's life. Recommend individual service plan. May be referred to other agencies. Program is very individualized. Service offered in Flesherton and Wiarton schools.

Access Notes: Family members and teen children of alcoholics are also targeted. Assessments can be conducted off-site (e.g., jail).

Service Description: **OUTPATIENT**
Contact: Ellie Jenks
Hours: M-F 830-1630 (evening appointments available)
Clients: Ages 16-20 Male/Female
Languages: English
Area Served: Grey and Bruce Counties.

Service Note: Will accept teen children of alcoholics. Accepts clients with potential for violence towards themselves and others. Individual counselling (group occasionally). Refer to AA if it fits client needs. Entry through assessment only. Service is individual: family may be included in counselling. Controlled substance use is a goal when appropriate. Service offered in Flesherton and Wiarton schools.

Access Notes: Family and teen children of alcoholics are also targeted. Service can be provided at other sites (e.g., jail).

CHIPPEWAS OF SARNIA SUBSTANCE ABUSE INTERVENTION PROGRAM

978 Tashmoo Ave.
Sarnia Ontario
N7T 7H5

Director: Carole Delion
Phone: (519) 336-8410
Fax: (519) 336-0382

Agency Description: The program will strive to develop a healthy and cohesive community, free from substance abuse and its effects through awareness and involvement of its members in addressing issues of abuse.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Walk-in and Crisis

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Contact: Peggy Bird
Hours: M-F 830-1630
Clients: Ages 18-55 Male/Female
Languages: English
Area Served: Chippewas of Sarnia First Nation.

SARNIA GENERAL HOSPITAL ADDICTION SERVICES

220 North Mitton St.
Sarnia Ontario
N7T 6H6

Director: Lorna Chamberlain
Phone: (519) 383-8180
Fax: (519) 336-1293

Agency Description: Addiction Services is a department of Sarnia General Hospital and it has the goal of prevention, treatment and rehabilitation of alcohol/drug-dependent individuals.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT** Addiction Services (Youth Assessment/Referral /Adult Assessment/Referral)
Location: 209 Essex St. Sarnia, Ontario N7T 4S1
Contact: Secretary
Hours: M-F 830-1700 (evening assessments if requested)
Clients: Ages 0-25 / 26-99 Male/Female
Languages: English
Area Served: Lambton County by mandate. Will accept clients from outside Lambton County.
Service Note: Accepts clients with potential for violence towards themselves and others (individual circumstances taken into consideration). Uses what ARF recommends for assessment. Client may be referred at this stage internally or externally. One to two hours per assessment. One to two assessments per day.
Access Notes: Clients with psychiatric disorders should be stabilized.

Service Description: **OUTPATIENT** Addiction Services (Youth Program / Adult Program)
Location: 209 Essex St. Sarnia, Ontario N7T 4S1
Contact: Secretary
Hours: M, W-F 830-1700, Tu 1100-1900
Clients: Ages 0-25 / 26-99 Male/Female
Languages: English
Area Served: Lambton County by mandate. Will accept clients from outside Lambton County.
Service Note: Accepts clients with potential for violence towards themselves and others (individual circumstances taken into consideration). Counselling every day and some evenings as long as needed. Includes individual/group counselling and education. AA suggested as a resource. Four-session prevention program for youth.
Access Notes: Must go through assessment (1-2 weeks). No additional waiting once assessed. Must be substance-free at time of entry.

Service Description: **DAY/EVENING** Addiction Services (Adult Program)
Location: 209 Essex St. Sarnia, Ontario N7T 4S1
Contact: Secretary
Hours: M-F 900-1500
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: Lambton County by mandate. Will accept clients from outside Lambton County.
Service Note: Accepts clients with potential for violence towards themselves and others (individual circumstances taken into consideration). Twenty-day program (Mon.-Fri. 900-1500) that can be extended if needed. Group counselling (plus one individual session/week). No wait once assessed. Average stay is 20 days.
Access Notes: Must be substance-free on arrival. Must be assessed in-house or at an Assessment and Referral Centre. Attend one AA meeting/week. Must sign agreement for random urine screening. Will consider younger clients. Some exceptions made regarding total number of clients in program.

SOUTHAMPTON

SAUGEEN NATIVE DRUG & ALCOHOL COUNSELLING CENTRE

Saugeen Reserve, G.M. Box 29 R.R. #1
Southampton Ontario
N0H 2L0

Director: Gordon Kewageshig
Phone: (519) 797-2882
Fax: (519) 797-5275

Agency Description: Educational programs and counselling services are provided for Native people adversely affected by the misuse of alcohol and other drugs. Culturally appropriate programming.

Services Offered: Assessment, Continuing Care, Family Intervention, Outpatient

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Service Description: **OUTPATIENT**
Contact: Gordon Kewageshig
Hours: M-F 900-1600 (on call 24 hours)
Clients: Ages 0-99 Male/Female
Languages: English, Ojibway
Area Served: Chippewa First Nations. Any First Nation person in need of help.

Service Note: Will accept adult children of alcoholics. Accepts clients with potential for violence towards themselves and others. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (healing circles). Individual/group counselling. Three to four home visits, then office visits. Holistic, culture-based healing. Cultural awareness activities. 24-hour counselling available by phone. Average stay is 548 days.

Access Notes: Must not be under the influence of any substance. Must be detoxed seven days.

SOUTHWOLD

ONYOTA'A:KA DRUG AND ALCOHOL COUNSELLING CENTRE

R.R. #2
Southwold Ontario
N0L 2G0

Administrator: Elfreda Ireland
Phone: (519) 652-0500
Fax: (519) 652-0504

Agency Description: Onyota'a:ka offers crisis and ongoing counselling to the Onyota'a:ka community. Individual, group and family counselling are offered, as well as referral and prevention. Traditional healing is major part of outpatient service.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Greta Nicholas
Hours: M-F 830-1630 (on call 24 hours)
Clients: Ages 0-99 Male/Female
Languages: English, Onyota'a:ka (Oneida)
Area Served: Oxford, Elgin, Middlesex and Kent Counties. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (qualified counsellors). Will accept adult children of alcoholics. Individual/group counselling. Outpatient groups promote positive lifestyle, improve self-esteem and offer supportive environment. Spiritual and cultural component.

Access Notes: Must be assessed in-house. AA/ACOA, spiritual and cultural components included. Age-specific groups deal with specific issues: Elder's group, 40 and older; Men's group, all ages; Youth group, all ages; Women's group, all ages.

ST. THOMAS ADDICTION REHABILITATION UNIT

467 Sunset Dr., Box 2004
St Thomas Ontario
N5P 3V9

Director: Dr. Maureen Pennington
Phone: (519) 631-8510
Fax: (519) 633-0852

Agency Description: Serves the severely addicted person. Addiction must be complicated by psychiatric/psychological/medical disorders. Comprehensive educational program teaches a non-chemical lifestyle with the aid of positive coping skills. HIV specialists.

Services Offered: Assessment, Continuing Care, Family Intervention, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT**
Contact: Cathy Russell
Hours: M, Tu, W, F 815-1600, Th 1300-2030
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Elgin County.

Service Note: Offers specialized service to adult children of alcoholics (co-dependency group). HIV specialists. Psychosocial Rehabilitation Model. Individual counselling. Relapse prevention group. Short-term counselling (four to five months) weekly or biweekly. Average stay is 135 days.

Access Notes: Must be assessed at an Assessment and Referral Centre. Must keep appointments. Clients under age 16 accepted provided they are registered with Adolescent and Children Services at St. Thomas Psychiatric Hospital.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Secretary
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Southern Ontario. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (co-dependency group). Offers specialized service to clients who have been sexually, physically and/or emotionally abused (adult survivors). HIV specialists. Biopsychosocial model. Structured program (some client selection for study groups). Discharge planning to prepare for completion. Average stay is 26 days.

Access Notes: Must be assessed at an Assessment and Referral Centre or by hospital staff. Must be substance-free for seven days. Must be able to provide clean urine screen upon admission. Optional whether client is involved in 12-Step study or relapse prevention model. Physical examination required. First week of admission is testing and trust-building. Out-of-province clients accepted if needed and reciprocal health insurance with OHIP.

PERTH ADDICTION CENTRE INC.

342 Erie St., Suite 114
Stratford Ontario
N5A 2N4

Director: Sharon Gelata
Phone: (519) 271-6730
Fax: (519) 271-2746

Agency Description: A community-based outpatient service that offers comprehensive assessments and referral to persons experiencing problems related to alcohol and/or drug abuse. Outpatient counselling is offered to those clients wishing ongoing support.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT** Stratford Office
Contact: Ruth Kellam
Hours: M 900-2000, Tu-F 900-1700
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Perth County. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics.

Access Notes:
Other Offices: Listowel, St. Marys

Service Description: **OUTPATIENT** Stratford Office
Contact: Ruth Kellam
Hours: M 1300-2000, Tu-F 900-1700
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Perth County. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Client must go through a formalized assessment before being referred to the outpatient component of the program. Individual counselling. Average stay is 135 days.

Access Notes: Must be assessed in-house or in hospital.
Other Offices: Listowel, St. Marys

WESTOVER TREATMENT CENTRE

Victoria St., P.O. Box 8
Thamesville Ontario
N0P 2K0

Director: Beverley Thomson
Phone: (519) 692-5110
Fax: (519) 692-3138

Agency Description: Helps clients become familiar with, and involved in, the program of Alcoholics Anonymous and/or Narcotics Anonymous. The Family Program similarly directs the family/friends of addicted clients towards Al-Anon and Al-Ateen.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT** Counselling and Relapse Prevention
Location: 433 King Street, Suite 101 London Ontario N6B 3P3
Contact: Reta Brady (Phone: 519-642-2984)
Hours: M-Th 800-1600 (evenings by appointment)
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: London, Middlesex County and surrounding area.

Service Note: Individual counselling, directing clients to sobriety, self-help, etc. Staffed by employees and volunteers.
Access Notes: For those unable to access residential service (e.g., women with children, employed persons, those with pending court dates, students, etc.). For chemically dependent persons and their families/friends who need to talk about their problems.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Reta Brady
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Middlesex, Oxford, Essex, Kent, Elgin, Huron, Lambton, Perth Counties.

Service Note: Will accept adult children of alcoholics. Must start at intake and work their way through the system (i.e., Intake-Assessment-Residential). 12-Step work is a key component of the program. Average stay is 28 days.
Access Notes: Must be detoxed seven days alcohol, 14 days drugs. Must be assessed in-house. Attend AA/NA. Must attend classes and abide by the rules. No smoking.

WIARTON

FIRST NATIONS ADDICTION AWARENESS CENTRE

R.R. #5
Wiarton Ontario
N0H 2T0

Director: Vera Jones
Phone: (519) 534-3710
Fax: (519) 534-4847

Agency Description: Offers assessment, treatment planning, family counselling, adult children of alcoholics support groups, AA, traditional teachings for families and healing circles for residents of Cape Croker Native Reserve.

Services Offered: Assessment, Family Intervention, Intake/Screening

Contact: Vera Jones
Hours: M-F 900-1630 (on call for emergencies)
Clients: Ages 0-99 Male/Female
Languages: English, Ojibway
Area Served: Cape Croker Native Reserve.

WINDSOR

ADOLESCENT SUBSTANCE ABUSE PROGRAM, TEEN HEALTH CENTRE

1585 Ouellette Ave.
Windsor Ontario
N8X 1K5

Coordinator: Tom Groulx
Phone: (519) 253-8481
Fax: (519) 253-4362

Agency Description: Provide outpatient counselling for persons aged 12 to 24 years in a non-judgmental atmosphere. Behavioral-cognitive approach. Work with clients toward abstinence goals or alcohol reduction strategies. Group counselling, children of alcoholics.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Walk-in and Crisis

Service Description: **OUTPATIENT**
Contact: Tom Groulx
Hours: M, W, Th 900-1800, Tu 900-2100, F 900-1700
Clients: Ages 12-24 Male/Female
Languages: English
Area Served: Windsor, Essex County primarily. Clients from other areas will not be refused.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (group). Offers specialized service (through other services at Centre) to clients who have been sexually, physically and/or emotionally abused. Interdisciplinary counselling (located in multi-services health centre). Individual/group counselling. Average eight visits (once/week). Average stay is 60 days.

Access Notes: Moderate- and low-level consumption clients only. Serious cases referred to residential services. Must be assessed in-house or at an Assessment and Referral Centre.

BRENTWOOD RECOVERY HOME

2335 Dougall Ave.
Windsor Ontario
N8X 1S9

Director: Thomas Colwell
Phone: (519) 253-2441
Fax: (519) 258-2095

Agency Description: Rehabilitation centre for treatment of people with alcohol and drug-related problems. Residential and day treatment, women's and youth programs, alumni support, family support, school education, follow-up, public education and prevention.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Long-term Residential, Short-term Residential, Walk-in and Crisis

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Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Charmaine Brown
Hours: M-F 730-2130
Clients: Ages 18-60 Male/Female
Languages: English, French
Area Served: Essex, Lambton and Kent Counties. Take some clients from all Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Must go through intake and a more intensive assessment interview. Separate service but there is some mixing with 90-day residential service. Average stay is 28 days.

Access Notes: Must be detoxed. Must be assessed in-house. Minimum 28-day stay, but may stay up to 90 days. Separate from long-term residential but some mixing of services. Cocaine users may be assigned to the 90-day program.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Charmaine Brown
Hours: M-F 730-2130
Clients: Ages 18-99 Male/Female
Languages: English, French
Area Served: Essex, Lambton and Kent Counties. Take some clients from all Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. More focus on fellowship notion rather than cognitive. Focus more on emotional. Average stay is 90 days.

Access Notes: Must be detoxed. Must be assessed in-house.

BRENTWOOD RECOVERY HOME

2335 avenue Dougall
Windsor ON
N8X 1S9

Directeur : Thomas Colwell
Téléphone : (519) 253-2441
Télécopieur : (519) 258-2095

Description de l'organisme : Centre de réadaptation offrant un traitement aux personnes aux prises avec des problèmes liés à l'alcool et aux drogues. Traitement avec séjour en établissement et de jour, programmes pour les femmes et les jeunes, soutien aux anciens et aux familles, éducation scolaire, postcure, éducation du public et prévention.

Services offerts : Évaluation, soins continus, intervention auprès de la famille, admission/sélection, séjour de longue durée en établissement, séjour de courte durée en établissement, services sans rendez-vous et d'urgence.

Description des services : **SÉJOUR DE COURTE DURÉE EN ÉTABLISSEMENT**
Référence : Charmaine Brown
Heures d'ouverture : Du lun. au ven. de 7 h 30 à 21 h 30
Clientèle : Groupe d'âge : de 18 à 60 ans hommes et femmes
Langues : Français et anglais
Région desservie : Comtés d'Essex, Lambton et Kent. Accepte des clients de partout en Ontario.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Doit passer par l'admission et par une entrevue d'évaluation plus intensive. Bien qu'il soit un service différent, il existe quelques croisements avec le traitement de 90 jours en établissement. Durée moyenne du séjour : 28 jours.

Autre information - accès : Doit être désintoxiqué. L'évaluation doit avoir lieu à l'interne. Séjour minimum de 28 jour, mais peut aller jusqu'à 90 jours. Service différent du séjour de longue durée en établissement, mais il existe certains croisements. Les usagers de cocaïne peuvent être admis au traitement avec séjour de longue durée en établissement.

Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT**
Référence : Charmaine Brown
Heures d'ouverture : Du lun. au ven. de 7 h 30 à 21 h 30
Clientèle : Groupe d'âge : de 18 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Comtés d'Essex, Lambton et Kent. Accepte des clients de partout en Ontario.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. L'accent est mis sur la notion de camaraderie plutôt que sur le cognitif. Met l'accent sur les émotions. Durée moyenne du séjour : 90 jours.

Autre information - accès : Doit être désintoxiqué. L'évaluation doit avoir lieu à l'interne.

ESSEX COUNTY ADDICTION ASSESSMENT REFERRAL SERVICE

1453 Prince Rd. Community Mental Health Clinic
Windsor Ontario
N9C 3Z4

Director: Dr. Carmela Pakula
Phone: (519) 257-5125
Fax: (519) 257-5136

Agency Description: Community-based assessment service for persons whose health may be endangered by use of alcohol/drugs, and for their significant others. Treatment plan is negotiated. Supportive counselling provided if necessary. Education component.

Services Offered: Assessment

Service Description: **ASSESSMENT** Addiction Assessment Referral Service
Contact: Susan Forrest, Co-ordinator
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English. French and other languages via translator.
Area Served: Essex County. All Ontario.

Service Note: Assessed by clinician/counsellor. Based on client strengths, treatment needs and available resources, a treatment plan is negotiated and client is referred. Education re: drug use and abuse to community groups/individuals during assessment phase.

Access Notes: Must be functioning at a 70 IQ or higher. Smoke-free building.

HOUSE OF SOPHROSYNE

1771 Chappell Ave.
Windsor Ontario
N9C 3E8

Director of Programmes: Louise Barriere
Phone: (519) 252-2711
Fax: (519) 252-2310

Agency Description: Sophrosyne (meaning wise, balanced life) is a residential facility providing a continuum of care for women aged 16 and older recovering from chemical dependency. Children's, family/friends and educational programs, outpatient aftercare program, intervention.

Services Offered: Continuing Care, Family Intervention, Intake/Screening, Long-term Residential, Short-term Residential

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Service Description: **SHORT-TERM RESIDENTIAL** Short-term Treatment
Contact: Louise Barriere
Hours: M-Su 900-2100
Clients: Ages 16-99 Female
Languages: English (group sessions, client must participate), French (two staff for individual counselling)
Area Served: Windsor, Essex and Kent Counties. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (deal with abuse issues). Holistic approach. Philosophy of empowerment, non-confrontational. Intake every two weeks. Drop-ins not encouraged. Average stay is 28 days.

Access Notes: Women only. Must be assessed at an Assessment and Referral Centre. Must be substance-free minimum 72 hours. Accepts clients on antidepressants/lithium on individual basis. Attend Women for Sobriety. Physical examination required upon intake. Restricted smoking areas. Accepts pregnant clients (up to and following delivery).

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Louise Barriere
Hours: M-Su 900-2100
Clients: Ages 16-99 Female
Languages: English (group sessions, must participate), French (two staff for individual counselling)
Area Served: Windsor, Essex and Kent Counties. All Ontario and Canada.

Service Note: For those clients of House of Sophrosyne who complete the short-term residential program and are assessed as appropriate for long-term program. Length is variable and based on client's assessed needs.

Access Notes: Women only. Must be a graduate of Sophrosyne's short-term residential service. Accepts pregnant clients (up to and following delivery; following delivery the client can access the services of the aftercare program, which includes weekly group meetings and individual counselling).

JOHN HOWARD SOCIETY, JUVENILE CRISIS INTERVENTION PROGRAM

76 University Ave. West Suite 212
Windsor Ontario
N9A 5N7

Director: Barry Clark
Phone: (519) 252-3461
Fax: (519) 252-0439

Agency Description: Three-session Crisis Intervention Program for juveniles under 16 suspended by local boards of education for substance abuse. Five-session educational program for probationers and parolees referred by the Ontario Ministry of the Solicitor General and Correctional Services.

Services Offered: Assessment, Intake/Screening, Outpatient

Service Description: **OUTPATIENT**
Contact: Barry Clark
Hours: M-F 830-1630
Clients: Ages 10-25 Male/Female
Languages: English, Italian
Area Served: Windsor, Essex County. Transients and incarcerated of Essex County also accepted.

Service Note: Individual/group counselling. Intervention program is three or four sessions of three hours/session. Brief intervention, anger management (at JHS in evenings), health education/promotion in elementary and high schools (for youth at risk). Average stay is 35 days.

Access Notes: Counselling service for students with behavioral problems. Suspended youth who are referred by Board of Education visit office for individual counselling. Must complete program before being re-admitted to school. Must be assessed in-house (brief assessment).

Service Description: **OUTPATIENT** Probationers' and Parolees' Program
Contact: Barry Clark
Hours: Evening program
Clients: Ages 16-25 Male/Female
Languages: English
Area Served: Community Corrections clients of Essex County.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Court-ordered probation service. Five-session education/life skills program. Group counselling.

Access Notes: Contract with MCS for group sessions for court-mandated clients.

MARYVALE ADOLESCENT AND FAMILY SERVICES

3640 Wells St.
Windsor Ontario
N9C 1T9

Executive Director: Connie Martin
Phone: (519) 258-0484
Fax: (519) 258-0488

Agency Description: A fully accredited, multidisciplinary, Children's Mental Health Centre serving families with adolescents who are experiencing significant social, emotional and behavioral difficulties. Assessment and treatment provided.

Services Offered: Day/Evening, Supportive Stabilization

Service Description: **DAY/EVENING** 8 to 8 Program
Contact: Intake Worker
Hours: M-F 800-2000
Clients: Ages 11-15 Male/Female
Languages: English
Area Served: Primarily Essex County.

Service Note: Offers specialized service to clients who have been sexually, physically and/or emotionally abused (dealt with in overall program). Accepts clients with potential for violence towards themselves and others. Individual/group counselling. Provides mental health services including substance abuse counselling. Flexible hours to address individual client needs. May be admitted into residential.

Access Notes: Must be assessed in-house (PEI available). Must have parental consent. A physical examination is required. Not an addiction-specific service. No smoking.

SALVATION ARMY, COMMUNITY & REHABILITATION SERVICES

280 Ouellette Ave.
Windsor Ontario
N8X 1J5

Director: Captain Marshall Phinney
Phone: (519) 253-7473
Fax: (519) 253-7478

Agency Description: Intensive treatment for alcohol/drug-dependent adults. Aim is rehabilitation to a complete, contented sobriety and a normal life in the community. Based on 12-Steps of AA/NA. Includes education, counselling, spiritual guidance.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential, Walk-in and Crisis

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Gord Stallard
Hours: M-Su 0-2400
Clients: Ages 25-99 Male
Languages: English, Spanish interpreter
Area Served: All Ontario.

Service Note: Recovery home. AA model. For homeless adult men. Structured program. After three months can remain in aftercare (men's hostel). Refer to other agencies for specific problems (i.e., dual diagnosis). Average stay is 90 days.

Access Notes: Men only. Must be detoxed (detox staff must feel client is ready for treatment). Must be assessed in-house. Cost: sliding scale —i.e., if GWA, $632 per month room/board/treatment/perks (e.g., tobacco, television); FBA $750 per month; Workers' Compensation $775 per month; U.I.C. $800 per month; company-sponsored $950; company-sponsored with union/insurance $1050 per month. Attend AA/NA. Must sign an agreement to participate. Must attend devotions, all lectures. Youth occasionally accepted.

SALVATION ARMY SUBSTANCE ABUSE PROGRAM

275 Victoria Ave.
Windsor Ontario
N9A 6Z8

Director: Captain Marshall Phinney
Phone: (519) 253-7473
Fax: (519) 253-7478

Agency Description: This community-oriented program provides treatment that is prescribed in the natural environment. It is client-active and assists in helping people develop coping strategies to enhance competence. Prevention counselling is also available.

Services Offered: Assessment, Intake/Screening, Outpatient

Service Description: **OUTPATIENT**
Contact: Dana Romualdi
Hours: M-F 830-1630
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Windsor, Essex County.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Client-centred, decision-making model. Life skills counselling. Individual counselling. AA/NA is strongly recommended. For low to moderate addiction problems. Case management available.

Access Notes: Must be substance-free for appointments. Client contracts to work on areas that need improvement. Brief intervention.

SUBSTANCE ABUSE PROGRAM, COMMUNITY MENTAL HEALTH CLINIC

1453 Prince Rd.
Windsor Ontario
N9C 3Z4

Director: Dr. Carmela Pakula
Phone: (519) 257-5125
Fax: (519) 257-5136

Agency Description: A day/evening service of the Community Mental Health Clinic, Windsor Western Hospital Centre, designed to serve alcohol/drug-dependent persons and their families.

Services Offered: Day/Evening, Intake/Screening, Outpatient.

Service Description: **OUTPATIENT** Individual Counselling and Relapse Prevention Program
Contact: Maurice Dobson
Hours: M, Th, F 830-1630, Tu, W 830-2100
Clients: Ages 16-99 Male/Female
Languages: English, French (translator services)
Area Served: Essex County. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Philosophy is empowerment and self-esteem. Length of program is 90 to 180 days.

Access Notes: Need Ontario Health Card. Must be substance-free and not in withdrawal. Attend AA/NA. Smoke-free building.

Service Description: **DAY/EVENING** Day Treatment Program
Contact: Maurice Dobson
Hours: M-F 930-1200 group, M, Th, F 830-1630. Tu, W 800-2100 Individual
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Essex County. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Intake interview, assessment, treatment plan, and counsellor then helps client utilize other treatment services. Individual counselling. Didactic Group three times a week. Interaction Group twice a week. Length of program is 60-360 days.

Access Notes: Must have Ontario Health Card. Empowerment-oriented, primary focus is to develop assertiveness and self-esteem. Must be substance-free and not in withdrawal. Attend AA/NA. Smoke-free building.

SUBSTANCE ABUSE PROGRAM, COMMUNITY MENTAL HEALTH CLINIC

1453 chemin Prince
Windsor ON
N9C 3Z4

Directrice : Dr Carmela Pakula
Téléphone : (519) 257-5125
Télécopieur : (519) 257-5136

Description de l'organisme : Un service de jour et de soir de la Clinique communautaire de santé mentale du Centre hospitalier Windsor Western. Le service est conçu pour servir les personnes dépendantes de l'alcool et des drogues et leur famille.

Services offerts : Traitement de jour et de soir, admission/sélection, consultation externe

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Description des services : **CONSULTATION EXTERNE** Programme de consultation individuelle et de prévention des rechutes
Référence : Maurice Dobson
Heures d'ouverture : Lun. jeu. ven. de 8 h 30 à 16 h 30, mar. mer. de 8 h 30 à 21 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Anglais, français (service de traduction)
Région desservie : Comté d'Essex. Tout l'Ontario.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. La philosophie est l'emprise sur sa propre vie et l'amour-propre. Durée du programme : 90 à 180 jours.

Autre information - accès : Doit posséder une carte Santé de l'Ontario. Doit être sobre de toute substance et ne doit pas être en sevrage. Assister aux réunions des AA/NA. Établissement sans fumée.

WINDSOR REGIONAL HOSPITAL DETOXIFICATION CENTRE

Administrative Office 1453 Prince Rd.
Windsor Ontario
N9C 3Z4

Clinical Psychologist: Dr. Carmela Pakula
Phone: (519) 257-5225
Fax: (519) 257-5244

Agency Description: Seeks to provide professional non-medical services and interventions for persons aged 16 and older who are intoxicated, in withdrawal, in crisis related to drugs and/or alcohol, awaiting treatment entry and appropriate for non-medical intervention.

Services Offered: Detoxification, Intake/Screening

Service Description: **DETOXIFICATION** Women's Detoxification Centre
Location: 3765 Glenfield Ave. Windsor Ontario N9C 2B3
Contact: Susan Forrest (Phone: 519-257-5266)
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English
Area Served: Essex, Kent, Lambton Counties. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics on a crisis basis. No maximum length of stay (average three days). Referral to treatment (or discharge). Encourages residents to attend AA/NA.

Access Notes: Women only. Intoxicated or in withdrawal and non-violent. Will be admitted for referral purposes.

Service Description: **DETOXIFICATION** Men's Detoxification Centre
Location: 363 Mill St. Windsor Ontario N9C 3Z4
Contact: Ray Lauzon (Phone: 519-257-5225)
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English, French, Spanish
Area Served: Essex, Kent, Lambton Counties. All Ontario.

Service Note: No maximum length of stay (three days average). Referral to treatment or discharge. Encourages residents to attend AA/NA.

Access Notes: Men only.

WINDSOR REGIONAL HOSPITAL DETOXIFICATION CENTRE

Bureau administratif
1453 ch. Prince, Windsor ON
N9C 3Z4

Psychologue clinicienne : Dr Carmela Pakula
Téléphone : (519) 257-5225
Télécopieur : (519) 257-5244

Description de l'organisme : Cherche à offrir des interventions et des services professionnels non médicaux aux personnes de 16 ans et plus qui sont intoxiquées, en sevrage ou en crise relativement à un usage d'alcool ou de drogues et qui attendent d'entrer dans un programme de traitement ou attendent une intervention non médicale appropriée.

Services offerts : Désintoxication, admission/sélection

Description des services : **DÉSINTOXICATION** Centre de désintoxication pour les hommes
Emplacement : 363 rue Mill Windsor Ontario N9C 3Z4
Référence : Ray Lauzon (Téléphone : 519-257-5225)
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes
Langues : Français, anglais, espagnol
Région desservie : Comtés d'Essex, Kent, Lambton. Tout l'Ontario.

Autre information - service : Aucune limite quant à la durée du séjour (moyenne de trois jours). Recommandation à un traitement ou congé. Encourage les résidents à assister aux réunions des AA/NA.

Autre information - accès : Hommes seulement.

MAPLEWOOD COUNSELLING INC.

17 Wellington St. N.
Woodstock Ontario
N4S 6P1

Director: Larry Lalone
Phone: (519) 537-5523
Fax: (519) 421-3424

Agency Description: A family-based, outpatient treatment centre for persons aged 16 to 25 and their family members. A multidisciplinary treatment approach is used to meet the needs of individual clients and family members.

Services Offered: Continuing Care, Intake/Screening, Outpatient

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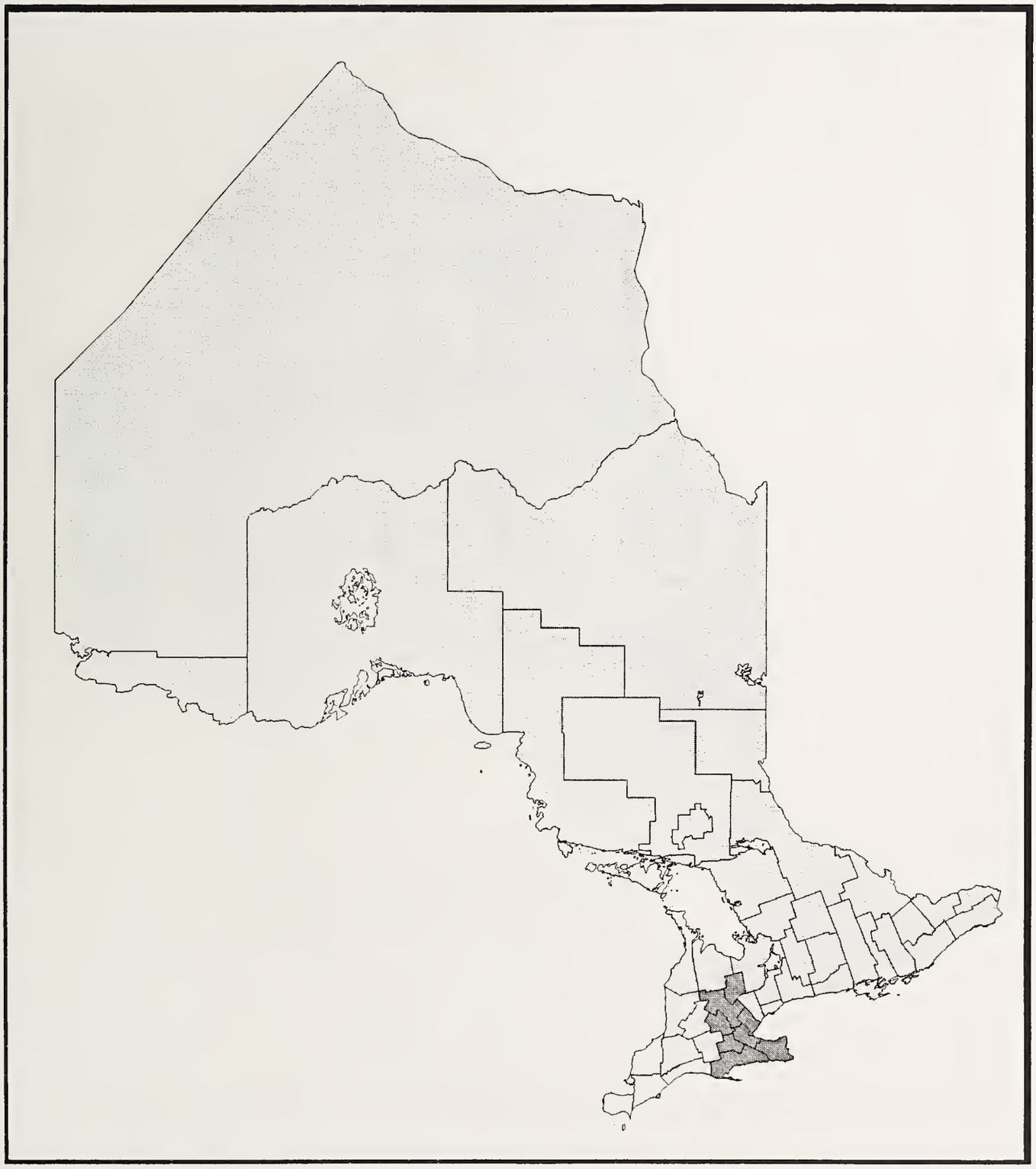
Service Description: **OUTPATIENT** Woodstock Office
Contact: Carolynn Baker
Hours: M, W, F 900-1700, Tu, Th 900-2100
Clients: Ages 16-25 Male/Female
Languages: English
Area Served: Oxford, Middlesex, Elgin Counties.

Service Note: Accepts clients with potential for violence towards themselves and others. Variety of treatment approaches including medical, systemic, behavioral, psychological and sociological models. AA/NA encouraged. Individual/group counselling. Director trained in dual disorders. Service provided up to two years.

Access Notes: Must be assessed in-house. Call Woodstock office to schedule appointment.

Other Offices: London, Tillsonburg.

Central West District Health Council Region



INCLUDES THE COUNTIES/DISTRICTS OF:

- Brant
- Dufferin
- Haldimand-Norfolk
- Halton
- Hamilton-Wentworth
- Niagara
- Waterloo
- Wellington

ADDICTION ASSESSMENT SERVICES OF BRANT, INC.

110 Icomm Drive, Suite 101
Brantford Ontario
N3S 7N8

Director: Trudy Rickard
Phone: (519) 754-0253
Fax: (519) 754-0264

Agency Description: Alcohol and drug abuse assessment, referral and outpatient counselling service for adults and youth. A Relapse Prevention Group and a Significant Others Group are also offered.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **ASSESSMENT**
Contact: Trudy Rickard
Hours: M, Tu, Th, F 900-1630, W 900-2000
Clients: Ages 0-99 Male/Female
Languages: English, Italian
Area Served: Brant County. All Ontario.

Service Note: Will accept adult children of alcoholics. Non-clinical atmosphere. Completed in one appointment. Treatment plan developed. Ongoing supportive counselling for minimum 12 months. Referred to appropriate resource depending on treatment plan.

Access Notes: No smoking.

Service Description: **ASSESSMENT** Youth Program
Contact: Trudy Rickard (Phone: 519-754-0262)
Hours: M, Tu, Th, F 900-1630, W 900-2000
Clients: Ages 0-25 Male/Female
Languages: English, Italian
Area Served: Brant County. All Ontario.

Service Note: Will accept adult children of alcoholics. Referrals to inpatient if warranted. Non-clinical atmosphere.

Access Notes: Targeted at addicted youth with other dysfunctional problems. No smoking.

Service Description: **OUTPATIENT** Youth Program
Contact: Trudy Rickard (Phone: 519-754-0262)
Hours: M, Tu, Th, F 900-1630, W 900-2000
Clients: Ages 16-25 Male/Female
Languages: English, Italian
Area Served: Brant County. All Ontario.

Service Note: Will accept adult children of alcoholics. Outpatient counselling as well as involvement in ongoing groups. Individual/group counselling. Length of stay is up to two years. Non-clinical atmosphere.

Access Notes: Targeted at addicted youth with other dysfunctional problems. Must not be under the influence during counselling. Must be assessed in-house. No smoking.

BRANT ALCOVE REHABILITATION SERVICES INC.

144 Chatham St., P.O. Box 638
Brantford Ontario
N3T 5P9

Director: Mike Bryson
Phone: (519) 753-4600
Fax: (519) 753-5220

Agency Description: Residential program for male federal offenders. Offers assessment, "choices"— relapse prevention training groups, maintenance support groups, life skills training (independence and interpersonal), and individual counselling and employment.

Services Offered: Assessment, Continuing Care, Intake/Screening, Long-term Residential, Outpatient

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Service Description: **OUTPATIENT**
Contact: Ann Crawford/Sue Lefler-Knox
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English
Area Served: Primarily Brant County and area. All Canada.

Service Note: Substance abuse program for male federal offenders that includes orientation, assessment, counselling, life skills, recreation, relapse prevention training, employment, maintenance support groups and interpersonal life skills training. Same services provided as long-term residential.

Access Notes: Inmate must complete application for program and be successful at obtaining parole order. Cost: paid by MCS; working residents must pay room/board.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Ann Crawford/Sue Lefler-Knox
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English
Area Served: Primarily Brant County and area. All Canada.

Service Note: Substance abuse program for male federal offenders that includes orientation, assessment, counselling, life skills, recreation, relapse prevention training, employment, maintenance support groups and interpersonal life skills training. Length of stay varies from six weeks to six months.

Access Notes: Inmate must complete application for program and be successful at obtaining parole order. Cost: paid by MCS; working residents must pay room/board.

ADAPT (ALCOHOL AND DRUG ASSESSMENT, PREVENTION AND TREATMENT PROGRAM)

390 Brant St., Suite 401
Burlington Ontario
L7R 4J4

Director: Ian Stewart
Phone: (905) 639-6537
Fax: (905) 639-6880

Agency Description: Community-based outpatient service for persons experiencing problems related to dependency on alcohol and/or other drugs. Assessment, counselling, group, referral, case management. All services also available to significant others.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT** Burlington Office
Contact: Pat Rosenplot
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Halton Region.

Service Note: Appointment arranged by phone. After assessment, move to outpatient or group therapy or referred out.
Access Notes: No smoking.
Other Offices: Acton (905-873-2993), Georgetown (905-873-2993), Milton (905-873-2993), Oakville (905-847-6547)

Service Description: **OUTPATIENT**
Contact: Pat Rosenplot
Hours: M-F hours flexible day/evening, except Friday evening
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Halton Region.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (group). Individual/group counselling. Short-term (two months maximum, eight or nine sessions) and long-term (up to nine months depending on need, one 90-minute session/week) group service available.

Access Notes: Must be assessed in-house. Must not be under the influence during counselling sessions. Must be committed to stop using. No smoking.

PORTAGE ONTARIO

Box 209 R.R.#1
Elora Ontario
N0B 1S0

Director: Patrick Culver
Phone: (519) 846-0945
Fax: (519) 846-5703

Agency Description: Provides long-term residential treatment for substance-abusing adolescents. The long-term treatment phase includes a regular on-campus school. Also transition and re-entry phase, and aftercare counselling.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Susan Darby
Hours: M-Su 0-2400
Clients: Ages 16-18 Male/Female
Languages: English, French, Italian (if necessary)
Area Served: All Ontario.

Service Note: Treatment centre. Therapeutic community. Target group: young offenders. Age limits flexible under special circumstances. Milieu therapy (intensive and structured). Can work/attend school (on-site high school classes). Structured program. Average stay is 270 days.

Access Notes: Cost: clients outside correctional system must find another source of funding. Must be detoxed (as long as needed depending on the individual). Must be assessed in-house or at an Assessment and Referral Centre. Mandatory weekend leave (on some weekends). Restricted smoking. Also has a facility in Montreal.

PORTAGE ONTARIO

Boîte 209 R.R.1
Elora ON
N0B 1S0

Directeur : Patrick Culver
Téléphone : (519) 846-0945
Télécopieur : (519) 846-5703

Description de l'organisme : Offre un traitement de longue durée en établissement pour les adolescents qui font un usage abusif de drogues. Le traitement de longue durée comprend la fréquentation régulière des classes sur les lieux. Comprend aussi une phase de transition et de réinsertion et la consultation en postcure.

Services offerts : Soins continus, admission/sélection, séjour de longue durée en établissement

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Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT**
Référence : Susan Darby
Heures d'ouverture : Du mar. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 18 ans hommes et femmes
Langues : Français, anglais, italien (si nécessaire)
Région desservie : Tout l'Ontario.

Autre information - service : Centre de traitement. Communauté thérapeutique. Groupe cible : jeunes contrevenants. La limite d'âge peut varier dans des circonstances spéciales. Thérapie par le milieu (intensive et structurée). Peut travailler ou aller à l'école (cours du secondaire sur les lieux). Programme structuré.

Autre information - accès : Coût : les clients qui ne font pas partie du système correctionnel doivent trouver une autre source de financement. Doit être désintoxiqué (aussi longtemps que nécessaire selon l'individu). L'évaluation doit avoir lieu à l'interne ou dans un centre d'évaluation et d'orientation. Congés de fins de semaine obligatoires (certaines fins de semaine). Usage de tabac défendu à certains endroits. A aussi un établissement à Montréal.

COMMUNITY ALCOHOL AND DRUG SERVICES

49 Emma St., Suite 100
Guelph Ontario
N1E 6X1

Director: Steve Pierce
Phone: (519) 836-5733
Fax: (519) 836-7319

Agency Description: Outpatient service that addresses alcohol and drug-related problems in the community. Assessment and referral in three locations, family program, outpatient counselling, follow-up, youth services, prevention/education activities.

Services Offered: Assessment, Family Intervention, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT** Guelph Office
Contact: Intake Worker
Hours: M, W, Th, F 900-1700, Tu 900-2100
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Guelph and immediate area.

Service Note: A client's use of alcohol and/or drugs is assessed and evaluated. Other problem areas are also identified. Any need for further action is discussed with the person (and family), which may include referral to appropriate treatment resources.

Access Notes:
Other Offices: Mount Forest (1-800-661-4249 / 519-323-4558), Orangeville (519-942-2361)

Service Description: **OUTPATIENT** Guelph Office
Contact: Intake Worker
Hours: M, W, Th, F 900-1700, Tu 900-2100
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Guelph and immediate area.

Service Note: Offers specialized service to adult children of alcoholics (evening group, prerequisite two-day Family Program). Ongoing, less structured process following assessment. Individual counselling, some groups (including family context). Treatment flexible in terms of how often client is seen. Drinkwise is an option for those with mild to moderate alcohol problems.

Access Notes: Must be assessed in-house. Duration of treatment varies according to client need.
Other Offices: Mount Forest (1-800-661-4249 / 519-323-4558), Orangeville (519-942-2361)

HOMEWOOD HEALTH CENTRE, HOMEWOOD ALCOHOL AND DRUG SERVICES (HADS)

150 Delhi St.
Guelph Ontario
N1E 6K9

Director Alcohol/Drug Services: Dr. Graeme Cunningham
Phone: (519) 824-1010
Fax: (519) 824-1827

Agency Description: Fully accredited private psychiatric hospital. Inpatient service consists of assessment / stabilization—comprehensive medical and psychiatric assessment; recovery program of structured treatment; aftercare follow-up of one year.

Services Offered: Assessment, Continuing Care, Detoxification, Short-term Residential

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Service Description: **DETOXIFICATION**
Contact: Dr. Graeme Cunningham
Hours: M-Su 0-2400 (continuous care)
Clients: Ages 19-99 Male/Female
Languages: English
Area Served: All Ontario. Canada-wide.

Service Note: Medicated/Non-medicated detox.
Access Notes: Targeted to potential clients of residential service. Target group includes health care professionals. Admission waiting time depends on degree of medical urgency.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Dr. Graeme Cunningham
Hours: M-Su 0-2400 (continuous care)
Clients: Ages 19-99 Male/Female
Languages: English
Area Served: All Ontario primarily. Canada-wide. Emergency admissions limited to Wellington and Dufferin Counties.

Service Note: Target group includes health care professionals. Average stay is 35 days.
Access Notes: Cost: can pay $100/day to increase coverage from ward to semi-private, $115/day from ward to private. Must be assessed in-house (medical and psychiatric). AA/NA included.

STONEHENGE THERAPEUTIC COMMUNITY

111 Farquhar Street
Guelph Ontario
N1H 3N4

Director: Lucy MacLean
Phone: (519) 837-1470
Fax: (519) 837-3232

Agency Description: Drug-free residential service promoting a healthy lifestyle and development of a new set of values and goals. Self-help concept is an integral factor in the therapeutic process. Geared to those with a chronic or severe history of drug abuse.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Admissions Coordinator
Hours: M-Su 0-2400; Admissions M-F 900-1700
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Ontario, Canada, United States, Europe.

Service Note: Treatment Centre. European therapeutic community model. Structured program. Admission consists of two interviews. Admissions are voluntary. Men's/women's, anger management, life skills groups. Family support during treatment. Average stay is 150 days.

Access Notes: Must be substance-free on arrival. Must be assessed in-house; two interviews prior to admission. Psychiatric consultation after admission. Must participate and abide by rules of community. Physical examination required if client has not had one recently. During the first two weeks, no off-site communication is permitted. A threat or act of violence or sexual activity is prohibited.

NATIVE HORIZONS TREATMENT CENTRE

R.R. #1, Site 3A, Box 6 New Credit Road
Hagersville Ontario
N0A 1H0

Director: Wanda Smith-Turner
Phone: (905) 768-5144
Fax: (905) 768-5564

Agency Description: This agency offers a co-ed residential treatment program that includes individual and group counselling, a six-week residential program and a two-year aftercare program.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT**
Contact: Patrick Rivers
Hours: M-F 900-1700
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: 15 First Nations across Southern Ontario. All Ontario.

Service Note: Service provided on a limited, as-needed basis. Individual counselling. Cultural and traditional activities (e.g., sweetgrass ceremonies).

Access Notes: Must be detoxed seven days. Must be assessed in-house, by phone or at an Assessment and Referral Centre.

Service Description: **SHORT-TERM RESIDENTIAL** Two-week Follow-Up Program
Contact: Patrick Rivers
Hours: M-Su 0-2400
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: 15 First Nations across Southern Ontario. All Ontario.

Service Note: For clients who have gone through a treatment program but feel they need additional treatment and support. Also for non-addicted individuals with adult children of alcoholics/codependency related issues. Operates two to three times/year. AA/NA optional. Average stay is 14 days.

Access Notes: Must be detoxed one month. Must be assessed in-house, by phone or at an Assessment and Referral Centre. Mandatory attendance, participation and assignment completion.

Service Description: **SHORT-TERM RESIDENTIAL** Six-week Residential Program
Contact: Patrick Rivers
Hours: M-Su 0-2400
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: 15 First Nations across Southern Ontario. All Ontario.

Service Note: Variety of techniques used including Re-evaluation Counselling, reality therapy and traditional Native cultural activities. Aftercare and relapse prevention are components of program. Offers specialized service to adult children of alcoholics (counselling). AA/NA attendance optional. Average stay is 42 days.

Access Notes: Must be detoxed seven days. Must be assessed in-house, by phone or at an Assessment and Referral Centre. Mandatory attendance, participation and assignment completion.

NEW CREDIT ALCOHOL AND DRUG ABUSE PROGRAM

R.R. #6
Hagersville Ontario
N0A 1H0

Director: Joanne Sault
Phone: (905) 768-1181
Fax: (905) 768-1225

Agency Description: Our aim is to fulfil a community awareness function in regards to alcohol and drug abuse from a Native perspective.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Tuesday MacDonald
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: New Credit Reserve (Brant, Haldimand-Norfolk Counties). All Ontario.

Service Note: Average stay is 365 days.
Access Notes:

ALCOHOL AND DRUG ASSESSMENT SERVICES

21 Hunter St. E., 3rd Floor
Hamilton Ontario
L8N 1M2

Manager: Grant Corbett
Phone: (905) 546-3606
Fax: (905) 546-3608

Agency Description: Mandate is to improve the care provided to persons concerned with alcohol or other drug problems.
Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT**
Contact: Intake Worker
Hours: M-Th 900-1630 (answering machine 1200-1330, 1630-0900)
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Regional Municipality of Hamilton-Wentworth.
Service Note: Interviewed by social worker; two to three appointments of 60 to 90 minutes hours each. Computerized and other questionnaires may be used. Individual treatment plan negotiated. Specialists in the elderly, women's recovery issues, pregnant women and youth.
Access Notes: Must not be under the influence during appointments.

Service Description: **OUTPATIENT** Dual-focus Group, in collaboration with Family Services of Hamilton-Wentworth
Contact: Rosemary Hilbert
Hours: W evenings (hours to be confirmed)
Clients: Ages 18-99 Female
Languages: English
Area Served: Regional Municipality of Hamilton-Wentworth, Burlington.
Service Note: Group counselling for women with abuse problems who suffered childhood sexual abuse. Relapse prevention, early stage recovery. Coping with craving, flashback management, development of coping strategies, understanding the link between the two issues.
Access Notes: Next group planned for early in 1995. Alternate contact: Intake, Family Services, 416-523-5640.

Service Description: **OUTPATIENT** Brief Outpatient Treatment
Contact: Intake Worker
Hours: M-Th
Clients: Ages 19-99 Male/Female
Languages: English
Area Served: Regional Municipality of Hamilton-Wentworth.
Service Note: For clients with a mild to moderate alcohol dependence.
Access Notes: Must be assessed in-house. Suitability is determined by completing an initial assessment, after which a treatment plan is discussed.

ALCOHOL AND DRUG RELAPSE PREVENTION PROGRAM

Hamilton Civic Hosp., Dept. of Psychiatry
237 Barton St. E. Junior Residents Building
Hamilton Ontario L8L 2X2

Prog. Manager: Gerald Smith
Phone: (905) 527-0271 ext. 4920
Fax: (905) 527-1941

Agency Description: Provides treatment/support for those with alcohol and/or drug dependency. Learn relapse prevention strategies and resolve underlying issues of alcohol/drug use. Assessment, intensive treatment, follow-up. Specializes in dual diagnosis.

Services Offered: Assessment, Continuing Care, Day/Evening, Intake/Screening

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Service Description: **DAY/EVENING** Phase I, Intensive Treatment
Contact: Intake Staff
Hours: M, Th 900-1230
Clients: Ages 19-99 Male/Female
Languages: English
Area Served: Greater Hamilton-Wentworth Region.

Service Note: Core program: group counselling, two half-day sessions/week for six weeks (first three weeks relapse prevention strategies; last three weeks resolution of long-standing underlying issues). Individual counselling available as needed. Accepts clients with correctional systems issues. Accepts clients with psychiatric issues. Provides specialty services/groups for women. Average stay is 42 days.

Access Notes: Must be substance-free two weeks prior to admission. Must be assessed in-house (completed before entering Phase I).

ALTERNATIVES FOR YOUTH (AY)

126 James St. S.
Hamilton Ontario
L8P 2Z4

Executive Director: Janet Marlin
Phone: (905) 527-4469
Fax: (905) 527-8291

Agency Description: Outpatient counselling service for young people focusing primarily on alcohol/drug problems. Based in the community, AY uses individual, family and group counselling with a cognitive behavioral approach.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT** Individual & Family Counselling, Group Counselling
Contact: Intake Worker
Hours: M, Th, F 900-1700, Tu, W 900-2000
Clients: Ages 13-25 Male/Female
Languages: English
Area Served: Primarily Hamilton-Wentworth and Burlington. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (not in group). Will accept adult children of alcoholics. Strong cognitive-behavioral model. Abstinence or controlled use. Individual/group counselling. Recreation. Recommend from case conference or intake for specific group. Average stay is 90 days.

Access Notes: Assessed in-house if not completed by another agency (e.g., Assessment and Referral Centre). Cost: client under 16 with sufficient income or family income would have to pay nominal fee. Counselling can be done at other locations on request. If under the influence, appointments rescheduled. Families with substance abuse problems also targeted. Service works in conjunction with inpatient programs and other community resources. No smoking.

HAMILTON MEN'S DETOX CENTRE

595 Main St.E.
Hamilton Ontario
L8M 1S4

Director: Rod W. McEwen
Phone: (905) 527-9264
Fax: (905) 527-1941

Agency Description: Non-medical detox.
Services Offered: Detoxification

Service Description: **DETOXIFICATION**
Contact: Any Staff
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: Hamilton-Wentworth Region. Not restricted.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Non-medical detox, but emergency medical care can be provided by Hamilton General Division. AA/NA attendance encouraged.

Access Notes: Men only.

HAMILTON WOMEN'S DETOX CENTRE

48 Rosslyn Ave. North
Hamilton Ontario
L8L 7P2

Manager: Lorraine Chapman
Phone: (905) 545-9100
Fax: (905) 545-6385

Agency Description: Non-medical setting accepts women who are intoxicated, in withdrawal or in crisis related to their use of alcohol and/or drugs. Supportive physical care, counselling. Assist clients to access treatment, social services agencies, self-help. Weekly follow-up groups.

Services Offered: Detoxification, Supportive Stabilization, Walk-in and Crisis

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Service Description: **DETOXIFICATION**
Contact: Detox Attendant
Hours: M-Su 0-2400.
Clients: Ages 16-80 Female
Languages: English, French, Dutch
Area Served: Hamilton-Wentworth primarily. Not restricted.

Service Note: Non-medical facility offering supportive care to women of all ages. Offers family education. Post-discharge support group available. When space is available, accepts preventative admissions and women needing supportive care while awaiting treatment. Length of stay based on individual need.

Access Notes: Women only. Only have six beds—call prior to admission.

HAMILTON WOMEN'S DETOX CENTRE

48 avenue Rosslyn nord
Hamilton ON
L8L 7P2

Chef de service : Lorraine Chapman
Téléphone : (905) 545-9100
Télécopieur : (905) 545-6385

Description de l'organisme : Un établissement non médical qui accepte les femmes intoxiquées, en sevrage ou en crise relativement à un usage d'alcool ou de drogues. Soins d'entretien physiques, consultation. Aide les femmes à accéder à un traitement, aux organismes de services sociaux et d'entraide. Groupes de suivi hebdomadaires.

Services offerts : Désintoxication, stabilisation pré-traitement, services sans rendez-vous et d'urgence.

Description des services : **DÉSINTOXICATION**
Référence : Préposé à la désintoxication
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 80 ans femmes
Langues : Français, anglais, hollandais
Région desservie : Principalement Hamilton-Wentworth. Non délimitée

Autre information - service : Établissement non médical offrant des soins de soutien aux femmes de tout âge. Offre de l'éducation familiale. Offre un groupe de soutien postérieur à l'obtention du congé. Lorsque l'espace le permet, accepte les admissions préventives et les femmes nécessitant des soins d'entretien pendant qu'elles attendent un traitement. Durée du séjour varie selon les besoins individuels.

Autre information - accès : Femmes seulement. Seuls six lits sont disponibles; appeler avant l'admission.

MARY ELLIS HOUSE

69 Bold St.
Hamilton Ontario
L8P 1T6

Director: Thomas J. Kerr
Phone: (905) 528-9591
Fax: (905) 528-7255

Agency Description: Residence for women with alcohol and/or other drug problems. Provide a supportive and educational environment. In-house and community AA meetings are mandatory. Alcohol and drug education and life skills groups.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL** Mary Ellis House
Contact: Mary Rivers
Hours: M-Su 0-2400
Clients: Ages 18-99 Female
Languages: English
Area Served: Hamilton-Wentworth and surrounding area. All Ontario.

Service Note: Treatment centre. Structured program. Client-centred, reality-based, holistic approach. Aimed at street people. Provides "tools" for recovery. Average stay is 42 days.

Access Notes: Women only. Must be detoxed five days (depending on substance). AA/NA included. Cost: flexible, geared to income. Accept pregnant clients (in context of six-week program and up to 24 months' aftercare).

MORELAND CENTRE

Chedoke Division, Scenic Drive
P.O. Box 2000 Hamilton Ontario
L8N 3Z5

Acting Director: Anita Cupido
Phone: (905) 521-2100
Fax: (905) 521-4998

Agency Description: An intensive five-week inpatient treatment sequence for both men and women. Emphasis is on helping is to help the patient choose a healthy lifestyle in place of a destructive lifestyle.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT** Special Needs Outpatient Group
Contact: Pauline O'Halloran
Hours: M-F 900-1630
Clients: Ages 18-75 Male/Female
Languages: English. Individual counsellors for French.
Area Served: Hamilton-Wentworth Region. All Ontario.

Service Note: Offered when enough staff available. For those unable to attend short-term residential. Individual/group counselling. Senior Citizen's Group, Spouse Group and ACOA Group twice/year for ten weeks each. Assist acquired brain injury clients in Chedoke Hospital. Average stay is 220 days.

Access Notes: Must be substance-free four to six weeks. Must be assessed in-house. Must be willing to involve family. Cost: $120 for ACOA group (10 weekly group sessions); $120 for spouse's group (10 weekly group sessions).

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Pauline O'Halloran
Hours: M-F 0-2400 (Sunday night to Friday night)
Clients: Ages 18-65 Male/Female
Languages: English. Individual counsellors for French.
Area Served: Hamilton-Wentworth Region. All Ontario.

Service Note: Teaches skills to reduce anxieties and life stresses. Treatment not substance-specific. Offers specialized service to clients who have been sexually abused, physically abused and/or emotionally abused (Women's Group, Men's Group). One AA meeting recommended. Therapist specializing in cocaine use. Cocaine/Women's/General group. Average stay is 34 days.

Access Notes: Mandatory weekend leave. Cost: $150 per day for semi-private coverage; $175 per day for private coverage. Two-year commitment to aftercare ($500 per year) or must arrange with another agency if out of region. Random drug testing. Must be assessed in-house. Will treat couples. Will accept pregnant clients and those with HIV or AIDS. Will not accept clients with no fixed address.

SALVATION ARMY ADDICTIONS AND REHABILITATION CENTRE (HAMILTON)

94 York Blvd.
Hamilton Ontario
L8R 1R6

Director: Major Don Oakley
Phone: (905) 527-1444
Fax: (905) 525-3555

Agency Description: Offers a 90-day residential program for men. Emphasis is on alcohol/drug education, AA/NA, and a spiritual work plan that helps individuals acquire the necessary life skills needed to take their rightful place in society.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: James McManus
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English
Area Served: Hamilton-Wentworth, Niagara, Brant, Waterloo, Wellington, Peel, Halton.

Service Note: Treatment centre. Will accept adult children of alcoholics. First: orientation (seven to ten days); Second: in-depth group therapy; Third: search for accommodations and job. Structured program. AA model. Clothing provided. Average stay is 90 days.

Access Notes: Men only. Must be detoxed 72 hours. AA/NA attendance, spiritual component, recreational component. Cost: based on ability to pay. If income, client is expected to pay as much as possible and COMSOC pays remainder.

WAYSIDE HOUSE OF HAMILTON

15 Charlton Ave. West
Hamilton Ontario
L8P 2B8

Director: Ellis MacFarland
Phone: (905) 528-8969
Fax: (905) 528-7057

Agency Description: A not-for-profit, community-based charitable organization, dedicated to empowering the alcohol/drug dependent male to accept and sustain a purposeful life of sobriety. Provides a home-like setting for long-term (six months) alcohol/drug recovery that ensures a substance-free environment.

Services Offered: Intake/Screening, Assessment, Long-term Residential, Continuing Care

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Doug Donaldson
Hours: M-F 0-2400
Clients: Ages 19-65 Male
Languages: English
Area Served: Hamilton-Wentworth. All Ontario.

Service Note: Individual/group counselling, relapse prevention, attendance at 12-Step groups, "house" meetings/duties and structured video programs. Support groups, life skills training, vocational counselling and educational upgrading provided. Can work/attend school. Referrals and advocacy where appropriate.

Access Notes: Men only. Must be appropriately detoxed. Pre-admission interview required. Random substance abuse testing.

HORNBY

HALTON RECOVERY HOUSE

General Delivery
Hornby Ontario
L0P 1E0

Executive Director: Judy Bannerman
Phone: (905) 878-1120
Fax: (905) 878-1269

Agency Description: Intensive 90-day residential treatment service for adult males. Daily group therapy for three months as well as an intensive life skills program. Weekly relapse prevention group for those who successfully complete the treatment.

Services Offered: Continuing Care, Long-term Residential

Service Description: **LONG-TERM RESIDENTIAL** Phase I
Contact: Christy Babcock
Hours: M-F 900-1700 (Business Office)
Clients: Ages 25-60 Male
Languages: English
Area Served: Halton Region, Peel. All Ontario.

Service Note: Treatment centre. AA philosophy. Intake/Screening: 1) telephone interview; 2) in-person interview; 3) admission per bed availability. Structured program. Average stay is 90 days.

Access Notes: Men only. Cost: if means to pay, $50.25 per day; if not, will apply for social service to pay. Must be detoxed five days. Attend AA. Will not accept clients with psychiatric or violent history, or serious medical problems. Physical examination administered by house doctor. Residency can be extended for a longer period while seeking employment or accommodations.

KITCHENER

WATERLOO REGION ALCOHOL AND DRUG ASSESSMENT SERVICE

639 King St. W., Suite 201
Kitchener Ontario
N2G 1C7

Coordinator: Robert Murray
Phone: (519) 579-3350
Fax: (519) 579-4372

Agency Description: A community-based assessment, referral, case management and aftercare service for people having problems with alcohol/other drugs. Provides a comprehensive assessment for each client, followed by the development of a treatment plan.

Services Offered: Assessment.

Service Description: **ASSESSMENT** Kitchener Office
Contact: Marilyn Haywood
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Waterloo Region.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics (limited to what can be provided in a non-psychiatric, outpatient setting). Mandatory referrals and other specified groups are seen for a brief assessment prior to being referred for a comprehensive assessment.

Access Notes:
Other Offices: Cambridge

WATERLOO REGIONAL DETOXIFICATION CENTRE

466 Park St.
Kitchener Ontario
N2G 1N6

Director: Mervyn Mothersell
Phone: (519) 749-4300
Fax: (519) 749-4208

Agency Description: Short-term facility providing a safe, comfortable environment to people abusing alcohol/drugs, illicit drugs and/or solvents, or people in withdrawal. Client is encouraged to accept a referral to an ongoing rehabilitation program.

Services Offered: Detoxification, Intake/Screening, Walk-in and Crisis

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Service Description: **DETOXIFICATION**
Contact: Staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, interpreters available for most languages
Area Served: All Ontario.

Service Note: Clients arrive or are brought to centre. Intake information is recorded. Detoxed in a specific area. Once client is sober and wishes to stay, he or she is assigned a bed and then referred if interested. Non-medicated detox. Average stay is five days.

Access Notes: No waiting period for men but frequently there is a waiting period for women.

YOUNG ADULT SUBSTANCE ABUSE CLINIC

898 Queen's Blvd.
Kitchener Ontario
N2M 1A9

Director: Darryl Upfold
Phone: (519) 745-2585
Fax: (519) 745-5808

Agency Description: Provide individual and group outpatient substance abuse counselling for youth and young adults to age 25. Apply a behavioral-oriented model that utilizes client strengths to eliminate or reduce substance abuse.

Services Offered: Continuing Care, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT** Kitchener Office
Contact: Mary Ann Lalonde
Hours: M-F 900-1700 (evening appointments available on request)
Clients: Ages 0-25 Male/Female
Languages: English
Area Served: Region of Waterloo.

Service Note: Behaviorally oriented model. Individual/group counselling. Uses behavioral methods to treat substance abuse. Responsive to age and stage of development.

Access Notes: Must not be intoxicated or in withdrawal at time of appointment. Must be screened over the phone. Can be assessed at clinic or at an Assessment and Referral Centre.

Other Offices: Cambridge

HOPE PLACE WOMEN'S TREATMENT CENTRE

R.R. #3
Milton Ontario
L9T 2X7

Director: Dorothy Kirby
Phone: (416) 777-6323
Fax: (905) 875-3635

Agency Description: Residential treatment centre providing help to women seeking freedom from alcohol and other drug dependencies. Recovery is based on 12-Step program. Holistic approach through physical, emotional, spiritual and social support.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT**
Contact: Etta Piccolotto
Hours: M-F 900-1700, Sa/Su if necessary
Clients: Ages 16-99 Female
Languages: English
Area Served: Halton and Peel Regions primarily. All Ontario.

Service Note: Weekly one-hour sessions. Individual counselling.
Access Notes: Women only. Must be substance-free 48 hours minimum alcohol, one week other drugs. Must be assessed in-house or at an Assessment and Referral Centre. Attend AA/NA. Counselling service also available prior to or following residential treatment. Alternative phone number is (905) 875-3214.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Intake Worker
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English
Area Served: Halton and Peel Regions primarily. All Ontario.

Service Note: Intake/assessment done, put on waiting list while pre-treatment contact/counselling occurs (client phones weekly). Stresses 12-Step programs. Aftercare, post-treatment counselling. Attend AA/NA. Average stay is 28 days.
Access Notes: Women only. Must be substance-free 48 hours minimum alcohol, one week other drugs. Must be assessed in-house or at an Assessment and Referral Centre. Cost: $125 is requested to cover transportation for outings, meetings, etc. No one excluded for inability to pay. An alternative number is (905) 875-3214. Accepts pregnant clients, however, they must be medically capable of completing an uninterrupted 28-day treatment cycle.

NEW DIRECTIONS

P.O. Box 160
Ohsweken Ontario
N0A 1M0

Program Co-ordinator: Glenn Forrest
Phone: (519) 445-2947
Fax: (519) 445-4388

Agency Description: Educational programs and counselling on an outpatient basis are provided for First Nations people affected by the use of alcohol or other drugs.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Valerie Porter
Hours: M-F 900-1630
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Six Nations Reserve and surrounding areas where Band members reside (e.g., Brant, Haldimand-Norfolk). All Ontario.

Service Note: Individual/group counselling. Average stay is 730 days.
Access Notes: Must go through intake.

Service Description: **DAY/EVENING**
Contact: Valerie Porter
Hours: M-F 900-1630, evening program 1630-2000
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Six Nations Reserve and surrounding areas where Band members reside (e.g., Brant, Haldimand-Norfolk). All Ontario.

Service Note: Individual/group counselling. AA/NA encouraged. Average stay is 70 days.
Access Notes: Must go through intake.

NEW PORT CENTRE

260 Sugarloaf St., Port Colborne General Hospital
Port Colborne Ontario
L3K 2N7

Director: Heather Scott
Phone: (905) 834-4501
Fax: (905) 834-3002

Agency Description: Offers an integrated service with short-term residential and outpatient components for men and women seeking help for problems related to substance abuse.

Services Offered: Intake/Screening, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT**
Contact: Barbara Hominuk
Hours: Vary depending on client need
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Primarily Niagara Region. All Ontario.

Service Note: Individual/group counselling. Case management. Specialized and general support groups. Outreach support groups and individual counselling available in St. Catharines, Niagara Falls. Average stay is three to four months.

Access Notes: Recommended assessment at an Assessment and Referral Centre. Prefer clients aged 20 and over.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Barbara Hominuk
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French (available for individual case management and counselling, must be able to operate in English for groups)
Area Served: Primarily Niagara Region. All Ontario.

Service Note: Individual counselling. Group therapy, lectures and fitness. Admissions allowed one day/week. AA/NA supported. Weekend pass negotiable. Many clients return to outpatient services. Varied length of stay up to 28 days.

Access Notes: Must be detoxed prior to admission. Recommended assessment by an Assessment and Referral Centre. Must participate in program during day and attend lectures, evening sessions and fitness classes. Prefers clients aged 20 and over. Prefers to treat dual-diagnosis clients on an outpatient basis, or for a residential service of shorter duration.

NEW PORT CENTRE

260 rue Sugarloaf Hôpital général Port Colborne
Port Colborne ON
L3K 2N7

Directrice : Heather Scott
Téléphone : (905) 834-4501
Télécopieur : (905) 834-3002

Description de l'organisme : Offre un service intégré avec les facettes de bref séjour en établissement et de consultation externe pour les hommes et les femmes à la recherche d'aide pour leurs problèmes liés à l'usage abusif de drogues.

Services offerts : Admission/sélection, consultation externe, bref séjour en établissement

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Description des services : **CONSULTATION EXTERNE**
Référence : Barbara Hominuk
Heures d'ouverture : Varient selon les besoins du client
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Principalement la région du Niagara. Tout l'Ontario.

Autre information - service : Consultation individuelle ou de groupe. Gestion de cas. Groupes de soutien spécialisés ou généraux. Groupes de soutien à domicile et consultation individuelle disponibles à St. Catharines et Niagara Falls. Durée moyenne du séjour : trois à quatre mois.

Autre information : accès : Il est recommandé que l'évaluation ait lieu dans un centre d'évaluation et d'orientation. Préférence accordée aux clients âgés de 20 ans et plus.

HALDIMAND-NORFOLK ADDICTION SERVICE

139 Colborne St. South
Simcoe Ontario
N3Y 4H4

Director: Peter Welch
Phone: (519) 428-1805
Fax: (519) 428-7710

Agency Description: Assessment, referral and outpatient counselling service designed to assist those having alcohol and/or other drug-related problems. (Also program for youth aged 12 to 24 years through provision of assessment followed by outpatient treatment.)

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT** Haldimand-Norfolk Youth Alcohol/Drugs Counselling Program, Simcoe Office
Contact: Intake Counsellor
Hours: M-F 830-1630 (some evening hours available)
Clients: Ages 12-24 Male/Female
Languages: English
Area Served: Haldimand-Norfolk Region. All Ontario.

Service Note: Separate from adult assessment materials and available counsellors. Thorough discussion, completion of a confidential questionnaire. Treatment plan suggested. Assist with referral information. Service is voluntary, non-judgmental and free.

Access Notes: Clients may be seen in the offices or in any regional secondary or elementary school.
Other Offices: Dunnville (905-774-8835)

Service Description: **ASSESSMENT** Haldimand-Norfolk Addiction Assessment & Referral Service, Simcoe Office
Contact: Intake Counsellor
Hours: M-F 830-1630 (some evening hours available)
Clients: Ages 25-99 Male/Female
Languages: English
Area Served: Haldimand-Norfolk Region. All Ontario.

Service Note: Thorough discussion, completion of a confidential questionnaire. Use ASIST, average two hours for assessment. Treatment plan suggested. Assist with referral information. Service is voluntary, non-judgmental, free and confidential.

Access Notes: Appointments can be arranged at other locations in the region.
Other Offices: Dunnville (905-774-8835)

Service Description: **OUTPATIENT** Haldimand-Norfolk Youth Alcohol/Drugs Counselling Program, Simcoe Office
Contact: Intake Counsellor
Hours: M-F 830-1630 (some evening hours available)
Clients: Ages 12-24 Male/Female
Languages: English
Area Served: Haldimand-Norfolk Region. All Ontario.

Service Note: Supportive counselling and appropriate use of audio-visual resources part of service. Individual counselling primarily. Service is non-judgmental, confidential and free.

Access Notes: May be seen in the offices or in any regional secondary or elementary school.
Other Offices: Dunnville (905-774-8835)

Service Description: **OUTPATIENT** Haldimand-Norfolk Addiction Assessment & Referral Service, Simcoe Office
Contact: Intake Counsellor
Hours: M-F 830-1630 (some evening hours available)
Clients: Ages 25-99 Male/Female
Languages: English
Area Served: Haldimand-Norfolk Region. All Ontario.

Service Note: Supportive counselling and relapse prevention strategies. Individual counselling primarily. Controlled drinking is an option. Service is non-judgmental, confidential and free. Smoking cessation classes.

Access Notes: Appointments can be arranged at other locations in the region.
Other Offices: Dunnville (905-774-8835)

HOLMES HOUSE HALDIMAND NORFOLK DETOXIFICATION AND REHABILITATION SERVICE

394 West St.
Simcoe Ontario
N3Y 1T9

Director: Bruce Taylor
Phone: (519) 428-1911
Fax: (519) 428-7756

Agency Description: Offers detoxification from alcohol and other drugs in a safe environment. Four-week residential and/or day treatment that includes individual and group counselling, relaxation training, stress management, individual and family follow-up.

Services Offered: Continuing Care, Day/Evening, Detoxification, Intake/Screening, Short-term Residential, Walk-in and Crisis

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Service Description: **DETOXIFICATION**
Contact: Any staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French, multi-language resources through hospital employees (e.g., German, Spanish, Slavic languages)
Area Served: Haldimand-Norfolk Region. All Ontario.

Service Note: Non-medical detox. Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Those in need of urgent medical care will be sent to hospital. Detox clients referred to assessment/referral upon detox.

Access Notes: Must be ambulatory.

Service Description: **DAY/EVENING**
Contact: Rita Gallea/Doug Inglis
Hours: M-F 800-1600, 1900-2200 (call anytime)
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Haldimand-Norfolk Region. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Total abstinence. Holistic approach, biopsychosocial model. Individual/group counselling. Utilizes videos, literature, experts. Mandatory attendance at four sessions of 12-Step support group (e.g., AA/NA). Average stay is 28 days.

Access Notes: Same treatment as short-term residential, for those not requiring residential support services. Must be detoxed. 12-Step attendance (e.g., AA/NA) required. Must be assessed at an Assessment and Referral Centre or other appropriate facility. Physical examination by own or hospital doctor required prior to entry or during first week.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Rita Gallea/Doug Inglis
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Haldimand-Norfolk Region. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Total abstinence. Holistic approach, biopsychosocial model. Individual/group counselling. Utilize videos, literature, experts. Mandatory attendance at four sessions of 12-Step support group (e.g., AA/NA). Average stay is 28 days.

Access Notes: Same treatment as day service, for those requiring residential support. Must be detoxed. Must be assessed at an Assessment and Referral Centre or other appropriate facility. 12-Step attendance (e.g., AA/NA) required. Physical examination by own or hospital doctor required prior to entry or during first week.

HOLMES HOUSE HALDIMAND NORFOLK DETOXIFICATION AND REHABILITATION SERVICE

394 rue West
Simcoe ON
N3Y 1T9

Directeur : Bruce Taylor
Téléphone : (519) 428-1911
Télécopieur : (519) 428-7756

Description de l'organisme : Offre une cure de désintoxication de l'alcool et des autres drogues dans un milieu sécuritaire. Traitement de quatre semaines en établissement ou de jour incluant des consultations individuelles ou de groupe, la formation en relaxation, la gestion du stress, le suivi individuel et familial.

Services offerts : Soins continus, traitement de jour et de soir, désintoxication, admission/sélection, bref séjour en établissement, services sans rendez-vous et d'urgence

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Description des services : **DÉSINTOXICATION**
Référence : Tous les membres du personnel en service
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français, anglais, ressources multilingues parmi les employés de l'hôpital (p. ex., allemand, espagnol, langues slaves)
Région desservie : Région de Haldimand-Norfolk. Tout l'Ontario.
Autre information - service : Désintoxication non médicale. Accepte les clients potentiellement violents envers eux-mêmes et autrui. Accepte les adultes enfants d'alcooliques. Les personnes nécessitant des soins médicaux d'urgence seront acheminées vers un hôpital. Les clients en désintoxication seront orientés vers un centre d'évaluation et d'orientation dès que la désintoxication aura été achevée.
Autre information - accès : Le client doit être capable de se déplacer.

ST. CATHARINES

ALCOHOL AND DRUG TREATMENT CENTRE (NIAGARA)

4 Queen St., 2nd Floor
St. Catharines Ontario
L2R 6W8

Program Manager: Norma Medulun
Phone: (905) 685-5425
Fax: (905) 685-3737

Agency Description: Alcohol/drug day treatment (four-week program, five days/week). Group treatment, education, evaluation. Cognitive/educational/experiential format. Weekly group follow-up. Women-specific aftercare. Family Program.

Services Offered: Continuing Care, Day/Evening, Family Intervention, Intake/Screening

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Service Description: **DAY/EVENING**
Contact: Secretary
Hours: M-F 830-1630
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Niagara Region. Outside region on availability basis.
Service Note: Attend five days/week. AA/NA encouraged. Primarily group counselling, individual counselling on as-needed basis. Interim intervention as needed until client can enter day treatment. Average stay is 20 days plus one year aftercare.
Access Notes: Must be substance-free one to two weeks. Non-smoking environment.

NIAGARA ALCOHOL AND DRUG ASSESSMENT SERVICE

55 St. Paul St., Suite 6
St. Catharines Ontario
L2R 3M3

Director: Linda Palanek
Phone: (905) 684-1183
Fax: (905) 684-1551

Agency Description: Community-based agency designed to facilitate access to relevant treatment resources by Niagara residents with alcohol and/or other drug problems.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening

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Service Description: **ASSESSMENT**
Contact: Marlies McDonald
Hours: M-F 900-1700
Clients: Ages 0-99 Male/Female
Languages: English, French (one staff member), Dutch, German, Spanish
Area Served: Niagara Region.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. All appointments are made through St. Catharines office. Also see clients in Grimsby by appointment.

Access Notes: By appointment only.
Other Offices: Niagara Falls, Welland

NIAGARA ALCOHOL AND DRUG ASSESSMENT SERVICE

55 rue St. Paul, bureau 6
St. Catharines ON
L2R 3M3

Directrice : Linda Palanek
Téléphone : (905) 684-1183
Télécopieur : (905) 684-1551

Description de l'organisme : Organisme communautaire conçu pour faciliter l'accès des résidants du Niagara aux prises avec des problèmes liés à l'alcool ou aux autres drogues aux ressources de traitement appropriées.

Services offerts : Évaluation, soins continus, intervention auprès de la famille, admission/sélection

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Description des services : **ÉVALUATION**
Référence : Marlies McDonald
Heures d'ouverture : Du lun. au ven. de 9 h à 17 h
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français (un membre du personnel), anglais, hollandais, allemand, espagnol
Area Served: Région du Niagara.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Accepte les adultes enfants d'alcooliques. Tous les rendez-vous doivent être fixés au bureau de St. Catharines. Reçoit également des clients à Grimsby, sur rendez-vous.

Autre information - accès : Sur rendez-vous seulement.
Bureaux : Niagara Falls, Welland

NIAGARA REGIONAL MEN'S AND WOMEN'S DETOXIFICATION CENTRES

10 Adams St.
St. Catharines Ontario
L2R 2V8

Manager: Norma Medulun
Phone: (905) 682-7211
Fax: (905) 687-9768

Agency Description: Provide an alcohol/drug-free supportive environment to those intoxicated, in withdrawal or in crisis as a result of alcohol/other drug use. Discharge planning includes referral to appropriate resources. Informal follow-up is available.

Services Offered: Continuing Care, Detoxification, Intake/Screening, Supportive Stabilization, Walk-in and Crisis

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Service Description: **DETOXIFICATION** Niagara Regional Men's Detoxification Centre
Contact: Rob Cobb
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English, French
Area Served: Niagara Region. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (if controlled). Depending on condition, clients will receive orientation and be given pertinent information on continuum of care.

Access Notes: Men only. Must be conscious, ambulatory and not in need of immediate medical care. Clients with abrupt withdrawal from major psychotropic drugs must have close physician contact. Smoking allowed in designated areas.

Service Description: **DETOXIFICATION** Niagara Regional Women's Detoxification Centre
Location: 6 Adams St. St. Catharines Ontario L2R 2V8
Contact: Lise-Anne Paul (Phone: 905-687-9721)
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English, French (three staff members)
Area Served: Niagara Region. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (if controlled). Assessed for eligibility and given personal support during withdrawal. Access to medical services. Refer to other services. AA meetings available (co-ed or women-only). Relapse prevention. Support to family.

Access Notes: Women only. Must be conscious, ambulatory and not in need of immediate medical care. Clients with abrupt withdrawal from major psychotropic drugs must have close physician contact. Smoking allowed in designated areas.

NIAGARA REGIONAL MEN'S AND WOMEN'S DETOXIFICATION CENTRES

10 rue Adams
St. Catharines ON
L2R 2V8

Chef de service : Norma Medulun
Téléphone : (905) 682-7211
Télécopieur : (905) 687-9768

Description de l'organisme : Offre un milieu favorable sans alcool ni drogue aux personnes intoxiquées, en sevrage ou en crise relativement à leur usage d'alcool ou d'autres drogues. La planification du congé comprend l'orientation vers les ressources appropriées. Suivi informel également disponible.

Services offerts : Soins continus, désintoxication, admission/sélection, stabilisation pré-traitement, services sans rendez-vous et d'urgance

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Description des services : **DÉSINTOXICATION** Niagara Regional Men's Detoxification Centre
Référence : Rob Cobb
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clients: Groupe d'âge : de 16à 99 ans hommes
Languages: Français et anglais
Area Served: Région du Niagara. Tout l'Ontario.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui (si maîtrisés). Si l'état du client le permet, le client recevra une orientation et des renseignements pertinents sur l'éventail des soins.

Autre information : accès : Hommes seulement. Client doit être conscient et capable de se déplacer; ne doit pas nécessiter de soins médicaux immédiats. Les clients en sevrage aigu de drogues psychotropes importantes doivent être en contact étroit avec un médecin. L'usage de tabac est permis dans les endroits désignés.

Description des services : **DÉSINTOXICATION** Niagara Regional Women's Detoxification Centre
Emplacement : 6 rue Adams St. Catharines Ontario L2R 2V8
Référence : Lise-Anne Paul (Téléphone : 905-687-9721)
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans Femmes
Langues : Français (trois membres du personnel) et anglais
Area Served: Région du Niagara. Tout l'Ontario.

Autre information - service : Accepte les clientes potentiellement violentes envers elles-mêmes et autrui (si maîtrisées). Évaluées pour admissibilité et reçoivent un soutien personnel durant le sevrage. Accès à des services médicaux. Orientation vers d'autres services. Réunions des AA offertes (mixtes ou femmes seulement). Prévention des rechutes. Soutien aux familles.

Autre information - accès : Femmes seulement. Doit être consciente et capable de se déplacer; ne doit pas nécessiter de soins médicaux immédiats. Les clientes en sevrage aigu de drogues psychotropes importantes doivent être en contact étroit avec un médecin. L'usage de tabac est permis dans les endroits désignés.

OUTPATIENT TREATMENT, EDUCATION AND COUNSELLING PROGRAM

55 St. Paul St., Suite 5
St. Catharines Ontario
L2R 3M3

Director: Paul Niesink
Phone: (905) 641-0018
Fax: (905) 684-1551

Agency Description: Programs designed to serve youth and young adults aged 16 to 25, their relatives and significant others.
Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT** Brief Intervention Treatment (BIT)
Contact: Michele Chudy
Hours: M-F 900-1700 (evening times can be arranged)
Clients: Ages 16-25 Male/Female
Languages: English, Dutch
Area Served: Primarily Niagara Region. Some exceptions are made.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Short-term treatment. Individual counselling. Treatment focus: alcohol and drug use information and helping to assist client to use own resources to achieve goals. Detoxification preferred. Average stay is 49 days.

Access Notes: Must be assessed in-house or at an Assessment and Referral Centre. Family members of young adults between the ages of 16-25 receive supportive and educational counselling in SORIS program (Significant Other and Relative Information and Support).

Service Description: **OUTPATIENT** Driving While Impaired (DWI) Program
Contact: Michele Chudy
Hours: W 1900-2100
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Primarily Niagara Region. Some exceptions are made.

Service Note: DWI Program. Group counselling. Service is held once/week for two hours in the evening. Service runs for five weeks, three times a year (Jan., May and Sept.). Average stay is 28 days.

Access Notes: Must be first-time offender.

WAYSIDE HOUSE OF ST. CATHARINES

Administrative Office 50 Queenston St.
St. Catharines Ontario
L2R 2Y9

Director: Bud Fry
Phone: (905) 684-6601
Fax: (905) 684-9249

Agency Description: This recovery home program consists of daily interactional living via group meetings and individual guidance from the director and other staff. Referrals made to community agencies for specific problem areas. In-house AA meeting.

Services Offered: Intake/Screening, Long-term Residential

Service Description: **LONG-TERM RESIDENTIAL**
Location: 200 Queenston St. St. Catharines Ontario L2R 2Z7
Contact: Bud Fry
Hours: M-Su 0-2400
Clients: Ages 19-65 Male
Languages: English, French
Area Served: Niagara Region.

Service Note: Recovery home. A long-term alcohol and drug recovery home. We strongly support the addiction problem as well as place heavy emphasis on life skills, social skills and motivational concepts. AA recommended. Average stay is 180 days.

Access Notes: Men only. Must have in-house intake interview before being accepted into residential service. Must be detoxed three to five days. Targeted at substance abusers in need of financial support. Monthly allowance and emergency clothing to those in need. After six months, eligible for educational and vocational rehabilitation.

WAYSIDE HOUSE OF ST. CATHARINES

Bureau administratif 50 rue Queenston
St. Catharines ON
L2R 2Y9

Directeur : Bud Fry
Téléphone : (905) 684-6601
Télécopieur : (905) 684-9249

Description de l'organisme : Cette maison de convalescence consiste en une vie quotidienne interactive en tenant des réunions et assurant l'orientation individuelle de la part du directeur ou d'un autre membre du personnel. Orientation vers les organismes communautaires dans les cas à problème. Réunions des AA à l'interne.

Services offerts : Admission/sélection, séjour à long terme en établissement

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Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT**
Emplacement : 200 rue Queenston St. Catharines Ontario L2R 2Z7
Référence : Bud Fry
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 19 à 65 ans hommes
Langues : Français et anglais
Région desservie : Région du Niagara.

Autre information - service : Maison de convalescence. Maison de convalescence à long terme pour l'alcoolisme et la toxicomanie. Nous soutenons profondément les problèmes de toxicomanie et mettons l'accent sur l'autonomie fonctionnelle, les aptitudes sociales et les concepts motivationnels. Recommandons de participer aux réunions des AA. Durée moyenne du séjour : 180 jours.

Autre information - accès : Hommes seulement. Doit passer une entrevue d'admission à l'interne avant d'être accepté dans le service avec séjour en établissement. Doit être désintoxiqué pendant une période de trois à cinq jours. Cible les usagers abusifs nécessitant un soutien financier. Allocations mensuelles et vêtements d'urgence pour les personnes dans le besoin. Après six mois, admissible à la réadaptation éducationnelle et professionnelle.

THOROLD

ARID (ALCOHOL RECOVERY IN DIGNITY)

175 Pine St. South
Thorold Ontario
L2V 3M5

Director: Richard Murri
Phone: (905) 227-1113
Fax: (905) 227-1228

Agency Description: Home for recovering alcoholics, non-medical setting. For the self-motivated who need non-institutional help through critical periods. Clients are encouraged to assume responsibility for day-to-day living. Chaplaincy services available.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Richard Murri
Hours: M-Su 0-2400 (continuous care)
Clients: Ages 18-90 Male
Languages: English
Area Served: Niagara Region.

Service Note: Recovery home. 12-Step AA-based model. Can work (assist in finding employment). Can attend school. Structured program. Average stay is 90 days. Three locations: two in Thorold; one in Fort Erie.

Access Notes: Men only. Must be detoxed four days. AA/NA participation (at least three meetings/week in evenings). Cost: $100/week room/board but can be negotiated with individual based on ability to pay.

WATERLOO

174 KING ST. N. ALCOHOLISM RECOVERY HOME

174 King St. N.
Waterloo Ontario
N2J 3Z9

Director: Pam Gardiner
Phone: (519) 885-3330
Fax: (519) 885-3464

Agency Description: Community-based residential treatment and rehabilitation program for persons at high risk due to alcohol or other drug abuse. Holistic approach. Group counselling focus. Focus on increasing functional behavior and decreasing destructive behavior.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Jim Jansen
Hours: M-F 900-1700 (structured program, staff supervision)
Clients: Ages 21-99 Male
Languages: English
Area Served: All Ontario.

Service Note: Treatment/rehabilitation. Group counselling focused. Structured program. Four phases: 1) assessment; 2) residential; 3) involvement continues from nearby home and then formal transition begins; 4) re-integration. Follow-up counselling provided. Average stay is 210 days.

Access Notes: Men only. Will consider 16-20 year olds on case-by-case basis. Must be detoxed 48 hours. Attend AA/NA. Cost: No one turned away due to inability to pay. If no income, covered by COMSOC; if income, 65% for program fees. Involvement in all aspects of program is required. Physical required in first week. Unable to accommodate the needs of those requiring mood-altering prescription drugs. Smoking allowed outside building only between 830-1700 M-F.

ALCONTROL HOMES

215 King St. S.
Waterloo Ontario
N2J 1R2

Director: Diane Penman Bondy
Phone: (519) 745-4691
Fax: (519) 745-2223

Agency Description: Residential treatment for chemically dependent women. Provides a supportive environment where residents can become aware of their potential and ability to cope with the demands of independent everyday living. Holistic approach.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential, Short-term Residential

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Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Diane Frederick
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English
Area Served: All Ontario.

Service Note: 12-Step AA model. Intake/Screening appointment made. If appropriate for service, pre-treatment plans are made. Admissions on Mondays. Ongoing assessment during treatment. Average stay is 28 days.

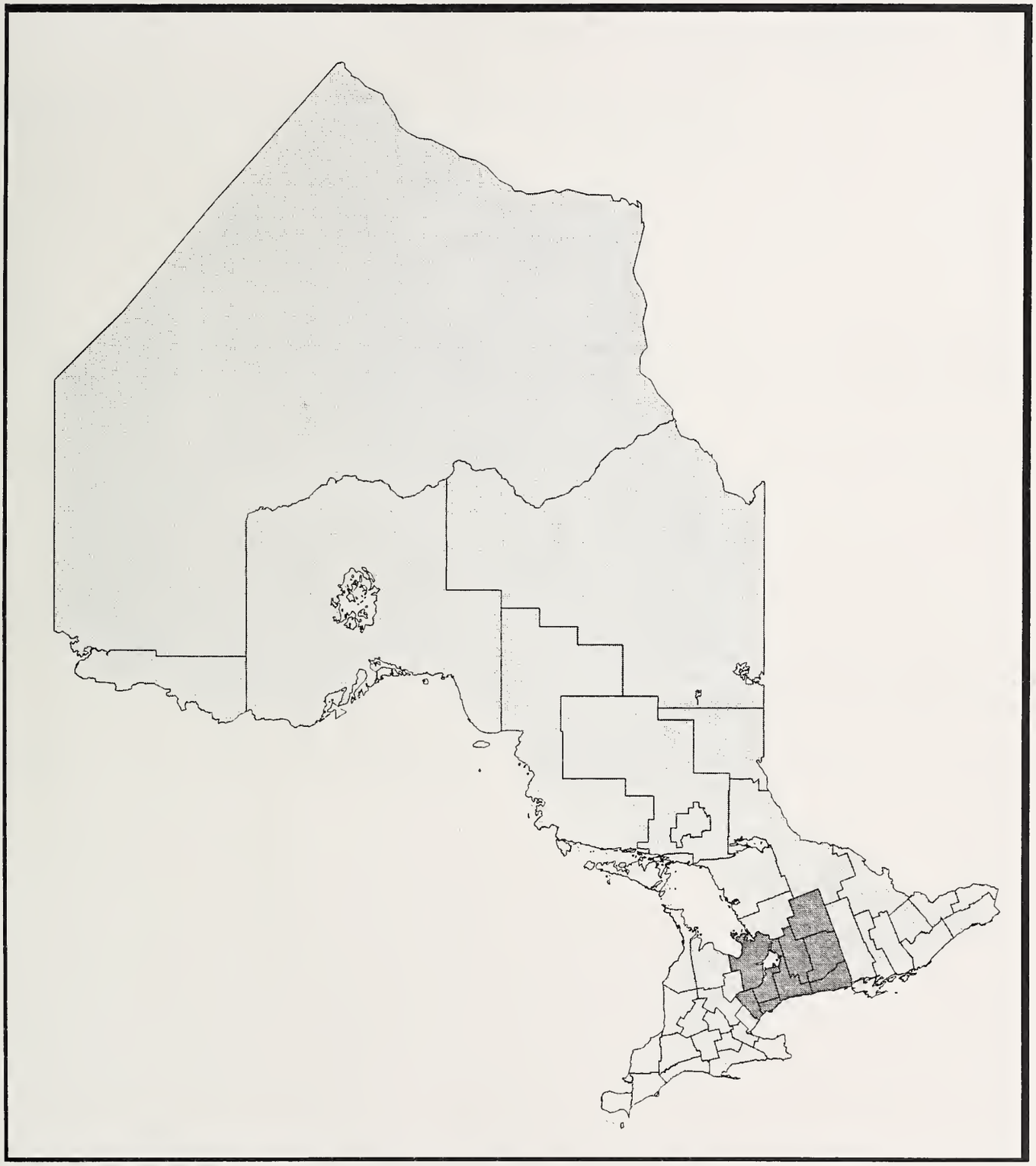
Access Notes: Women only. Must be substance-free 72 hours prior to admission. Attend AA/NA five meetings/week. Physical required after admission. Random drug testing. Accept pregnant clients (up to and following delivery).

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Diane Frederick
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Treatment centre. 12-Step AA model. Intake/Screening appointment made. If appropriate for service, pre-treatment plans are made. Structured program. Ongoing assessment during treatment. Average stay is 90 days.

Access Notes: Women only. Must be substance-free 72 hours prior to admission. Attend AA/NA five meetings/week. Physical required after admission. Random drug testing. Accept pregnant clients (up to and following delivery).

Central East District Health Council Region



INCLUDES THE COUNTIES/DISTRICTS OF:

- Durham
- Haliburton
- Metro Toronto
- Northumberland
- Peel
- Peterborough
- Simcoe
- Victoria
- York

ADDICTION SERVICES FOR YORK REGION (ASYR)

15150 Yonge St., Suite 201
Aurora Ontario
L4G 1M2

Executive Director: Bryan Salmers
Phone: (905) 841-7007
Fax: (905) 841-6146

Agency Description: Assessment, referral and outpatient addictions treatment.
Services Offered: Assessment, Continuing Care, Family Intervention, Outpatient

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Service Description: **ASSESSMENT** Aurora Office
Contact: Intake Coordinator
Hours: M, W, F 900-1700, Tu, Th 900-2000
Clients: Ages 12-99 Male/Female
Languages: English, French, Polish
Area Served: York region. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (in conjunction with physician/psychiatrist). Will accept adult children of alcoholics. Phone for appointment. Staff person who does assessment also does case work. Targeted at individuals, youth aged 12 and older, couples, families encountering problems re: substance abuse.

Access Notes: Toll-free 1-800-263-2288. Smoke-free environment.
Other Offices: Keswick (905-476-4331), Markham (905-471-1620), Richmond Hill (905-884-9148), Sutton (905-841-7007)

Service Description: **OUTPATIENT** Aurora Office
Contact: Intake Coordinator
Hours: M, W, F 900-1700, Tu, Th 900-2000
Clients: Ages 12-99 Male/Female
Languages: English, French, Polish
Area Served: York Region. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (in conjunction with physician/psychiatrist). Staff doing assessment does case work. Targeted at individuals, youth aged 12 and older, couples, families. Individual/group counselling. Flexible groups: e.g., spouses, wellness promotion, therapy. Average stay is 180 days.

Access Notes: Toll-free 1-800-263-2288. Must be assessed in-house. Smoke-free environment.
Other Offices: Keswick (905-476-4331), Markham (905-471-1620), Richmond Hill (905-884-9148), Sutton (905-841-7007)

ADDICTION SERVICES FOR YORK REGION (ASYR)

15150 rue Yonge, bureau 201
Aurora ON
L4G 1M2

Directeur : Bryan Salmers
Téléphone : (905) 841-7007
Télécopieur : (905) 841-6146

Description de l'organisme : Évaluation, orientation et traitement des toxicomanies en consultation externe.
Services offerts : Évaluation, soins continus, intervention auprès de la famille, consultation externe.

Description des services : **ÉVALUATION** bureau d'Aurora
Rérérence : Coordonnateur de l'admission
Heures d'ouverture : Lun. mer. ven. de 9 h à 17 h, mar. jeu. de 9 h à 20 h
Clientèle : Groupe d'âge : de 12 à 99 ans hommes et femmes
Langues : Français, anglais, polonais
Région desservie : Région de York. Tout l'Ontario.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui (en conjonction avec le médecin ou le psychiatre). Accepte aussi les adultes enfants d'alcooliques. Prendre rendez-vous par téléphone. L'intervenant à l'évaluation fait aussi du travail individuel. Cible les individus, les jeunes de 12 ans et plus, les couples, les familles aux prises avec des problèmes liés à l'usage abusif de drogues.
Autre information - accès : Sans frais : 1-800-263-2288. Environnement sans fumée.

Description des services : **CONSULTATION EXTERNE** bureau d'Aurora
Référence : Coordonnateur de l'admission
Heures d'ouverture : Lun. mer. ven. de 9 h à 17 h, mar. jeu. de 9 h à 20 h
Clientèle : Groupe d'âge : de 12 à 99 ans hommes et femmes
Langues : Français, anglais, polonais
Région desservie : Région de York. Tout l'Ontario.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui (en conjonction avec le médecin ou le psychiatre). L'intervenant à l'évaluation fait aussi du travail individuel. Cible les individus, les jeunes de 12 ans et plus, les couples et les familles. Consultation individuelle et de groupe. Groupes flexibles : p. ex., conjoints, promotion du bien-être, thérapie. Durée moyenne du séjour : 180 jours.
Autre information - accès : Sans frais : 1-800-263-2288. L'évaluation doit avoir lieu à l'interne. Environnement sans fumée.

COMMUNITY CARE CENTRE FOR SUBSTANCE ABUSE

70 Wellington St. W.
Barrie Ontario
L4N 1K4

Director: Ted Ryan
Phone: (705) 728-4226
Fax: (705) 728-7308

Agency Description: A co-ed facility that provides detoxification, pre-treatment programming and assessment for referral with a non-medical orientation. It is a department of The Royal Victoria Hospital.

Services Offered: Detoxification, Family Intervention, Intake/Screening, Walk-in and Crisis

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Service Description: **DETOXIFICATION**
Contact: Any Counsellor
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Simcoe County and surrounding area.

Service Note: Will accept adult children of alcoholics. Specializes in multiple drug withdrawal. First-come first-serve basis. Offers: 1) intoxication management; 2) withdrawal management; 3) pre-treatment; 4) family intervention; 5) assessment and referral. Works with community resources.

Access Notes: Limited smoking area.

COMMUNITY CARE CENTRE FOR SUBSTANCE ABUSE

70 rue Wellington ouest
Barrie ON
L4N 1K4

Directeur : Ted Ryan
Téléphone : (705) 728-4226
Télécopieur : (705) 728-7308

Description de l'organisme : Un établissement mixte offrant des services de désintoxication, de programmation et d'évaluation pré-traitement en vue d'une orientation à composante non médicale. Il s'agit d'un service de l'Hôpital Royal Victoria.

Services offerts : Désintoxication, intervention auprès de la famille, admission/sélection, services sans rendez-vous et services d'urgence

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Description des services : **DÉSINTOXICATION**
Référence : Tous les conseillers
Heures d'ouverture : Du mar. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français, anglais
Région desservie : Comté de Simcoe et ses environs.

Autre information - service : Accepte les adultes enfants d'alcooliques. Spécialisé dans le sevrage de l'usage de drogues multiples. Principe du premier arrivé, premier servi. Offre : 1) gestion de l'intoxication 2) gestion du sevrage 3) pré-traitement 4) intervention auprès de la famile 5) évaluation et orientation. Travail en collaboration avec les ressources communautaires.

Autre information - accès : Section délimitée pour les fumeurs.

SIMCOE OUTREACH SERVICES

1 Berczy St.
Barrie Ontario
L4M 3P5

Director: Greg Howse
Phone: (705) 726-7062
Fax: (705) 726-8629

Agency Description: Community-based assessment, referral and outpatient counselling service. Group therapy and public information available.

Services Offered: Assessment, Intake/Screening

Service Description: **ASSESSMENT** Assessment/Referral and Outpatient Counselling, Barrie
Contact: General reception
Hours: M-F 830-1630 (evening appointments can be arranged)
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Simcoe County. All Ontario (under special circumstances).

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (have staff with expertise). Assessment and individual/group counselling available. Length of time in counselling depends on individual needs.

Access Notes: Toll-free line 1-800-263-5060.

Other Offices: Alliston (705-435-3594), Collingwood (705-444-2558), Midland (705-526-0393), Orillia (705-325-4499)

PEEL ADDICTION ASSESSMENT AND REFERRAL CENTRE

350 Rutherford Rd. S. Plaza II, Suite 106 *Executive Director:* Dr. Lynda Price
Brampton Ontario *Phone:* (905) 796-8300
L6W 4N6 *Fax:* (905) 796-1499

Agency Description: A community-based assessment/referral service that assists individuals to determine extent of alcohol and/or drug problem. Comprehensive assessment completed and treatment plan developed with client. Case management and follow-up offered.

Services Offered: Assessment, Intake/Screening

Service Description: **ASSESSMENT**
Contact: Intake Worker
Hours: M-F 830-1630 (answering machine 1300 - 1400)
Clients: Ages 0-99 Male/Female
Languages: English, Punjabi, Hindi
Area Served: Peel Region.

Service Note: Treatment plans are developed with the client, which may include referrals to various community resources. Those who feel they need immediate help can obtain a screening appointment immediately.

Access Notes: Smoke-free environment.

Service Description: **OUTPATIENT** Guided Self-Change
Contact: Intake Worker
Hours: M-F 830-1630 (answering machine 1300 - 1400)
Clients: Ages 19-99 Male/Female
Languages: English
Area Served: Peel Region.

Service Note: An option made available to individuals with mild to moderate alcohol dependence. Modelled after the Guided Self-Change, Options project.

Access Notes: Must be assessed in-house. Suitability is determined by completing an initial assessment, after which a treatment plan is discussed. Smoke-free environment.

PEEL MEMORIAL HOSPITAL, ADDICTION COUNSELLING SERVICES OF PEEL

118 Queen St. W., Suite 301
Brampton Ontario
L6X 1A5

Director: Dr. Shelley Gorman
Phone: (905) 453-1615
Fax: (905) 453-1149

Agency Description: An outpatient program of individual and group counselling to assist the individual in developing skills that will permit him or her to function without dependence on alcohol or other drugs.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT**
Contact: Lisa Charney/Lynda Macevic
Hours: M-Sa 830-1630
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Brampton, Peel Region.

Service Note: Will accept adult children of alcoholics. Part of Community Health Services in Peel. Range of services for substance abuser and family member. Emphasis on relapse prevention. Individual/group counselling. Average stay is 180 days.

Access Notes: Must be detoxed 24 hours.

PEEL MEMORIAL HOSPITAL, ADDICTION COUNSELLING SERVICES OF PEEL

118 rue Queen ouest, bureau 301
Brampton ON
L6X 1A5

Directeur : Dr Shelley Gorman
Téléphone : (905) 453-1615
Télécopieur : (905) 453-1149

Description de l'organisme : Un programme en consultation externe qui offre des consultations individuelles et de groupe. Il aide les individus à développer des aptitudes qui leur permettront de vivre sans être dépendants de l'alcool ou des autres drogues.

Services offerts : Évaluation, soins continus, admission/sélection, consultation externe

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Description des services : CONSULTATION EXTERNE
Référence : Lisa Charney/Lynda Macevic
Heures d'ouverture : Du mar. au sam. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français, anglais
Région desservie : Régions de Brampton et de Peel.

Autre information - service : Accepte les adultes enfants d'alcooliques. Fait partie du Service de santé communautaire de Peel. Offre une gamme de services à l'intention de l'usager abusif et de sa famille. Met l'accent sur la prévention des rechutes. Consultation individuelle et de groupe. Durée moyenne du séjour : 180 jours.

Autre information - accès : Doit être désintoxiqué pendant 24 heures.

RENASCENT CENTRES (MEN) P.J. SULLIVAN CENTRE

90 Colston St., P.O. Box 369
Brooklin Ontario
L0B 1C0

Director: Gord Newman
Phone: (905) 428-9731
Fax: (905) 655-8536

Agency Description: Residential alcohol/drug addiction treatment centre for men. Based on the 12-Step self-help concept.
Services Offered: Assessment, Continuing Care, Intake/Screening, Short-term Residential

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Service Description: **SHORT-TERM RESIDENTIAL**
Contact: John Wade
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: All Ontario.

Service Note: Based on the results of the assessment, clients are admitted to the program. Must fit admission criteria. Average stay is 28 days.

Access Notes: Men only. Must be substance-free 72 hours. A physical examination is required. Must be ambulatory, free of communicable diseases, and mentally capable of taking active part in program. Must be assessed in-house (if living over 100 miles away, completed by phone). AA participation expected. Must remain for full 28 days, weekends included. Alternative telephone number: 416-655-8484.

COBOURG

NORTHUMBERLAND ADDICTIONS SERVICE

176 Chapel St., P.O. Box 340
Cobourg Ontario
K9A 4K9

Director/Program Coordinator: Dr. A. Worthington
Phone: (905) 372-5879
Fax: (905) 372-2765

Agency Description: Assessment and outpatient treatment service for people with alcohol and other drug-related problems.
Services Offered: Assessment, Continuing Care, Day/Evening, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT**
Contact: Mary Clancy
Hours: M-F 830-1730
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Northumberland County. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Individual counselling. Average stay is 135 days.

Access Notes: Must be detoxed (length of time depends on individual). Must be assessed in-house. No smoking.

Service Description: **DAY/EVENING**
Contact: Mary Clancy
Hours: M, Tu, Th, F 830-1700, W 830-2030
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Northumberland County. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Individual counselling. Average stay is 42 days.

Access Notes: Must be detoxed three days. Must be assessed in-house. No smoking.

SALVATION ARMY HOPE ACRES REHABILITATION CENTRE

P.O. Box 100
Glencairn Ontario
L0M 1K0

Executive Director: Major Calvin Layte
Phone: (705) 466-3435
Fax: (705) 466-3133

Agency Description: Tightly scheduled long-term residential rehabilitation centre on a 225-acre farm. Caters to the whole man with physical, mental, social and spiritual rehabilitation. Monthly progress evaluation, moral inventory based on 12-Step Program.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Paul Huard
Hours: M-F 900-1600
Clients: Ages 20-99 Male
Languages: English
Area Served: All Ontario.

Service Note: Treatment centre. Wants client to commit to length of treatment. Length of stay varies. Structured program. Classroom and work therapy. Group counselling. Literacy classes.

Access Notes: Men only. Must be detoxed 72 hours. Attend AA/NA. Cost: usually no cost (FBA); if pension, $85/week room/board. Unable to accept clients with severe medical problems requiring extensive attention. Must be ambulatory. Must attend chapel. Smoking in designated areas.

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416 ADDICTION CASE MANAGEMENT PROGRAM

356 Ontario Street
Toronto Ontario
M5A 2V7

Director: Michael McCrimmon
Phone: (416) 964-6936
Fax: (416) 964-2815

Agency Description: Comprehensive case management is provided to meet the special needs of women in the Toronto core area who are unable to benefit from existing treatment services. Emphasis on individual counselling for women with a street-dependent lifestyle.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Supportive Stabilization

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Service Description: **OUTPATIENT**
Contact: Michael McCrimmon
Hours: M-F 900-1700
Clients: Ages 16-99 Female
Languages: Interpreters arranged for any language
Area Served: Downtown Toronto core area.

Service Note: Accepts clients with potential for violence towards themselves and others (structured contracting). Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (trained staff). Individual counselling. Moves at woman's own pace. Treatment based on personal values/goals. Assistance in accessing existing services. Outreach program available.

Access Notes: Women only. No smoking in the house. Must be assessed in-house or by phone.

ADDICTION RESEARCH FOUNDATION, CLINICAL RESEARCH AND TREATMENT INSTITUTE

33 Russell St.
Toronto Ontario
M5S 2S1

Acting Director: Dr. Robin Room
Phone: (416) 595-6106
Fax: (416) 595-6619

Agency Description: Operates a wide range of addiction treatment services on outpatient, day and residential bases. ARF develops, models, evaluates and makes available throughout Ontario, science-based alcohol/drug treatment services, methods and materials.

Services Offered: Assessment, Continuing Care, Day/Evening, Detoxification, Intake/Screening, Outpatient, Short-term Residential

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Service Description: **DETOXIFICATION** ARF Detox Centre
Location: 501 Queen Street Toronto Ontario M5V 2B4
Contact: Staff on duty (Phone: 416-868-1993)
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: All Ontario.

Service Note: Non-medical detox. Average stay is 1-10 days.
Access Notes:

Service Description: **OUTPATIENT** Behaviour Change Clinic, Relapse Prevention Counselling
Contact: Joan Bresher (Phone: 416-595-6040)
Hours: M-F 900-1700 (evening hours); Group Tu 1800-2000
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: All clients are seen by case manager for assessment and booking. Primarily group counselling, limited individual counselling. Average stay is 56 days.
Access Notes: Client need not be in stable accommodation, employed or free from legal coercion. If client is taking alcohol sensitizing/anti-craving drugs, he or she must be willing to taper off drug during early part of treatment. Must be assessed in-house. Must be willing to remain abstinent for the first four weeks and be able to read and write English. Eight weekly sessions (with the option of additional sessions for individual counselling).

Service Description: **OUTPATIENT** Youth and Family Clinic
Contact: Joanne Micieli (Phone: 416-595-6032)
Hours: M-F 830-1700 (evening appointments available)
Clients: Ages 0-24 Male/Female
Languages: English
Area Served: Metro Toronto and vicinity.

Service Note: Following assessment, client receives an individualized treatment plan that may include outpatient treatment. Individual/group/family counselling.
Access Notes: Must be assessed in-house.

Service Description: **OUTPATIENT** Opiate Clinic
Contact: (Phone: 416-595-6019)
Hours: M-F 900-1700 plus extended dispensing hours
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: All Ontario.

Service Note: Varied service on a case-by-case basis. Opiate-specific assessment/treatment planning, individual counselling. Methadone maintenance. Opiate withdrawal, group counselling, pregnancy clinic and alternative drug therapies.
Access Notes: Must be assessed in-house. Target is users of heroin and other opiates.

Service Description: **OUTPATIENT** Behaviour Change Clinic, Coping Skills Group
Contact: Joan Bresher (Phone: 416-595-6040)
Hours: Th 1800-2000 (offered once every 2 months)
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: All clients are seen by case manager for assessment and booking into group. Coping skills group runs one evening per week for eight weeks. Upon completion, enrolled in six-week continuing care. Group counselling. Treatment cycle offered once every two months. Average stay is 56 days.

Access Notes: Must be assessed in-house. Client must have basic reading and writing skills, remain abstinent from all substances on day of group (serious attempt to abstain during entire eight-week period).

Service Description: **OUTPATIENT** HIV Clinic
Contact: Carrie-Ann Pounder (Phone: 416-595-6079)
Hours: M-F 800-1600 (crisis support available 24 hours)
Clients: Ages 16-99 Male/Female
Languages: All languages provided on request
Area Served: All Ontario.

Service Note: Holistic care. Individual counselling. Client must show willingness to follow course of treatment and make changes as necessary. Accepts clients with potential for violence towards themselves and others.

Access Notes: Target is HIV-positive clients with alcohol and drug concerns. Must be assessed in-house. Family/relationship counselling also available.

Service Description: **OUTPATIENT** Mental Health Unit
Contact: Linda Gorthy (Phone: 416-595-6096)
Hours: M-F 900-1700
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: Individual/group counselling.

Access Notes: For dual-disorder clients only (mental disorder and substance abuse problem). Must be assessed in-house. Cannot accept suicidal or homicidal patients. No emergency consultations.

Service Description: **OUTPATIENT** Guided Self-Change Clinic
Contact: Joanne Spratt (Phone: 416-595-6044)
Hours: M,W,Th,F 900-1700; Tu 900-2000 (other evening appts avail)
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: Client will be seen for assessment that day or next day of the call. Treatment begins immediately. Individual/group counselling. Length of program is four to eight weeks.

Access Notes: Targeted to individuals with mild to moderately severe alcohol and drug problems. Must be assessed in-house.

Service Description: **OUTPATIENT** Clinical Support Services, Medical Consultation
Contact: (Phone: 416-595-6019)
Hours: M-F 900-1700
Clients: Ages 0-99 Male/Female
Languages: English, French
Area Served: All Ontario.

Service Note: Consultation with other health care professionals around detox protocol for their patients, drug assistance for substance abuse.

Access Notes: Medical consultation for other health care professionals with patients exhibiting medical complications due to substance abuse. Must be assessed in-house. Telephone consultation for Ontario physicians and other health care workers.

Service Description: **OUTPATIENT** Smoking Treatment Clinic
Contact: (Phone: 416-595-6006)
Hours: Tu 1300-1700
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Close access to 33 Russell Street site.

Service Note: Consultation and treatment for individuals wanting to stop tobacco use. Individual counselling. Clients are expected to attend follow-up sessions. Six new male or female intakes per week. Phone consultation for Ontario physicians and health care workers.

Access Notes: Clients must be able to attend the Clinic at the 33 Russell Street site.

Service Description: **DAY/EVENING** Behavior Change Clinic
Contact: Phone: 416-595-6787
Hours: M-F 1000-1600
Clients: Ages 18-99 Male
Languages: English
Area Served: All Ontario.

Service Note: Seen by case manager for assessment and booking. Group counselling. Offered twice per month. Average stay is 12 days.

Access Notes: Accommodation available in Residential Supportive Care for out-of-town clients. Must be abstinent during two-week program, attend all sessions, have basic English reading/writing skills, enroll in six-week aftercare (one evening/week). Must be detoxed (if needed, in-house) at least three days prior to group. Must be assessed in-house or at Assessment and Referral Centre. Out-of-town clients should be referred to (416) 595-6801.

Service Description: **DAY/EVENING** Behavior Change Clinic, Women's Day Treatment Program
Contact: Eva Ingber (Phone: 416-595-6787)
Hours: M-F 1000-1630 (offered once/month)
Clients: Ages 18-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Intake through BCRP case manager. Seen by case manager for assessment and booking. Group counselling. Average stay is 14 days.

Access Notes: Women only. Accommodation available in Residential Supportive Care. Must be abstinent for two-week program, have basic English reading/writing skills. Must be detoxed (if needed, in-house) at least three days prior to group. Must be assessed in-house. Accept pregnant clients (pre- and post-delivery). Out-of-town clients call (416) 595-6794.

Service Description: **DAY/EVENING** Youth and Family Clinic, Young Drug Users Program
Contact: Anne Bateman (Phone: 416-595-6032)
Hours: M-F 900-1600
Clients: Ages 16-24 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: Clients from Metro Toronto enter following assessment. Direct referrals outside Toronto require assessment by local Assessment and Referral Centre or other assessment service. Completed assessment to be sent to Lis Holmes for review. Group counselling mainly. Average stay is 28 days.

Access Notes: Metro Toronto clients must be assessed in-house or by Metro Addiction Assessment Referral Service. Out-of-town clients must be assessed by local Assessment and Referral Centre and arrangements made for aftercare in home community. Accommodation available in Residential Supportive Care. Must remain abstinent and fully participate in program. Passes to go out on earned basis.

Service Description: **SHORT-TERM RESIDENTIAL** Youth and Family Clinic, Young Drug Users Program
Contact: Anne Bateman (Phone: 416-595-6032)
Hours: M-Su 0-2400
Clients: Ages 16-24 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: Clients from Metro Toronto enter following YFU assessment. Direct referrals outside of Toronto require assessment by local Assessment and Referral Centre or other assessment service. Average stay is 28 days.

Access Notes: Residential option for day treatment service for clients requiring a supportive care bed. Must be assessed in-house or by MAARS. Out-of-town clients must be assessed by local Assessment and Referral Centre and arrangements made for aftercare in home community. Must remain abstinent during treatment and fully participate in program. Passes to go out on earned basis. Any medication must be approved prior to admission.

Service Description: **SHORT-TERM RESIDENTIAL** Behavior Change Clinic, Cocaine Program
Contact: Fran Nakamura (Phone: 416-595-6790)
Hours: M-F 900-1600 (offered every three weeks)
Clients: Ages 25-99 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: Out-of-town clients (call Bill Robb directly). 18-21 day program, group-oriented. Average stay is 20 days.

Access Notes: Must remain abstinent during program. Must be detoxed (if needed, in-house). Must be assessed in-house or at an Assessment and Referral Centre. Mandatory urine screening. Cost= if not a resident of Ontario. Out-of-town clients should call Bill Robb at (416) 595-6790. Must have basic Grade 8 level English language skills.

Service Description: **SHORT-TERM RESIDENTIAL** Behavior Change and Relapse Prevention Clinic
Contact: Joan Bresher (Phone: 416-595-6040)
Hours: M-Su 0-2400
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: Residential care offered to clients who reside outside of Toronto and for those residing in Toronto who are in need of a supportive-care bed during the two-week program. Average stay is 14 days.

Access Notes: Residential option for day treatment service for clients requiring a supportive care bed. Must be detoxed but will arrange in-house. Must be assessed in-house. Must be abstinent during program. Basic reading and writing skills required. Accept pregnant clients (pre- and post-delivery).

FONDATION DE LA RECHERCHE SUR LA TOXICOMANIE
INSTITUT DE RECHERCHE CLINIQUE ET DE TRAITEMENT

33 rue Russell
Toronto ON
M5S 2S1

Directeur intérimaire : Dr Robin Room
Téléphone : (416) 595-6106
Télécopieur : (416) 595-6619

Description de l'organisme : Offre une vaste gamme de services de traitement de la toxicomanie en consultation externe, de jour et en établissement. La ARF élabore, perfectionne, évalue et dissémine partout en Ontario des services de traitement de la toxicomanie, des méthodes et des ressources, le tout fondé sur la recherche.

Services offerts : Évaluation, soins continus, traitement de jour ou de soir, désintoxication, admission/sélection, consultation externe et bref séjour en établissement.

Description des services : **DÉSINTOXICATION** Centre de désintoxication de la ARF
Emplacement : 501 rue Queen Toronto Ontario M5V 2B4
Référence : Personnel en service (Téléphone : 416-868-1993)
Heures d'ouverture : Du mar. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Tout l'Ontario.

Autre information - service : Désintoxication non médicale. Durée moyenne du séjour : 1 à 10 jours.

Description des services : **CONSULTATION EXTERNE** Clinique des opiacés
Référence : (Téléphone : 416-595-6019)
Heures d'ouverture : Du lun. au ven. de 9 h à 17 h plus heures de service prolongées
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Tout l'Ontario.

Autre information - service : Services variés traités au cas par cas. Évaluation et planification du traitement aux opiacés, consultation individuelle. Maintien à la méthadone. Sevrage des opiacés, consultations de groupe, clinique de la grossesse et thérapies alternatives de la toxicomanie.
Autre information - accès : L'évaluation doit avoir lieu à l'interne. Groupe cible : usagers d'héroïne et d'autres opiacés.

Description des services : **CONSULTATION EXTERNE** Clinique du VIH
Référence : Carrie-Ann Pounder (Téléphone : 416-595-6079)
Heures d'ouverture : Du mar. au ven. de 8 h à 16 h (services d'urgence disponibles 24 heures sur 24)
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Toutes les langues, sur demande
Région desservie : Tout l'Ontario.

Autre information - service : Soins globaux. Consultation individuelle. Le client doit faire preuve d'une volonté de suivre le traitement et de faire les changements, s'il y a lieu. Accepte les clients potentiellement violents envers eux-mêmes et autrui.
Autre information - accès : Les clients visés sont séropositifs et sont préoccupés par l'alcool et la drogue. L'évaluation doit avoir lieu à l'interne. Consultations auprès de la famille et de l'entourage également disponibles.

Description des services : **CONSULTATION EXTERNE** Services de soutien clinique, consultation médicale
Référence : (Téléphone : 416-595-6019)
Heures d'ouverture : Du lun. au ven. de 9 h à 17 h
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Tout l'Ontario.

Autre information - service : Consultation avec les autres intervenants de la santé sur le protocole de désintoxication pour leurs clients, et sur l'assistance-médicament pour l'usage abusif de drogues.
Autre information - accès : Consultation médicale pour les autres intervenants en santé dont les clients présentent des complications médicales dues à l'usage abusif de drogue. L'évaluation doit avoir lieu à l'interne. Consultation téléphonique pour les médecins et autres intervenants en santé de l'Ontario.

Description des services : **CONSULTATION EXTERNE** Clinique d'abandon du tabac
Référence : (Téléphone : 416-595-6006)
Heures d'ouverture : Mar. de 13 h à 17 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Les environs du 33 rue Russell.

Autre information - service : Consultation et traitement pour les personnes voulant mettre un terme à leur usage de tabac. Consultation individuelle. On s'attend à ce que le client assiste aux séances de suivi. Six nouvelles admissions des deux sexes par semaine. Consultation téléphonique pour les médecins et les intervenants en santé de l'Ontario.
Autre information - accès : Les clients doivent être en mesure de fréquenter la clinique du 33 rue Russell.

ALPHA HOUSE

647 Broadview Ave.
Toronto Ontario
M4K 2N9

Director: H. Lloyd Werden
Phone: (416) 469-1700
Fax: (416) 469-0829

Agency Description: Treatment and recovery community for men designed to help clients break their compulsive cycle of substance abuse. Average three months residential guidance and support while re-establishing community and work ties. Total abstinence.

Services Offered: Assessment, Continuing Care, Intake/Screening, Long-term Residential, Outpatient

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Service Description: **OUTPATIENT** Day Program
Contact: H. Lloyd Werden (Phone: 416-469-1916)
Hours: M-F 900-1700
Clients: Ages 20-65 Male
Languages: English
Area Served: Toronto primarily. All Ontario.

Service Note: Group meetings open to community members if not using substances. Previous assessment usual, but not mandatory. Individual/group counselling. Average stay is 50 days.

Access Notes: Men only. Clients are encouraged to attend the day groups. Must be substance-free. Two in-house group meetings/week. Attend 12-Step (e.g., AA/NA).

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Office
Hours: M-F 900-1700
Clients: Ages 20-65 Male
Languages: English
Area Served: Toronto primarily. All Ontario.

Service Note: Treatment centre (first six weeks)/Recovery home (up to three months). Admitted after assessment. Support of outpatient/continuing care during waiting period until vacancy. Total abstinence. 12-Step. Can work. Average stay is 90 days.

Access Notes: Men only. Must be detoxed three days. Must be assessed in-house. Cost: $87.50/week for room/board. Must be able to work. Attend 12-Step (e.g., AA/NA) three outside meetings/week. Physical and psychiatric assessments required prior to admission. Smoking limited to private time. If client is from the area, must attend house meetings while on the waiting list for long-term residential to show continued interest/motivation.

BELLWOOD HEALTH SERVICES INC.

1020 McNicoll Ave.
Scarborough Ontario
M1W 2J6

Director: Linda Bell
Phone: (416) 495-0926
Fax: (416) 495-7943

Agency Description: Long-term health and treatment program, provided by a multidisciplinary team, is designed to interrupt and inactivate dependence on alcohol and other drugs, achieve optimal repair of related problems, develop a new lifestyle.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT**
Contact: Gloria Gaudet
Hours: W 900-1700
Clients: Ages 19-85 Male/Female
Languages: English
Area Served: Toronto and Region.

Service Note: Call assessment department. Individual/group counselling. Service length flexible, determined by client needs. Proximity to hospital important. Average stay is 28 days.

Access Notes: Toll-free line 1-800-387-6198. Must be detoxed one to seven days (depending on substance and use). Must be assessed in-house. Cost: usually $80/hour fee-for-service (or fee determined by type of treatment program).

Service Description: **DAY/EVENING** Program for Impaired Driving Offenders/Weekend Program
Contact: Toby Levinson
Hours: Sa, Su 900-1700
Clients: Ages 18-70 Male/Female
Languages: English
Area Served: Toronto and Region.

Service Note: DWI Weekend Program (three weekends in length) followed by sessions one evening a week for six months. Weekend accommodations can be arranged. Transfer to intensive 28-day residential program if required. Individual/group counselling. Average stay is 21 days.

Access Notes: Toll-free line 1-800-387-6198. Weekend program for impaired drivers, offered intermittently. Must be detoxed. Must be assessed in-house. Cost: $1500 fee-for-service. Age limits are flexible.

Service Description: **SHORT-TERM RESIDENTIAL** Alcohol, Polydrug and Cocaine Programs
Contact: Assessment Department
Hours: M-Su 0-2400
Clients: Ages 19-85 Male/Female
Languages: English
Area Served: National.

Service Note: Will accept adult children of alcoholics. Multidisciplinary. Clients can move from residential to day treatment if progressing. Programs: Alcohol (three weeks residential plus one week days), Polydrug (five weeks residential plus two weeks days), Cocaine/Heroin (nine weeks residential plus three weeks days). Total beds shared. Length 28-84 days (depending on program).

Access Notes: Toll-free line 1-800-387-6198. Must be detoxed (arranged by Bellwood). Call agency for explanation of options re: cost. Cost: Alcohol $2100 (approximately) four weeks; Polydrug $4500 (approximately) seven weeks; Cocaine $8900 (approximately) 12 weeks. Treatment can be short-term residential, or outpatient and includes family program, five-year follow-up. Must be assessed in-house or by phone. Heroin clients must be assessed in-house.

BREAKAWAY YOUTH AND FAMILY SERVICES

2 Dunbloor Rd., Room 302
Etobicoke Ontario
M9A 2E4

Director: Dennis Long
Phone: (416) 234-1942
Fax: (416) 234-5702

Agency Description: Outpatient/outreach treatment services. Van service for street outreach, AIDS prevention, needle exchange. Individual, family and group treatment, prevention education. Dual diagnosis day treatment program (youth 13-18).

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT**
Contact: Elizabeth Uberti
Hours: M-F 900-1700 (evenings by appointment)
Clients: Ages 13-25 Male/Female
Languages: English
Area Served: Etobicoke, adjacent communities.

Service Note: Accepts clients with potential for violence towards themselves. Offers specialized service to clients who have been sexually abused, physically abused and/or emotionally abused (systems-based family counselling specific to this). Client receives assessment, subsequent individual/group/family counselling utilizing family systems approach. Indefinite length of stay. Average stay is 135 days.

Access Notes: Outreach outpatient counselling available through mobile unit (van). Service also available to family members. Must be assessed in-house, or at the Assessment and Referral Centre or the ARF Clinical Research and Treatment Institute.

Service Description: **DAY/EVENING** Clear Directions Program
Contact: Jane Bray
Hours: M-F 900-1700
Clients: Ages 13-18 Male/Female
Languages: English
Area Served: Greater Toronto Area, extends from and includes Halton Region to Durham to York Region and all areas inside of that triangle.

Service Note: Accepts clients with potential for violence towards themselves and others. Individual and group counselling for dual-disorder clients aged 13 to 18. For out-of-town clients, in special cases arrangements will be made for space in short-term group home facility. Average stay is 90 days.

Access Notes: Must be assessed in-house. Mandatory attendance.

CARITAS PROJECT—COMMUNITY AGAINST DRUGS

15 Millwick Drive
North York Ontario
M9L 1Y4

Director: Father Gianni Carparelli
Phone: (416) 748-9988
Fax: (416) 748-7341

Agency Description: Community-based volunteer organization that rebuilds individual/family lives effected by substance dependency and related problems. Multifaceted. Includes rehabilitation residence, family meetings, prevention/educational/support programs, etc.

Services Offered: Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Long-term Residential, Supportive Stabilization

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Service Description: **DAY/EVENING** Day Program
Contact: Dave Whitley
Hours: M-F 900-1730 Sa 930-1600
Clients: Ages 16-50 Male
Languages: English (Italian, Portuguese and Spanish available if requested)
Area Served: North York, Metro Toronto and surrounding area.

Service Note: Accepts clients with potential for violence towards themselves. Will accept adult children of alcoholics. Structured environment that includes various workshops activities, structured groups and individual group counselling. This is Phase 2 of the Caritas continuum.

Access Notes: Men only. Should be detoxed three to four days. Cost: $300 for first month, upfront, which includes $100 administration fee. $200 every other month. Refers out for medical and psychiatric care. The day program is for the men in the two Toronto homes as well as for up to five clients who reside at their own home.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: David Whitley
Hours: M-Su 0-2400
Clients: Ages 16-50 Male
Languages: English (Italian, Portuguese and Spanish available if requested)
Area Served: North York, Metro Toronto and surrounding area.

Service Note: Accepts clients with potential for violence towards themselves. Will accept adult children of alcoholics. Therapeutic community, treatment centres. Four treatment settings. Two homes in Toronto that go to the day program. Two farm settings in Orangeville for intensive treatment. One additional home classified as continuing care.

Access Notes: Cost: includes day program fees (total $400/month). $749 initial fee first month, which includes $100 administration fee. $649 every other month for city residents. $400 for residents outside Toronto. Refers out for medical and psychiatric care.

COMMUNITY OLDER PERSONS ALCOHOL PROGRAM (COPA)

27 Roncesvalles Ave. Suite 407
Toronto Ontario
M6R 2K4

Director: Eileen McKee
Phone: (416) 516-2982
Fax: (416) 516-2984

Agency Description: Provides an outreach service to older persons with alcohol and other drug-related problems. Designed to assist individuals to identify lifestyle problems, reduce or eliminate substance use, develop healthy alternatives.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Eileen McKee
Hours: M-F 830-1630
Clients: Ages 55-99 Male/Female
Languages: English, Polish
Area Served: West Toronto Health Area.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Clients assessed, then involved in outpatient treatment. Community outreach, weekly visit to client home, hospital, etc. Individual counselling. Issues addressed as identified in assessment. Length indeterminate.

Access Notes: Must be assessed. Community outreach; treatment involves weekly visits at client location.

CONCERNS CANADA

4500 Sheppard Ave. East Suite H/112
Agincourt Ontario
M1S 3R6

Director: Karl Burden
Phone: (416) 293-3400
Fax: (416) 293-1142

Agency Description: Mission to promote and encourage a positive lifestyle free from dependence upon alcohol, tobacco and other drugs. Within this mandate the organization offers services to a broad clientele. Impaired driving is a focus.

Services Offered: Supportive Stabilization

Contact: Karl Burden
Hours: Variable
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Metro Toronto.

DOCTOR'S HOSPITAL MENTAL HEALTH SERVICES, ALCOHOL AND DRUG SERVICES

340 College St., Suite 500
Toronto Ontario
M5T 3A9

Medical Director: Dr. Tyrone Turner
Phone: (416) 963-7532
Fax: (416) 923-1723

Agency Description: Community program primarily for women with alcohol/drug problems. Dual disorders accepted. Multifaceted program. Provide assessments, pre-treatment, aftercare, traditional healing and acupuncture. Small program for alcoholic Portuguese males.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT**
Contact: Intake Worker
Hours: M-F 830-1630 (evening appointments can be arranged)
Clients: Ages 18-99 Female
Languages: English
Area Served: Metropolitan Toronto and surrounding region. All Ontario.

Service Note: Client has been assessed and outpatient service is seen to benefit client's needs and assessed goals. Individual counselling. Individualized treatment to specific client needs. Eclectic approach.

Access Notes: Women only. Must be assessed in-house. Will not accept clients with forensic issues.

Service Description: **OUTPATIENT** Group for Portuguese-speaking Men
Contact: Intake Worker
Hours:
Clients: Ages 18-99 Male
Languages: English, Portuguese
Area Served: Metropolitan Toronto and surrounding region. All Ontario.

Service Note: Group counselling.

Access Notes: This is a small group for Portuguese men run by an individual counsellor at Doctor's Hospital. Acupuncture is available to men, providing they are seeing a counsellor elsewhere regularly.

DONWOOD INSTITUTE, HEALTH RECOVERY PROGRAM

175 Brentcliffe Rd.
Toronto Ontario
M4G 3Z1

Director: Dr. David A. Korn
Phone: (416) 425-3930
Fax: (416) 425-7896

Agency Description: One-year continuum of services with residential, day and evening programs. In the pre-intensive phase, clients are assessed and prepared for intensive treatment. Focus is on relapse prevention and enhancing life skills.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Short-term Residential, Supportive Stabilization

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Service Description: **DAY/EVENING** Alcohol/Drug Day Program (Intensive Phase)
Contact: David Law
Hours: M-F 800-1630
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: Within commuting distance of Toronto.

Service Note: Holistic, multidisciplinary. Attend Info Night (Wed. 1800), needs evaluation and Pre-Intensive Phase (six weeks). Total abstinence. Group counselling. One-year commitment. After Intensive Phase, moves to Community Phase. Women's groups. Average stay is 21 days.

Access Notes: Target group includes health care professionals. Health Card number or pay. Must be substance-free two weeks and have negative drug screen prior to entry. Must be assessed in-house. Mandatory Pre-Intensive Phase. Physical examination required prior to admission. Allow up to three admissions at Donwood. Nine-week relapse prevention for local clients (one night/week). Accepts pregnant clients (pregnant women given priority admission after assessment; must complete treatment prior to delivery).

Service Description: **DAY/EVENING** Evening Health Service (Intensive Phase)
Contact: Jim Milligan
Hours: Tu, Th 1800-2000
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: Within commuting distance of Toronto.

Service Note: Holistic, multidisciplinary. Attend Info Night (W 1800), needs evaluation and Pre-Intensive Phase (six weeks). Total abstinence. Group counselling. One-year commitment. After Intensive Phase, move to Community Phase. Average stay is 90 days.

Access Notes: Target group includes health care professionals. Health Card number or pay. Must be substance-free two weeks and have negative drug screen prior to entry. Must be assessed in-house. Mandatory Orientation Phase. Physical examination required prior to admission. Allow up to three admissions at Donwood. Nine-week relapse prevention for local clients (one night/week). Accepts pregnant clients (pregnant women given priority admission after assessment; must complete treatment prior to delivery).

Service Description: **DAY/EVENING** Cocaine Day Program (Intensive Phase)
Contact: Gail Prussky
Hours: M-F 800-1630
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: Within commuting distance of Toronto.

Service Note: Holistic, multidisciplinary. Attend Info Night (W 1800), assessed, Pre-Intensive Phase (six weeks). Total abstinence. Group counselling. One-year commitment. After Intensive Phase, move to Community Phase. Average stay is 21 days.

Access Notes: Target group includes health care professionals. Health Card number or pay. Must be substance-free two weeks and have negative drug screen prior to entry. Must be assessed in-house. Mandatory Orientation Phase. Physical required prior to admission. Allow up to three admissions at Donwood. Nine-week relapse prevention for local clients (one night/week). Accepts pregnant clients (pregnant women given priority admission after assessment; must complete treatment prior to delivery).

Service Description: **SHORT-TERM RESIDENTIAL** Inpatient Program (Intensive Phase)
Contact: Eileen O'Leary
Hours: M-F 815-1630
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: Outside of Metro Toronto.

Service Note: Holistic. Must attend Information Night (W 1830), needs evaluation, Pre-Intensive Phase if within commuting distance. Others may apply by mail (client form, MD form). Detox part of program. Total abstinence. Average stay is 28 days.

Access Notes: Target groups include health care professionals and women (occasional women's only groups). Must be assessed in-house or by phone (occasionally). Health Card number or pay. Allow up to three admissions. Accepts pregnant clients (given priority admission after assessment; must complete treatment prior to delivery).

ELIZABETH FRY SOCIETY, DRUG AND ALCOHOL COUNSELLING PROGRAM

215 Wellesley St. E.
Toronto Ontario
M4X 1G1

Director: Leslie Kelman
Phone: (416) 924-3708
Fax: (416) 924-3367

Agency Description: Outpatient counselling and referral to appropriate resources. Targets, but not restricted to, women in conflict with the law.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Walk-in and Crisis

Service Description: **OUTPATIENT**
Contact: Mary Lemke/Myra Levy
Hours: M 1830-2030 (group), M-F 900-1700 (individual counselling)
Clients: Ages 18-99 Female
Languages: English
Area Served: City of Toronto.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Targets, but not restricted to, women in conflict with the law. Individual/group counselling. Psychodynamic approach. Focus on issues. Average of 12 group and/or short-term individual sessions. Average group size is five to eight.

Access Notes: Women only. Must be substance-free in group. Must be assessed in-house to determine suitability of client for support group and/or individual counselling.

HOSPITAL FOR SICK CHILDREN, SUBSTANCE ABUSE PROGRAM

555 University Ave.
Toronto Ontario
M5G 1X8

Director:
Phone: (416) 813-5097
Fax: (416) 813-5392

Agency Description: Outpatient treatment for adolescents up to 18 years of age, with emphasis on those under 16. Individual counselling, family therapy, full medical assessment and treatment. Treatment also provided for at-risk youth and pre-adolescents.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: John Westland
Hours: M-F 830-1700 (evening hours can be arranged)
Clients: Ages 8-18 Male/Female
Languages: English, staff available to interpret other languages upon request
Area Served: Metro Toronto mainly. All Ontario.

Service Note: Involved in outpatient treatment after assessment. Individual/group counselling/therapy, family therapy. Affiliation with eating disorders clinic. Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (group).

Access Notes: Must be assessed in-house. Part of Teen Clinic (416-813-5804). For adolescents and youth, but no minimum age limit.

HUMBER MEMORIAL HOSPITAL CHEMICAL DEPENDENCY TREATMENT UNIT

200 Church St.
Weston Ontario
M9N 1N8

Director: Dr. Ivan Perusco
Phone: (416) 243-4222
Fax: (416) 249-1312

Agency Description: Outpatient and intensive day-hospital service for the treatment of alcoholism. Goals are abstinence and development of coping skills.

Services Offered: Assessment, Continuing Care, Day/Evening, Detoxification, Family Intervention, Intake/Screening, Walk-in and Crisis

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Service Description: **DETOXIFICATION** Medical detox
Contact:
Hours: M-F 830-1630
Clients: Ages - Male/Female
Languages: English
Area Served: Metropolitan Toronto primarily. All Ontario.
Service Note: Medical detox.
Access Notes:

Service Description: **DAY/EVENING** Intensive Treatment
Contact: Lolette Caesar
Hours: M-F 830-1630
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Metropolitan Toronto primarily. All Ontario.
Service Note: Assessment interview, team conference, contact client, sessions, enter day program. Individual/group counselling. Average stay is 28 days.
Access Notes: Concurrent AA/NA participation mandatory. Aftercare follow-up groups held Tuesdays 1900-2100.

JEAN TWEED TREATMENT CENTRE

3131 Lakeshore Blvd. W., 3rd Floor, Cottage 2
Toronto Ontario
M8V 1K8

Director: Nancy Usher
Phone: (416) 255-7359
Fax: (416) 255-9021

Agency Description: Day, residential and afternoon/evening care for women. The program includes individual and group therapy, self-help, educational and living skills components, and relapse prevention. Sexual/physical/emotional abuse counselling is offered to women who have completed the intensive program.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Outpatient, Short-term Residential, Supportive Stabilization

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Service Description: **OUTPATIENT** Afternoon/Evening Program
Contact: Intake Department
Hours: M-F 900-1700 (evening hours based on client need)
Clients: Ages 16-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Alternative program for women, tailored to meet individual women's needs, based on assessment. Individual/group counselling, educational, life skills and self-help. Length of treatment varies depending on client need.

Access Notes: Women only. Must be detoxed prior to treatment (can arrange detox). Must be assessed in-house or at an Assessment and Referral Centre. Random drug screening. Medical form from doctor required.

Service Description: **OUTPATIENT** Trauma Program
Contact: Intake Department
Hours: M-F 900-1700
Clients: Ages 16-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Individual counselling for survivors of physical, emotional and sexual abuse. Group therapy for women survivors of childhood sexual abuse.

Access Notes: Women only. Must be a graduate of a day, residential or outpatient program of the Jean Tweed Centre.

Service Description: **DAY/EVENING** Day Program
Contact: Intake Department
Hours: M-F 900-1700
Clients: Ages 16-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Individual/group counselling, educational, life skills and self-help. Relapse prevention includes street drug/cocaine stream. Addresses the links between abuse/trauma and addiction from an educational, safety and self-care perspective. If unable to commute, may be admitted to residence. For those within commuting distance, attendance at supportive intake groups is encouraged in preparation for intensive treatment. Average stay is 28 days.

Access Notes: Women only. Must be detoxed before intensive treatment (can arrange detox). Must be assessed in-house or at an Assessment and Referral Centre. AA/NA/CA Women for Sobriety included. No mood-altering medications (e.g., major tranquillizers, barbiturates). Random drug screening. Must remain substance-free while attending intensive phase. Accepts pregnant clients. Medical form from doctor required.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Intake Department
Hours: Active treatment M-F 900-1700; Staffed M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Residential service for clients who are not within commuting distance. Same as day treatment. Average stay is 29 days.

Access Notes: Women only. Must be detoxed prior to intensive treatment (can arrange detox). Must be assessed in-house or at an Assessment and Referral Centre. AA/NA/CA Women for Sobriety included. Cost: $75/month transportation fee to outside meetings if client can afford cost. Accepts pregnant client. No mood-altering medications. Random drug screening. Must remain substance-free while attending. Medical form from doctor required.

KENSINGTON CLINIC

489 College St., Suite 304
Toronto Ontario
M6G 1A5

Director: Dr. F. Allodi
Phone: (416) 927-0475
Fax: (416) 927-9479

Agency Description: Outpatient services. Linguistically and culturally appropriate substance abuse services for the Portuguese and, as resources allow, other communities.

Services Offered: Assessment, Continuing Care, Outpatient

Service Description: **OUTPATIENT** Alcohol and Drug Addiction Counselling
Contact: Filomena Germano
Hours: M, W 900-2000, Tu, Th, F 900-1700
Clients: Ages 16-99 Male/Female
Languages: English, Portuguese, Italian, Spanish
Area Served: Metro Toronto and surrounding area. South Central Ontario.

Service Note: Accepts clients with potential for violence towards others. Will accept adult children of alcoholics. Through assessment service and if appropriate, clients start outpatient counselling at clinic. Individual counselling. Treatment completely individualized to needs of client. Day or evening; two evenings/week. Average stay is 365 days.

Access Notes: Must be ambulatory. Must be assessed in-house.

MADEIRA RESIDENTIAL AND COUNSELLING SERVICES

2304 Lakeshore Blvd. W.
Etobicoke Ontario
M8V 1B4

Director: Patricia McNeil
Phone: (416) 259-7513
Fax:

Agency Description: Residential program for impaired drivers. Therapeutic group living experience with structured supervision and guidance. Residents work at their jobs and participate in program sessions every evening.

Services Offered: Assessment, Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL** Madeira House
Contact: Sheila Chiappino
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English
Area Served: Metro Toronto.

Service Note: Treatment centre. Admitted by recommendation of courts or MCS. Co-dependency and adult children of alcoholics are an overall part of program. Can work or attend school. Residents go to jobs during day, attend two-hour evening group five days/week.

Access Notes: Men only. Targets adult males who must serve two years less a day or under for drinking and driving-related convictions, who qualify for the Temporary Absence Program (TAP), and who will involve their significant others. Must be detoxed and assessed (at Mimico Correctional Centre). Cost: $56/week room/board, based on ability to pay. Curfew during week, work within prescribed period of time (return to house unless prior approval given).

MATT TALBOT HOUSES

234 Carlton St.
Toronto Ontario
M5A 2L1

Director: Gordon Walsh
Phone: (416) 925-6042
Fax: (416) 926-8267

Agency Description: Recovery homes for alcoholic men, aged 50 and over. They are long-term, even permanent, dry homes for men who desire the support of a friendly, family community environment.

Services Offered: Intake/Screening, Long-term Residential

Service Description: **LONG-TERM RESIDENTIAL** Matt Talbot House I
Contact: Robert Rodbourne
Hours: M-F 900-1700
Clients: Ages 50-99 Male
Languages: English
Area Served: Toronto City Core. Occasionally accept clients from elsewhere.

Service Note: Recovery home. For single, displaced men living on the street and seeking a good home environment in order to remain dry. Can work or attend school. Graduate of short-term residential or day program strongly recommended. Average stay is 180 days. Second house—Matt Talbot II located at 262 Gerrard St. E., M5A 2G2 (416-926-0042).

Access Notes: Men only, low income. Must be detoxed 72 hours. Must be assessed in-house. Must abstain from alcohol/drugs. Physical examination required. Must be ambulatory and able to do household chores. Cost: $385-$425/month room/board. In certain cases, special contracts are made with males aged 45 and over.

METRO ADDICTION ASSESSMENT REFERRAL SERVICE (MAARS)

124 Merton St., 5th Floor
Toronto Ontario
M4S 2Z2

Director:
Phone: (416) 481-1446
Fax: (416) 481-1512

Agency Description: Provide telephone screening/assessment, face-to-face assessment, client-based professional consultations and referral to addictions treatment for those in Metro Toronto. Provide information and consultation to the public and professionals.

Services Offered: Assessment, Intake/Screening

Service Description: **ASSESSMENT**
Contact: Shelagh Warren
Hours: M-F 800-1700
Clients: Ages 12-99 Male/Female
Languages: English, Polish
Area Served: Metro Toronto.

Service Note: Assessment conducted over phone or in person depending on need and potential referral source. Co-ordination of services.

Access Notes:

NORTH YORK GENERAL HOSPITAL SUBSTANCE ABUSE PROGRAM

4001 Leslie St.
Willowdale Ontario
M2K 1E1

Director:
Phone: (416) 756-6642
Fax: (416) 756-6671

Agency Description: An outpatient program of assessment, treatment and referral for residents of North York who have concerns regarding alcohol and other drug abuse. Treatment is confidential. Group and individual sessions are offered.

Services Offered: Assessment, Intake/Screening, Outpatient

Service Description: **OUTPATIENT**
Contact: Marg Gendron, Intake Worker
Hours: M-F 830-1630
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: North York.

Service Note: After completing assessment, there is usually no waiting period before the outpatient service begins. Individual/group counselling. Average stay is 120 days.

Access Notes: Must be detoxed seven days. Must be assessed in-house.

OZANAM HOUSE

88 Mulock Ave.
Toronto Ontario
M6N 3C6

Director: John Kelly
Phone: (416) 762-4195
Fax: (416) 762-6518

Agency Description: This is a transition program that provides a residence for males who have been detoxed and are awaiting treatment.

Services Offered: Supportive Stabilization

Contact: John Kelly
Hours: M-F 700-1800
Clients: Ages 19-80 Male
Languages: English
Area Served: Metro Toronto detox centres.

PEDAHBUN LODGE

1330 King St. W.
Toronto Ontario
M6K 1H1

Director: Ivy Chaske
Phone: (416) 531-0774
Fax: (416) 531-6936

Agency Description: Pedahbun Lodge is an aboriginal-owned and -designed treatment centre for Aboriginals suffering from alcohol and other drug abuse. The Lodge provides a warm, family-like atmosphere in which the resident is assisted with recovery.

Services Offered: Assessment, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Joanne Nootchtai, Intake Worker
Hours: M-F 900-1700
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: Treatment centre. Program is four months; extension available for exceptional circumstances. Aftercare planning. Structured program. Cultural awareness. Average stay is 120 days.

Access Notes: Must be detoxed four days. Must be assessed in-house two weeks. Attend AA/NA. Physical examination required. Must be prepared to sign a contractual agreement to abide by house rules.

RENASCENT CENTRES (MEN) PUNANAI HOUSE

54 Madison Ave.
Toronto Ontario
M5R 2S4

Director: Bruce O'Hara
Phone: (416) 924-3433
Fax: (416) 924-0924

Agency Description: A residential alcoholism/drug addiction treatment centre for men. Based on the 12-Step self-help concept.

Services Offered: Assessment, Continuing Care, Intake/Screening, Short-term Residential

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Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Bob Burns
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: All Ontario.

Service Note: From the results of the assessment, clients are admitted to the program. Perform daily chores while in residence. Average stay is 28 days.

Access Notes: Men only. Must be substance-free 72 hours. Physical examination required. Must be ambulatory, free of communicable diseases and mentally capable of taking active part in program. Must be free of medical and business obligations. AA participation expected. Must be assessed in-house or by phone.

RENASCENT CENTRES (WOMEN) WALKER HOUSE

1651 Sheppard Ave. W.
Downsview Ontario
M3M 2X4

Director: Betty Walker
Phone: (416) 398-9135
Fax: (416) 398-1989

Agency Description: A residential alcoholism/drug addiction treatment centre for women. Based on the 12-Step self-help concept.

Services Offered: Assessment, Continuing Care, Intake/Screening, Short-term Residential

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Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Pat Gunn
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English
Area Served: All Ontario.

Service Note: From the results of the assessment, clients are admitted to the program. Average stay is 28 days.

Access Notes: Women only. Must be substance-free 72 hours. Must be assessed in-house. Must be free of medical or other outside business. Physical required. Must be ambulatory and mentally capable of taking active part in program. AA participation expected. Accepts pregnant clients (up to seven months). Health Card required or will not be admitted.

SALVATION ARMY ADDICTION AND REHABILITATION DEPT. TORONTO WEST HARBOUR LIGHT

723 Queen St. West
Toronto Ontario
M6J 1E6

Director: Major Ivan Elliott
Phone: (416) 504-7545
Fax: (416) 504-3686

Agency Description: A recovery home for men with substance abuse problems. 12-Step orientation. Clients provided with two therapy groups/day (and personal counselling) for a minimum of 12 weeks. Deal with client socially, physically, mentally, spiritually.

Services Offered: Assessment, Continuing Care, Intake/Screening, Long-term Residential, Walk-in and Crisis

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Service Description: **LONG-TERM RESIDENTIAL** Rehabilitation Program for Substance Users
Contact: Major Ivan Elliott
Hours: M-Su 0-2400
Clients: Ages 18-65 Male
Languages: English
Area Served: All Ontario. All Canada.

Service Note: Treatment/Recovery. Accepts clients with potential for violence towards others (staff specialize in dealing with anger). Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually abused, physically abused and/or emotionally abused (psychiatrist). Structured program. Spiritualize the 12-Step approach. Support provided during wait (counsellors and classes), follow-up. Average stay is 120 days.

Access Notes: Men only. Must be detoxed six days. Must be assessed in-house. Cost: $75/week if able to pay for room/board/treatment (people are not turned away). Spiritual component (chapel services). Physical required. Must attend all facets of program. Smoke-free service. Length of stay can vary (90-120 days).

SALVATION ARMY ANCHORAGE ADDICTIONS AND REHABILITATION CENTRE

516 Richmond St. West
Toronto Ontario
M5V 1Y2

Program Director: Ralph Seppard
Phone: (416) 366-4689
Fax: (416) 366-9885

Agency Description: Includes individual/group counselling, life skills, addiction education, spiritual guidance, pre-employment assessment, stress/leisure management. These components are integrated with the 12-Step program and developing AA/NA as continuing support.

Services Offered: Assessment, Continuing Care, Intake/Screening, Long-term Residential, Walk-in and Crisis

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Ralph Sheppard
Hours: M-Su 0-2400
Clients: Ages 21-99 Male
Languages: English
Area Served: Metro Toronto. All Ontario.

Service Note: Recovery home. AA model. Structured program first three months. Can work or attend school after three months (this is encouraged). Client may then seek employment and stay for up to two years. Work on support systems. Average stay is 410 days.

Access Notes: Men only. Must be detoxed two days. Must be assessed in-house. Attend AA/NA. Mandatory activities (Phase I), spiritual component, recreation. Client must be mobile and physically and mentally able to work from first day. In Phase II, a separate contract is developed as to when and what sessions to attend.

SALVATION ARMY HARBOUR LIGHT CENTRAL

160 Jarvis St.
Toronto Ontario
M5B 2E1

Executive Director: Captain Tom Tuppenney
Phone: (416) 363-5496
Fax: (416) 363-6305

Agency Description: Professional, residential addictions treatment program with specific Christian orientation. Trained counselling staff for program delivery. Medical/psychiatric on-site support.

Services Offered: Assessment, Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL** Module II and III
Contact: Dean Tate
Hours: M-Su 0-2400
Clients: Ages 18-65 Male
Languages: English
Area Served: All Ontario. All Canada.

Service Note: Modified Minnesota model. AA strongly encouraged. Module II—Recovery-oriented classes, groups, one-to-one counselling (four weeks). Module III - Intensive daily training in relapse prevention by CENAPS-trained counsellor (four weeks +). Average stay is 90 days (including assessment).

Access Notes: Men only. Must go through Module I—Assessment and Orientation (residential two-week service). Upon completion of Module II, must apply to enter Module III. Cost: per diem rate of COMSOC for room/board. If income, $12 per diem. Spiritual component. Smoke-free service.

SALVATION ARMY HOMESTEAD

78 Admiral Rd.
Toronto Ontario
M5R 2L6

Director: Captain Heather Darrach
Phone: (416) 921-0953
Fax: (416) 921-4430

Agency Description: Treatment/Recovery home with a supportive component based on whole person treatment modality (social, physical, mental, spiritual). 12-Step program, individual/group counselling, continuing care, outpatient, medical/psychiatric assessment

Services Offered: Assessment, Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL** Phases 2 and 3
Contact: Rosemary McNaughton
Hours: M-Su 0-2400
Clients: Ages 18-99 Female
Languages: English
Area Served: Metro Toronto and surrounding regions. All Ontario.

Service Note: Treatment/Recovery. Enter through assessment. Phase 2—Structured program. Must complete five assignments and a specified number of classes, then Phase 3 (halfway house) not exceeding six-month stay. Can work or attend school (Phase 3). Average stay is 75 days.

Access Notes: Women only. Must be detoxed 52 hours. Attend AA/NA one meeting/week. Must attend entire program. Physical and psychiatric evaluation required. Program includes art therapy, relaxation, spiritual component and exercise. Accepts pregnant clients (works with local resources since there are no accommodations for infants).

ST. JOSEPH'S HEALTH CENTRE DETOXIFICATION UNIT

30 The Queensway Ground Floor, East Wing
Toronto Ontario
M6R 1B5

Director: Veronica Alexis
Phone: (416) 530-6400
Fax:

Agency Description: Non-medical community outreach facility that provides care and guidance for clients with alcohol/drug-related problems. All clients expected to participate in activities. AA/NA/CA meetings encouraged. Referral agencies recommended.

Services Offered: Assessment, Continuing Care, Detoxification, Intake/Screening, Walk-in and Crisis

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Service Description: **DETOXIFICATION**
Contact: Staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: Metro Toronto, Mississauga, Peel Region. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (as long as not violent in the detox). AA/NA/CA encouraged. (AA twice a week, NA once a week, CA once a week). Average stay is 4 days.

Access Notes: Men only. Must be ambulatory and conscious.

ST. MICHAEL'S HALFWAY HOUSES

277 Rusholme Rd.
Toronto Ontario
M6H 2Y9

Director:
Phone: (416) 535-3131
Fax: (416) 535-2234

Agency Description: Support towards sobriety or a drug-free life and self-development is offered through group therapy and individual counselling in a setting of shared responsibility for creating and maintaining a home-like atmosphere.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Any Counsellor
Hours: M-F 900-1600
Clients: Ages 19-55 Male
Languages: English
Area Served: Metro Toronto.

Service Note: Accepts clients with potential for violence towards themselves and others. Psychotherapeutic approach. Treatment. Structured program. Interviews every Wednesday to determine suitability. If no bed available, options explored until bed becomes available. Average stay is 150 days.

Access Notes: Men only. Must be detoxed prior to interview. Must be assessed in-house. Attend AA/NA. Physical examination, recreation, regular attendance required. In first two phases (four to six months), cannot work or go to school. Curfew in place. Cost: $815.31/month if on UIC benefits or if client has own financial resources indexed to FBA benefits; if unable to pay, FBA will cover on client's behalf. No relationships with outsiders while in the house.

ST. MICHAEL'S HOSPITAL DETOXIFICATION UNIT

314 Adelaide St. E.
Toronto Ontario
M5A 1N1

Director: John Rutledge
Phone: (416) 864-5078
Fax: (416) 366-7780

Agency Description: This detox was set up with the support of St. Michael's Hospital. Provides a protected, comfortable environment where the alcohol and/or drug-dependent individual can dry out. Clients are encouraged to go into treatment.

Services Offered: Continuing Care, Detoxification

Service Description: **DETOXIFICATION**
Contact: Staff on duty
Hours: M-F 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: Downtown Toronto, #51 and #52 Police Divisions primarily. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics through referral.

Access Notes: Men only. Clients must be ambulatory. No smoking allowed in building.

STREET HAVEN AT THE CROSSROADS / GRANT HOUSE

87 Pembroke St.
Toronto Ontario
M5A 2N9

Director: Peggy Ann Walpole
Phone: (416) 967-6060
Fax: (416) 924-6900

Agency Description: A charitable organization founded in 1965 to serve the needs of women in Toronto. Provides a number of services for women including an Addiction Case Management Program and Grant House, a long-term residential centre for women with addictions.

Services Offered: Assessment, Continuing Care, Intake/Screening, Long-term Residential, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Marcelle Longe
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually abused, physically abused and/or emotionally abused (individual/group counselling).

Access Notes: Women only.

Service Description: **LONG-TERM RESIDENTIAL** Grant House
Contact: Marcelle Longe (Phone: 416-960-9430)
Hours: M-Su 0-2400
Clients: Ages 18-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Offers specialized service to clients who have been sexually abused, physically abused and/or emotionally abused (individual/group counselling). If client leaves long-term residential service prematurely, must wait three months to reapply. Women waiting for entry into service can stay at Streethaven at the Crossroads, their drop-in centre and/or be seen weekly by a counsellor. The program is at least six months long.

Access Notes: Women only. Will accept women in conflict with the law or women on probation or parole. Accepts pregnant clients (up to and following delivery). Child care provided (but limited due to number of staff and to safety as there are no facilities for children).

TORONTO EAST GENERAL HOSPITAL DETOXIFICATION CENTRE

985 Danforth Ave.
Toronto Ontario
M4J 1M1

Manager: W. Norman Murray
Phone: (416) 461-2010
Fax: (416) 461-1164

Agency Description: A detoxification service for men aged 16 and over. Most residents are self-referred or referred by their families, but there are some police referrals and also many medical, social service and industrial referrals.

Services Offered: Detoxification, Walk-in and Crisis

Service Description: **DETOXIFICATION**
Contact: Staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: Metro Toronto.

Service Note: Admission by phone call or drop in. Brief screening. Non-comprehensive assessment during detox. Referral to follow-up treatment. Abstinence goal. Clients encouraged to attend four self-help group meetings/week.

Access Notes: Men only.

TORONTO HOSPITAL, DETOXIFICATION UNIT

16 Ossington Ave.
Toronto Ontario
M6J 2Y7

Director: Hugh Naugler
Phone: (416) 533-7945
Fax: (416) 533-1832

Agency Description: Primary function is to provide a non-threatening environment to males experiencing withdrawal from the effects of alcohol or drug abuse. Emphasis is placed on the individual's responsibility for his addiction.

Services Offered: Detoxification, Walk-in and Crisis

Service Description: **DETOXIFICATION**
Contact: Staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: Metro Toronto and surrounding area. All Ontario.

Service Note: Referral made to treatment when appropriate. Liaison with Metro Police (14th Division) and relevant community social/medical service agencies. Average stay is three days.

Access Notes: Men only. Must be mobile, conscious, intoxicated and/or in moderate to severe withdrawal, with no medical complications.

VINCENPAUL COMMUNITY HOMES

240 Church St.
Toronto Ontario
M5B 1Z2

Director: John F. McElhinney
Phone: (416) 364-5577
Fax: (416) 364-2055

Agency Description: Objective is to provide recovering alcoholics/cross-addicts with an environment where they can make a successful transition from direct treatment to a stable, functional role in society. All homes provide amenities (e.g., laundry facilities).

Services Offered: Intake/Screening, Long-term Residential

Service Description: **LONG-TERM RESIDENTIAL**
Contact: John McElhinney
Hours: M-Su 0-2400
Clients: Ages 21-55 Male/Female
Languages: English
Area Served: Primarily Metro Toronto. All Ontario.

Service Note: Recovery home. Can work or attend school. AA model. Admission interview by director before acceptance. Provides opportunity to reintegrate into community. Average stay is 183 days.

Access Notes: Must be detoxed three days. Cost: $370/month room plus $110/month board. Prefers a graduate of short-term residential treatment. Attend AA/NA three meetings/week in community or at centre. Physical examination required. Must be mobile. Goal is abstinence, otherwise resident is discharged.

WOMAN'S OWN DETOX CENTRE

892 Dundas St. West
Toronto Ontario
M6J 1W1

Director: Berit Dullerud
Phone: (416) 603-2551
Fax: (416) 603-2552

Agency Description: Non-medical detox centre for women who are in an acute state of intoxication or withdrawal from alcohol and/or drugs, and whose condition can be safely managed in a non-medical setting. Safe, secure and caring environment. Holistic approach.

Services Offered: Assessment, Detoxification, Intake/Screening

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Service Description: **DETOXIFICATION**
Contact: Intake Staff (Phone: 416-603-1462)
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English, staff speak other languages (e.g., French, Portuguese, Spanish, Italian, Ojibway, Norwegian)
Area Served: Primarily Metro Toronto. All Ontario.

Service Note: Non-medical detox. Transferred to emergency department if medical intervention necessary. Addiction counselling and support focusing on specific needs of women including those from ethnoracial communities. AA/NA/CA encouraged.

Access Notes: Women only. No axiolytic, sedative-hypnotic, narcotic, stimulant use during stay. Medications "allowed" include antipsychotics, antidepressants, anticonvulsives, antibiotics, penicillin (upon doctor's directive). Medical problems referred to Doctor's Hospital. Medical check-up prior to admission may be required. Assessment and referral appropriate to client need. Designated smoking area (outside).

YMCA YOUTH SUBSTANCE ABUSE PROGRAM

45 Charles St. E. Main Floor
Toronto Ontario
M4Y 1S2

Director: Wendy Dolan
Phone: (416) 515-1917
Fax: (416) 515-8389

Agency Description: Assessment and referral, individual and group counselling, case management, education and training services, agency outreach, emphasis on support for survivors of childhood abuse.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT** Youth Substance Abuse Counselling and Referral Service
Contact: Charlynn Rhea
Hours: M-F 900-1700 (evening hours available upon request)
Clients: Ages 16-24 Male/Female
Languages: English
Area Served: City of Toronto.

Service Note: Long-term counselling and case management available. Individual counselling (special group: black youth). AA encouraged. Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (specialized counsellors).

Access Notes: Clients younger than 16 may be seen depending on individual circumstances. Must be detoxed (will arrange if necessary). Must be assessed in-house.

YOUTH CLINICAL SERVICES, INC.

800 Oakdale Rd.
Downsview Ontario
M3N 1W5

Executive Director: Darlene Clarke
Phone: (416) 742-2514
Fax: (416) 742-5855

Agency Description: The Substance Abuse program offers youth-specific community education, assessment/referral, individual family and group counselling, aftercare and relapse prevention. Also offers Medical/Sexuality, Counselling and Group/Outreach programs.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT** Youth Clinic
Contact: Lori Naylor
Hours: M, F 900-1700, Tu-Th 900-2000
Clients: Ages 16-26 Male/Female
Languages: English
Area Served: North York, Weston, East Etobicoke, South Woodbridge, York-Finch Hospital. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (only if motivated to change behavior). Offers specialized service to adult children of alcoholics (survivors' group, in school). Offers specialized service to clients who have been sexually abused, physically abused and/or emotionally abused (survivors' group). Treatment plan developed based on assessment. Individual counselling.

Access Notes: Age variation does occur (younger and older clients may be seen and referred if necessary).

CREDIT VALLEY HOSPITAL ALCOHOL AND DRUG TREATMENT PROGRAM

2300 Eglinton Ave. West,
Professional Building Suite G01
Mississauga Ontario L5M 2V8

Director: Gwenne Woodward
Phone: (905) 813-4402
Fax: (905) 813-4253

Agency Description: Outpatient services including group, family and some individual counselling. Medical assessments available. Evening self-help groups. Serve clients with moderate substance use problems. Information Night attendance required.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT** Outpatient Treatment
Contact: Program Secretary
Hours: M-F 830-1630
Clients: Ages 19-99 Male/Female
Languages: English
Area Served: Peel Region.

Service Note: Medical/psychosocial consultation as necessary. Outpatient detox. Controlled drinking if of individual benefit. Self-help encouraged. No methadone maintenance available.

Access Notes: Must be assessed. Assessment is available through local Assessment and Referral Centre and through in-house medical assessment. Must attend Information Night, register with Program Secretary. Do not treat solvent abusers.

Service Description: **DAY/EVENING** Day Treatment
Contact: Program Secretary
Hours: M-F 830-1630
Clients: Ages 19-99 Male/Female
Languages: English
Area Served: Peel Region.

Service Note: Medical and psychiatric consultation as deemed necessary. Individual case management available. Attendance at self-help groups during Day Treatment encouraged. Assessments at Assessment and Referral Centre and in-house available.

Access Notes: Must attend Information Night, call Program Secretary to register. Must be assessed at an Assessment and Referral Centre or in-house. Orientation group attendance required before admisssion to Day Treatment. Do not treat solvent abusers. Must be substance-free seven days minimum alcohol, 28 days prescription drugs, variable for other drugs. Accepts pregnant clients (provides treatment up to and following delivery).

PEEL YOUTH SUBSTANCE ABUSE PROGRAM

130 Dundas St. E.
Mississauga Ontario
L5A 3V8

Director: Jim Cullen
Phone: (905) 272-9335
Fax: (905) 276-9327

Agency Description: Mandated to serve youth aged 16 to 24 with substance abuse issues in the Peel Region.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Supportive Stabilization, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Jim Cullen
Hours: M-F 900-1700 (evenings to be determined)
Clients: Ages 16-24 Male/Female
Languages: English. Staff may interpret in French, Portuguese, Spanish.
Area Served: Peel Region.

Service Note: Intake procedure involves contact with counsellor and completion of identifying information form (ODATOS). Individual and group counselling. Evening groups.

Access Notes: Must be assessed in-house or at an Assessment and Referral Centre. Can arrange accommodation for out-of-town clients depending on availability of local youth shelters (e.g., YMCA House, Toronto). Smoke-free building. Modular and portable service; can be delivered locally in Peel (e.g., Malton or Caledon).

T.A. PATTERSON & ASSOCIATES INC.

2077 Dundas St. E., Suite 105
Mississauga Ontario
L4X 1M2

President: Terry Patterson
Phone: (905) 602-1830
Fax: (905) 602-1781

Agency Description: GRIP and YRAP are designed for people in trouble with the law for alcohol/drug-related offences. GRIP is group-oriented for all ages. YRAP is for clients aged 13 to 35 and focuses on individual/group counselling. Educational component in both.

Services Offered: Intake/Screening, Outpatient.

Service Description: **OUTPATIENT** YRAP (Youth Recovery Awareness Program), Mississauga
Contact: Judy Patterson
Hours: M-F 900-1700 plus weekly evening group
Clients: Ages 13-35 Male/Female
Languages: English
Area Served: Metro Toronto and Mississauga. Hamilton.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Individual/group counselling. Phase 1—12-week minimum: four to five week assessment/orientation, six-week groups, two-week follow-up/reassess. Phase 2—voluntary, structured to need. Referral agent must stay involved during treatment. Average stay is 217 days.

Access Notes: Target offenders. Must be substance-free on arrival. Must be assessed in-house. Individual client contracts are signed. Both individual and group therapy. Specialty groups formed as need arises.

Other Offices: Hamilton (905-546-0775)

Service Description: **OUTPATIENT** GRIP (Growth Through Responsible Individual Participation) Alcohol Awareness Program, Mississauga
Contact: Judy Patterson
Hours: Mississauga M 1930-2200; Brampton W 1930-2200; Hamilton Tu 1930-2200
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: Peel region. Hamilton-Wentworth.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (one of the group sessions). Group counselling. Brief assessment, will not reject voluntary clients but must be part of correctional services (e.g., parolee), service runs Sept.-June. Emphasis on group therapy. Average stay is 42 days.

Access Notes: Minimum literacy level of Grade five. Fifteen clients/group. Activities designed to deal with clients who are resistant or in denial. Must be substance-free eight hours prior to session. Regular attendance, participation, assignments required. Will accept clients under 18 if circumstances warrant. One formal individual session at the end of six weeks to plan for the future.

Other Offices: Hamilton (905-546-0775)

SEVEN SOUTH ST. RECOVERY HOMES

7 South St.
Orillia Ontario
L3V 3T1

Director: Phyllis Gordon
Phone: (705) 325-3566
Fax: (705) 325-9355

Agency Description: Residential capacity for 20, including a Three-Quarter House with five beds. The objective of this recovery home is to provide recovering alcoholics and cross-addicted people with a service to facilitate their rehabilitation.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Phyllis Gordon
Hours: M-Su 0-2400
Clients: Ages 18-65 Male
Languages: English
Area Served: Simcoe County takes priority. All Ontario.

Service Note: Geared to homeless skid-row. Structured program. Individual/group counselling. Can work/attend school after completing program. Part of program-five week program at Georgianwood or 28-day program at St. Joseph's Centre North Bay. Average stay is 105 days.

Access Notes: Men only. Must be detoxed 72 hours. Must be assessed. Attend AA/NA. Physical examination required. Exercise (twice a week). Five beds are for 3/4 way rehabilitation and are physically separate. Cost: FBA or $500/month.

JOHN HOWARD SOCIETY OF DURHAM REGION

492 Simcoe St. S.
Oshawa Ontario
L1H 4J8

Director: William Fry
Phone: (905) 579-8482
Fax: (905) 435-0352

Agency Description: Not-for-profit social service agency mandated to serve those involved/at risk of becoming involved in the criminal justice system due to unemployment, illiteracy, addictions and/or victims of physical/sexual abuse. Client-centred service.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Felicity Nelson
Hours: M-F 830-1900
Clients: Ages 14-70 Male/Female
Languages: English
Area Served: Durham Region

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually abused, physically abused and/or emotionally abused (counselling and referral). Client-centred. Individual/group counselling. Frequency depends on individual needs. Groups run as needed. Provide help with housing, literacy, employment.

Access Notes: Clients often involved in several programs at the same time. Frequency decreases as client progresses. Office hours in Bowmanville on Thursdays, 905-623-6814; Ajax as needed, 905-427-8165. Smoke-free environment.

PINEWOOD CENTRE

300 Centre St. S.
Oshawa Ontario
L1H 4B2

Director: Dr. Brian McLatchie
Phone: (905) 723-8195
Fax: (905) 723-1006

Agency Description: A non-medical substance abuse treatment centre that believes that while chemical dependency may result from any number of determinants, the reduction of the problem is amenable to treatment focused on personal life change.

Services Offered: Assessment, Continuing Care, Day/Evening, Detoxification, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **ASSESSMENT** Community Addiction Services, Oshawa Office
Contact: Admissions Office
Hours: M-F 830-1700
Clients: Ages 0-99 Male/Female
Languages: English, Estonian, Hindi. Croation offered in Ajax.
Area Served: Durham Region and surrounding area. All Ontario.
Service Note: Accepts clients with potential for violence towards themselves and others. Joint decision of staff and client. Flexibility and patient-driven programs.
Access Notes:
Other Offices: Ajax-Pickering-Whitby (905-683-5950), Bowmanville (905-697-2746), Port Perry (905-985-4721)

Service Description: **DETOXIFICATION** Primary Care Unit
Contact: Any Staff in Primary Care
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: Durham Region and surrounding area. All Ontario.
Service Note: Aftercare offered to all. Referral to on-site day and outpatient programs available. All referred to AA/NA. Outside referrals made when necessary. Average stay is four days.
Access Notes: Men only. On city bus route and close to GO bus.

Service Description: **OUTPATIENT** Community Addiction Services, Oshawa Office
Contact: Admission Office
Hours: M-F 900-2100 French services: 900-1700
Clients: Ages 3-99 Male/Female
Languages: English, Estonian, Hindi, French (one French-speaking staff member). Croation offered in Ajax.
Area Served: Durham Region and surrounding area.
Service Note: Accepts clients with potential for violence towards themselves. Weekly self-assessment workshops for substance abusers. Group counselling. Specialized services for seniors, women and youth. Individual counselling. Family therapy.
Access Notes:
Other Offices: Ajax-Pickering-Whitby (905-683-5950), Bowmanville (905-697-2746), Port Perry (905-985-4721)

Service Description: **DAY/EVENING** Day Program
Contact: Admissions Officer
Hours: M-F 900-1700
Clients: Ages 20-99 Male/Female
Languages: English
Area Served: Durham Region and surrounding area. All Ontario.

Service Note: Will accept adult children of alcoholics. Program is three weeks in duration. May be taken in one-week portions if necessary. May take one week only. Clients aged 20-65+ may telephone re: program suitability. Seven male, three female beds available during week. Individual/group counselling. Average stay is 21 days.

Access Notes: Must be abstinent during three-week program. Mandatory weekend leave if staying at Centre (Note: agency does not consider or promote itself as residential). Must be assessed in-house or at an Assessment and Referral Centre. Attend AA/NA. Admissions allowed each Monday morning during cycle.

PINEWOOD CENTRE

300 rue Centre, sud
Oshawa ON
L1H 4B2

Directeur : Dr Brian McLatchie
Téléphone : (905) 723-8195
Télécopieur : (905) 723-1006

Description de l'organisme : Un traitement non médical de la toxicomanie croyant que bien que la dépendance chimique puisse être le résultat d'un certain nombre de facteurs, la réduction du problème peut être le fruit d'un traitement axé sur le changement dans la vie personnelle.

Services offerts : Évaluation, soins continus, traitement de jour et de soir, désintoxication, intervention auprès de la famille, admission/sélection, consultation externe, services sans rendez-vous et services d'urgence.

Description des services : **CONSULTATION EXTERNE** Services communautaires de toxicomanie, bureau d'Oshawa
Référence : Bureau de l'admission
Heures d'ouverture : Du lun. au ven. de 9 h à 21 h Services en français : de 9 h à 17 h
Clientèle : Groupe d'âge : de 3 à 99 ans hommes et femmes
Langues : Anglais, estonien, hindi, français (un intervenant francophone). Le croatien est parlé à Ajax.
Région desservie : Région de Durham et ses environs.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Ateliers d'auto-évaluation hebdomadaires à l'intention des usagers abusifs. Consultation de groupe. Services spécialisés pour les aînés, les femmes et les jeunes. Consultation individuelle. Thérapie familiale.

GEORGIANWOOD ADDICTION CENTRE

P.O. Box 5000
Penetanguishene Ontario
L0K 1P0

Director: Bert Mason
Phone: (705) 549-3181
Fax: (705) 549-3778

Agency Description: A residential treatment service for men and women who want to sever their dependence on alcohol or drugs to acquire long-term sobriety.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Short-term Residential, Walk-in and Crisis

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Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Bert Mason
Hours: M-F 800-1630
Clients: Ages 16-99 Male/Female
Languages: English, French (two staff members are fluent)
Area Served: Priority to clients in Simcoe, Grey, Bruce, Dufferin Counties and southern Districts of Parry Sound and Muskoka. From outside this area as availability permits.

Service Note: Total abstinence. New admission cycle every three weeks. Average stay is 35 days.
Access Notes: Mandatory weekend leave. Must be detoxed 72 hours. Must be assessed in-house. AA/NA included (in-house Tuesday, Wednesday evenings). Physical examination required by family physician prior to assessment/admission.

GEORGIANWOOD ADDICTION CENTRE

C.P. 5000
Penetanguishene ON
L0K 1P0

Directeur : Bert Mason
Téléphone : (705) 549-3181
Télécopieur : (705) 549-3778

Description de l'organisme : Un service de traitement en établissement pour les hommes et les femmes qui veulent mettre un terme à leur dépendance à l'alcool ou aux drogues et demeurer sobre à long terme.

Services offerts : Évaluation, soins continus, intervention auprès de la famille, admission/sélection, bref séjour en établissement, services sans rendez-vous et services d'urgence.

Description des services : **SÉJOUR DE COURTE DURÉE EN ÉTABLISSEMENT**
Référence : Bert Mason
Heures d'ouverture : Du lun. au ven. de 8 h à 16 h 30
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Anglais, français (deux intervenants parlent français couramment)
Région desservie : Priorité aux clients des comtés de Simcoe, Grey, Bruce, Dufferin et des régions sud de Parry Sound et Muskoka. Les clients vivant à l'extérieur de ces régions seront admis selon la disponibilité des places.

Autre information - service : Abstinence totale. Nouveau cycle d'admissions toutes les trois semaines. Durée moyenne du séjour : 35 jours.
Autre information - accès : Congé de fins de semaine obligatoire. Doit être désintoxiqué pendant 72 heures. Réunions des AA/NA incluses (à l'interne les mardis et mercredis soirs). Examen physique par le médecin de famille exigé avant l'évaluation/admission.

FOUR COUNTIES ADDICTION SERVICES TEAM INC. (FOURCAST)

130 Hunter St. W., Unit 200
Peterborough Ontario
K9H 2K8

Director: Donna Rogers
Phone: (705) 876-1292
Fax: (705) 876-9125

Agency Description: Community-based service for those seeking information/help re: alcohol and other drug-related problems. Assessment, referral, day treatment, educational/advisory support, and aftercare groups, follow-up and program for significant others.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention

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Service Description: **ASSESSMENT** Peterborough Office
Contact: Intake Secretary
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Peterborough County. All Ontario.

Service Note: Assessment determines the impact of substance abuse on the individual's life. One to two hours duration.
Access Notes: Toll-free line is 1-800-461-1909.
Other Offices: Campbellford (705-653-3352), Lindsay (705-878-5547), Minden (705-286-4897)

Service Description: **DAY/EVENING** Day Treatment
Contact: Intake Secretary
Hours: M-Th 830-1630 (for three week cycles)
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Haliburton, Victoria, Peterborough, Northumberland Counties. All Ontario.

Service Note: Three-week program, four days/week. Individual/group counselling. Educational basis, discussion group, seminars. Program length is 21 days.
Access Notes: Must be assessed in-house. Toll-free line is 1-800-461-1909.

JOHN HOWARD SOCIETY, DATE PROGRAM (DRUG & ALCOHOL TREATMENT & EDUCATION)

305 Stewart St.
Peterborough Ontario
K9J 3N2

Director: Norm Reynolds
Phone: (705) 743-8331
Fax: (705) 743-8340

Agency Description: Community-based outpatient service for persons in conflict with the law, or at risk of coming into conflict. Assessment, counselling, group, referral, case management for those with problems related to dependency on alcohol or other drugs.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Theodon Robertson
Hours: M-F 830-2100
Clients: Ages 14-99 Male/Female
Languages: English
Area Served: Peterborough County and surrounding communities.

Service Note: Accepts clients with potential for violence towards others. Enter via intake. Monitored for additional services. Two components: individual counselling; closed group counselling (12-week cycles, capacity 12). Focus groups: youth, adults, those at-risk/in conflict with law. Variable length.

Access Notes: Must be assessed in-house. No wait for individual counselling. 12-week cycles for groups (youth groups, 14-to 24-year-olds; adults, 25 and older). Targets those at-risk/in conflict with the law.

OZANAM COMMUNITY HOME

1039 High St.
Peterborough Ontario
K9J 5R8

Director: Norm Cranley
Phone: (705) 743-7286
Fax:

Agency Description: Supportive housing for alcoholic/cross-addicted males. Aftercare facility focusing on the transition from primary care to a stable, independent community life. Clients are encouraged to support each other in order to establish a new life.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential, Walk-in and Crisis

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Dan Smith
Hours: M-Su 0-2400
Clients: Ages 21-99 Male
Languages: English
Area Served: Haliburton, Victoria, Peterborough, Northumberland Counties. All Ontario under special circumstances.

Service Note: Recovery home. Will accept adult children of alcoholics. Clients participate in structured activities according to need (e.g., literacy, vocational). Can work or attend school. Structured program. Average stay is 180 days.

Access Notes: Cost: if income, $185/month rent, $35/week food, $5/month cable. Must be detoxed 21 days. Must be assessed in-house, by phone or at an Assessment and Referral Centre. Must be a graduate of any treatment service. Attend AA/NA three meetings/week. Must attend YMCA. Must be actively looking for work or attending school. Must attend peer group sessions in-house once a week for one hour.

DESTINY MANOR

118 Cochrane Street
Whitby Ontario
L1N 5H8

Director: Cynthia Myers
Phone: (905) 668-1858/1-800-825-6325
Fax: (905) 668-7591

Agency Description: Primary intensive chemical dependency treatment centre for women that offers residential and day services. Goals are abstinence and the development of coping skills. 12-Step philosophy forms the basis of treatment.

Services Offered: Assessment, Continuing Care, Day/Evening, Intake/Screening, Long-term Residential, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT** Outpatient Services
Location: 117 Colborne Street East Oshawa Ontario L1G 1M3
Contact: Mary Medeiros (Phone: 905-436-6387)
Hours: M-F 830-1600
Clients: Ages 16-99 Female
Languages: English
Area Served: Durham Region and surrounding area.

Service Note: Receives clients who have difficulty attending residential treatment. Individual/group therapy to assist women in recovery from alcohol/drug abuse/dependency. Accepts referrals from all sources by telephone.

Access Notes: Women only. Must be substance-free for 24 hours. Service is free.

Service Description: **DAY/EVENING** Day Treatment
Contact: Barb Jeffs
Hours: M-F 830-1530
Clients: Ages 16-99 Female
Languages: English
Area Served: Oshawa, Whitby, Bowmanville, Ajax, Durham Region.

Service Note: Five weeks (25 days in treatment). Admissions on Mondays. Therapeutic and educational program with 12-Step component. Individual/group counselling. Homework expectations.

Access Notes: Women only. Must be substance-free 72 hours or detoxed (depends on substance). Pre-admission interview required. Attend AA/NA. Cost: ability to pay, fee-for-service; most clients covered by funding agencies; corporate fee $1800. Literacy is important. Accepts pregnant clients.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Barb Jeffs
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Private bedrooms. Therapeutic and educational program including 12-Step component. Individual and group counselling. Average stay is 28 days.

Access Notes: Women only. Must be substance-free 72 hours or detoxed (depends on substance). Cost: based on ability to pay, fee-for-service; most clients covered by funding agencies. Re-admissions after nine months if graduate of short-term residential program. Corporate fee $2500. Attend AA/NA. Must be assessed in-house. Physical examination required. Length of stay for clients ranges from four to 12 weeks. Accepts pregnant clients.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Barb Jeffs
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Extension of the Destiny Manor short-term residential service. Individualized program. In some cases clients who have completed treatment elsewhere may be considered for the long-term residential program.

Access Notes: Women only. Must be substance-free 72 hours or detoxed depending on substance. Cost: based on ability to pay, most clients covered by funding agencies. Accepts pregnant clients.

DURHAM BOARD OF EDUCATION

400 Taunton Rd. E.
Whitby Ontario
L1N 5R5

Director: Pauline Laing
Phone: (905) 666-5500
Fax: (905) 666-6370

Agency Description: One substance abuse counsellor is on staff. Assessment and referral support to schools of Durham Board of Education. Refer to the community where appropriate.

Services Offered: Assessment, Continuing Care, Outpatient

Service Description: **OUTPATIENT**
Contact: Linda Lowery (Phone: 905-666-6334)
Hours: M-F 830-1630
Clients: Ages 0-21 Male/Female
Languages: English
Area Served: Durham Board of Education Region.

Service Note: Individual counselling on a limited basis for Board of Education students. Referral when necessary.

Access Notes: Must be substance-free. Must be a student in the Durham Board of Education.

VITANOVA FOUNDATION

90 Winges Rd. Suite 203
Woodbridge Ontario
L4L 6A9

Director: Franca Carella
Phone: (905) 850-3690
Fax: (905) 850-3835

Agency Description: Total rehabilitation from substance abuse; healing.
Services Offered: Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Supportive Stabilization, Walk-in and Crisis

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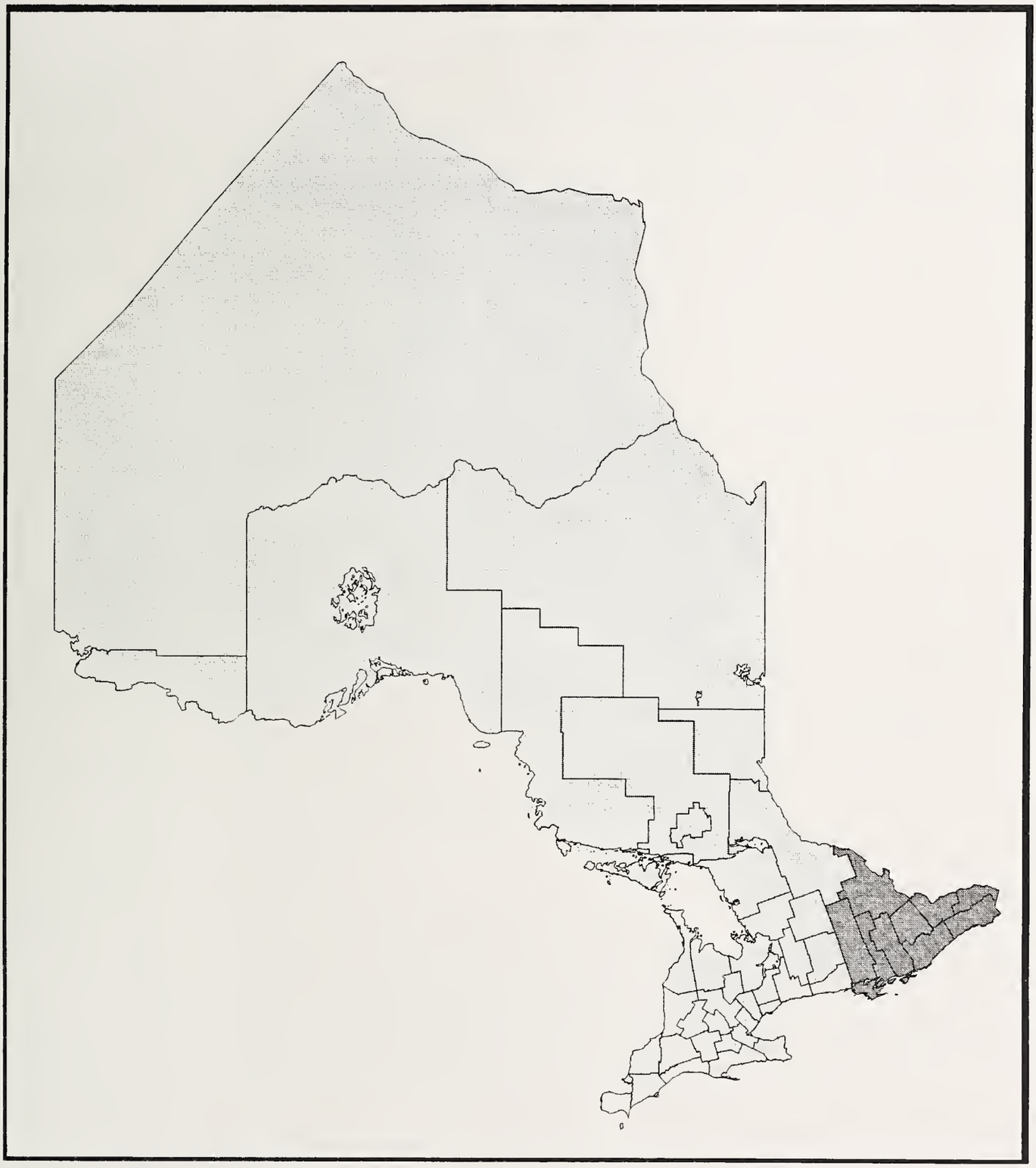
Service Description: **DAY/EVENING**
Contact: Cindy Cepparo
Hours: M-F 930-1730, 1930-2330
Clients: Ages 16-99 Male/Female
Languages: English, Italian, Croatian, German, Arabic, Serbian
Area Served: Regions of York and Peel, Metro Toronto.

Service Note: Accepts clients with potential for violence towards themselves and others (psychiatric treatment). Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (special groups). Assessment—Introduction to philosophy and significant others. Individualized treatment plan—counselling groups and primary, secondary and tertiary intervention. Average stay is 180 days.

Access Notes: Must be assessed in-house. Mandatory attendance. Skill development is part of program; employers hire recovering addicts on a part-time basis.

Eastern District Health Council Region



INCLUDES THE COUNTIES/DISTRICTS OF:

- Frontenac
- Lanark
- Leeds-Grenville
- Lennox-Addington
- Hastings
- Ottawa-Carleton
- Prescott-Russell
- Prince Edward
- Renfrew
- Stormount-Dundas-Glengarry

ADDICTION SERVICES (HASTINGS AND PRINCE EDWARD COUNTIES) INC.

158 George St.
Belleville Ontario
K8N 3H3

Executive Director: Michelle Stratton
Phone: (613) 962-4296
Fax: (613) 962-8272

Agency Description: Non-profit corporation operating short-term residential, day treatment and outpatient services for persons with problems related to abuse of alcohol/drugs. Clients are expected to be motivated, chemical-free, in stable medical health.

Services Offered: Assessment, Continuing Care, Day/Evening, Intake/Screening, Long-term Residential, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT** Outpatient Services for Seniors
Contact: Charles Tapp
Hours: M-F 830-1630
Clients: Ages 55-99 Male/Female
Languages: English
Area Served: Belleville and Trenton.

Service Note: For persons aged 55 and older. Clients can access day treatment. Outreach services. Individual and group counselling. Average stay is 720 days.

Access Notes: Must be assessed in-house. No smoking within facility. No psychiatric back-up.

Service Description: **DAY/EVENING** Day Treatment
Contact: Charles Tapp
Hours: M-F 830-1230
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Hastings and Prince Edward Counties.

Service Note: Identifies and tries to solve problems associated with alcohol and/or drug use. Individual/group counselling. Abstinence during treatment. Average stay is 28 days.

Access Notes: Prefers client to be substance-free, with no unduly complicating psychiatric or medical problems. Must abide by rules and attend all sessions.

Service Description: **SHORT-TERM RESIDENTIAL** Residential Treatment Program—Phase I
Location: 142 Foster St. Belleville Ontario K8N 3P9
Contact: Tom Buckley (Phone: 613-962-7838)
Hours: M-Su 0-2400
Clients: Ages 18-55 Male/Female
Languages: English
Area Served: Hastings and Prince Edward Counties. All Ontario.

Service Note: Will accept adult children of alcoholics. Not AA-based. Phase 1—Intensive treatment (not optional). Intake days—last two Saturdays of each month. Goal is to remain abstinent from alcohol/drugs. Group/individual sessions; personal goal setting; HIV specialization. Average stay is 42 days.

Access Notes: Must enter detox two days prior to treatment. Attend self-help groups four meetings/week. Must be assessed and abide by rules. Cost: depends on net income: if over $200, pay $120/week; if less than $200, pay $75/week. COMSOC, MCS or CSC will usually cover the cost or clients pay themselves.

Service Description:	**LONG-TERM RESIDENTIAL** Residential Treatment - Phase II
Location:	142 Foster St. Belleville Ontario K8N 3P9
Contact:	Tom Buckley (Phone: 613-962-7838)
Hours:	M-Su 0-2400
Clients:	Ages 18-55 Male/Female
Languages:	English
Area Served:	Hastings and Prince Edward Counties. All Ontario.
Service Note:	Recovery. Can work or attend school (encouraged). After Phase 1 (Intensive), considered for Phase 2 (Vocational four months maximum). Individual employment counselling, job placement, refer to employment services, assistance in finding affordable housing. Average stay is 120 days.
Access Notes:	Must have completed short-term residential treatment. Attend self-help groups. Abide by rules. Cost: depending on net income: if over $200, pay $120/week; if less than $200, pay $75/week. Transportation to some outside AA/NA meetings is provided.

BELLEVILLE ATAC CENTRE (ADDICTIONS TREATMENT ASSESSMENT COUNSELLING)

218 Front St.
Belleville Ontario
K8N 2Z2

Director: Cate Sutherland
Phone: (613) 969-0077
Fax: (613) 962-3211

Agency Description: An assessment/referral and counselling service for persons concerned with their alcohol/drug use.
Services Offered: Assessment, Continuing Care, Day/Evening, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT**
Contact: Irene Mitobe
Hours: M-Th 815-1800, Th 815-1630 (evening appointments can be arranged)
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Hastings and Prince Edward Counties. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Clients can be referred to outside resources through intake/screening.

Access Notes:

Service Description: **OUTPATIENT**
Contact: Irene Mitobe
Hours: M-Th 815-1800, F 815-1630 (evening appts can be arranged)
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Hastings and Prince Edward Counties. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Clients access outpatient treatment through assessment or intake process. Biweekly appointments for three months. Cognitive behavioral model. Individual counselling. Average stay is 90 days.

Access Notes: Must be assessed at an Assessment and Referral Centre.

Service Description: **DAY/EVENING** Evening Treatment Program
Contact: Irene Mitobe
Hours: Tu, W, Th 1830-2100
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Hastings and Prince Edward Counties. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Cognitive behavioral model. Group counselling. Client assigned counsellor. Average stay is 21 days.

Access Notes: Exceptions can be made to start a client mid-cycle if he or she needs to begin treatment immediately. Must be assessed in-house. Must remain abstinent during cycle.

BROCK COTTAGE / TENNANT HOUSE

58 Wall St., P.O. Box 1265
Brockville Ontario
K6V 5W2

Executive Director: Bill Hayden
Phone: (613) 342-6415
Fax: (613) 498-1376

Agency Description: Long-term residential rehabilitation for men and women recovering from addiction to alcohol or other drugs. Structured, home-like environments where rehabilitation and reintegration are long-term goals. Philosophy of self-directed recovery.

Services Offered: Assessment, Continuing Care, Long-term Residential, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT** Brock Cottage
Contact: Bill Hayden
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English. Some staff speak French.
Area Served: All Ontario. Preference given to clients in local area.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Length of service has no time limit. Group sessions for non-residents and those who have had treatment. Individual/group counselling.

Access Notes: Men only. Must be substance-free 24 hours for counselling sessions. Must be assessed in-house. No smoking in group. Designated smoking areas.

Service Description: **LONG-TERM RESIDENTIAL** Brock Cottage
Contact: Bill Hayden
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English. Some staff speak French.
Area Served: All Ontario. Preference given to clients in local area.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Rehabilitation, serving chronic clients. Indefinite stay. Individualized treatment. Involvement in community activities. Three structured groups/week, house duties, individual counselling. Can work or attend school after stabilized. Average stay is 260 days.

Access Notes: Men only. Must be detoxed. Must be assessed in-house. Attend AA/NA (determined on individual basis). Client must consent to drug testing as needed. Cost: covered by FBA while in residence; if income, maximum $100 per week room/board.

Service Description: **OUTPATIENT** Tennant House
Location: 581 King St. West Brockville Ontario K6V 5W2
Contact: Lisa Cree/Bill Hayden/M. Scott Harris (Phone: 613-345-6700)
Hours: M-Su 0-2400
Clients: Ages 18-99 Female
Languages: English. Some staff speak French.
Area Served: All Ontario. Preference given to clients in local area.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Length of service has no time limit. Group sessions for non-residents and those who have had treatment. Encourages contact with community resources. Individual/group counselling.

Access Notes: Women only. Must be substance-free 24 hours for counselling sessions. Must be assessed in-house. No smoking in group. Designated smoking areas.

Service Description:	**LONG-TERM RESIDENTIAL** Tennant House
Location:	581 King St. West Brockville Ontario K6V 5W2
Contact:	Lisa Cree/Bill Hayden/M. Scott Harris (Phone: 613-345-6700)
Hours:	M-Su 0-2400
Clients:	Ages 18-99 Female
Languages:	English. Some staff speak French.
Area Served:	All Ontario. Preference given to clients in local area.
Service Note:	Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (healing/self-esteem group). Rehabilitation, indefinite stay. Individualized treatment. Involvement in community activities. Three structured groups/week, house duties, individual counselling. Can work or attend school. Average stay is 230 days.
Access Notes:	Women only. Must be detoxed. Must be assessed in-house. Attend AA/NA (determined on individual basis). Client must consent to drug testing as needed. Cost: covered by FBA while in residence; if income, maximum $100/week room/board. Accepts pregnant clients.

LANARK LEEDS GRENVILLE ADDICTION ASSESSMENT SERVICES

82 Emma St.
Brockville Ontario
K6V 1S9

Coordinator: Peter McKenna
Phone: (613) 345-7453
Fax: (613) 345-7761

Agency Description: Community-based service for those concerned about their use of alcohol or other drugs, as well as individuals whose lives are affected by the excessive substance abuse of another. Service also available in eight other locations.

Services Offered: Assessment, Intake/Screening

Service Description: **ASSESSMENT** Brockville Office
Contact: Peter McKenna
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English, Czechoslovakian, French
Area Served: Lanark and Leeds-Grenville Counties.

Service Note: Will accept adult children of alcoholics. Call for an appointment. No restrictions on those who do not choose abstinence.

Access Notes: Other offices call 1-800-563-0062.

Other Offices: Carleton Place, Gananoque, Kemptville, Lanark, Perth, Portland, Prescott, Smiths Falls

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LANARK LEEDS GRENVILLE ADDICTION ASSESSMENT SERVICES

82 rue Emma
Brockville ON
K6V 1S9

Coordonnateur : Peter McKenna
Téléphone : (613) 345-7453
Télécopieur : (613) 345-7761

Description de l'organisme : Service communautaire à l'intention des personnes préoccupées par leur usage d'alcool et d'autres drogues et des personnes dont la vie est touchée par l'usage de drogue de quelqu'un d'autre. Les services sont disponibles à huit autres endroits.

Services offerts : Évaluation, admission/sélection

Description des services : **ÉVALUATION** Bureau de Brockville
Référence : Peter McKenna
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français, anglais, tchèque
Région desservie : Comtés de Lanark et Leeds-Grenville.

Autre information - service : Accepte les adultes enfants d'alcooliques. Appeler pour fixer un rendez-vous. Aucune restriction pour les personnes qui ne choisissent pas l'abstinence.

Autre information - accès : Pour connaître les autres bureaux, appeler le 1-800-563-0062.

Bureaux : Carleton Place, Gananoque, Kemptville, Lanark, Perth, Portland, Prescott, Smiths Falls

RESIDENTIAL REHABILITATION UNIT, BROCKVILLE PSYCHIATRIC HOSPITAL

P.O. Box 1050, Prescott Rd.
Brockville Ontario
K6V 5W7

Head Nurse: Bernadine Cooper
Phone: (613) 345-1461
Fax: (613) 342-6194

Agency Description: Gives participants an opportunity to learn new ways of coping with life's problems, assistance in rehabilitation, and resumption of life in the community. Participation is on an inpatient or day-treatment basis.

Services Offered: Assessment, Continuing Care, Day/Evening, Intake/Screening, Short-term Residential

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Service Description: **DAY/EVENING**
Contact: Bernadine Cooper
Hours: First week M-Su 800-2200, last 4 weeks M-F 815-2130
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Primarily Leeds-Grenville, Prescott, Russell, Stormont, Dundas, Glengarry Counties and Ottawa-Carleton Region. All Ontario.

Service Note: Identical to the inpatient program in terms of intake and assessment activities. Individual/group counselling. Total abstinence is the goal. Average stay is 35 days.

Access Notes: Must be detoxed seven days. Must be assessed in-house. Must be incarcerated in local jail and able to attend on a Temporary Absence Day Pass. Mostly men but will accept women. Attend AA/NA. Designated smoking areas.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Bernadine Cooper
Hours: M-Su 800-2200
Clients: Ages 16-99 Male
Languages: English
Area Served: Primarily Leeds-Grenville, Prescott, Russell, Stormont, Dundas, Glengarry Counties and Ottawa-Carleton Region. All Ontario.

Service Note: Clients will be screened. Must be committed to total abstinence during the program and follow-up service. Follow-up by health care professionals. Total abstinence is the goal. Average stay is 35 days.

Access Notes: Men only. Must be detoxed. Must be assessed in-house. Attend AA/NA.

ALWOOD INC.

R.R. #1
Carleton Place Ontario
K7C 3P1

Director: Pauline Sawyer
Phone: (613) 257-2813
Fax: (613) 257-2838

Agency Description: Intensive six-month residential treatment for chemically dependent young men and women. 12-Step philosophy. Therapeutic living environment. Primary aim is to assist clients to achieve abstinence and a healthy lifestyle.

Services Offered: Long-term Residential, Intake/Screening, Family Intervention, Continuing Care

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Cheryl Pringle
Hours: M-Su 0-2400 (continuous care)
Clients: Ages 16-25 Male/Female
Languages: English
Area Served: Lanark and Leeds-Grenville Counties, Ottawa-Carleton. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves. Treatment centre. Structured program. After program completion, discharge planning done. If local, continuing care follow-up group; if not local, telephone follow-up or referred to aftercare with another agency. Average stay is 180 days.

Access Notes: AA/NA participation in-house. Limitations: those with physical disabilities or a history of violent crime, court date within six-month stay, psychiatric disorders requiring medication. Must participate in all aspects of program.

CORNWALL & AREA SOCIAL DETOX

305 Montreal Rd.
Cornwall Ontario
K6H 1B6

Director: Bonnie Lemoyne
Phone: (613) 938-8506
Fax: (613) 938-2867

Agency Description: Fifteen-bed centre that can be accessed 24 hours a day. Male and female staff are on duty to welcome those seeking help in their chemical dependent lifestyle, to provide support during the detoxification process and motivational counselling.

Services Offered: Detoxification, Intake/Screening

Service Description: **DETOXIFICATION**
Contact: Bonnie Lemoyne
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French-speaking staff usually available
Area Served: Cornwall, Stormont-Dundas-Glengarry Counties, St. Regis Reserve (Akwesasne). All Ontario.

Service Note: Voluntary admissions. AA/NA encouraged. Staff offer friendly support and a safe environment during the withdrawal process. Four observation beds.

Access Notes: Clients must be ambulatory. Transportation from rural catchment area lacking. People with demonstrated violent behavior will not be admitted.

CORNWALL & AREA SOCIAL DETOX

305 chemin Montreal
Cornwall ON
K6H 1B6

Directrice : Bonnie Lemoyne
Téléphone : (613) 938-8506
Télécopieur : (613) 938-2867

Description de l'organisme : Centre de 15 lits ouvert 24 heures sur 24. Le personnel masculin et féminin de service accueille les personnes dépendantes des drogues chimiques cherchant de l'aide et offre du soutien et des consultations motivationnelles durant le processus de désintoxication.

Services offerts : Désintoxication, admission/sélection

Description des services : **DÉSINTOXICATION**
Référence : Bonnie Lemoyne
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Anglais, du personnel parlant français est normalement disponible
Région desservie : Comtés de Cornwall, Stormont-Dundas-Glengarry, réserve St. Regis (Akwesasne). Tout l'Ontario

Autre information - service : Admission volontaire. Encourage la participation aux réunions des AA/NA. Le personnel offre un soutien amical et un milieu sécuritaire durant le processus de sevrage. Quatre lits d'observation.

Autre information - accès : Le client doit être capable de se déplacer. Le transport des régions rurales fait défaut. Les personnes manifestant des comportements violents ne seront pas admises.

DRUG ADDICTION PROGRAM, EASTERN ONTARIO HEALTH UNIT

1000 Pitt St.
Cornwall Ontario
K6J 5T1

Program Director: George Rouleau
Phone: (613) 933-1375
Fax: (613) 933-7930

Agency Description: Assessment, referral, information and follow-up for drug and alcohol abusers.
Services Offered: Assessment, Continuing Care, Intake/Screening

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Service Description: **ASSESSMENT** Cornwall Office
Contact: Suzanne Campeau
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English, French
Area Served: City of Cornwall and the counties of Stormont-Dundas (primarily) and Glengarry, Prescott-Russell.
Service Note: Client is assigned appointment with social worker who completes assessment and makes appropriate referral for client. Client or worker makes contact with referred resource.
Access Notes: Toll-free line 1-800-267-7120 in catchment area. No smoking.
Other Offices: Alexandria (613-525-1112), Casselman (613-764-2841), Clarence Creek (613-488-3337), Hawkesbury (613-632-4355), Winchester (613-774-2739)

DRUG ADDICTION PROGRAM, EASTERN ONTARIO HEALTH UNIT

1000 rue Pitt
Cornwall ON
K6J 5T1

Directeur de la programmation : George Rouleau
Téléphone : (613) 933-1375
Télécopieur : (613) 933-7930

Description de l'organisme : Évaluation, orientation, information et suivi pour les usagers abusif d'alcool et de drogue.
Services offerts : Évaluation, soins continus, admission/sélection

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Description des services : **ÉVALUATION** Bureau de Cornwall
Référence : Suzanne Campeau
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Ville de Cornwall et les comtés de Stormont-Dundas (principalement) et Glengarry, Prescott-Russell.
Autre information - service : Le client obtient un rendez-vous avec le travailleur social qui rempli l'évaluation et fait les recommandations appropriées. Le client ou le travailleur social entre en contact avec la ressource recommandée.
Autre information - accès : Ligne sans frais dans la région desservie : 1-800-267-7120. Il est interdit de fumer.
Bureaux : Alexandria (613-525-1112), Casselman (613-764-2841), Clarence Creek (613-488-3337), Hawkesbury (613-632-4355), Winchester (613-774-2739)

FRIENDSHIP WELCOME CENTRE INC.

339 Second St. E.
Cornwall Ontario
K6H 1Y8

Acting Director: Melody Rochon
Phone: (613) 933-0418
Fax: (613) 933-3825

Agency Description: Recovery home providing residential pre- and post-treatment service for male alcohol and other drug abusers. Interviews and medical tests are conducted, psychological and vocational tests are provided when necessary. Four-week mandatory house program. Residents to attend treatment program where deemed appropriate.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Melody Rochon
Hours: M-F 800-1600
Clients: Ages 18-65 Male
Languages: English
Area Served: Cornwall, Stormont-Dundas-Glengarry, Prescott and Russell have priority. All Ontario.

Service Note: Recovery home. From detox, four-week mandatory structured program; Phase 2—stabilization/employment. Some clients referred to treatment after mandatory program. Can work or attend school after six weeks when deemed appropriate. Average stay is 90 days.

Access Notes: Men only. Must be detoxed three days minimum, one week for hard drugs. Cost: if able to pay, $818/month room/board and program fees (to date). Attend AA/NA. Must be ambulatory. Physical examination required, arranged in-house.

PLACE VALOIS PLACE

107 Belmont St.
Cornwall Ontario
K6H 4Y8

Director: Carolyn Taylor
Phone: (613) 938-7715
Fax: (613) 938-8257

Agency Description: A long-term recovery home for persons aged 16 to 24 who have a primary problem of addiction to alcohol or other mood-altering/mind-altering substance(s) and who may have had previous treatment experience.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Janice McCaig
Hours: M-Su 0-2400
Clients: Ages 16-24 Male/Female
Languages: English, French (individual counselling)
Area Served: Primarily Stormont, Dundas, Glengarry Counties. All Ontario.

Service Note: Recovery home. Client may enter program directly from treatment facility. Otherwise must enter detox three to five days prior to admission. Can work or attend school (depending on progress). Structured program. Average stay is 270 days.

Access Notes: Number of beds available for male or female clients can vary depending on demand. Must be assessed in-house, by phone or at an Assessment and Referral Centre. Attend AA/NA. Must participate in all program components. Medications as needed and prescribed by physician or mental health practitioner.

PLACE VALOIS PLACE

107 rue Belmont
Cornwall ON
K6H 4Y8

Directrice : Carolyn Taylor
Téléphone : (613) 938-7715
Télécopieur : (613) 938-8257

Description de l'organisme : Un centre de réadaptation pour les personnes âgées de 16 à 24 ans dont le problème principal est une dépendance à l'alcool ou à d'autres drogues psychotropes et qui ont peut-être déjà suivi un traitement.

Services offerts : Soins continus, admission/sélection, séjour de longue durée en établissement

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Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT**
Référence : Janice McCaig
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 24 ans hommes et femmes
Langues : Anglais, français (en consultation individuelle)
Région desservie : Principalement les comtés de Stormont, Dundas, Glengarry. Tout l'Ontario.

Autre information - service : Centre de réadaptation. Le client peut intégrer le programme directement de l'établissement de traitement. Sinon, il doit faire une cure de désintoxication de trois à cinq jours avant l'admission. Peut travailler ou aller à l'école (tout dépendant des progrès). Programme structuré. Durée moyenne du séjour : 270 jours.

Autre information - accès : Le nombre de lits réservés pour les hommes ou les femmes varie en fonction de la demande. L'évaluation doit avoir lieu à l'interne, par téléphone ou dans un centre d'évaluation et d'orientation. Doit assister aux réunions des AA/NA. Doit participer à toutes les facettes du programme. Médicaments comme prescrits par un médecin ou un professionnel de la santé mentale.

HARVEST HOUSE MINISTRIES

4406 River Rd.
Gloucester Ontario
K1G 3N3

Director: Bill Main
Phone: (613) 822-1158
Fax: (613) 822-7073

Agency Description: Structured one-year Christian Residential Program in a rural setting for chemically dependent males. Spiritual, drug education and academic program with emphasis on lifestyle change in accordance with principles outlined in the Bible.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential, Outpatient

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Service Description: **OUTPATIENT**
Contact: Doug Fraser
Hours: M-F 830-2100
Clients: Ages 14-35 Male
Languages: English
Area Served: Eastern Ontario, Toronto, Montreal. All Ontario.

Service Note: Treatment plan, very individualized. Individual counselling. Spiritual component. Average stay is 365 days.
Access Notes: Men only. Attend AA/NA.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Doug Fraser
Hours: M-Su 0-2400
Clients: Ages 16-35 Male
Languages: English, French (individual counselling)
Area Served: Eastern Ontario, Toronto, Montreal. All Ontario.

Service Note: Treatment centre. T. Gorski's developmental model of recovery/relapse prevention. Treatment plan. Structured program, work therapy, Bible studies. Draw on community resources, refer out as appropriate. Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics (individual counselling). Average stay is 365 days.
Access Notes: Men only. Must be detoxed three days. Attend AA/NA. Residents must attend all scheduled classes. Physical examination required in the first month.

ALCOHOL AND DRUG REFERRAL CENTRE OF KINGSTON

La Salle Mews, 303 Bagot Street, Suite 300
Kingston Ontario
K7K 5W7

Director: Susan Cross
Phone: (613) 546-1758
Fax: (613) 546-7267

Agency Description: Assessment and referral to appropriate agencies for those concerned about their drinking/drug use. Ongoing counselling, case management, aftercare services, counselling for family members.

Services Offered: Assessment, Continuing Care, Family Intervention, Outpatient

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Service Description: **ASSESSMENT**
Contact: Connie Elmer
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English, access to interpreters for other languages and sign language
Area Served: Kingston and Southern Frontenac County

Service Note: First contact is a three-hour structured assessment resulting in a detailed treatment plan. Clients are matched to most appropriate, cost-effective treatment to meet individual needs.

Access Notes: Must not be under the influence during assessment. No smoking.

Service Description: **OUTPATIENT**
Contact: Connie Elmer
Hours: M-F 830-1630
Clients: Ages 16-99 Male/Female
Languages: English, access to interpreters for other languages
Area Served: Kingston and Southern Frontenac County.

Service Note: After assessment, appropriate clients are seen on outpatient basis. Individual/group counselling. Three areas of focus: relapse prevention, guided self-change, assertiveness training.

Access Notes: Must be substance-free during appointments. Must be assessed in-house. No smoking.

HOTEL DIEU HOSPITAL DETOXIFICATION CENTRE

240 Brock St.
Kingston Ontario
K7L 5G2

Director: Gerry Gregory
Phone: (613) 549-6461
Fax: (613) 546-4254

Agency Description: Non-medical detox centre for the management of withdrawal from alcohol and other drugs.
Services Offered: Continuing Care, Detoxification, Walk-in and Crisis

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Service Description: **DETOXIFICATION** The Detox Centre
Contact: Staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French. Hospital provides translators in European and Native languages.
Area Served: Kingston to Brockville, Belleville, Smiths Falls, Prince Edward County. All Ontario.
Service Note: AA/NA encouraged. Also offers brief preventative admissions as space permits (for one to two days to help client in need to stay sober).
Access Notes: Separate reception area and floor for women, to ensure privacy. Parent/child suite (if no suitable day care can be found); one family at a time, parent must take responsibility.

HOTEL DIEU HOSPITAL DETOXIFICATION CENTRE

240 rue Brock
Kingston ON
K7L 5G2

Directeur : Gerry Gregory
Téléphone : (613) 549-6461
Télécopieur : (613) 546-4254

Description de l'organisme : Centre de désintoxication non médicale effectuant la gestion du sevrage de l'alcool et des autres drogues.
Services offerts : Soins continus, désintoxication, services sans rendez-vous et services d'urgence

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Description des services : **DÉSINTOXICATION** The Detox Centre
Référence : Personnel de service
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais. L'hôpital offre des services de traduction en langues européennes et autochtones.
Région desservie : De Kingston à Brockville, Belleville, Smiths Falls, comté de Prince Edward. Tout l'Ontario.
Autre information - service : On encourage la participation aux réunions des AA/NA. Admissions préventives de courte durée si l'espace le permet (de un à deux jours afin d'aider le client qui a besoin d'aide pour demeurer sobre).
Autre information - accès : Hall d'accueil et étage des femmes séparés aux fins d'intimité. Chambres pouvant loger parents et enfants (peut trouver des services de garderie si la chambre n'est pas disponible); une famille à la fois, le parent doit endosser toute responsabilité.

INSTITUTE OF PSYCHOTHERAPY LIMITED

113 Lower Union St.
Kingston Ontario
K7L 2N3

Director: Dr. Duncan A. Scott
Phone: (613) 546-3116
Fax: (613) 546-3119

Agency Description: A licensed hospital/outpatient service for treatment of nervous ailments. Provide a friendly, caring atmosphere for professional psychiatric and psychotherapeutic treatment of 18 inpatients suffering from mental or emotional disorders.

Services Offered: Assessment, Continuing Care, Detoxification, Intake/Screening, Short-term Residential

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Service Description: **DETOXIFICATION**
Contact: Eileen Cook
Hours: M-F 830-1630
Clients: Ages 17-99 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: Medicated/non-medicated detox. Will accept adult children of alcoholics. Those in need of observation, care and treatment provided in a psychiatric facility may be admitted, as recommended by a physician. No specific beds are designated for detox, part of overall service.

Access Notes: If client uses substances other than those prescribed, he or she will be discharged. Must have Ontario Health Card. Targeted to potential clients.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Eileen Cook
Hours: M-Su 0-2400
Clients: Ages 17-99 Male/Female
Languages: English
Area Served: All Ontario.

Service Note: Will accept adult children of alcoholics. Observation, care and treatment provided in a psychiatric facility; recommended by physician. Mental health on a complete basis (mental, physical, spiritual). Acute care not longer than 90 days. Addiction secondary to psychiatric problem. Average stay is 21 days.

Access Notes: Must have Ontario Health Card. Follow house rules. Restricted to unit until cleared by doctor. Must be assessed by phone. Deal with addiction in terms of the psychiatric problem. Prefer client be detoxed before arrival. Must attend scheduled programs. Cycle length will be individually assessed.

KAIROS

115 Lower Union St.
Kingston Ontario
K7L 2N3

Executive Director: Gerry Fast
Phone: (613) 542-6559
Fax: (613) 542-8799

Agency Description: Kairos offers counselling to young people or families experiencing difficulties with alcohol and other drugs. Staff are available for counselling at area group homes and institutions and for public education events.

Services Offered: Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT**
Contact: Staff on duty
Hours: M-F 830-1630 (early evening appointments if necessary)
Clients: Ages 14-26 Male/Female
Languages: English
Area Served: Kingston and surrounding area. No restrictions.

Service Note: Seen on individual basis at school or in Kairos office. Individual counselling. Staff go to area elementary/high schools, group homes, provincial halfway houses and regional detention centres. Average contact is four to six months. Accepts clients with potential for violence towards themselves and others.

Access Notes: Must not be under the influence during counselling sessions. Participation must be voluntary. Clients can be seen at school or Kairos office.

OPTIONS FOR CHANGE

75 Princess St., Suite 300
Kingston Ontario
K7L 1A6

Executive Director: Don Cowell
Phone: (613) 531-9898
Fax: (613) 531-8798

Agency Description: Twenty-five-day treatment service for persons with alcohol and/or drug problems. Includes self-control training, social skills, alcohol/drug education and relapse prevention.

Services Offered: Continuing Care, Day/Evening, Intake/Screening

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Service Description: **DAY/EVENING**
Contact: Don Cowell
Hours: M-F 830-1630; M, Th 1800-2100
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Kingston, Frontenac, Lennox and Addington Counties. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Individual and group counselling (mainly group). Orientation groups offered three weeks prior to each program cycle. Day (25 days) and/or evening (twice a week for ten weeks). Eight-week family group. Two groups/year for women only.

Access Notes: Must be detoxed as long as possible. Must attend sessions. Overnight accommodation available at local detox centre. Accepts pregnant clients (pre- and post-delivery). Clients from out of region must make transportation arrangements. Have been able to provide some financial and referral assistance to women in need of child care. Specialized groups also offered for young adults and seniors.

SALVATION ARMY KINGSTON HARBOUR LIGHT

562 Princess St.
Kingston Ontario
K7L 1C7

Director: Captain Maurice Davis
Phone: (613) 546-2333
Fax: (613) 546-4699

Agency Description: Emphasizes the whole man concept in an attempt to provide a healthier lifestyle physically, mentally, emotionally, socially and spiritually. A residential service is available for adult men.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential, Walk-in and Crisis

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Service Description: **LONG-TERM RESIDENTIAL** Phase 2 and 3
Contact: Captain Buell
Hours: M-F 900-1600
Clients: Ages 18-65 Male
Languages: English
Area Served: Cornwall to Cobourg and north to Lindsay.

Service Note: Treatment. Structured program (Phase 2). Can work/attend school (Phase 3). Assessed by Program Director. If suitable admitted for seven-day inpatient assessment, then move on to inpatient treatment. Minimum 90-day commitment to program requested. Average stay is 90 days.

Access Notes: Men only. Must be detoxed 48 hours alcohol, seven days drugs. Must be assessed in-house. Cost: case-by-case basis, 75% of income to a maximum of $640/month, allowance given. Physical examination and regular attendance required. Program includes recreation, devotions, Sunday services. Must attend private sessions with counsellor once a week. Do not usually accept people with mobility impairments. Program begins as treatment but progresses to recovery during stay.

BUENAVISTA-ON-THE-RIDEAU

435 Main St., P.O. Box 70
Merrickville Ontario
K0G 1N0

Director: Ken Dolliver
Phone: (613) 269-4712
Fax: (613) 269-3298

Agency Description: Relapse prevention facility for male alcoholics and drug users. Participants can upgrade academic and occupation levels, as well as acquire or relearn life skills.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential, Outpatient

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Service Description: **OUTPATIENT** Women's Outpatient
Contact: Ken Dolliver
Hours: W 1900-2200
Clients: Ages 18-99 Female
Languages: English
Area Served: All Ontario.

Service Note: Women's issue group and counselling for women in the community. Addiction-related. Wednesday nights at 7 p.m. Twelve-week turnaround. Average stay is 84 days.

Access Notes: For women in the community.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Ken Dolliver
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English
Area Served: All Ontario.

Service Note: Recovery home. Six-week relapse prevention program. Structured program. AA/NA encouraged. Can attend school. Can work but will affect cost of program. Average stay is 180 days.

Access Notes: Men only. Cost: if not covered by FBA, $815 per month room/board.

RIDEAU CORRECTIONAL AND TREATMENT CENTRE

R.R. #3
Merrickville Ontario
K0G 1N0

Director of Clinical Services: Gerald Stump
Phone: (613) 269-4771
Fax: (613) 269-2088

Agency Description: Clients are incarcerated male offenders referred to the program by the classification staff. Cognitive/behavioral model used in day treatment service.

Services Offered: Assessment, Continuing Care, Day/Evening, Intake/Screening, Supportive Stabilization

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Service Description: **DAY/EVENING**
Contact:
Hours: M-F 800-1630
Clients: Ages 18-99 Male
Languages: English
Area Served: All Ontario.

Service Note: Accepts clients with substance abuse problems. Offers relapse prevention programs as well as primary addictions program. Clients expected to be motivated to complete program activities. Goals: eliminate self-destructive and criminal behaviors. Individual/group counselling. Average stay is 70 days.

Access Notes: Men only. Sentence must be 60 days to two years less a day.

LENNOX AND ADDINGTON ADDICTION SERVICES

116 John St., 3rd Floor
Napanee Ontario
K7R 1R2

Director: Katherine Barry
Phone: (613) 354-6624
Fax: (613) 354-0915

Agency Description: Information, assessment, counselling and referral to those concerned about drinking and/or drug use. Counselling for family and friends provided. Groups for youth, women, seniors, men who are violent while intoxicated, families, relapse prevention.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT**
Contact: Katherine Barry
Hours: M-F 830-1630, Tu 1730-2100
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Lennox and Addington County, Barrie Township of Frontenac County, Deseronto. From outside area if space available.

Service Note: Accepts clients with potential for violence towards others. Will accept adult children of alcoholics. Uses ASIST, IDS, SCQ, ADS, DAST tools. Deals with gambling problems.
Access Notes: No smoking.
Other Offices: Amherstview, Northbrook

Service Description: **OUTPATIENT**
Contact: Katherine Barry
Hours: M-F 830-1630, Tu 1730-2100
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Lennox and Addington County, Barrie Township of Frontenac County, Deseronto. From outside area if space available.

Service Note: Accepts clients with potential for violence towards others. Will accept adult children of alcoholics. Individual/group counselling. Deals with gambling problems. Support groups for youth, men who are violent when intoxicated, women, mature adults, family support, relapse prevention. Average stay is 180 days.
Access Notes: Will not see anyone under the influence. No smoking.
Other Offices: Amherstview, Northbrook

ADDICTIONS ASSESSMENT SERVICES OF OTTAWA-CARLETON

221 Nelson St.
Ottawa Ontario
K1N 1C7

Director: Stephen Kennedy
Phone: (613) 789-8941
Fax: (613) 789-7962

Agency Description: This agency operates out of the Sandy Hill Community Health Centre. Services are provided to individuals who are concerned about their use or someone else's use of alcohol and/or other drugs.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT**
Contact: Intake/Jennifer Thèriault
Hours: M-Th 830-1630, F 830-1600
Clients: Ages 0-99 Male/Female
Languages: English, French
Area Served: Primarily Ottawa-Carleton Region. All Ontario.

Service Note: Will accept adult children of alcoholics. Contact by phone or in person to set appointment. Structured interview format. Initial assessment appointment lasts one hour. Additional appointments as needed. This service is also offered in French. This service is routinely offered at various locations throughout the region.

Access Notes: No smoking.

Service Description: **OUTPATIENT** Guided Self-Change
Contact: Intake/Jennifer Thèriault
Hours: M-Th 830-1630, F 830-1600
Clients: Ages 0-99 Male/Female
Languages: English, French
Area Served: Primarily Ottawa-Carleton Region. All Ontario.

Service Note: An option made available to individuals with a mild to moderate alcohol dependence. Modelled after the Guided Self-Change, Options project.

Access Notes: Must be assessed in-house. Suitability is determined by completing an initial assessment, after which a treatment plan is discussed. No smoking.

ADDICTIONS ASSESSMENT SERVICES OF OTTAWA-CARLETON

221 rue Nelson
Ottawa ON
K1N 1C7

Directeur : Stephen Kennedy
Téléphone : (613) 789-8941
Téléphone : (613) 789-7962

Description de l'organisme : Cet organisme est situé au Centre de santé communautaire Sandy Hill. Les services sont offerts aux personnes préoccupées par leur usage d'alcool ou d'autres drogues ou celui de quelqu'un d'autre.

Services offerts : Évaluation, soins continus, admission/sélection, consultation externe

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Description des services : **ÉVALUATION**
Référence : Admission/Jennifer Thériault
Heures d'ouverture : Du lun. au jeu. de 8 h 30 à 16 h 30, ven. de 8 h 30 à 16 h
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Principalement la région d'Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Accepte les adultes enfants d'alcooliques. Rendez-vous fixé par téléphone ou en personne. Entrevue structurée. La première rencontre d'évaluation dure une heure. Rendez-vous supplémentaires, si nécessaire. Ce service est aussi offert en français. Ce service est régulièrement offert dans divers endroits de la région.

Autre information - accès : Il est interdit de fumer.

Description des services : **CONSULTATION EXTERNE** Autochangement guidé
Référence : Admission/Jennifer Thériault
Heures d'ouverture : Du lun. au jeu. de 8 h 30 à 16 h 30, ven. de 8 h 30 à 16 h
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Principalement la région d'Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Un choix offert aux individus dont la dépendance est de légère à modérée. Fondé sur le projet AU CHOIX, Autochangement guidé.

Autre information - accès : L'évaluation doit avoir lieu à l'interne. Admissibilité déterminée par une première évaluation, ensuite on discute d'un plan de traitement. Il est interdit de fumer.

AMETHYST WOMEN'S ADDICTION CENTRE

488 Wilbrod St.
Ottawa Ontario
K1N 6M8

Coordinator: Jane Clark
Phone: (613) 563-0363
Fax: (613) 565-2175

Agency Description: Four-phase program for women addicted to alcohol or other drugs: assessment and orientation, pre-treatment involving individual counselling and weekly meetings, intensive 10-day treatment including group therapy and education, two-year follow-up.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Outpatient, Supportive Stabilization

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Service Description: **OUTPATIENT**
Contact: Intake Counsellor
Hours: M-F 830-1630
Clients: Ages 18-99 Female
Languages: English, French
Area Served: Ottawa-Carleton. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually abused (support group). Duration can be up to two years. Abstinence-oriented. Individual/group counselling. Average stay is 365 days.

Access Notes: Women only. Must be substance-free. Must be assessed in-house. No wait after assessment. Also Kanata location for convenience of clients.

Service Description: **DAY/EVENING** 10-Day Program
Contact: Intake Counsellor
Hours: M-F 830-1630
Clients: Ages 18-99 Female
Languages: English, French
Area Served: Ottawa-Carleton. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually abused (support group). Abstinence-oriented. Group counselling primarily (individual counselling only as necessary). Pre-treatment support groups available during waiting period. Average stay is 10 days.

Access Notes: Women only. Must be substance-free. Must be assessed in-house. Client should feel comfortable enough to talk in all women's group activities. Accepts pregnant clients (up to and following delivery).

AMETHYST WOMEN'S ADDICTION CENTRE

488 rue Wilbrod
Ottawa ON
K1N 6M8

Coordonnatrice : Jane Clark
Téléphone : (613) 563-0363
Télécopieur : (613) 565-2175

Description de l'organisme : Un programme en quatre étapes pour les femmes dépendantes de l'alcool et des autres drogues : évaluation et orientation, pré-traitement comportant une consultation individuelle et des rencontres hebdomadaires, traitement intensif de 10 jours comportant une thérapie de groupe et de l'éducation, suivi de deux ans.

Services offerts : Évaluation, soins continus, traitement de jour ou de soir, intervention auprès de la famille, admission/sélection, consultation externe, stabilisation pré-traitement

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Description des services : **CONSULTATION EXTERNE**
Référence : Conseiller-ère à l'admission
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 18 à 99 ans femmes
Langues : Français et anglais
Région desservie : Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Accepte les clientes potentiellement violentes envers elles-mêmes et autrui. Accepte les adultes enfants d'alcooliques. Offre des services spécialisés aux clientes qui ont vécu la violence sexuelle (groupe de soutien). Durée du séjour peut aller jusqu'à deux ans. Favorise l'abstinence. Consultation individuelle et de groupe. Durée moyenne du séjour : 365 jours.

Autre information - accès : Femmes seulement. Doit être sobre de toute substance. L'évaluation doit avoir lieu à l'interne. Aucune période d'attente après l'évaluation. Services également offerts à Kanata.

Description des services : **TRAITEMENT DE JOUR ET DE SOIR** Programme de 10 jours
Référence : Conseiller-ère à l'admission
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 18 à 99 ans femmes
Langues : Français et anglais
Région desservie : Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Accepte les clientes potentiellement violentes envers elles-mêmes et autrui. Accepte les adultes enfants d'alcooliques. Offre des services spécialisés aux clientes qui ont vécu la violence sexuelle (groupe de soutien). Favorise l'abstinence. Consultation de groupe principalement (consultation individuelle, si nécessaire). Groupes de soutien en pré-traitement disponibles durant la période d'attente. Durée moyenne du séjour : 10 jours.

Autre information - accès : Femmes seulement. Doit être sobre de toute substance. L'évaluation doit avoir lieu à l'interne. La cliente doit se sentir suffisament à l'aise pour pouvoir parler lors des activités de groupe pour les femmes. Accepte les clientes enceintes (jusqu'à l'accouchement et après).

DAVID SMITH CENTRE

786 Bronson Ave.
Ottawa Ontario
K1S 4G4

Director: Phillip Moorman
Phone: (613) 594-8333
Fax: (613) 594-5623

Agency Description: Helps adolescents aged 14 to 18 end their dependence on alcohol and drugs through the use of a holistic, psychosocial program. Outreach available for "hard to serve" Francophone youth. Up to two years of continuing care.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Outpatient, Supportive Stabilization

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Service Description: **OUTPATIENT** Outpatient - French Speaking
Contact: Ginette Chouinard
Hours: M-F 830-1630
Clients: Ages 14-18 Male/Female
Languages: French
Area Served: Eastern Ontario. All Ontario.

Service Note: For "hard to serve" youth who are either "treatment ready" or those who are not ready to seek help to deal with problem. Individual/group and family counselling, as well as outreach is provided at community centres for those living on the street.

Access Notes: Assessed in-house, at an Assessment and Referral Centre, or in the community.

Service Description: **DAY/EVENING** Day Treatment
Contact: Ginette Chouinard
Hours: M-F 830-1530
Clients: Ages 14-18 Male/Female
Languages: English
Area Served: Eastern Ontario. All Ontario.

Service Note: A full-time program, five days a week for twelve weeks consisting of three hours a day of academic courses (for credits), group therapy, therapeutic recreation, leisure activities and individual counselling. Continuing care for up to one year.

Access Notes: Must be motivated to receive treatment and remain abstinent during program. Mandatory physical examination (no urinalysis or HIV testing), schooling or vocational training, attendance in groups. Smoke-free environment. Deals with hard-to-serve youth. Must be assessed in-house, at an Assessment and Referral Centre, or by phone (in situations where an interview in person is inconvenient). Must be detoxed (arrange if needed). Assist out-of-town clients to find accommodation through YMCA, special group homes, etc.

CENTRE DAVID SMITH

786 avenue Bronson
Ottawa ON
K1S 4G4

Directeur : Phillip Moorman
Téléphone : (613) 594-8333
Télécopieur : (613) 594-5623

Description de l'organisme : Programme global et psychosocial qui aide les adolescents âgés de 14 à 18 ans à mettre un terme à leur dépendance à l'alcool et aux drogues. Services d'apporche disponibles pour les jeunes francophones difficiles à rejoindre. Soins continus pouvant aller jusqu'à deux ans.

Services offerts : Évaluation, soins continus, traitement de jour et de soir, intervention auprès de la famille, admission/sélection, consultation externe, stabilisation pré-traitement

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Description des services : **CONSULTATION EXTERNE** Consultation externe en français
Référence : Ginette Chouinard
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 14 à 18 ans hommes et femmes
Langues : Français
Région desservie : Est de l'Ontario. Tout l'Ontario.

Autre information - service : À l'intention des jeunes difficiles à rejoindre qui sont prêts à suivre un traitement ou qui ne sont pas prêts a chercher de l'aide pour faire face à leur problème. Consultation individuelle et de groupe ainsi que familiale. Services d'approche offerts dans les centres communautaires pour les jeunes qui vivent dans la rue.

Autre information - accès : L'évaluation a lieu à l'interne, dans un centre d'évaluation et d'orientation ou dans la collectivité.

ELIZABETH BRUYERE HEALTH CENTRE, DETOXIFICATION CENTRE

62 Bruyere St.
Ottawa Ontario
K1N 5C5

Director: Marc Lavigne
Phone: (613) 241-1525
Fax: (613) 560-1487

Agency Description: Twenty-six-bed non-medical detoxification unit offering services of three to four days' duration to intoxicated men and women. Referral service. Group and individual counselling and education is available.

Services Offered: Assessment, Detoxification, Intake/Screening, Walk-in and Crisis

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Service Description: **DETOXIFICATION**
Contact: Staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Ottawa-Carleton Region.

Service Note: Accepts clients with potential for violence towards themselves. Will accept adult children of alcoholics. Average length of stay for males is three to five days, for females up to two or three weeks. Individual/group counselling and education. In-house weekend AA meetings, attendance encouraged. Four observation beds.

Access Notes: Must be ambulatory. Will accept clients under 16 in special circumstances. Those with severe medical problems or psychiatric disorders or with history of repeated violence are referred. Inhalant users are referred to medical detox.

ELIZABETH BRUYERE HEALTH CENTRE, DETOXIFICATION CENTRE

62 rue Bruyere
Ottawa ON
K1N 5C5

Directeur : Marc Lavigne
Téléphone : (613) 241-1525
Télécopieur : (613) 560-1487

Description de l'organisme : Unité de désintoxication non médicale comptant vinst-six lits et offrant des services d'une durée de trois à quatre jours aux hommes et aux femmes intoxiqués. Offre aussi des consultations et de l'éducation individuelles et de groupe.

Services offerts : Évaluation, désintoxication, admission/sélection, services sans rendez-vous et services d'urgence

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Description des services : **DÉSINTOXICATION**
Référence : Personnel de service
Heures d'ouverture : Du lun. au dim. de 0 à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Région d'Ottawa-Carleton.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes. Accepte les adultes enfants d'alcooliques. Durée moyenne du séjour pour les hommes : de trois à cinq jours et pour les femmes : jusqu'à trois semaines. Consultation et éducation individuelle et de groupe. Réunions des AA à l'interne les fins de semaine; on encourage les clients à y assister. Quatre lits d'observation.

Autre information - accès : Le client doit être capable de se déplacer. Accepte les clients âgés de moins de 16 ans dans des cas spéciaux. On oriente vers d'autres organismes les personnes qui ont des problèmes médicaux graves, ou des troubles psychiatriques ou encore qui ont des antécédents de violence répétée. Les usagers de drogues à inhaler sont orientés vers un centre de désintoxication médicale.

EMPATHY HOUSE

360 Sunnyside Ave.
Ottawa Ontario
K1S 0S4

Director: Loveday Davey
Phone: (613) 730-7319
Fax: (613) 730-1350

Agency Description: Structured, long-term residential treatment and recovery service in a home-like atmosphere. Maximum stay is one year. Qualified staff administer the AA-oriented program that also examines key women's issues in recovery.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL** Empathy House
Contact: Loveday Davey
Hours: M-Su 0-2400
Clients: Ages 18-99 Female
Languages: English
Area Served: Ottawa-Carleton. All Ontario.

Service Note: Treatment centre. Will not accept actively suicidal or violent women. Structured program (intensive therapeutic processes, behavioral and attitudinal changes). Women requiring certain medications assessed on individual basis. Average stay is 210 days.

Access Notes: Women only. Must be detoxed. Attend AA/NA. Cost: if no/low income, covered by COMSOC; others assessed on sliding scale; if receiving FBA, lose cheque while in residence but caregivers of children may continue to receive FBA. Physical recreation three times/week at YWCA. Can stay up to 365 days but the average stay is 210 days. Accept pregnant clients (pre- and post-delivery).

Service Description: **LONG-TERM RESIDENTIAL** Glencairn Supportive Residence
Location: 83 Glencairn Ave. Ottawa Ontario K1S 1M5
Contact: Loveday Davey
Hours: M-Su 0-2400
Clients: Ages 18-99 Female
Languages: English
Area Served: Ottawa-Carleton. All Ontario.

Service Note: Supportive residence. No limit on length of stay. Can work/attend school.

Access Notes: Women only. Must be substance-free four months. Attend AA/NA or equivalent. Cost: set by Ministry of Housing—rent: on FBA, $140/month; on social assistance, $112/month; if working, approximately 27% of gross income to maximum $375, minimum $32. Must be a graduate of addiction treatment (not necessarily Empathy House). Accepts pregnant clients (pre- and post-delivery).

Service Description: **LONG-TERM RESIDENTIAL** Grove Supportive Residence
Location: 111 Grove Ave. Ottawa Ontario K1S 3A9
Contact: Loveday Davey
Hours: M-Su 0-2400
Clients: Ages 18-99 Female
Languages: English
Area Served: Ottawa-Carleton. All Ontario.

Service Note: Supportive residence. No limit on length of stay. Can work or attend school.

Access Notes: Women only. Must be substance-free four months. Attend AA/NA or equivalent. Cost: indicated by CMHC—rent: flat $300 month GWA/FBA. Must be a graduate of addiction treatment (not necessarily Empathy House). Accepts pregnant clients (pre- and post-delivery).

FRANCOPHONE TREATMENT UNIT (FTU)

2244 Innes Rd.
Ottawa Ontario
K1B 4C4

Director: Ash Sial
Phone: (613) 824-6080
Fax: (613) 824-1297

Agency Description: A multidisciplinary, psychosocial-oriented residential treatment program whose mandate is to provide French language services to provincial offenders with substance abuse and other personal problems.

Services Offered: Assessment, Intake/Screening, Long-term Residential, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT**
Contact:
Hours: M-F 900-1700
Clients: Ages 18-99 Male/Female
Languages: French
Area Served: All Ontario.

Service Note:
Access Notes:

Service Description: **SHORT-TERM RESIDENTIAL** Short-Term Offender Program (STOP)
Contact: Tony Hayes
Hours: M-Su 830-2030 (24-hour security service)
Clients: Ages 18-99 Male/Female
Languages: French
Area Served: All Ontario.

Service Note: Primary goal is to enhance receptiveness to help-seeking behavior, to identify needs and link inmate with community resources. Four one-week modules. Group education, individual assessment/counselling, development of discharge plan. Average stay is 35 days.

Access Notes: For incarcerated francophones; inmate requests reclassification/transfer to FTU. Offenders must be within one to four months of discharge without outstanding charges and be able to function in a general prison milieu.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Dr. Richard Kaley
Hours: M-Su 830-2030 (24-hour security service)
Clients: Ages 18-99 Male/Female
Languages: French
Area Served: All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (psychotherapy). Structured program. Provides cognitive-behavioral techniques for changing substance abuse, criminal habits, dysfunctional behavior patterns and helps them develop a more positive lifestyle. Average stay is 100 days.

Access Notes: For incarcerated francophone offenders. Request referral to FTU by written request to Classification Officer at current correctional facility. Female offenders may also participate in program, but are housed in separate dormitory.

UNITÉ DE TRAITEMENT FRANCOPHONE (UTF)

2244 chemin Innes
Ottawa ON
K1B 4C4

Directeur : Ash Sial
Téléphone : (613) 824-6080
Télécopieur : (613) 824-1297

Description de l'organisme : Un programme de traitement avec séjour en établissement multidisciplinaire et favorisant le modèle psychosocial, dont le mandat est d'offrir des services en français aux contrevenant de la province qui sont aux prises avec des problèmes d'usage de drogues et d'autres problèmes personnels.

Services offerts : Évaluation, admission/sélection, séjour de longue durée en établissement, consultation externe, séjour de courte durée en établissement

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Description des services : **CONSULTATION EXTERNE**
Référence :
Heures d'ouverture : Du lun. au ven. de 9 h à 17 h
Clientèle : Groupe d'âge : de 18 à 99 ans hommes et femmes
Langues : Français
Région desservie : Tout l'Ontario.

Autre information - service :
Autre information - accès :

Description des services : **SÉJOUR DE COURTE DURÉE EN ÉTABLISSEMENT** Short-Term Offender Program (STOP)
Référence : Tony Hayes
Heures d'ouverture : Du lun. au dim. de 8 h 30 à 20 h 30 (sécurité assurée 24 heures sur 24)
Clientèle : Groupe d'âge : de 18 à 99 ans hommes et femmes
Langues : Français
Région desservie : Tout l'Ontario.

Autre information - service : L'objectif principal est d'accroître la disposition du client à chercher de l'aide, à déterminer ses besoins et à relier le détenu aux ressources communautaires. Quatre modules d'une semaine. Éducation de groupe, consultation et évaluation individuelles, élaboration d'un plan de mise en congé. Durée moyenne du séjour : 35 jours.

Autre information - accès : À l'intention des francophones incarcérés; le détenu dépose la requête pour être reclassifié ou transféré à l'UTF. Les détenus doivent être à moins de quatre mois de la libération sans accusations existantes et doit être capable de fonctionner dans le milieu général d'incarcération.

Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT**
Référence : Dr Richard Kaley
Heures d'ouverture : Du lun. au dim. de 8 h 30 à 20 h 30 (sécurité assurée 24 heures sur 24)
Clientèle : Groupe d'âge : de 18 à 99 ans hommes et femmes
Langues : Français
Région desservie : Tout l'Ontario.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Offre des services spécialisés aux personnes qui ont vécu la violence sexuelle, physique ou émotionnelle (psychothérapie). Programme structuré. Offre des techniques cognitivo-comportementales visant à changer les habitudes criminelles et le comportement d'usage abusif de drogue et aide les clients à adopter un mode de vie plus positif. Durée moyenne du séjour : 100 jours.

Autre information - accès : À l'intention des contrevenants francophones incarcérés. Demande de transfert à l'UTF par écrit auprès de l'agent de gestion des cas de l'établissement correctionnel où il est actuellement incarcéré. Les contrevenantes peuvent également participer au programme mais logent dans un dortoir séparé.

GATEWAY HOUSE

58 Sweetland Ave.
Ottawa Ontario
K1N 7T6

Director: Rip Riopelle
Phone: (613) 236-5146
Fax: (613) 236-5147

Agency Description: Twenty-eight-day residential treatment for men addicted to alcohol and other drugs. Four phases cover assessment, education, individual/group therapy, coping skills, structured follow-up. Suited to employed persons. Mandatory AA participation.

Services Offered: Continuing Care, Intake/Screening, Short-term Residential

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Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Anne DeWaal
Hours: M-Su 0-2400
Clients: Ages 18-65 Male
Languages: English
Area Served: Eastern Ontario, Western Quebec. No restrictions.

Service Note: Individual treatment plan developed. Suited to employed men (or recently removed from workforce). Agency works closely with EAP coordinators. In very special cases, clients may be accommodated on outpatient basis or stay can be open-ended. Average stay is 28 days.

Access Notes: Men only. Cost: $95/day fee-for-service (may get assistance from municipal welfare). Must be detoxed three days. Attend AA/NA. Physical examination required after admission.

JAMES STREET RECOVERY PROGRAM

101 James St.
Ottawa Ontario
K1R 5M2

Director: Bernie Boyle
Phone: (613) 233-0353
Fax: (613) 563-4307

Agency Description: Designed to help men and women aged 18 to 28 develop an alcohol- and drug-free lifestyle and readapt as productive members of society. Three-month, long-term residential service with heavy emphasis on integration into community.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Peter Kuntz
Hours: M-F 800-1600
Clients: Ages 18-28 Male/Female
Languages: English
Area Served: Ottawa-Carleton.

Service Note: Treatment centre/Recovery home. If accepted, client goes to detox then returns when ready for program. Structured program at beginning. Encouraged to work or attend school in Integration Phase. Average stay is 90 days.

Access Notes: Clients from outside Ottawa-Carleton must be willing to relocate to area for one year as program and aftercare focuses on integration into community and community support systems. Cost: if client is ineligible for GWA, he or she must pay $33/day room/board. Must be detoxed three or more days. Attend AA/NA/CA. Must participate in group activities. Gender-specific groups. Initial Phase: 30 days. Integration Phase: 60 or more days.

LIFESTYLE ENRICHMENT FOR SENIOR ADULTS (LESA)

340 MacLaren St.
Ottawa Ontario
K2P 0M6

Director: Jane Baron
Phone: (613) 563-4799
Fax: (613) 563-0163

Agency Description: In-home counselling and group support for senior adults experiencing problems related to the use of alcohol and other psychoactive drugs, and aging. Bilingual service, no fee. Focus on lifestyle change and overall improvement in health.

Services Offered: Assessment, Intake/Screening, Outpatient

Service Description: **OUTPATIENT**
Contact: Any Counsellor
Hours: M-F 900-1700
Clients: Ages 55-99 Male/Female
Languages: English, French counsellor
Area Served: Ottawa-Carleton.

Service Note: Accepts clients with potential for violence towards themselves. Holistic approach. Individual/group counselling. After assessment, counselling in client's home or elsewhere, weekly support groups (lunch provided), organized recreation. Separate men's/women's groups. Average stay is 730 days.

Access Notes: Must be assessed. Individual counselling in client's home or elsewhere. Groups held in community centres accessible to most clients. Transportation provided as necessary.

ENRICHISSEMENT À LA VIE DES AÎNÉS (LESA)

340 rue MacLaren
Ottawa ON
K2P 0M6

Directrice : Jane Baron
Téléphone : (613) 563-4799
Télécopieur : (613) 563-0163

Description de l'organisme : Consultation à domicile et soutien de groupe pour les aînés qui ont des problèmes liés à l'usage d'alcool et d'autres drogues psychotropes, et le vieillissement. Service bilingue, sans frais. Porte une attention particulière sur le changement dans le mode de vie et l'amélioration de la santé.

Services offerts : Évaluation, admission/sélection, consultation externe

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Description des services : **CONSULTATION EXTERNE**
Référence : Tous les conseillers
Heures d'ouverture : Du lun. au ven. de 9 h à 17 h
Clientèle : Groupe d'âge : de 55 à 99 ans hommes et femmes
Langues : Anglais, conseiller francophone
Région desservie : Ottawa-Carleton.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes. Approche globale. Consultation individuelle et de groupe. Après l'évaluation, consultation au domicile du client ou ailleurs, séances de soutien de groupe hebdomadaires (dîner fourni), loisirs organisés. Groupes séparés pour les hommes ou pour les femmes. Durée moyenne du séjour : 730 jours.

Autre information - accès : Le client doit être évalué. Consultation individuelle au domicile du client ou ailleurs. Les séances de groupe qui ont lieu dans les centres communautaires sont accessibles à tous les clients. Transport assuré, si nécessaire.

RIDEAUWOOD INSTITUTE

6 Hamilton Ave. N.
Ottawa Ontario
K1Y 1B4

Director: Paul Welsh
Phone: (613) 724-4881
Fax: (613) 724-4873

Agency Description: Non-residential, community-based counselling for alcohol/drug dependent teens, adults and family members. Group counselling, with individual counselling. Uses psycho-socio-cultural and family system intervention.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Supportive Stabilization

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Service Description: **OUTPATIENT** Teen Outpatient - Boys and Girls
Contact: Intake Counsellor
Hours: M, W, F 900-1700, Tu, Th 1300-2200
Clients: Ages 12-18 Male/Female
Languages: English
Area Served: Ottawa-Carleton Region and adjacent counties.

Service Note: Accepts clients with potential for violence towards themselves and others (not towards staff/clients). Will accept adult children of alcoholics. Assessment usually done on-site, in schools, in hospital (only assessed when program space available). Two to five contacts/week. Individual/group counselling and recreation therapy. Groups divided by gender. Self-help recommended. Average stay is 547 days.

Access Notes: Abstinence goal. Work with relapse constructively. Must be assessed by staff. Regular attendance required. Wait may vary for males and females. Parent involvement preferred. Some services provided in schools. Smoke-free environment.

Service Description: **OUTPATIENT** Parent Program
Contact: Intake Counsellor
Hours: M, W, F 900-1700, Tu, Th 1300-2200
Clients: Ages 29-99 Male/Female
Languages: English
Area Served: Ottawa-Carleton Region and adjacent counties.

Service Note: Accepts clients with potential for violence towards themselves and others (not towards staff/clients). Al-Anon/ACOA strongly recommended. Weekly group sessions (evenings) for eight weeks—education-oriented. Counselling group will follow and continue as long as necessary. Individual/group counselling. Average stay is 365 days.

Access Notes: For parents of substance-abusing teens. Must be assessed in-house. Regular attendance required. Smoke-free environment.

Service Description: **OUTPATIENT** Adult Day Treatment (Primary Treatment)
Contact: Intake Counsellor
Hours: M-F 900-1700
Clients: Ages 19-99 Male/Female
Languages: English
Area Served: Ottawa-Carleton Region and adjacent counties.

Service Note: Accepts clients with potential for violence towards themselves and others (not towards staff/clients). Will accept adult children of alcoholics. Client enters early treatment group prior to 10-day intensive day treatment, followed by weekly continuing care groups for up to two years. Group counselling. Individual counselling (as needed). Self-help recommended. Average stay is 547 days.

Access Notes: Must be abstinent 24 hours. Attend Early Treatment Group minimum of 12 weeks, 10-day intensive treatment, weekly continuing care group; duration varies from one to two years. Must be assessed in-house. Regular attendance required. Family intervention service is available for family members of those in Adult Day Treatment.

ROBERTS/SMART CENTRE

1199 Carling Avenue
Ottawa Ontario
K1Z 8N3

Executive Director: Dr. Xavier Plaus
Phone: (613) 722-8620
Fax: (613) 722-6782

Agency Description: Adolescent Substance Abuse Program (A.S.A.P.) provides day treatment in both official languages for adolescents who suffer primarily from substance abuse and moderate to severe conduct disorder.

Services Offered: Day/Evening, Intake/Screening

Service Description: **DAY/EVENING** Adolescent Substance Abuse Program (A.S.A.P.)
Contact: Wendy Owens
Hours: M, T, Th, F 900-1530
Clients: Ages 12-18 Male/Female
Languages: English, French
Area Served: Ottawa-Carleton, Prescott-Russell, Stormont, Dundas, Renfrew and Glengary Counties.

Service Note: Accepts clients with potential for violence towards themselves and others (trained counsellors). Offers specialized service to clients who have been sexually, physically and/or emotionally abused (individual counselling). Substance abuse counselling. Treat dually diagnosed youth using a psychosocial therapeutic process. Information and skill development program held four days/week. Average stay is 90 days.

Access Notes: Must be assessed at an Assessment and Referral Centre. Must be able to function in a group. Must be a resident of Ontario. Must be aged 12 to 18 at time of application. Must be able to function at or above the borderline range of intelligence. Must provide own lunch. If necessary, emergency beds are available for five to 15 days.

ROBERTS/SMART CENTRE

1199 avenue Carling
Ottawa ON
K1Z 8N3

Directeur exécutif : Dr Xavier Plaus
Téléphone : (613) 722-8620
Télécopieur : (613) 722-6782

Description de l'organisme : Programme de traitement en toxicomanie pour les adolescents (ASAP) offrant un traitement de jour dans les deux langues officielles à l'intention des adolescents aux prises principalement avec un problème d'usage abusif de drogues et d'un trouble du comportement de modéré à grave.

Services offerts : Traitement de jour et de soir, admission/sélection

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Description des services : **TRAITEMENT DE JOUR ET DE SOIR** Programme de traitement en toxicomanie pour les adolescents (ASAP)
Référence : Wendy Owens
Heures d'ouverture : Lun., mar., jeu., ven. de 9 h à 15 h 30
Clientèle : Groupe d'âge : de 12 à 18 ans hommes et femmes
Langues : Français et anglais
Région desservie : Comtés d'Ottawa-Carleton, Prescott-Russell, Stormont, Dundas, Renfrew et Glengary .

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. (conseillers formés). Offre des services spécialisés aux clients ayant vécu la violence sexuelle, physique ou émotionnelle (consultation individuelle). Consultation sur l'usage abusif de drogues. Traite les jeunes ayant un trouble jumelé avec un procédé thérapeutique psychosocial. Programme d'information et d'acquisition d'aptitudes quatre jours par semaine. Durée moyenne du séjour : 90 jours.

Autre information- accès : L'évaluation doit avoir lieu dans un centre d'évaluation et d'orientation. Le client doit être en mesure de fonctionner en groupe. Doit être résidant de l'Ontario. Il faut être âgé de 12 à 18 ans pour s'inscrire. Doit être capable de fonctionner à la limite, ou au-delà, de l'intelligence. Doit fournir ses propres dîners. Si nécessaire, des lits d'urgence sont disponibles pour une période de cinq à quinze jours.

ROYAL OTTAWA HOSPITAL ADDICTION PROGRAM

1145 Carling Ave.
Ottawa Ontario
K1Z 7K4

Director: Dr. Allan Wilson
Phone: (613) 722-6521
Fax: (613) 722-5048

Agency Description: Provides a continuum of treatment services from an initial assessment and consultation with an addiction program physician, through inpatient or outpatient detox; a four-week day/residential program; Education Program; family program; and aftercare.

Services Offered: Assessment, Continuing Care, Day/Evening, Detoxification, Family Intervention, Intake/Screening, Outpatient, Short-term Residential

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Service Description: **DETOXIFICATION** Assessment and Stabilization Unit (A.S.U.)
Contact: Staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Eastern Ontario.

Service Note: This is a full medical detox including referral for psychiatric consultation. Accepts clients with potential for violence towards themselves and others (within reason). Offers specialized service to clients who have been sexually, physically and/or emotionally abused (limited individual counselling).

Access Notes:

Service Description: **OUTPATIENT** Relapse Prevention Group
Contact: Receptionist
Hours: W 1600-1800, Th 1600-1700
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Eastern Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (within reason). Offers specialized service to clients who have been sexually, physically and/or emotionally abused (limited individual counselling). Weekly group therapy is available. No limit to group size. Eligibility assessed by Dr. Morissette. Variable treatment length.

Access Notes: Must be assessed in-house. Must be a graduate of 28-day residential treatment or equivalent. Must be substance-free one week from alcohol and drugs.

Service Description: **OUTPATIENT** Evening Education Program
Contact: Receptionist
Hours: W, Th (Part I 1700-1900, Part II 1900-2130)
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Eastern Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (within reason). Offers specialized service to clients who have been sexually, physically and/or emotionally abused (limited individual counselling). Admission based on suitability as recommended by physician completing intake interview. Abstinence-oriented.

Access Notes: Must be substance-free one month from alcohol and drugs. Must be assessed in-house. Clients enter Part II on successful completion of Part I. Clients expected to attend AA/NA when making a commitment to attend Part II. One evening/week for 16 weeks.

Service Description: **DAY/EVENING** Meadow Creek Addiction Treatment Centre
Contact: Receptionist
Hours: M-F 800-1600; Sa, Su 900-1500 First weekend of treatment
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Ottawa-Carleton clients given preference according to funding source directive. Eastern Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (within reason). Offers specialized service to clients who have been sexually, physically and/or emotionally abused (individual/group counselling). Same as short-term residential but not residential. Day clients go to a country setting by shuttle bus. Average stay is 28 days.

Access Notes: Must be detoxed. Must be assessed in-house or at an Assessment and Referral Centre. Attend AA/NA. Transportation from ROH to Meadowcreek provided and compulsory (exception: out-of-town clients may be allowed to use own transportation). Must remain abstinent during program; random drug testing is used to measure compliance. Mandatory weekend leave after first week (must participate in program during first weekend).

Service Description: **SHORT-TERM RESIDENTIAL** Meadow Creek Addiction Treatment Centre
Contact: Receptionist
Hours: M-F 0-2400, Sa, Su 900-1500 first weekend of treatment
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Ottawa-Carleton clients given preference according to funding source directive. Eastern Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (within reason). Offers specialized service to clients who have been sexually, physically and/or emotionally abused (limited individual counselling). Clients stay Sunday to Thursday night and attend day services Friday. Average stay is 28 days.

Access Notes: Must be detoxed. Must be assessed in-house or at an Assessment and Referral Centre. Attend AA/NA. Transportation from ROH to Meadowcreek provided and compulsory (exception: out-of-town clients may be allowed to use own transportation). Must remain abstinent during program; random drug testing is used to measure compliance. Mandatory weekend leave after first week (must participate in program during first weekend).

ROYAL OTTAWA HOSPITAL ADDICTION PROGRAM

1145 avenue Carling
Ottawa ON
K1Z 7K4

Directeur : Dr Allan Wilson
Téléphone : (613) 722-6521
Télécopieur : (613) 722-5048

Description de l'organisme : Offre un éventail de services de traitement de l'évaluation initiale à la postcure, en passant par la consultation avec un médecin du programme de toxicomanie, la désintoxication en établissement ou en consultation externe, un programme de jour ou avec séjour en établissement de quatre semaines, un programme d'éducation et un programme familial.

Services offerts : Évaluation, soins continus, traitement de jour et de soir, désintoxication, intervention auprès de la famille, admission/sélection, consultation externe, séjour de courte durée en établissement

Description des services : **CONSULTATION EXTERNE** Groupe de prévention des rechutes
Référence : Réceptionniste
Heures d'ouverture : Mer. de 16 h à 18 h, jeu. de 16 h à 17 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Est de l'Ontario.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui (dans les limites du raisonnable). Offre des services spécialisés aux personnes qui ont vécu la violence sexuelle, physique ou émotionnelle (consultation individuelle limitée). Des séances de thérapie de groupe hebdomadaires sont disponibles. Aucune limite quant à la taille du groupe. Admissibilité évaluée par le Dr Morrissette. Durée variable du traitement.

Autre information - accès : L'évaluation doit avoir lieu à l'interne. Doit être diplômé d'un traitement de 28 jours en établissement ou l'équivalent. Doit s'être abstenu de consommer de l'alcool et des drogues pendant une semaine.

SALVATION ARMY ANCHORAGE

175 George St.
Ottawa Ontario
K1N 5W5

Manager: Paul Beshara
Phone: (613) 562-1888
Fax: (613) 241-2818

Agency Description: Supportive 12-Step 38-bed residential program for alcohol and drug dependent males. Room and board, group and individual counselling assist clients in developing independent living skills for successful community reintegration.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Paul Beshara
Hours: M-Su 0-2400
Clients: Ages 17-99 Male
Languages: English
Area Served: Regional Municipality of Ottawa-Carleton. All Ontario.

Service Note: Treatment Centre. Structured program (four months). Can work or attend school in later stages of treatment. Phase 1—intake interview, one-week full assessment and treatment plan developed. Phase 2—assessment, treatment. Average stay is 90 days. One-month relapse prevention, then re-entry plan developed.

Access Notes: Men only. Must be detoxed 72 hours. Cost: approximately $30/day (welfare will pay per diem if no means of support). Attend AA. Do not accept clients on mood-altering medications. Usually interviewed in-house, but long distance phone interviews are acceptable.

SERENITY HOUSE INC.

Administrative Office, 33 Cathcart St.
Ottawa Ontario
K1N 5B7

Director: Ron MacDonell
Phone: (613) 733-3574
Fax: (613) 733-1639

Agency Description: Offers a supportive residential program. Room and board, counselling and referral assistance in developing independent skills for successful community reintegration. Most intake referrals are from alcohol-specific agencies.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Location: 103 Leopolds Dr. Ottawa Ontario K1V 7E2
Contact: Stephanie Howard
Hours: M-Su 0-2400
Clients: Ages 18-99 Male
Languages: English
Area Served: Ottawa-Carleton Region. All Ontario.

Service Note: Treatment. Multidisciplinary. Structured program. Assists through rehabilitation assessment, vocational potential and provides counselling and guidance. Group therapy, individual counselling. Life skills courses, goal-setting. Relapse prevention. Average stay is 105 days.

Access Notes: Men only. Must be detoxed three to four days. Must be assessed in-house. Cost: $818/month approximately. Supportive recovery home. Refers to community services when necessary. Attend AA/NA. Must participate in all components of the program.

Service Description: **LONG-TERM RESIDENTIAL** Bertrand House Inc.
Location: 2386 Alta Vista Dr. Ottawa Ontario K1H 7N1
Contact: Stephanie Howard (Phone: 613-731-2959)
Hours: M-Su 0-2400
Clients: Ages 18-99 Female
Languages: English
Area Served: Ottawa-Carleton Region. All Ontario.

Service Note: Transitional home. Second-stage housing. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (refers to community and aftercare group). Promotes long-term recovery by providing housing (drug-free environment). Can work or attend school.

Access Notes: Women only. Must be detoxed/substance-free 31 or more days. Cost: $300/month approximately. Must be assessed in-house. Must be a graduate of residential or day treatment. Attend AA/NA. Must attend one continuing care and one counselling session a week.

SERENITY RENEWAL FOR FAMILIES

2810 Baycrest Dr.
Ottawa Ontario
K1V 7P7

Director: Sister Louise Dunn
Phone: (613) 523-5143
Fax: (613) 731-5487

Agency Description: Assists individuals, couples and families in their search for serenity through daily living of 12-Steps. Improves the quality of family life by providing supportive environment and education for those experiencing drug-related problems. Age-related groups (Children, Teenagers, Adult and Seniors).

Services Offered: Continuing Care, Family Intervention, Intake/Screening.

Contact: Secretary/Receptionist
Hours: M-F 900-1600, Tuesday, Wednesday evenings
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Ottawa-Carleton primarily. All Ontario. All Canada.

SOBRIETY HOUSE

P.O. Box 4250, Station E
Ottawa Ontario
K1S 5B3

Administrator: Terry Kelly
Phone: (613) 233-0828
Fax: (613) 233-1472

Agency Description: Structured residential environment. Full participation required. Upon completion, residents may stay in-house for two weeks to reintegrate into the community and establish a recovery lifestyle with emphasis on the12-Step program.

Services Offered: Continuing Care, Intake/Screening, Short-term Residential, Walk-in and Crisis

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Bill Dalton
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: Ottawa-Carleton. All Ontario.

Service Note: 12-Step (AA/NA/CA). Appointments made for assessment interview. Also have contract with Federal Parole (four beds designated for Corrections but if empty, used for regular clients). Accepts clients with potential for violence towards themselves and others (refers to psychiatrist). Average stay is 35 days.

Access Notes: Men only. Must be detoxed 72 hours. Must be assessed in-house or by phone. Cost: depends on finances, $59.61/day room/board/treatment. Attend AA/NA five meetings/week. Physical examination required. Abstinence-oriented.

MACKAY MANOR INC.

196 Argyle St. S.
Renfrew Ontario
K7V 1T5

Director: Andre Bouchard
Phone: (613) 432-4946
Fax: (613) 432-0903

Agency Description: A 20-bed recovery home for male alcoholics and drug abusers. Individuals must show a motivation and desire to maintain sobriety. Indefinite period of stay.

Services Offered: Assessment, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Andre Bouchard
Hours: M-Su 800-2400 (staff supervision)
Clients: Ages 18-60 Male
Languages: English, French (group work in English)
Area Served: Renfrew County, Eastern Ontario. All Ontario.

Service Note: Recovery home. Total abstinence. 12-Step. Issue-focused. Group counselling, individual therapy. Structured program. Minimum five-week commitment. Vocational rehabilitation programs available after three months. Average stay is 63 days.

Access Notes: Men only. Must be detoxed four days. Cost: covered by FBA VRS or user-based on COMSOC institutional rate. No prescribed mood-altering drug. Attend AA/NA three meetings/week. Physical examination required. No overnight passes or full-time employment for first five weeks.

MACKAY MANOR INC.

196 rue Argyle sud
Renfrew ON
K7V 1T5

Directeur : André Bouchard
Téléphone : (613) 432-4946
Télécopieur : (613) 432-0903

Description de l'organisme : Un centre de réadaptation comptant 20 lits pour les alcooliques et les usagers abusifs de drogues de sexe masculin. Les clients doivent faire preuve de motivation et du désir de maintenir la sobriété. Durée de séjour illimitée.

Services offerts : Évaluation, admission/sélection, séjour de longue durée en établissement

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Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT**
Référence : André Bouchard
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h (supervision du personnel)
Clientèle : Groupe d'âge : de 18 à 60 ans hommes
Langues : Français et anglais (le groupe opère en anglais)
Région desservie : Comté de Renfrew, est de l'Ontario. Tout l'Ontario.

Autre information - service : Centre de réadaptaion. Abstinence totale. 12 étapes. Axé sur les problèmes. Consultation de groupe, thérapie individuelle. Programme structuré. Engagement minimum de cinq semaines. Programmes de réadaptation professionnelle disponible tous les trois mois. Durée moyenne du séjour : 63 jours.

Autre information - accès : Hommes seulement. Doit être désintoxiqué pendant quatre jours. Coût : couvert par le PPF, les services de réadaptation professionnelle ou les tarifs institutionnels du MSSC, par usage. Aucun médicament psychotrope sur ordonnance. Doit assister aux réunions des AA/NA trois fois par semaine. Examen physique exigé. Aucune permission de sortir et aucun emploi à temps plein pendant les cinq premières semaines.

PATHWAYS ALCOHOL & DRUG TREATMENT SERVICES OF RENFREW COUNTY

39 Renfrew Ave. W., Suite 2
Renfrew Ontario
K7V 2X8

Director: John McMahon
Phone: (613) 432-8573
Fax: (613) 432-7888

Agency Description: An outpatient addictions treatment agency offering a full range of alcohol and drug-related services including clinical intake, individual, marital, family and group therapy programs.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Supportive Stabilization, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: John McMahon
Hours: M-F 830-1700. Evening appointments by request.
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Renfrew County and surrounding area.

Service Note: Accepts clients with potential for violence towards themselves and others (only if not acute). Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (individual/group counselling). Individual/group counselling. Service also offered in Pembroke office (613-735-7556).

Access Notes: Must be assessed in-house. All referrals go through Executive Director for intake.

RENFREW COUNTY ALCOHOL & DRUG ASSESSMENT REFERRAL SERVICE

499 Raglan St. N.
Renfrew Ontario
K7V 1P6

Director: Ron Parker
Phone: (613) 432-4851
Fax: (613) 432-9917

Agency Description: Services include intake/screening, clinical assessment, treatment planning, follow-up, case management, counselling and professional presentations in the community promoting a healthy lifestyle.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Walk-in and Crisis

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Service Description: **ASSESSMENT** Renfrew Office
Contact: Beulah Wright
Hours: M-F 830-1630 (evening and Saturday appointments available)
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Renfrew County and upper portion of Madawaska and Nipissing. All Ontario, if client can establish temporary address in Renfrew County.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Assessment, referral to appropriate resources, counselling, education and information, follow-up and aftercare. Contact Renfrew or Pembroke offices first for intake. AA/NA attendance preferred.

Access Notes: Call toll-free line for appointment 1-800-265-0197. Smoke-free environment.

Other Offices: Arnprior (613-623-3166), Barry's Bay (613-756-3044), Deep River (613-584-3358), Pembroke (613-732-3356)

TRI COUNTY ADDICTIONS PROGRAM (TriCAP)

1-1/2 Russell St. W. 2nd Floor
Smiths Falls Ontario
K7A 1N8

Executive Director: David North
Phone: (613) 283-7723
Fax: (613) 283-9407

Agency Description: Outpatient counselling for youth, adults and families. Prevention and health promotion activities.
Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT**
Contact: Nancy Ronan
Hours: M-F 900-1700
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Lanark, Leeds and Grenville Counties. Accept clients who live just outside but work in this area.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Individual, spousal/marital, family and group counselling are provided. Fifty percent enter via local assessment/referral agency. Average stay is 365 days.

Access Notes: Toll-free line 1-800-361-6948 if within the 613 area code. Assessment required. Must be substance-free on arrival.

BILLY BUFFET'S HOUSE OF WELCOME INC. & BILLY'S HOUSE OF TRANSITION INC.

243 Granville St.
Vanier Ontario
K1L 6Z3

Director: Andy Dupont
Phone: (613) 744-3021
Fax: (613) 744-6178

Agency Description: Residential facility for men. Emphasis on individual counselling. Objectives: promote alcohol and drug-free way of life, reintroduce to sober life skills, appropriate support groups and independent living, induce positive attitude changes.

Services Offered: Intake/Screening, Long-term Residential

Service Description: **LONG-TERM RESIDENTIAL** House of Welcome
Contact: Andy Dupont
Hours: M-F 830-1630
Clients: Ages 18-55 Male
Languages: English, French counselling available
Area Served: Primarily Ottawa-Carleton. All Ontario.

Service Note: Recovery home. Director has right to refuse or accept any application. Loosely structured program. Individual counselling. Refers to appropriate agencies for training, education, employment. Reintroduction to independent living. Average stay is 225 days.

Access Notes: Men only. Must be detoxed 72 hours. Attend AA/NA. Random alcohol/drug testing. Midnight curfew. Weekend or overnight privileges after first month. If on assistance, $112 goes to client, the rest covers room and board.

Service Description: **LONG-TERM RESIDENTIAL** House of Transition
Location: 3299 Riverside Dr. Ottawa Ontario K1C 8N9
Contact: Andre Dupont (Phone: 613-739-1066)
Hours: M-F 830-1630
Clients: Ages 18-55 Male
Languages: English, French counselling available
Area Served: Primarily Ottawa-Carleton. All Ontario.

Service Note: Recovery home. Intended for the transition to independent living—not as a long-term refuge. Residents are typically working, looking for work, or undertaking training or academic upgrading. Typical stay is six months to a maximum of 12 months.

Access Notes: Men only. Must have six months' sobriety. Agree to house rules, counselling and random alcohol/drug testing. Assessment interview needed. User cost usually covered by welfare, vocational rehabilitation approximately $350/month.

BILLY BUFFET'S HOUSE OF WELCOME INC. & BILLY'S HOUSE OF TRANSITION INC.

243 rue Granville
Vanier ON
K1L 6Z3

Directeur : Andy Dupont
Téléphone : (613) 744-3021
Télécopieur : (613) 744-6178

Description de l'organisme : Établissement pour les hommes. Accorde une importance particulière à la consultation individuelle. Objectifs : promouvoir un mode de vie sans alcool ni drogue, réintégrer une autonomie fonctionnelle sobre, groupes de soutien appropriés et vie autonome, stimule les changement d'attitude positifs.

Services offerts : Admission/sélection, séjour de longue durée en établissement

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Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT** House of Welcome
Référence : Andy Dupont
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 18 à 55 ans hommes
Langues : Anglais, consultation en français disponible
Région desservie : Principalement Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Centre de réadaptation. Le directeur se réserve le droit d'accepter ou de refuser toute inscription. Programme structuré assez librement. Orientation vers les organismes appropriés pour la formation, l'éducation, l'emploi. Réintégration à la vie autonome. Durée moyenne du séjour : 225 jours.

Autre information - accès : Hommes seulement. Doit être désintoxiqué pendant 72 heures. Doit assister aux réunions des AA/NA. Tests aléatoires de dépistage d'alcool et de drogue. Couvre-feu à minuit. Permissions de sortir les fins de semaine ou durant la nuit après le premier mois. Si le client reçoit du bien-être social, 112 $ va au client, le reste paie la chambre et la pension.

Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT** House of Transition
Emplacement : 3299 chemin Riverside Ottawa Ontario K1C 8N9
Référence : André Dupont (Téléphone : 613-739-1066)
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 18 à 55 ans hommes
Langues : Anglais, consultation en français disponible
Région desservie : Principalement Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Centre de réadaptation. Vise la transition à la vie autonome - ne se veut pas un refuge à long terme. Le résident typique travaille, cherche un emploi, suit une formation ou suit un cours de perfectionnement scolaire. Durée moyenne du séjour : de six mois à un maximum de 12 mois.

Autre information - accès : Hommes seulement. Doit être sobre depuis six mois. Doit être d'accord avec les règlements de la maison, avec la consultation et les tests aléatoires de dépistage d'alcool et de drogue. Entrevue d'évaluation nécessaire. Les coûts engendrés par l'usager sont couverts par le bien-être social. Réadaptation professionnelle environ 530 $ par mois.

MAISON FRATERNITÉ

242 Chemin Cantin
Vanier Ontario
K1L 6T2

Director: Jean Gagne
Phone: (613) 741-2523
Fax: (613) 741-3264

Agency Description: Adult intensive inpatient treatment centre for male and female substance abusers. Services offered in French only. Separate residence for women. Youth service for young people and families on an outpatient basis.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Long-term Residential, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT**
Contact: Robert Laviolette
Hours: M-F 830-1630
Clients: Ages 18-99 Male/Female
Languages: French
Area Served: Ottawa-Carleton. All Ontario.

Service Note: Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused. Treatment is one hour/week or two weeks. Individual counselling.

Access Notes: Must be substance-free at least one day. Must be assessed in-house

Service Description: **OUTPATIENT** Adolescent Program
Location: 260 Dalhousie Street Ottawa Ontario K1N 7E4
Contact: Rolland Choquette (Phone: 613-562-1415)
Hours: M-F 900-2100 (individual counselling 1900-2100)
Clients: Ages 8-18 Male/Female
Languages: French
Area Served: Ottawa-Carleton. All Ontario.

Service Note: Deal with abusing or co-dependent adolescents. Individual/group counselling, outreach school visits, parent group for parents of abusers (seven weeks, one night/week). Individual and marital counselling for parents of abusing youths.

Access Notes: Must be sober. Must be assessed in-house or at an Assessment and Referral Centre. Must attend all program components.

Service Description: **DAY/EVENING** Adolescent Program
Contact: Rolland Choquette (Phone: 613-562-1415)
Hours: M-F 900-1530
Clients: Ages 14-18 Male/Female
Languages: French
Area Served: Ottawa-Carleton and Eastern area.

Service Note: Structured day program combining academic and treatment. This program is opened for abusing youth. Need to have parental consent to be admitted in the program. Average stay is 90 days.

Access Notes: Must have at least three days of abstinence before starting the program and attend all program components. Admission fee of $30, which is reimbursed upon completion of program.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Robert Laviolette
Hours: M-Su 0-2400
Clients: Ages 18-99 Male/Female
Languages: French
Area Served: Ottawa-Carleton. All Ontario.

Service Note: Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused. Psycho-social, psycho-therapeutic model. Some case management/pre-treatment before entering STR. Visitors after first week. No weekend program, clients are free to leave. Flexibility in bed openings, call first. Average stay is 35 days.

Access Notes: Must be detoxed five days. Must be assessed in-house, by phone or at an Assessment and Referral Centre. Cost: first 28 days paid, then $15/day. Attend AA/NA two meetings/week. Physical examination required. Must participate in all aspects of program.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Robert Laviolette
Hours: M-Su 0-2400
Clients: Ages 18-99 Male/Female
Languages: French
Area Served: Ottawa-Carleton. All Ontario.

Service Note: Treatment centre. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused. Can work or attend school (towards the end). Semi-structured program. Visitors allowed after the first week.

Access Notes: Must be detoxed five days. Must be assessed in-house, by phone or at an Assessment and Referral Centre. Must be a graduate of short-term residential treatment. Attend AA/NA. Required physical examination, chores, groups, attendance. Cost: $15/day.

Service Description: **LONG-TERM RESIDENTIAL** Residence Des Femmes (Women's Residence)
Contact: Jocelyne Robertson
Hours: M-Su 0-2400
Clients: Ages 18-60 Female
Languages: French
Area Served: Ottawa-Carleton. All Ontario.

Service Note: Treatment centre. Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholic. Offers specialized service to clients who have been sexually, physically or emotionally abused. Psychosocial model. Group/individual counselling. Refer/orient client to community services and resources.

Access Notes: Women only. Must be detoxed five days. Must be assessed in-house, by phone or at an Assessment and Referral Centre. Cost: $15/day or $450/month (e.g., COMSOC, welfare). Attend AA/NA. Required physical examination, chores, groups. Visitors accepted. Accepts pregnant clients (pre- and post-delivery depending on the health of the expectant mother).

MAISON FRATERNITÉ

242 chemin Cantin
Vanier ON
K1L 6T2

Directeur : Jean Gagné
Téléphone : (613) 741-2523
Télécopieur : (613) 741-3264

Description de l'organisme : Centre de traitement intensif en établissement pour les usagers abusifs de drogues adultes de sexe masculin et féminin. Services en français seulement. Résidence séparée pour les femmes. Services jeunesse en consultation externe pour les jeunes et les familles.

Services offerts : Évaluation, soins continus, traitement de jour et de soir, intervention auprès de la famille, admission/sélection, séjour de longue durée en établissement, consultation externe, séjour de courte durée en établissement

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Description des services : **CONSULTATION EXTERNE**
Référence : Robert Laviolette
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 18 à 99 ans hommes et femmes
Langues : Français
Région desservie : Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Accepte les adultes enfants d'alcooliques. Offre des services spécialisés aux personnes qui ont vécu la violence sexuelle, physique ou émotionnelle. Le traitement dure une heure par semaine ou deux semaines. Consultation individuelle.

Autre information - accès : Doit s'être abstenu de toute substance pendant au moins une journée. L'évaluation doit avoir lieu à l'interne.

Description des services : **CONSULTATION EXTERNE** Programme pour adolescents
Emplacement : 260 rue Dalhousie Ottawa Ontario K1N 7E4
Référence : Rolland Choquette (Téléphone : 613-562-1415)
Heures d'ouverture : Du lun. au ven. de 9 h à 21 h (consultation individuelle de 19 h à 21 h)
Clientèle : Groupe d'âge : de 8 à 18 ans hommes et femmes
Langues : Français
Région desservie : Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Traite les adolescents qui font un usage abusif ou les co-dépendants. Consultation individuelle et de groupe, visites scolaires d'approche, séances de groupe à l'intention des parents d'usagers abusifs (pendant sept semaines, un soir par semaine). Consultation individuelle et conjugale pour les parents de jeunes usagers abusifs.

Autre information - accès : Doit être sobre. L'évaluation doit avoir lieu à l'interne ou dans un centre d'évaluation et d'orientation. Doit participer à toutes les facettes du programme.

Description des services : **TRAITEMENT DE JOUR ET DE SOIR** Programme pour adolescents
Référence : Rolland Choquette (Téléphone : 613-562-1415)
Heures d'ouverture : Du lun. au ven. de 9 h à 15 h 30
Clientèle : Groupe d'âge : de 14 à 18 ans hommes et femmes
Langues : Français
Région desservie : Ottawa-Carleton et la région de l'est.

Autre information - service : Programme de traitement structuré de jour combinant la théorie et le traitement. Ce programme s'adresse aux jeunes usagers abusifs. Consentement des parents nécessaire pour l'admission au programme. Durée moyenne du séjour : 90 jours.

Autre information - accès : Doit s'être abstenu pendant au moins trois jours avant de commencer le programme et doit participer à toutes les facettes du programme. Frais d'admission : 30 $, lesquels seront remboursés à la fin du programme.

Description des services : **SÉJOUR DE COURTE DURÉE EN ÉTABLISSEMENT**
Référence : Robert Laviolette
Heures d'ouverture : Du lun. au dim. de 0 à 24 h
Clientèle : Groupe d'âge : de 18 à 99 ans hommes et femmes
Langues : Français
Région desservie : Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Accepte les adultes enfants d'alcooliques. Offre des servcices spécialisés aux personnes qui ont vécu la violence sexuelle, physique ou émotionnelle. Modèle psychosocial et psychothérapeutique. Parfois, gestion de cas et pré-traitement avant d'être admis au séjour de courte durée en établissement. Visites permises après une semaine. Pas de programme de fin de semaine, les clients sont libres de partir. Souplesse quant à la disponibilité des lits, appeler avant. Durée moyenne du séjour : 35 jours.

Autre information - accès : Doit être désintoxiqué pendant cinq jours. L'évaluation doit avoir lieu à l'interne, par téléphone ou dans un centre d'évaluation et d'orientation. Coût : les premiers 28 jours sont payés, jours subséquents : 51 $ par jour. Doit assister aux réunions des AA/NA deux fois par semaine. Examen physique exigé. Doit participer à toutes les facettes du programme.

Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT**
Référence : Robert Laviolette
Heures d'ouverture : Du lun. au dim. de 0 à 24 h
Clientèle : Groupe d'âge : de 18 à 99 ans hommes et femmes
Langues : Français
Région desservie : Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Centre de traitement. Accepte les adultes enfants d'alcooliques. Offre des services spécialisés aux personnes ayant vécu la violence sexuelle, physique ou émotionnelle. Peut travailler ou aller à l'école (vers la fin du programme). Programme semi-stucturé. Visites permises après la première semaine.

Autre information - accès : Doit être désintoxiqué depuis cinq jours. L'évaluation doit avoir lieu à l'interne, par téléphone ou dans un centre d'évaluation et d'orientation. Doit être diplômé d'un programme de traitement avec séjour de courte durée en établissement. Doit assister aux réunions des AA/NA. Examen physique, corvées, séances de groupe et présence exigés. Coût : 15 $ par jour.

Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT** Résidence des femmes
Référence : Jocelyne Robertson
Heures d'ouverture : Du lun. au dim. de 0 à 24 h
Clientèle : Groupe d'âge : de 18 à 60 ans femmes
Langues : Français
Région desservie : Ottawa-Carleton. Tout l'Ontario.

Autre information - service : Centre de traitement. Accepte les clientes potentiellement violentes envers elles-mêmes et autrui. Accepte les adultes enfants d'alcooliques. Offre des services spécialisés aux personnes qui ont vécu la violence sexuelle, physique ou émotionnelle. Modèle psychosocial. Consultation individuelle et de groupe. Oriente la cliente vers les services et les ressources communautaires.

Autre information - accès : Femmes seulement. Doit être désintoxiquée pendant cinq jours. L'évaluation doit avoir lieu à l'interne, par téléphone ou dans un centre d'évaluation et d'orientation. Coût : 15 $ par jour ou 40 $ par mois (p. ex., MSSC, bien-être social). Doit assister aux réunions des AA/NA. Examen physique, corvées et séances de groupe exigés. Visites permises. Accepte les clientes enceintes (avant et après l'accouchement, dépendant de la santé de la future maman).

MOUNT CARMEL HOUSE TREATMENT CENTRE INC.

R.R. #2
Williamstown Ontario
K0C 2J0

Director: Isabella Carello
Phone: (613) 347-3867
Fax: (613) 347-3886

Agency Description: The Centre offers a three-phase therapeutic program based on the individual's assessed needs: 32-day residential period, weekly follow-up phase (for 12 weeks), then a two-year aftercare program available to clients and their families.

Services Offered: Continuing Care, Intake/Screening, Short-term Residential

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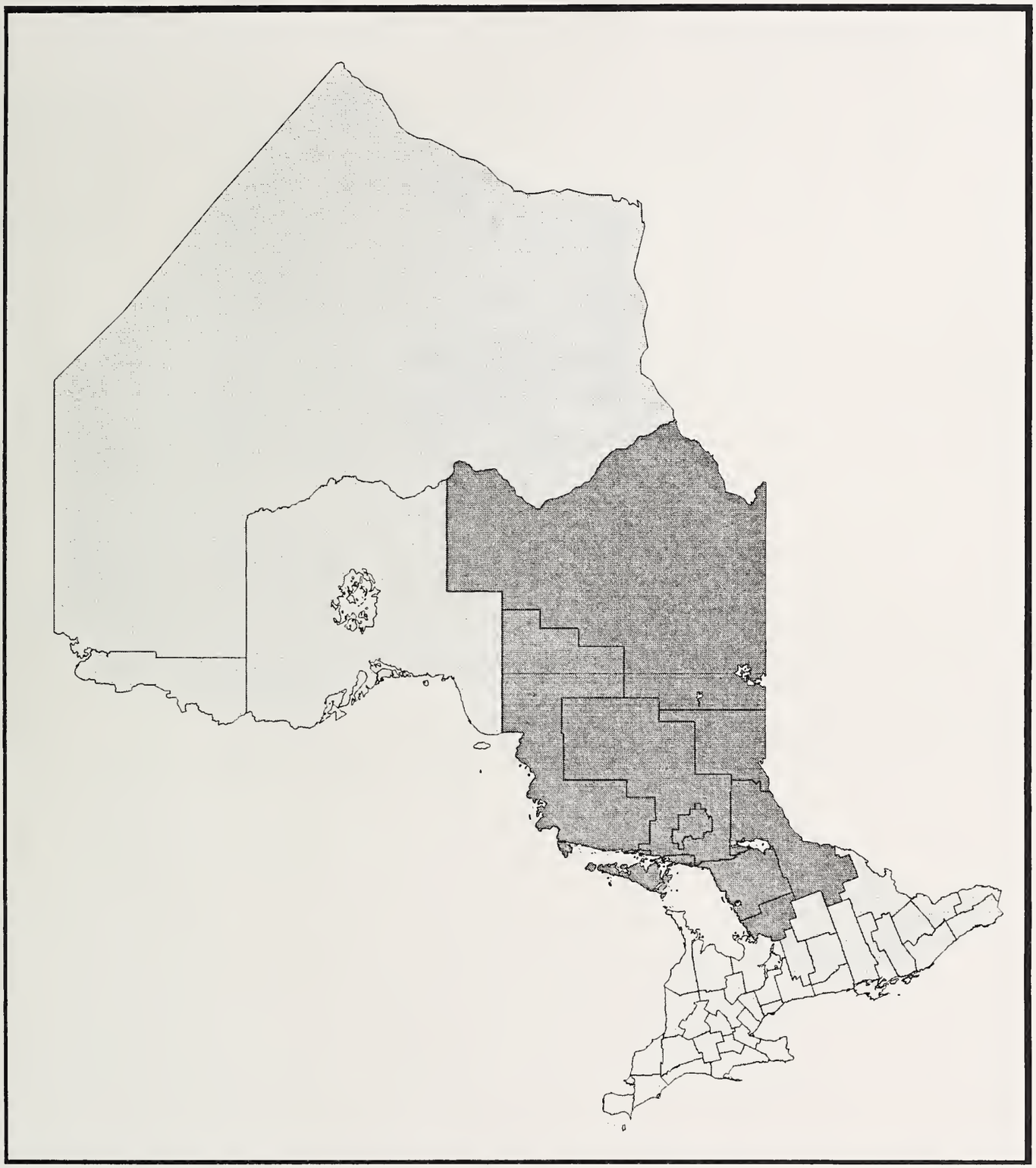
Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Carolyn Crate
Hours: Residential M-Su 0-2400; Day Staff M-Su 830-1630
Clients: Ages 16-64 Male/Female
Languages: English, French (some French speaking staff)
Area Served: Stormont-Dundas-Glengarry Counties. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others (no violence within last three months). Will accept adult children of alcoholics. AA/NA attendance encouraged. Minnesota Model. Average stay is 32 days.

Access Notes: Must be detoxed three days. Must be assessed at an Assessment and Referral Centre. Physical examination required (must have doctor's note before admission). Cost: out-of-province resident $125/day, fee-for-service.

North East District Health Council Region



INCLUDES THE COUNTIES/DISTRICTS OF:

- Algoma
- Cochrane
- Manitoulin
- Muskoka
- Nipissing
- Parry Sound
- Sudbury
- Timiskaming

ANISHNABE NAADMAAGI GAMIG SUBSTANCE ABUSE CENTRE

P.O. Box 568
Blind River Ontario
P0R 1B0

Director: Donald W. Trudeau
Phone: (705) 356-1681
Fax: (705) 356-1684

Agency Description: Modular-type programming very strong on Ojibway culture and teachings. Residential and outpatient treatment.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT**
Contact: Janice Thibodeau
Hours: M-F 800-1600
Clients: Ages 18-99 Male/Female
Languages: English, Ojibway
Area Served: Sudbury District east to North Bay and north to Chapleau, central and eastern Algoma District. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Individual counselling for clients who may not adapt to full program. Flexible, can be tailored to special circumstances. From outpatient, clients referred to suitable agencies. Average stay is 28 days.

Access Notes: Must be detoxed two weeks. Must be assessed in-house, at an Assessment and Referral Centre or another appropriate facility. Attend AA.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Janice Thibodeau
Hours: M-Su 0-2400
Clients: Ages 18-99 Male/Female
Languages: English, Ojibway
Area Served: Sudbury District east to North Bay and north to Chapleau, central and eastern Algoma District. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Culturally oriented. 12-Step programs (AA/NA/ACOA). Spiritual advisor. Work with other community resources, such as crisis centre, as needed. Average stay is 28 days.

Access Notes: Must be detoxed two weeks. Must be assessed in-house, at an Assessment and Referral Centre or another appropriate facility. Number of beds designated for males or females flexible depending on demand. Attend AA. Physical examination required before treatment.

BRACEBRIDGE

ADDICTION OUTREACH MUSKOKA PARRY SOUND

2-19 Monck Rd.
Bracebridge Ontario
P1L 1S5

Director: Jack Vandenberg
Phone: (705) 645-1311
Fax: (705) 645-7231

Agency Description: Mandate is assessment and referral, case management, education.
Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening

Service Description: **ASSESSMENT** Bracebridge Office
Contact: Jack Vandenberg
Hours: M,W,Th 830-1630, Tu 830-2000, F 830-1200, education programs in evenings
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Muskoka and Parry Sound Districts.
Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Agency mandate divided evenly between education/information and assessment/referral.
Access Notes: Outreach services in Gravenhurst, Sundridge, Huntsville. Educational programs available.
Other Offices: Burk's Falls (705-746-7113), Parry Sound (705-746-7113), Sundridge (705-746-7113)

ELLIOT LAKE

CAMILLUS CENTRE

9 Oakland Blvd
Elliot Lake Ontario
P5A 2T1

Director: Sister Mae Kierans
Phone: (705) 848-2129
Fax: (705) 461-8599

Agency Description: Offers 1) intensive individualized addiction treatment; 2) two-week co-dependency program for persons suffering indirect effects of addiction; 3) weekly supportive outpatient group sessions; 4) two-week residential relapse prevention program.
Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Short-term Residential

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Jennifer Caldwell, Intake Worker
Hours: M-Su 0-2400; Contact hours M-F 900-1530
Clients: Ages 20-99 Male/Female
Languages: English
Area Served: Algoma and Sudbury Districts. All Ontario.
Service Note: Accepts clients with potential for violence towards themselves and others (grief work). Not solely AA-based; experiential, educational, visualization approach. Stay averages four to six weeks. Sunday admissions. On completion of treatment, 80% referred to self-help/other community support, 20% to halfway houses.
Access Notes: Must be detoxed 72 hours alcohol, seven days drugs. Must be assessed in-house. Attend AA/NA. Not staffed for dual-diagnosis clients. Clients must be able to care for themselves. Physical examination required after admission. Legal charges/court appearances must be taken care of before entry. If client referred by a physician or other addiction agency and is in genuine danger, emergency beds (immediate availability) can be utilized. Smoking in designated areas.

ELLIOT LAKE FAMILY LIFE CENTRE, FAMILY ADDICTIONS PROGRAM

Algo Centre, 151 Ontario Ave.
Elliot Lake Ontario
P5A 2T2

Executive Director: Peggy Quinn
Phone: (705) 848-2585
Fax: (705) 848-9687

Agency Description: Counselling for individuals, couples and families; referrals to other community treatment or support systems; provision of aftercare. Emphasis on education and prevention to enhance knowledge of chemical dependency.

Services Offered: Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT** Elliot Lake Office
Contact: David Stamp
Hours: M-F 830-1630 (some evening groups)
Clients: Ages 12-99 Male/Female
Languages: English, French
Area Served: Eastern Algoma District.

Service Note: Chemically dependent, co-dependency groups. Addiction counselling for the family. Individual/group counselling. Outpatient. Average stay is 90 days.
Access Notes: Clients with major psychiatric problems are referred.
Other Offices: Blind River

Service Description: **OUTPATIENT** Youth Outpatient Programs/Seniors Outpatient Group
Location: 9 Oakland Blvd Elliot Lake Ontario
Contact: Secretary
Hours: M-F 830-1630 (some evening groups)
Clients: Ages 12-99 / 55-99 Male/Female
Languages: English, French
Area Served: Eastern Algoma District.

Service Note: Outpatient services for youth / seniors. Individual/group counselling and some family groups.
Access Notes: Clients with major psychiatric problems are referred.

ELLIOT LAKE FAMILY LIFE CENTRE, FAMILY ADDICTIONS PROGRAM

Centre Algo, 151 avenue Ontario
Elliot Lake ON
P5A 2T2

Directrice exécutive : Peggy Quinn
Téléphone : (705) 848-2585
Télécopieur : (705) 848-9687

Description de l'organisme : Consultations auprès des individus, des couples et des familles, orientations vers d'autres traitements communautaires ou services d'appui, postcure. Accorde une importance particulière à l'éducation et la prévention afin d'améliorer les connaissances sur la dépendance aux drogues chimiques.

Services offerts : Soins continus, intervention auprès de la famille, admission/sélection, consultation externe

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Description des services : **CONSULTATION EXTERNE** Bureau d'Elliot Lake
Référence : David Stamp
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 (certaines séances de groupe ont lieu en soirée)
Clientèle : Groupe d'âge : de 12 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Région de Algoma-Est .

Autre information - service : Séances de groupe pour les personnes dépendantes et co-dépendantes de drogues chimiques. Consultation sur la toxicomanie à l'intention des familles. Consultation individuelle et de groupe. Consultation externe. Durée moyenne du séjour : 90 jours.

Autre information - accès : Nous recommandons vers d'autres services les clients qui présentent des troubles psychiatriques graves.

Bureaux : Blind River

Description des services : **CONSULTATION EXTERNE** Programmes en consultation externe pour les jeunes/Groupes en consultation externes pour les aînés
Emplacement : 9 boulevard Oakland Elliot Lake Ontario
Référence : Secrétaire
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 (certaines séances de groupe ont lieu en soirée)
Clientèle : Groupe d'âge : de 12 à 99 ans/de 55 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Région de Algoma-Est.

Autre information - service : Services en consultation externe pour les jeunes et les aînés. Consultation individuelle et en groupe et quelques séances de groupes à l'intention des familles.

Autre information - accès : Nous recommandons vers d'autres services les clients qui présentent des troubles psychiatriques graves.

OAKS CENTRE DETOXIFICATION SERVICES

9 Oakland Blvd. Suite 1
Elliot Lake Ontario
P5A 2T1

Manager: Arthur McCord
Phone: (705) 461-4508
Fax: (705) 461-4510

Agency Description: Non-medical detoxification unit providing care for men and women in an acute state of intoxication or withdrawal from alcohol and/or other mood-altering substances.

Services Offered: Detoxification, Supportive Stabilization

Service Description: **DETOXIFICATION**
Contact: Staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: All Ontario.

Service Note: Non-medical detox. Smoking lounge provided.
Access Notes: Must be ambulatory and without medical contraindications.

OAKS CENTRE DETOXIFICATION SERVICES

9 boul. Oakland, bureau 1
Elliot Lake ON
P5A 2T1

Chef de service : Arthur McCord
Téléphone : (705) 461-4508
Télécopieur : (705) 461-4510

Description de l'organisme : Une unité de désintoxication non médicale offrant des soins aux hommes et aux femmes qui sont dans un état aigu d'intoxication ou en sevrage de l'alcool ou d'une autre drogue psychotrope.

Services offerts : Désintoxication, stabilisation pré-traitement

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Description des services : **DÉSINTOXICATION**
Référence : Le personnel de service
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Tout l'Ontario.

Autre information - service : Désintoxication non médicale. Fumoir à la disponibilité des clients.
Autre information - accès : Le client doit être capable de se déplacer et ne doit pas présenter de contre-indications médicales.

MAISON RENAISSANCE

924 Halle St., Box 280
Hearst Ontario
P0L 1N0

Director: Rita Robin
Phone: (705) 362-4289
Fax: (705) 362-4280

Agency Description: Abstinence-oriented program based on psychosocial and 12-Step program (5th Step optional for client). Non-denominational service, holistic approach. Educational sessions such as assertiveness, relapse prevention. Individual and group counselling.

Services Offered: Short-term Residential

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Claude Laflamme
Hours: M-F 830-1630
Clients: Ages 18-99 Male/Female
Languages: French
Area Served: All Ontario.

Service Note: Philosophy: complete abstinence—based on 12-Step program and psychosocial model. Service is non-denominational; complete 5th Step with/without clergy assistance. Female clients assured a female counsellor for individual counselling sessions. Average stay is 28 days.

Access Notes: Must be assessed at an Assessment and Referral Centre. Must be detoxed five days (self-detoxed accepted). Admission every two weeks.

MAISON RENAISSANCE

924 rue Halle, boîte 280
Hearst ON
P0L 1N0

Directrice : Rita Robin
Téléphone : (705) 362-4289
Télécopieur : (705) 362-4280

Description de l'organisme : Programme orienté sur l'abstinence et fondé sur un modèle psychosocial et en 12 étapes (la 5e étape est optionnelle). Service non confessionnel, approche globale. Séances d'éducation sur des thèmes comme l'assurance et la prévention des rechutes. Consultation individuelle et de groupe.

Services offerts : Séjour de courte durée en établissement

Description des services : **SÉJOUR DE COURTE DURÉE EN ÉTABLISSEMENT**
Référence : Claude Laflamme
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 18 à 99 ans hommes et femmes
Langues : Français
Région desservie : Tout l'Ontario.

Autre information - service : Philosophie : abstinence totale, fondée sur le modèle des 12 étapes et le modèle psychosocial. Le service est non confessionnel; la 5e étape est franchie avec l'aide du clergé ou non. On assigne une conseillère aux clientes pour les séances de consultation individuelle. Durée moyenne du séjour : 28 jours.

Autre information - accès : L'évaluation doit avoir lieu dans un centre d'évaluation et d'orientation. Doit être désintoxiqué pendant cinq jours (les auto-désintoxications sont acceptées). Des admissions ont lieu toutes les deux semaines.

NORTH COCHRANE ADDICTION SERVICES INC. (NCAS)

29 Byng Ave., Suite 2
Kapuskasing Ontario
P5N 1W6

Director: Marielle Cousineau
Phone: (705) 335-8408
Fax: (705) 335-5640

Agency Description: Provides assessments for persons concerned about their drinking and drug use, and refers them to appropriate treatment and/or community resources.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **ASSESSMENT** Kapuskasing Office
Contact: Supervisor
Hours: M-F 830-1630 (evening hours by appointment)
Clients: Ages 0-99 Male/Female
Languages: English, French
Area Served: North Cochrane District (Cochrane to Calstock).

Service Note: Accepts clients with potential for violence towards themselves and others. Service uses ASIST, ADS, DAST, PEI.
Access Notes: Smoke-free service. Funds available for transportation (travel health grants if applicable).
Other Offices: Cochrane (705-272-3059), Hearst (705-362-7844), Smooth Rock Falls (705-338-4300)

Service Description: **OUTPATIENT** Kapuskasing Office
Contact: Supervisor
Hours: M-F 830-1630 (evening hours by appointment)
Clients: Ages 0-99 Male/Female
Languages: English, French
Area Served: North Cochrane District (Cochrane to Calstock).

Service Note: Accepts clients with potential for violence towards themselves and others. Service is provided according to client's needs (client may be seen every week or every two weeks). Individual/group counselling. Average stay is 365 days.

Access Notes:
Other Offices: Cochrane (705-272-3059), Hearst (705-362-7844), Smooth Rock Falls (705-338-4300)

SERVICE DE TOXICOMANIE COCHRANE-NORD INC. (STCN)

29 avenue Byng, bureau 2
Kapuskasing ON
P5N 1W6

Directrice : Marielle Cousineau
Téléphone : (705) 335-8408
Télécopieur : (705) 335-5640

Description de l'organisme : Fait des évaluations pour les personnes préoccupées par leur usage d'alcool et de drogues. Recommande ces personnes au traitement ou aux ressources communautaires appropriés.

Services offerts : Évaluation, soins continus, intervention auprès de la famille, admission /sélection, consultation externe, services sans rendez-vous et services d'urgence

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Description des services : **ÉVALUATION** Bureau de Kapuskasing
Référence : Superviseur-e
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 (services en soirée sur rendez-vous)
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Région de Cochrane-Nord (de Cochrane à Calstock).
Autre information : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Le service fait appel aux questionnaires ASIST, ADS, DAST, IEP.
Autre information - accès : Service sans fumée. Des fonds sont disponibles pour le transport (subventions voyage-santé, si applicable).
Bureaux : Cochrane (705-272-3059), Hearst (705-362-7844), Smooth Rock Falls (705-338-4300)

Description des services : **CONSULTATION EXTERNE** Bureau de Kapuskasing
Référence : Superviseur-e
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 (services en soirée sur rendez-vous)
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Région de Cochrane-Nord (de Cochrane à Calstock).
Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Le service s'adapte aux besoins du client (rencontres toutes les semaines ou toutes les deux semaines). Consultation individuelle et de groupe. Durée moyenne du séjour : 365 jours.
Autre information - accès :
Bureaux : Cochrane (705-272-3059), Hearst (705-362-7844), Smooth Rock Falls (705-338-4300)

HARMONY HOUSE INC.

44 Hilltop Dr., P.O. Box 1087
Kirkland Lake Ontario
P2N 3L1

Director: Laurie Davies
Phone: (705) 567-7000
Fax: (705) 567-3524

Agency Description: Twenty-eight-day residential treatment for those addicted to alcohol and other drugs. Relaxing home-like atmosphere. Purpose is to help clients help themselves to a chemical-free life. Intensive rehabilitation, multidisciplinary staff.

Services Offered: Continuing Care, Intake/Screening, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT**
Contact: Joanne Lachance
Hours: M-F 800-1600
Clients: Ages 16-65 Male/Female
Languages: English, French
Area Served: All Ontario; Quebec.

Service Note: Individual counselling. Individual counselling as needed.
Access Notes: Must be assessed by phone. Application form required for admittance. Must be detoxed. Intake for correctional clients is conducted by the Executive Director at the correctional facility.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Joanne Lachance
Hours: M-Su 0-2400
Clients: Ages 16-65 Male/Female
Languages: English, French
Area Served: All Ontario; Quebec.

Service Note: Client is provided with services according to need. Service based on Minnesota Model 5-Step process of AA. Intake admission every Sunday. Average stay is 28 days.
Access Notes: Must be assessed by phone and at an Assessment and Referral Centre. Must have medical form completed by family physician. Must complete application form and self-awareness questionnaire for admittance. Must be detoxed. Attend AA/NA. Must participate in group recreational afternoon once/week.

HARMONY HOUSE INC.

44 chemin Hilltop, C.P. 1087
Kirkland Lake ON
P2N 3L1

Directrice : Laurie Davies
Téléphone : (705) 567-7000
Télécopieur : (705) 567-3524

Description de l'organisme : Traitement de vingt-huit jours en établissement s'adressant aux personnes dépendantes de l'alcool ou des autres drogues. Atmosphère calme, «comme à la maison». L'objectif est d'aider les clients à s'aider pour mener une vie sans drogues. Réadaptation intensive, personnel multidisciplinaire.

Services offerts : Soins continus, admission/sélection, consultation externe, séjour de courte durée en établissement

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Description des services : **CONSULTATION EXTERNE**
Référence : Joanne Lachance
Heures d'ouverture : Du lun. au ven. de 8 h à 16 h
Clientèle : Groupe d'âge : de 16 à 65 ans hommes et femmes
Langues : Français et anglais
Région desservie : Tout l'Ontario et le Québec.

Autre information - service : Consultation individuelle. Consultation individuelle au besoin.
Autre information - accès : L'évaluation doit avoir lieu par téléphone. Formulaire d'application exigé pour l'admission. Doit être désintoxiqué. L'admission des clients des services correctionnels est assurée par le directeur exécutif de l'établissement correctionnel.

Description des services : **SÉJOUR DE COURTE DURÉE EN ÉTABLISSEMENT**
Référence : Joanne Lachance
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 65 ans hommes et femmes
Langues : Français et anglais
Région desservie : Tout l'Ontario et le Québec.

Autre information - service : Le client reçoit les services adaptés à ses besoins. Le service est fondé sur le modèle du Minnesota qui est une adaptation en 5 étapes des AA. Admissions tous les dimanches. Durée moyenne du séjour : 28 jours.
Autre information - accès : L'évaluation doit avoir lieu par téléphone ou à un centre d'évaluation et d'orientation. Le client doit avoir en main un formulaire médical rempli par son médecin de famille. Pour être admis, il faut remplir un formulaire d'inscription et un questionnaire sur la conscience de soi. Doit être désintoxiqué. Doit assister aux réunions des AA/NA. Doit participer à des après-midi récréatifs en groupe une fois par semaine.

KEEWATINOOK ALCOHOL ABUSE PROGRAM

P.O. Box 5
Moose Factory Ontario
P0L 1W0

Director: Debbie Cheechoo
Phone: (705) 658-4674
Fax: (705) 658-4152

Agency Description: Community-based outreach program with offices located in their own building on the Indian Reserve. Individual/family counselling, referral, public education, prevention and community organizing.

Services Offered: Assessment, Continuing Care, Family Intervention, Walk-in and Crisis, Supportive Stabilization

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Contact: Earl Cheechoo / Eva Lazarus
Hours: M-F 830-1630 (counsellors on call 24 hours)
Clients: Ages 18-99 Male/Female
Languages: English, Cree
Area Served: Moose Factory, First Nation.

ALEMOTAETA, JAMES BAY COMMUNITY MENTAL HEALTH PROGRAM

P.O. Box 370
Moosonee Ontario
P0L 1Y0

Director: Barbara Montgomery
Phone: (705) 336-2164
Fax: (705) 336-2746

Agency Description: Individual, couple and family outpatient counselling and assessment services. Holistic approach to treatment. Alemotaeta is a Native word meaning "Let's talk."

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT** Moosonee Office
Contact: Barbara Montgomery
Hours: M-F 830-1700
Clients: Ages 16-99 Male/Female
Languages: English, Cree
Area Served: Restricted to James Bay coast from Moosonee to Attawapiskat.

Service Note: Holistic approach to treatment. Family may be included in treatment. Individual counselling, family counselling. Connected to women's self-help groups, self-healing groups in community, healing circles. Average stay is 180 days.

Access Notes: Treatment can be conducted in client's home if necessary. Must be assessed in-house. Contact Moosonee office for availability.

Other Offices: Attawapiskat (705-997-2323), Fort Albany (705-278-1008), Kashechewan (705-275-4568)

SAGASHTAWAO HEALING LODGE

P.O. Box 492
Moosonee Ontario
P0L 1Y0

Executive Director: Joseph Roberts
Phone: (705) 336-3450
Fax: (705) 336-3452

Agency Description: Sagashtawao Healing Lodge believes that all persons have within themselves inner strength and positive qualities that will enhance their well-being to live a healthier lifestyle.

Services Offered: Intake/Screening, Short-term Residential

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Intake Worker (Nick Lazarus)
Hours: M-Su 0-2400
Clients: Ages 18-99 Male/Female
Languages: English, Cree
Area Served: Priority will be given to the Western Hudson and James Bay First Nation Communities, others upon availability.

Service Note: Accepts clients with potential violence towards themselves and others (anger management). Will accept adult children of alcoholics. An emotional-based program designed to strengthen the client in the area of mental, emotional, spiritual and physical development. Family relationships, AA, life skills and Native culture awareness. Average stay is 39 days.

Access Notes: Must be detoxed seven days and free from incapacitating withdrawal symptoms. Must be willing and able to look after and be responsible for themselves. AA mandatory. A physical examination is required. Must be assessed at an Assessment and Referral Centre. Must sign a consent for treatment, a waiver form and a contractual agreement to his/her full participation in all programs and program activities, to abide by the rules and regulations of the Lodge and remain completely abstinent.

TIMISKAMING ADDICTION ASSESSMENT PROGRAM (TAAP)

221 Whitewood Ave., Box 1240
New Liskeard Ontario
P0J 1P0

Director: Esther Millar
Phone: (705) 647-4305
Fax: (705) 647-5779

Agency Description: Community-based service designed to assist individuals who are seeking help for and information about alcohol or other drug problems. Offers counselling, relapse prevention, follow-up and community education.

Services Offered: Assessment, Continuing Care

Service Description: **ASSESSMENT** New Liskeard Office
Contact: Carmen Broughton
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English, French
Area Served: District of Timiskaming, north part of Nipissing.

Service Note: Certified PEI testing. Needle exchange. Referrals to agencies or treatment centres. Can access the Mental Health Service within the Health Unit if necessary.

Access Notes:
Other Offices: Englehart, Kirkland Lake (705-567-9355)

TIMISKAMING ADDICTION ASSESSMENT PROGRAM (TAAP)

221 avenue Whitewood, boîte 1240
New Liskeard ON
P0J 1P0

Directrice : Esther Millar
Téléphone : (705) 647-4305
Télécopieur : (705) 647-5779

Description de l'organisme : Service communautaire conçu pour prêter assistance aux personnes qui cherchent de l'aide et de l'information à propos des problèmes liés à l'alcool et aux autres drogues. Offre des services de consultation, de prévention des rechutes, de suivi et d'éducation communautaire.

Services offerts : Évaluation, soins continus

Description des services : **ÉVALUATION** Bureau de New Liskeard
Référence : Carmen Broughton
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Région du Timiskaming, nord du Nipissing.

Autre information - service : Test IEP certifié. Échange de seringues. Recommandations aux autres organismes ou centres de traitement. Peut accéder au Service de santé mentale de l'Unité de santé, si nécessaire.

Autre information - accès :
Bureaux : Englehart, Kirkland Lake (705-567-9355)

ADDICTION SERVICES OF NIPISSING

955 Stockdale Rd., Suite 102
North Bay Ontario
P1B 9G3

Program Director: Sharon Chayka
Phone: (705) 472-6515
Fax: (705) 495-2837

Agency Description: Community-based assessment, referral, youth outpatient counselling and case management service that assists individuals in determining the extent to which they may have an alcohol and/or drug problem. Treatment plans are developed.

Services Offered: Assessment, Continuing Care, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **ASSESSMENT** Adult
Contact: Donna Ranger/Judy Hensz
Hours: M,F 830-1630, Tu-Th 830-2100
Clients: Ages 25-99 Male/Female
Languages: English, French, Ojibway
Area Served: North Bay and area, East Nipissing. No one turned away.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Intake information recorded upon client contact. Appropriate staff assigned, client contacted, interview arranged. Crisis cases identified at intake go to the Director for action. ODATOS form is assessment instrument.

Access Notes: Does all assessments for Nipissing Centre Detox and St. Joseph's Treatment Centre.

Service Description: **ASSESSMENT** Youth Treatment Program
Contact: Donna Ranger/Judy Hensz
Hours: M,F 830-1630, Tu-Th 830-2100
Clients: Ages 0-24 Male/Female
Languages: English, French
Area Served: District of Nipissing, East Parry Sound (Sundridge to Callander).

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Intake information recorded, appropriate staff assigned, client contacted, interview arranged. Crisis cases identified at intake go to the Director for action. ODATOS form is assessment instrument.

Access Notes: Some assessments conducted at Nipissing Centre (detox). Adult services staff will assist if waiting period becomes excessive.

Service Description: **ASSESSMENT** Assessment Services for First Nations
Contact: Donna Ranger/Judy Hensz
Hours: M,F 830-1630, Tu-Th 830-2100
Clients: Ages 0-99 Male/Female
Languages: English, Ojibway, French
Area Served: District of Nipissing, East Parry Sound. Three Reserves: Temagami, Dokis, Nipissing Band #10.

Service Note: Developing culturally appropriate tools and programs.

Access Notes: Outreach on First Nations reserves.

Service Description: **OUTPATIENT** Youth Treatment Program
Contact: Donna Ranger/Judy Hensz
Hours: M,F 830-1630, Tu-Th 830-2100
Clients: Ages 0-24 Male/Female
Languages: English, French, Ojibway
Area Served: District of Nipissing, East Parry Sound. No one turned away.

Service Note: Assessment of suicidal risk and clients with potential violence towards others. Will accept adult children of alcoholics and significant others. Assessed first then referred to outpatient treatment. Counsellor and client work together to develop contract. Individual/family/group counselling. Open-ended and closed groups. Cultural approach for First Nations.

Access Notes: Must be assessed. Outreach on First Nations reserves.

ADDICTION SERVICES OF NIPISSING

955 ch. Stockdale, bureau 102 North Bay ON P1B 9G3
Directrice de la programmation: Sharon Chayka
Téléphone : (705) 472-6515
Télécopieur : (705) 495-2837

Description de l'organisme : Services communautaires d'évaluation, d'orientation, de consultation externe pour les jeunes et de gestion de cas. Ces services aident les individus à déterminer l'ampleur de leur problème lié à l'alcool ou aux autres drogues. Élaboration de plans de traitement.

Services offerts : Évaluation, soin continu, admission/sélection, consultation ext., service sans rendez-vous et d'urgence

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Description des services : **ÉVALUATION** Adultes
Référence : Donna Ranger/Judy Hensz
Heures d'ouverture : Lun. et ven. de 8 h 30 à 16 h 30, mar. et jeu. de 8 h 30 à 21 h
Clientèle : Groupe d'âge : de 25 à 99 ans hommes et femmes
Langues : Français, anglais, ojibway
Région desservie : North Bay et ses environs, East Nipissing. Personne n'est refusé.
Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Accepte les adultes enfants d'alcooliques. Renseignements relatifs à l'admission notés lors du contact avec le client. Le personnel approprié est assigné aux clients, le client est contacté, l'entrevue est fixée. Les clients en crise dépistés à l'admission sont recommandés à la directrice qui prendra les mesures nécessaires.
Autre information - accès : Fait toutes les évaluations pour le Centre de désintoxication Nipissing et le Centre de traitement St. Joseph.

Description des services : **ÉVALUATION** Programme de traitement pour les jeunes
Référence : Donna Ranger/Judy Hensz
Heures d'ouverture : Lun. et ven. de 8 h 30 à 16 h 30, mar. et jeu. de 8 h 30 à 21 h
Clientèle : Groupe d'âge : de 0 à 24 ans hommes et femmes
Langues : Français et anglais
Région desservie : Région du Nipissing, East Parry Sound (de Sundridge à Callander).
Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Accepte les adultes enfants d'alcooliques. Les renseignements relatifs à l'admission sont notés, le personnel approprié est assigné aux clients, le client est contacté, l'entrevue est fixée. Les clients en crise dépisté à l'admission sont recommandés à la directrice qui prendra les mesures nécessaires. Le formulaire ODATOS est l'instrument d'évaluation.
Autre information - accès : Certaines évaluations ont lieu au Centre Nipissing (désintoxication). Le personnel des services aux adultes prêtera main forte si la période d'attente devient excessive.

Description des services : **ÉVALUATION** Services d'évaluation pour les Premières Nations
Référence : Donna Ranger/Judy Hensz
Heures d'ouverture : Lun. et ven. de 8 h 30 à 16 h 30, mar. et jeu. de 8 h 30 à 21 h
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français, anglais, ojibway
Région desservie : Région de Nipissing, East Parry Sound. Trois réserves : Temagami, Dokis, bande Nipissing n° 10.
Autre information - service : Élabore des outils et des programmes culturellement appropriés.
Autre information - accès : Service d'approche sur les réserves des Premières Nations.

Description des services : **CONSULTATION EXTERNE** Programme de traitement pour les jeunes
Référence : Donna Ranger/Judy Hensz
Heures d'ouverture : Lun. et ven. de 8 h 30 à 16 h 30, mar. et jeu. de 8 h 30 à 21 h
Clientèle : Groupe d'âge : de 0 à 24 ans hommes et femmes
Langues : Français, anglais, ojibway
Région desservie : Région de Nipissing, East Parry Sound. Personne n'est refusé.
Autre information - service : Évaluation des risques de suicide des clients potentiellement violents envers eux-mêmes et autrui. Accepte les adultes enfants d'alcooliques et les personnes clé. Évaluation en premier, puis le client est orienté vers le traitement en consultation externe. Le conseiller et le client travaillent ensemble pour rédiger le contrat. Consultation individuelle, familiale et de groupe. Approche culturelle pour les Premières Nations.
Autre information - accès : Doit être évalué. Service d'approche sur les réserves des Premières Nations. Groupes fermés et ouverts.

NIPISSING DETOXIFICATION CENTRE

720 McLaren St.
North Bay Ontario
P1B 3L9

Director: Phyllis Palangio
Phone: (705) 495-8130
Fax: (705) 497-0844

Agency Description: This agency is a 15-bed residential unit providing detoxification services for those 16 years of age and over with an alcohol and/or chemical addiction. Service is co-ed, available 24 hours and open to all referral sources.

Services Offered: Detoxification, Intake/Screening, Walk-in and Crisis

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Service Description: **DETOXIFICATION**
Contact: Any Detox Staff
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Nipissing, Timiskaming, Parry Sound Districts. All Ontario.

Service Note: For clients aged 16 or older, who are intoxicated, in withdrawal or at risk of relapse. Fifteen residential beds and six observation cots. Semi-private rooms. Laundry facilities. AA/NA encouraged. Group and individual counselling.

Access Notes: Central location and on the bus route.

NIPISSING DETOXIFICATION CENTRE

720 rue McLaren
North Bay ON
P1B 3L9

Directrice : Phyllis Palangio
Téléphone : (705) 495-8130
Télécopieur : (705) 497-0844

Description de l'organisme : Cet organisme est une unité de soins en établissement de 15 lits offrant des services de désintoxication pour les personnes de 16 ans et plus ayant une dépendance à l'alcool ou aux drogues chimiques. Le service est mixte, et fonctionne 24 heures sur 24. Il est ouvert à toutes les sources de recommandation.

Services offerts : Désintoxication, admission/sélection, services sans rendez-vous et services d'urgence

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Description des services : **DÉSINTOXICATION**
Référence : Tout le personnel de désintoxication
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Régions de Nipissing, Timiskaming, Parry Sound. Tout l'Ontario.

Autre information - service : À l'intention des clients de 16 ans et plus intoxiqués, en sevrage ou qui risquent de faire une rechute. Quinze lits pour traitement en établissement et six lits d'observation. Chambres semi-privées. Salle de lavage. Encourage la participation aux réunions des AA/NA. Consultation individuelle et de groupe.

Autre information - accès : Emplacement central et sur l'itinéraire des autobus.

NORTH BAY HALF WAY HOUSE

393 Oak St. W.
North Bay Ontario
P1B 2T2

Director: Conrad Cooley
Phone: (705) 472-2873
Fax: (705) 472-6442

Agency Description: Community-based, peer group-oriented halfway house for alcohol/drug-dependent people, designed to enable them to gradually develop a new way of life with coping skills that will make it easier to withstand life's pressures substance-free.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Bob Stobert
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Nipissing District and surrounding areas.

Service Note: Recovery home. Will accept adult children of alcoholics. Can work or attend school after 30 days. Semi-structured program. One-month adjustment period similar to a probationary period to determine appropriate fit between client and program. Average stay is 135 days.

Access Notes: Must be a graduate of a treatment service. Must be assessed in-house, by phone (if outside of catchment area), or at an Assessment and Referral Centre. Cost: based on ability to pay. Attend AA/NA. Mandatory group therapy sessions where applicable. Must disclose prior to admission medications being taken, and administer own medications. Smoking in designated areas.

Service Description: **LONG-TERM RESIDENTIAL** Le Pavillon
Location: 709 Rose Ave. North Bay Ontario P1B 6W3
Contact: Pierre Croteau (Phone: 705-494-8552)
Hours: M-F 0830-1630 Staff accessible on 24-hour basis
Clients: Ages 16-99 Male/Female
Languages: French only.
Area Served: Nipissing District and surrounding areas.

Service Note: Recovery home. Will accept adult children of alcoholics. Can work/attend school after 60 days. Semi-structured program. Two month adjustment period to determine appropriate fit between client and program. Average stay is 135 days.

Access Notes: Must be a graduate of a treatment service. Must be assessed in-house, by phone (if outside of catchment area), or at an Assessment and Referral Centre. A physical examination is required. Cost: based on ability to pay. Attend AA/NA. Mandatory group therapy sessions where applicable. Must disclose medications being taken, and administer own medications. Must be detoxed 72 hours for alcohol and ten days for benzodiazepines, cocaine, solvents, etc. Residents must be capable of self-discipline, honesty, trust and responsibility.

NORTH BAY HALF WAY HOUSE

393 rue Oak ouest
North Bay ON
P1B 2T2

Directeur : Conrad Cooley
Téléphone : (705) 472-2873
Télécopieur : (705) 472-6442

Description de l'organisme : Foyer de transition communautaire, orienté sur les groupes composés de pairs pour les personnes dépendantes de l'alcool ou des drogues. Le foyer vise à donner à ces personnes le moyen de développer un nouveau mode de vie à l'aide d'aptitudes d'adaptation qui permettront de mieux faire face aux pressions de la vie sans drogues.

Services offerts : Soins continus, admission/sélection, séjour de longue durée en établissement

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Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT**
Référence : Bob Stobert
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Région du Nippissing et ses environs.

Autre information - service : Centre de réadaptation. Accepte les adultes enfants d'alcooliques. Peut travailler ou aller à l'école après 60 jours. Programme semi-structuré. Période d'ajustement de un mois, semblable à une période de probation, afin de déterminer l'ajustement approprié entre le client et le programme. Durée moyenne du séjour : 135 jours.

Autre information - accès : Doit être diplômé d'un service de traitement. L'évaluation doit avoir lieu à l'interne ou par téléphone (si le client vit à l'extérieur du secteur), ou encore dans un centre d'évaluation et d'orientation. Coût : en fonction de la capacité à payer. Doit assister aux réunions des AA/NA. Séances de thérapie de groupe obligatoires, s'il y a lieu. Doit divulguer, avant l'admission, tout médicament devant être pris, et doit s'administrer ses propres médicaments. Usage de tabac permis dans les endroits désignés.

Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT** Le Pavillon
Emplacement : 709 avenue Rose North Bay Ontario P1B 6W3
Référence : Pierre Croteau (Téléphone : 705-494-8552)
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 on peut rejoindre le personnel 24 heures sur 24
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français seulement
Région desservie : Région du Nipissing et ses environs.

Autre information - service : Centre de réadaptation. Accepte les adultes enfants d'alcooliques. Peut travailler ou aller à l'école après 30 jours. Programme semi-structuré. Période d'ajustement de deux mois pour déterminer l'ajustement approprié entre le client et le programme. Durée moyenne du séjour : 135 jours.

Autre information - accès : Doit être diplômé d'un service de traitement. L'évaluation doit avoir lieu à l'interne ou par téléphone (si le client vit à l'extérieur du secteur), ou encore dans un Centre d'évaluation et d'orientation. Un examen physique est exigé. Coût : en fonction de la capacité à payer. Doit assister aux réunions des AA/NA. Séances de thérapie de groupe obligatoires. Doit divulguer tout médicament devant être pris, et doit s'administrer ses propres médicaments. Doit être désintoxiqué pendant 72 heures dans le cas de l'alcool et pendant dix jours dans le cas des benzodiazépines, de la cocaïne, des solvants, etc. Les résidents doivent faire preuve d'auto-discipline, d'honnêteté, de confiance et de responsabilité.

ST. JOSEPH'S TREATMENT CENTRE

2025 Main St. West
North Bay Ontario
P1B 2X6

Director: Michael A. Mazza
Phone: (705) 476-6240
Fax: (705) 476-6889

Agency Description: Intensive rehabilitation and outpatient service using a staff of addiction counsellors and other related disciplines to address the whole person. Also provide a five-day Family Program to increase awareness of the problems of addiction.

Services Offered: Continuing Care, Day/Evening, Family Intervention, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT**
Contact: Margaret Childerhose
Hours: M-F 830-1630; Group Tu, Th 1800-2130
Clients: Ages 16-99 Male/Female
Languages: English (some printed materials available in French)
Area Served: Nipissing District, 50-mile radius.

Service Note: Individual/group counselling. AA recommended. Information recorded; pre-admission medical form and relevant brochures sent to client/referral source; Clinical Coordinator reviews form, determines suitability and assigns counsellor. Average stay is 56 days.

Access Notes: Must be assessed in-house. Smoking and coffee not permitted in group.

Service Description: **DAY/EVENING**
Contact: Margaret Childerhose
Hours: M-F 815-1615
Clients: Ages 16-99 Male/Female
Languages: English, French (literature and bilingual counsellors)
Area Served: Nipissing District. All Ontario.

Service Note: AA/NA recommended. Personal interview prior to acceptance decision. Targeted toward single mothers but not restricted to them (given number to arrange for child care). Same components as 28-day program. Individualized treatment plans. Average stay is 28 days.

Access Notes: Must remain chemical-free, be punctual and attend all sessions. Must be assessed in-house.

Service Description: **SHORT-TERM RESIDENTIAL** Inpatient Chemical Dependency Program
Contact: Carmen Clouatre
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English (some printed materials available in French)
Area Served: Nipissing District. All Ontario.

Service Note: AA/NA recommended. Clinical Coordinator may require more information and/or personal interview prior to acceptance decision. Once accepted, client/referral source advised of admission date and sends out other relevant information. Average stay is 26 days.

Access Notes: Must be assessed in-house. Smoking and coffee not permitted in group. Must remain substance-free.

MAISON ARC-EN-CIEL

Highway 11, Box 24
Opasatika Ontario
P0L 1Z0

Director: Raymond M. Landry
Phone: (705) 369-4582
Fax: (705) 369-4586

Agency Description: A long-term residential treatment facility for male francophone clients. Therapy based on community model (counsellors and clients share same life). Psychosocial model. Occupational therapy offered.

Services Offered: Continuing Care, Long-term Residential

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Raymond Landry
Hours: M-Su 0-2400
Clients: Ages 16-25 Male
Languages: French. Will accept anglophones if they can speak/understand French reasonably well.
Area Served: All Ontario.

Service Note: Therapeutic Community. Treatment with tendency toward reintegration. Completion of short-term residential or day/evening program prior to entry not required. Clients cannot work/attend school full-time during the day. Structured program on farm. Average length of stay varies from 90 to 180 days.

Access Notes: Must be dry 48 hours. Must be assessed at an Assessment and Referral Centre. Must be motivated to change lifestyles.

MAISON ARC-EN-CIEL

Autoroute 11, Boîte 24
Opasatika ON
P0L 1Z0

Directeur : Raymond M. Landry
Téléphone : (705) 369-4582
Télécopieur : (705) 369-4586

Description de l'organisme : Un établissement de traitement avec séjour de longue durée en établissement à l'intention des clients francophones de sexe masculin. La thérapie est fondée sur le modèle communautaire (les conseillers et les clients mènent la même vie). Modèle psychosocial. On offre aussi des services d'ergothérapie.

Services offerts : Soins continus, séjour de longue durée en établissement

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Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT**
Référence : Raymond Landry
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 25 ans hommes
Langues : Français. Accepte les anglophones si ceux-ci parlent et comprennent le français assez bien
Région desservie : Tout l'Ontario.

Autre information - service : Communauté thérapeutique. Traitement comportant une facette de réintégration. Il n'est pas nécessaire de terminer le séjour de courte durée en établissement ou le programme de jour et de soir avant l'admission. Les clients ne peuvent pas travailler ou aller à l'école à temps plein durant la journée. Programme structuré sur une ferme. Durée moyenne du séjour : varie entre 90 et 180 jours.

Autre information - accès : Doit être demeuré sobre pendant 48 heures. L'évaluation doit avoir lieu dans un centre d'évaluation et d'orientation. Le client doit être motivé à changer son mode de vie.

ADDICTIONS TREATMENT CLINIC

123 East St.
Sault Ste. Marie Ontario
P6A 3C7

Director: Raimo Viitala
Phone: (705) 759-6684
Fax: (705) 759-4189

Agency Description: Community program of Plummer Memorial Public Hospital offering confidential counselling to adults. Part of a community-based Addictions Treatment Service designed to provide a continuum of care and treatment geared to individual needs.

Services Offered: Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT**
Contact: Raimo Viitala
Hours: M-F 830-1630 (some flexibility during evenings)
Clients: Ages 21-99 Male/Female
Languages: English, Finnish
Area Served: Algoma District.

Service Note: Prefers clients to have been professionally assessed prior to admission. Referral follows outpatient service if necessary. Individual counselling mainly, some group depending on need. Will accept adult children of alcoholics. Average stay is 140 days.

Access Notes: Must not be under the influence during counselling sessions. Smoke-free environment.

ALTERNATIVES FOR YOUTH

262 Queen St. East
Sault Ste. Marie Ontario
P6A 1Y7

Program Supervisor: Russ Larocque
Phone: (705) 942-8414
Fax: (705) 942-5339

Agency Description: Support, guide, educate and encourage youth and families of youth aged 16 to 25 in maintaining a healthy drug-free lifestyle. Outpatient counselling services, support groups, youth outreach, aftercare.

Services Offered: Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **OUTPATIENT**
Contact: Cheryle Palmer
Hours: M-F 830-1630 (flexible)
Clients: Ages 16-25 Male/Female
Languages: English
Area Served: Algoma District (east to Sowerby).

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (individual counselling). Community counselling. Individual counselling. Clients move from outpatient to other types of treatment per direction of counsellor and client. Average stay is 180 days.

Access Notes: Must be substance-free two days. Client signs service contract to determine goals, how to attain them and number of sessions. Youth under 16 served with brief service model in outreach services.

BRETON HOUSE

91 Breton Rd.
Sault Ste. Marie Ontario
P6B 5T8

Director: Micheline Naccarato
Phone: (705) 759-4891
Fax: (705) 759-1874

Agency Description: Residential facility for women dependent on alcohol or other drugs. The home-like atmosphere provides women with an environment in which they may learn new ways to cope with basic living problems without the help of mood-altering drugs.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential, Outpatient

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Service Description: **OUTPATIENT**
Contact: Vivian Gastaldo
Hours: M-F 800-1600
Clients: Ages 16-99 Female
Languages: English, some bilingual staff
Area Served: Sault Ste. Marie, Algoma District. All Ontario.

Service Note: Move to and from this and other services at the discretion of staff based on progress made in goal areas. Individual counselling. AA/NA strongly recommended. Average stay is 42 days.

Access Notes: Women only. Outpatient component being developed, very flexible about participation.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Vivian Gastaldo
Hours: M-Su 0-2400 (continuous care)
Clients: Ages 16-99 Female
Languages: English, some bilingual staff
Area Served: Sault Ste. Marie, Algoma District. All Ontario.

Service Note: Recovery home. Treatment plans are developed with each client. Progress towards goals determines movement to referral and aftercare phase. AA/NA strongly recommended. Can work/attend school. Structured program. Average stay is 135 days.

Access Notes: Women only. Must be detoxed three days. Cost: $14.70/day room and board; depends on financial status, discussed with counsellor. Must abstain from mood-altering drugs unless prescribed by psychiatrist/doctor; monitored by doctor. Accepts pregnant clients (pre-delivery; post-delivery clients must find care for their child as child care is not provided).

COMMUNITY ALCOHOL/DRUG ASSESSMENT PROGRAM, ALGOMA HEALTH UNIT

205 McNabb St. Suite 202
Sault Ste. Marie Ontario
P6B 1Y3

Director: Elizabeth Larocque
Phone: (705) 759-1844
Fax: (705) 759-5953

Agency Description: Community-based service for persons concerned about their use of alcohol/other drugs, and those whose lives are affected by substance abuse of someone close. Assessment, treatment planning, referral, case management, four-month follow-up.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient

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Service Description: **ASSESSMENT** Sault Ste. Marie Office
Contact: Elizabeth Larocque
Hours: M-F 830-1630 (occasional noon-hour appointments)
Clients: Ages 12-99 Male/Female
Languages: English, French
Area Served: Central Algoma District, City of Sault Ste. Marie and outlying areas east of Desbarats and north to Batchawana.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Intake interview always done. Goes out to schools in SSM Board of Education. Will carry out assessments in Dubreuilville and White River; call Wawa office for appointment. Worker in Blind River every second and fourth Wednesday; call Elliot Lake office for appointment.

Access Notes: No smoking. If client does not meet criteria for comprehensive assessment, referred back to referral source or other appropriate service.

Other Offices: Elliot Lake (705-848-4965), Wawa (705-856-1557)

Service Description: **OUTPATIENT** Wawa Office
Location: P.O. Box 1908 18 Ganley Strret Wawa Ontario P0S 1K0
Contact: Joanne Fay (Phone: 705-856-1557)
Hours: M-F 830-1630
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Northern Algoma District from Montreal River to Dubreuilville and White River.

Service Note: Individual counselling; post-assessment; post-treatment; group counselling, aftercare group, relapse prevention group.

Access Notes:

COMMUNITY ALCOHOL/DRUG ASSESSMENT PROGRAM, ALGOMA HEALTH UNIT

205 rue McNabb, bureau 202
Sault Ste. Marie ON
P6B 1Y3

Directrice : Elizabeth Larocque
Téléphone : (705) 759-1844
Télécopieur : (705) 759-5953

Description de l'organisme : Service communautaire pour les personnes préoccupées par leur usage d'alcool et d'autres drogues et pour les personnes touchées par l'usage abusif de drogue d'un proche. Évaluation, planification du traitement, gestion de cas, suivi après quatre mois.

Services offerts : Évaluation, soins continus, intervention auprès de la famille, admission/sélection, consultation externe

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Description des services : **ÉVALUATION** Bureau de Sault Ste. Marie
Référence : Elizabeth Larocque
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 (rendez-vous occasionnels à midi)
Clientèle : Groupe d'âge : de 12 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Région d'Algoma-Centre, Ville de Sault Ste. Marie et les régions à l'est de Desbarats et au nord de Batchawana.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Accepte les adultes enfants d'alcooliques. Entrevue d'admission toujours faite. Fréquente les écoles du Conseil scolaire de SSM. Des évaluations sont faites à Dubreuilville et à White River; appeler le bureau de Wawa pour fixer un rendez-vous. Intervenant à Blind River tous les deuxième et quatrième mercredis du mois; appeler le bureau d'Elliot Lake pour fixer un rendez-vous.

Autre information - accès : Interdit de fumer. Si le client ne satisfait pas aux critères d'évaluation complète, il sera recommandé à la source initiale d'orientation ou à un autre service approprié.

Bureaux : Wawa (705-856-1557)

Description des services : **CONSULTATION EXTERNE** Bureau de Wawa
Emplacement : C.P. 1908 18 rue Ganley Wawa Ontario P0S 1K0
Référence : Joanne Fay (Téléphone : 705-856-1557)
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Région d'Algoma-Nord de la rivière Montreal à Dubreuilville et White River

Autre information - service : Consultation individuelle, post-évaluation, post-traitement, consultation de groupe, groupe de suivi, groupe de prévention des rechutes.

Autre information - accès :

KEN BROWN RECOVERY HOME

8 Herrick St.
Sault Ste. Marie Ontario
P6A 2T4

Director: Bob Brady
Phone: (705) 942-2244
Fax: (705) 942-3472

Agency Description: Recovery home with home-like atmosphere where men with substance abuse problems can live while rehabilitating themselves. Individual/group counselling, life skills, referral for family guidance, financial/spiritual counselling, education.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential, Walk-in and Crisis

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Archie MacInnes
Hours: M-Su 800-1700
Clients: Ages 16-65 Male
Languages: English
Area Served: City of Sault Ste. Marie, Algoma District. Will consider all Ontario.

Service Note: Recovery home. Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Enter through intake. Reside while awaiting or following treatment, or for other appropriate reasons. Length of stay varies depending on client situation (up to six months, then month-to-month evaluation). Average stay is 105 days.

Access Notes: Men only. Must be detoxed minimum five days. Must be physically and mentally capable of handling program, remain substance-free. Cost: according to means. AA/NA participation expected. Vocational rehabilitation offered.

NORTHERN TREATMENT CENTRE

800 Great Northern Rd.
Sault Ste. Marie Ontario
P6A 5K7

Acting Superintendent: Richard Wood
Phone: (705) 946-0995
Fax: (705) 946-2925

Agency Description: Medium security, intensive residential treatment centre for inmates concentrating on substance abuse, anger control, individual skills development, emotions management and living skills. Programs are delivered by a multidisciplinary team.

Services Offered: Long-term Residential

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Dominic Tse
Hours: M-F 900-2100
Clients: Ages 19-65 Male/Female
Languages: English
Area Served: Preference to Northern Ontario residents. All Canada for federal inmates.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (group). Psychiatric department provides assessment, individual and group therapy in specific problem areas. Social workers are case co-ordinators and lead groups; provide individual counselling. Aboriginal program. Average stay is 120 days.

Access Notes: Restricted to provincial and federal inmates. Application for admission must be completed. Must be detoxed. Must participate in substance abuse and recreation programs. No institutional history of escape or serious misconduct. No personal history of serious offences, outstanding charges, violent behavioral disorders, or a medical illness requiring 24-hour nursing. Must be motivated for treatment and voluntarily sign treatment contract.

SALVATION ARMY ADULT RESOURCE CENTRE

162 Church St.
Sault Ste. Marie Ontario
P6A 3H5

Director: A.R. Poole
Phone: (705) 759-2387
Fax: (705) 946-2530

Agency Description: Forty-two-day residential treatment based on Minnesota Model, 12-Steps of Alcoholics Anonymous, 12 Traditions, upholding the Christian philosophy. Residents are incarcerated and all referrals must come from Corrections.

Services Offered: Intake/Screening, Long-term Residential

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Ron Poole
Hours: M-F 900-1700
Clients: Ages 18-99 Male
Languages: English
Area Served: Northern Ontario, Manitoba border to Barrie.

Service Note: Will accept adult children of alcoholics. Individuals stay in treatment the duration of their sentence, which varies per individual. Residents are incarcerated. Average stay is 42 days.

Access Notes: Men only. Must be incarcerated and can only arrive via the parent institution, Sault Ste. Marie jail. Must be detoxed. Attend AA/NA. Length of stay can vary, based on duration of sentence.

SAULT STE. MARIE DETOXIFICATION CENTRE

911 Queen St. East
Sault Ste. Marie Ontario
P6A 2B6

Manager: Carole Swan
Phone: (705) 942-1872
Fax: (705) 759-6369

Agency Description: Offers 24-hour observation and care for men and women. Medical backup provided by Plummer Memorial Public Hospital. During detoxification, staff encourage residents to review present lifestyle and alternatives to continued drinking.

Services Offered: Detoxification

Service Description: **DETOXIFICATION**
Contact: Don Burditt
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Sault Ste. Marie, Algoma District. All Ontario.

Service Note: Admission is voluntary; supportive environment; education and referral after detox; AA/NA encouraged.
Access Notes:

SAULT STE. MARIE DETOXIFICATION CENTRE

911 rue Queen est
Sault Ste. Marie ON
P6A 2B6

Chef de service : Carole Swan
Téléphone : (705) 942-1872
Télécopieur : (705) 759-6369

Description de l'organisme : Offre des services d'observation pendant 24 heures et des soins aux hommes et aux femmes. Soutien médical assuré par l'Hôpital public Plummer Memorial. Au cours de la désintoxication, le personnel encourage les clients à passer en revue leur mode de vie actuel et à envisager des solutions de rechange à la consommation d'alcool.

Services offerts : Désintoxication

Description des services : **DÉSINTOXICATION**
Référence : Don Burditt
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Régions de Sault Ste. Marie, Algoma. Tout l'Ontario.

Autre information - service : L'admission est volontaire, milieu offrant beaucoup de soutien; éducation et orientation après la désintoxication; on encourage la participation aux réunions des AA/NA.
Autre information - accès :

COCHRANE DISTRICT DETOX CENTRE

105 Second Ave., P.O. Box 460
Smooth Rock Falls Ontario
P0L 2B0

Director: Joanne Bezzubetz
Phone: (705) 338-2761
Fax: (705) 338-4580

Agency Description: Male and female staff members are on duty at all times for those seeking help in their chemical-dependent lifestyle and to encourage and motivate them towards a chemical-free lifestyle. Goals: detoxify, encourage, motivate, refer.

Services Offered: Detoxification, Walk-in and Crisis

Service Description: **DETOXIFICATION**
Contact: Program Worker on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Primarily South and North Cochrane (Hearst, Kapuskasing, Smooth Rock Falls, Cochrane, Iroquois Falls, Timmins, Kirkland Lake and surrounding areas). All Ontario.

Service Note: Admission form completed. Financial assistance for transportation may be provided. After detox, referred based on need. AA/NA is encouraged. Therapeutic group discussions and video presentations are part of daily activities. Average stay is seven days.

Access Notes: Individuals who are injured or physically unstable will be immediately transferred to the emergency department of the hospital. Complete confidentiality is maintained. Detox Helpline 1-800-787-7951.

COCHRANE DISTRICT DETOX CENTRE

105 avenue Second, C.P. 460
Smooth Rock Falls ON
P0L 2B0

Directrice : Joanne Bezzubetz
Téléphone : (705) 338-2761
Télécopieur : (705) 338-4580

Description de l'organisme : Des membres du personnel de sexes masculin et féminin sont en service en tout temps pour les personnes à la recherche d'aide dans le cadre d'un mode de vie où ils sont dépendants des drogues chimiques et pour encourager et motiver ces personnes à adopter un mode de vie sans drogues. Objectifs : désintoxiquer, encourager, motiver et orienter.

Services offerts : Désintoxication, services sans rendez-vous et services d'urgence

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Description des services : **DÉSINTOXICATION**
Référence : Intervenant de service
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Principalement Cochrane Sud et Nord (Hearst, Kapuskasing, Smooth Rock Falls, Cochrane, Iroquois Falls, Timmins, Kirkland Lake et les environs). Tout l'Ontario.

Autre information - service : Formulaire d'admission rempli. Aide financière disponible pour le transport. Après la désintoxication, l'orientation varie selon les besoins. On encourage le client à assister aux réunions des AA/NA. Des discussions thérapeutiques de groupe et des présentations de vidéos font partie des activités quotidiennes. Durée moyenne du séjour : sept jours.

Autre information : Les personnes blessées ou instables sur le plan physique seront immédiatement transférées à la salle d'urgence d'un hôpital. Le service est strictement confidentiel. Ligne d'information sur la désintoxication : 1-800-787-7951.

ADDICTION COUNSELLING FOR YOUTH AND ADULTS, ALLIANCE CENTRE

94 King St., P.O. Box 2377
Sturgeon Falls Ontario
P0H 2G0

Director: Jean-Guy Levesque
Phone: (705) 753-2271
Fax: (705) 753-4202

Agency Description: Provide a comprehensive, fully bilingual community-based youth and adult outpatient counselling service for West Nipissing area residents aged 16 to 24 and 25 and over.

Services Offered: Intake/Screening, Outpatient

Service Description: **OUTPATIENT**
Contact: Any Therapist
Hours: M-F 830-1630 (answering machine 1200-1300)
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Sturgeon Falls, Springer Township, Cache Bay, Caldwell Township, Field, Indian Reservations #9, #10 and unorganized areas of West Nipissing.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Service adapted to needs of individual client. Specifically provided to clients aged 16 to 24 and 25 and over. Individual/group counselling. Average stay is 60 days.

Access Notes: Must be detoxed. No smoking on premises.

ADDICTION COUNSELLING FOR YOUTH AND ADULTS, ALLIANCE CENTRE

94 rue King, C.P. 2377
Sturgeon Falls ON
P0H 2G0

Directeur : Jean-Guy Lévesque
Téléphone : (705) 753-2271
Télécopieur : (705) 753-4202

Description de l'organisme : Offre un service communautaire complet et totalement bilingue aux adultes et aux jeunes en consultation externe. S'adresse aux résidants de la région de Nipissing-Ouest âgés de 16 à 24 ans et de 25 ans et plus.

Services offerts : Admission/sélection, consultation externe

Description des services : **CONSULTATION EXTERNE**
Référence : Tous les thérapeutes
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 (répondeur automatique de 12 h à 13 h)
Clientèle : Groupe d'âge : de 16 à 99 ans hommes et femmes
Langues : Français et anglais
Région desservie : Sturgeon Falls, canton de Springer, Cache Bay, canton de Caldwell, Field, Réserve indienne n° 9, n° 10 et les régions de Nipissing-Ouest qui ne sont pas organisées.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Accepte les adultes enfants d'alcooliques. Le service s'adapte aux besoins individuels de chaque client. Service spécialement offert aux personnes âgées de 16 à 24 ans et de 25 ans et plus. Consultation individuelle et de groupe. Durée moyenne du séjour : 60 jours.

Autre information - accès : Doit être désintoxiqué. Il est interdit de fumer sur les lieux.

LAKESIDE CENTRE

405 Ramsey Rd.
Sudbury Ontario
P3E 2Z5

Director: Cynthia E. Gedye
Phone: (705) 674-4193
Fax: (705) 674-8002

Agency Description: Treatment and recovery services for women. 28-day residential or day treatment. Residential rehabilitation for up to six months. Treatment includes group and individual therapy, development of self and life skills. Feminist model, AA-based.

Services Offered: Assessment, Continuing Care, Day/Evening, Intake/Screening, Long-term Residential, Short-term Residential

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Service Description: **DAY/EVENING**
Contact: Glenda Tappenden
Hours: M-F 900-1600
Clients: Ages 16-75 Female
Languages: English, French (services limited)
Area Served: Sudbury and Northeastern Ontario. All Ontario.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (will deal with issues in individual or group counselling). Feminist model, AA-based. Emphasizes unique needs of women. Individual/group counselling. Cycle begins every Monday. Average stay is 28 days.

Access Notes: Women only. Must be detoxed 72 hours minimum (depends on use). Must be assessed in-house or by phone (if necessary). Physical examination required before admission. Attend AA/NA. Accepts pregnant clients (up to delivery).

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Glenda Tappenden
Hours: M-Su 0-2400 (continuous care)
Clients: Ages 16-75 Female
Languages: English, French (services limited)
Area Served: Sudbury and Northeastern Ontario. All Ontario.

Service Note: Treatment centre. Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (will deal with issues in individual or group counselling). Feminist model, AA-based. Emphasizes unique needs of women. Native cultural traditions and teachings. Average stay is 28 days.

Access Notes: Women only. Must be detoxed 72 hours (depends on use, cocaine addicts minimum two weeks substance-free). Must be assessed in-house. Physical examination required before admission. Attend AA/NA. Accepts pregnant clients (up to delivery).

Service Description: **LONG-TERM RESIDENTIAL** Rehabilitation Program or Pre- and Post-Treatment
Contact: Glenda Tappenden
Hours: M-Su 0-2400
Clients: Ages 16-75 Female
Languages: English
Area Served: Sudbury and Northeastern Ontario. All Ontario.

Service Note: Recovery home. Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (deal with issues). Less structured. Flexible program depending on need. Can work/attend school. Stay up to six months after treatment. Maximum two-week stay for pre-treatment. Native component. Average stay is 60 days.

Access Notes: Women only. Must be a graduate of Lakeside or other 28-day treatment service. Must be assessed in-house. Attend AA/NA. Accepts pregnant clients (up to delivery).

N'SWAKAMOK NATIVE FRIENDSHIP CENTRE

110 Elm St.
Sudbury Ontario
P3C 1T5

Director: Marie Meawasige
Phone: (705) 674-2128
Fax: (705) 671-3539

Agency Description: One-to-one assessment of alcohol and drug abuse, Native awareness program, alcohol awareness program and basic life skills. Prevention and promotion.

Services Offered: Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT** Support Groups
Contact: Morrison Solomon/Tina Mandamin
Hours: M-F 900-2100
Clients: Ages 0-99 Male/Female
Languages: English, Ojibway
Area Served: Sudbury District.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Referred by treatment centre for follow-up and support. Group counselling.

Access Notes: Family members may attend any of these groups whether or not addicted individual is in treatment. Open to clients treated at other agencies. Must be sober when attending support groups.

PINEGATE ADDICTION SERVICE, PROGRAM OF NETWORK NORTH/COMMUNITY MENTAL HEALTH GROUP

336 Pine St., Suite 200
Sudbury Ontario
P3C 1X8

Director: Nancy Huneault
Phone: (705) 675-7022
Fax: (705) 675-5730

Agency Description: A multi-faceted addiction service that provides assessment, referral, case management and outpatient treatment for adults and for youth, follow-up services, and separate detoxification for men and women.

Services Offered: Assessment, Continuing Care, Detoxification, Outpatient, Supportive Stabilization

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Service Description: **ASSESSMENT** Pinegate Assessment & Referral Service
Contact: Intake Worker
Hours: M, Tu, W, F 830-1700, Th 830-2100
Clients: Ages 0-99 Male/Female
Languages: English, French
Area Served: Manitoulin, Sudbury Districts.

Service Note: Accepts clients with potential for violence towards themselves and others. Some assessments conducted at hospitals, detox centres and Correctional Centres. Use of ASIST/PEI instrument. Comprehensive structured bio/psycho/socio interview.
Access Notes: Toll-free line 1-800-668-8537 in 705 area code. Some portability is available to other locations (e.g., hospitals).
Other Offices: Chapleau (1-800-668-8537), Espanola (705-869-1564), Mindemoya (705-377-5318), St. Charles (705-867-5233)

Service Description: **DETOXIFICATION** Detox Centre for Women
Contact: c/o Switchboard (Phone: 705-671-7167)
Hours: M-Su 0-2400
Clients: Ages 16-99 Female
Languages: English, French
Area Served: Manitoulin, Sudbury Districts.

Service Note: Non-medical detoxification and withdrawal management service provided on a short-term residential basis.
Access Notes: Women only. Must be ambulatory and without medical contraindications.

Service Description: **DETOXIFICATION** Detox Centre for Men
Location: 109 Elm St. W. Sudbury Ontario P3C 1T4
Contact: c/o Switchboard (Phone: 705-674-3330)
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English, French, Finnish, Sign
Area Served: Manitoulin, Sudbury Districts.

Service Note: Dormitory style. Non-medical detoxification and withdrawal management service provided on a short-term residential basis.
Access Notes: Men only. Must be ambulatory and without medical contraindications.

Service Description: **OUTPATIENT** Pinegate Young Adult Addiction Treatment Service
Contact: Intake Worker
Hours: M, Tu, W, F 900-1700, Th 900-2100
Clients: Ages 0-24 Male/Female
Languages: English, French, Italian
Area Served: Region municipality of Sudbury.

Service Note: Accepts clients with potential for violence towards themselves and others.
Access Notes: Toll-free line 1-800-668-8537 in 705 area code. Must be capable of participating in service. Must be assessed at any Assessment and Referral Centre.

Service Description:	**OUTPATIENT** Pinegate Adult Addiction Treatment Service
Contact:	Intake Worker
Hours:	M, Tu, W, F 830-1700, Th 830-2100
Clients:	Ages 25-99 Male/Female
Languages:	English, French
Area Served:	Manitoulin, Sudbury Districts.
Service Note:	Accepts clients with potential for violence towards themselves and others. Targeted to adults aged 25 and over. Individual counselling. Limited referrals.
Access Notes:	Toll-free line 1-800-668-8537 in 705 area code. Must be assessed at any Assessment and Referral Centre.

PINEGATE ADDICTION SERVICE, PROGRAM OF NETWORK NORTH/COMMUNITY MENTAL HEALTH GROUP

336 rue Pine, bureau 200
Sudbury ON
P3C 1X8

Directrice : Nancy Huneault
Téléphone : (705) 675-7022
Télécopieur : (705) 675-5730

Description de l'organisme : Un service de toxicomanie à facettes multiples qui offre des services d'évaluation, d'orientation, de gestion de cas et de traitement en consultation externe aux adultes et aux jeunes, des services de postcure et de désintoxication pour les hommes ou pour les femmes.

Services offerts : Évaluation, soins continus, désintoxication, consultation externe stabilisation pré-traitement

Description des services :	**ÉVALUATION** Services d'évaluation et d'orientation de Pinegate
Référence :	Préposé à l'admission
Heures d'ouverture :	Lun., mar., mer., ven. de 8 h 30 à 17 h, jeu. de 8 h 30 à 21 h
Clientèle :	Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues :	Français et anglais
Région desservie :	Régions de Manitoulin, Sudbury .
Autre information - service :	Accepte les clients potentiellement violents envers eux-mêmes et autrui. Certaines évaluations ont lieu à l'hôpital, dans les centres de désintoxication et dans les centres correctionnels. Utilise les instruments ASIST et IEP. Entrevues structurées complètes bio et psychosociales.
Autre information - accès :	Ligne sans frais dans la région du code régional 705 : 1-800-668-8537. Transport disponible vers d'autres établissements (p. ex., hôpital).
Bureaux :	Chapleau (1-800-668-8537), St. Charles (705-867-5233)

Description des services :	**DÉSINTOXICATION** Centre de désintoxication pour les femmes
Référence :	a/s du standard (Téléphone : 705-671-7167)
Heures d'ouverture :	Du lun. au dim. de 0 h à 24 h
Clientèle :	Groupe d'âge : de 16 à 99 ans femmes
Langues :	Français et anglais
Région desservie :	Régions de Manitoulin, Sudbury.
Autre information - service :	Désintoxication et gestion du sevrage non médicales offerts en séjours de courte durée en établissement.
Autre information - accès :	Femmes seulement. La cliente doit être capable de se déplacer et ne doit pas présenter de contre-indications médicales.

Description des services :	**DÉSINTOXICATION** Centre de désintoxication pour les hommes
Emplacement :	109 rue Elm, ouest Sudbury Ontario P3C 1T4
Référence :	a/s du standard (Téléphone : 705-674-3330)
Heures d'ouverture :	Du lun. au dim. de 0 h à 24 h
Clientèle :	Groupe d'âge : de 16 à 99 ans hommes
Langues :	Français, anglais, finlandais, gestuel
Région desservie :	Région de Manitoulin, Sudbury.
Autre information - service :	Style dortoir. Désintoxication et gestion du sevrage non médicales en séjours de courte durée en établissement.
Autre information - accès :	Hommes seulement. Le client doit être capable de se déplacer et ne doit pas présenter de contre-indications médicales.

Description des services :	**CONSULTATION EXTERNE** Service de traitement de la toxicomanie pour les jeunes adultes Pinegate
Référence :	Préposé à l'admission
Heures d'ouverture :	Lun., mar., mer., ven. de 9 h à 17 h, jeu. de 9 h à 21 h
Clientèle :	Groupe d'âge : de 0 h à 24 ans hommes et femmes
Langues :	Français, anglais, italien
Région desservie :	Municipalité régionale de Sudbury.
Autre information - service :	Accepte les clients potentiellement violents envers eux-mêmes et autrui.
Autre information - accès :	Ligne sans frais dans la région du code régional 705 : 1-800-668-8537. Doit être capable de participer au service. L'évaluation doit avoir lieu dans un centre d'évaluation et d'orientation.

Description des services :	**CONSULTATION EXTERNE** Service de traitement de la toxicomanie pour adultes de Pinegate
Référence :	Préposé à l'admission
Heures d'ouverture :	Lun., mar., mer., ven. de 8 h 30 à 17 h, jeu. de 8 h 30 à 21 h
Clientèle :	Groupe d'âge : de 25 à 99 ans hommes et femmes
Langues :	Français et anglais
Région desservie :	Régions de Manitoulin, Sudbury.
Autre information - service :	Accepte les clients potentiellement violents envers eux-mêmes et autrui. Groupe cible : adultes âgés de 25 ans et plus. Consultation individuelle. Orientations limitées.
Autre information - accès :	Ligne sans frais dans la région du code régional 705 : 1-800-668-8537. L'évaluation doit avoir lieu dans un centre d'évaluation et d'orientation.

ROBINS HILL AFTER CARE SERVICES INC.

260 Oak St.
Sudbury Ontario
P3C 1M9

Director: Kathryn Irwin-Seguin
Phone: (705) 673-2413
Fax: (705) 673-6919

Agency Description: A long-term aftercare program providing emotional support and guidance to women recovering from alcohol/drug addiction problems and who are in need of help to re-establish their lives with dignity and respect. Lesbian group available. 12-Step.

Services Offered: Intake/Screening, Long-term Residential, Outpatient

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Service Description: **OUTPATIENT**
Contact: Beverley Cowan
Hours: M-F 830-1630 (some evening hours)
Clients: Ages 16-99 Female
Languages: English, French
Area Served: Manitoulin, Sudbury.

Service Note: Will accept adult children of alcoholics (only if also chemically dependent). Ongoing supportive counselling. Offers an opportunity to explore new behavior patterns in recovery through experiential learning.

Access Notes: Women only. Must be a graduate of short-term residential treatment/recovery home or day treatment. No smoking in office or program areas. Must be assessed in-house or by phone.

Service Description: **OUTPATIENT** Lesbian Aftercare Group
Contact: Dianne Sigouin
Hours: M-F 830-1630 (some evening programming)
Clients: Ages 16-99 Female
Languages: English, French
Area Served: Manitoulin, Sudbury.

Service Note: Several series are offered throughout the year. "Lifeskills for Recovering Lesbians." "Accepting Ourselves"—A 12-Step journey of recovery for lesbians.

Access Notes: Intake interview required prior to attending group. Prefers if client has participated in a treatment program or recovery home. Must be alcohol-free minimum 28 days. Must be drug-free 42 days. Cost: there may be a small fee of $5.00.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Beverley Cowan
Hours: M-F 830-1630 (some evening hours)
Clients: Ages 16-99 Female
Languages: English, French
Area Served: Manitoulin, Sudbury and Northeastern Ontario. All Ontario.

Service Note: 3/4-way house. Will accept adult children of alcoholics (if chemically dependent). Preference to women without a family/social network and those participating in the outpatient program. Must work or attend school. Access to lesbian group. Average stay is 270 days.

Access Notes: Women only. Must be substance-free 28 days. Cost: 27% of monthly income pays rent; must buy food and clothing. Must be a graduate of any treatment service/recovery home. Must be assessed in-house or by phone. Attend AA/NA. Accepts pregnant clients, however a six-month commitment is wanted. Follow-up after delivery on an outpatient basis only.

ROBINS HILL AFTER CARE SERVICES INC.

260 rue Oak
Sudbury ON
P3C 1M9

Directrice : Kathryn Irwin-Seguin
Téléphone : (705) 673-2413
Télécopieur : (705) 673-6919

Description de l'organisme : Un programme de postcure de longue durée offrant un soutien émotionnel et des conseils aux femmes en voie de rétablissement de problèmes liés à l'alcool et aux autres drogues et qui ont besoin d'aide pour réintégrer leur vie avec dignité et respect. Groupes de lesbiennes disponibles. 12 étapes.

Services offerts : Admission/sélection, séjour de longue durée en établissement, consultation externe

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Description des services : **CONSULTATION EXTERNE**
Référence : Beverley Cowan
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 (services en soirée disponibles)
Clientèle : Groupe d'âge : de 16 à 99 ans femmes
Langues : Français et anglais
Région desservie : Manitoulin, Sudbury.

Autre information - service : Accepte les adultes enfants d'alcooliques (seulement si elles ont une dépendance chimique). Consultation d'appoint continue. Offre l'occasion d'explorer de nouveaux comportements dans le cadre du rétablissement par le biais de l'apprentissage expérimental.

Autre information - accès : Femmes seulement. Doit être diplômée d'un traitement de courte durée en établissement, d'un centre de réadaptation ou d'un traitement de jour. Il est interdit de fumer dans le bureau ou dans les endroits où le programme a lieu. L'évaluation doit avoir lieu à l'interne ou par téléphone.

Description des services : **CONSULTATION EXTERNE** Groupe de postcure pour les lesbiennes
Référence : Dianne Sigouin
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 (services en soirée disponibles)
Clientèle : Groupe d'âge : de 16 à 99 ans femmes
Langues : Français et anglais
Région desservie : Manitoulin, Sudbury.

Autre information - service : Plusieurs séries sont offertes pendant l'année. «Autonomie fonctionnelle pour les lesbiennes en voie de rétablissement» «S'accepter» — Un trajet vers le rétablissement en 12 étapes pour les lesbiennes

Autre information - accès : L'entrevue d'admission est exigée avant de pouvoir assister aux séances de groupe. Préférence aux clientes qui ont participé à un programme de traitement ou qui ont fréquenté un centre de réadaptation. Doit s'être abstenue de l'alcool pendant au moins 28 jours et de drogues pendant 42 jours. Coût : peut y avoir des frais de 5 $.

Description des services : **SÉJOUR DE LONGUE DURÉE EN ÉTABLISSEMENT**
Référence : Beverley Cowan
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30 (services en soirée disponibles)
Clientèle : Groupe d'âge : de 16 à 99 ans femmes
Langues : Français et anglais
Région desservie : Manitoulin, Sudbury et le nord-est de l'Ontario. Tout l'Ontario.

Autre information - service : Maison de transition. Accepte les adultes enfants d'alcooliques (si elles sont dépendantes des drogues chimiques). Préférence accordée aux femmes dépourvues de réseau social ou familial et à celles qui participent à un traitement en consultation externe. Doit travailler ou aller à l'école. Accès aux groupes de lesbiennes. Durée moyenne du séjour : 270 jours.

Autre information - accès : Femmes seulement. Doit s'être abstenue de drogue pendant 28 jours. Coût : 27 % du revenu mensuel paie le loyer; doit acheter la nourriture et les vêtements. Doit être diplômée d'un service de traitement ou d'un centre de réadaptation. L'évaluation doit avoir lieu à l'interne ou par téléphone. Doit assister aux réunions des AA/NA. Accepte les clientes enceintes, quoiqu'un engagement de six mois est exigé. Suivi après l'accouchement en consultation externe.

ROCKHAVEN

5 Carleton St.
Sudbury Ontario
P3B 2P6

Director: William J. Marsh
Phone: (705) 675-1179
Fax: (705) 671-8069

Agency Description: Serves men who, having succumbed to the effects of substance abuse, now wish to change their maladaptive lifestyle. Focuses on the development of positive interpersonal relationships, problem-solving skills and work ethics and habits.

Services Offered: Intake/Screening, Long-term Residential

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Bill Marsh/Pat Delyea
Hours: M-Su 800-100
Clients: Ages 16-99 Male
Languages: English; 2 French speaking counsellors
Area Served: Sudbury and Manitoulin Districts. All Ontario.

Service Note: Recovery home. Can work. Can attend school. Structured program. Responsible for house maintenance. 12-Step program (focus on steps 1-3). Individual/group counselling. Average stay is 70 days.

Access Notes: Men only. Must be detoxed before admission. Must be assessed in-house, by phone or at an Assessment and Referral Centre. Cost: if income, pay room/board based on results of needs test. Must display desire to change maladaptive lifestyle. Attend AA/NA.

SALVATION ARMY ADDICTION AND REHABILITATION CENTRE (SUDBURY)

146 Larch St.
Sudbury Ontario
P3E 1C2

Director: Barb Ridley
Phone: (705) 673-1175
Fax: (705) 673-3187

Agency Description: Aim is rehabilitation to complete contented sobriety, and a normal, satisfying life in the community. Based on 12-Steps of AA, concentrating on the first five. Six- to eight-week live-in, including education, counselling, spiritual guidance, NA.

Services Offered: Assessment, Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Long-term Residential, Outpatient, Short-term Residential, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Christine Fournier
Hours: M-Su 700-2300
Clients: Ages 16-99 Male
Languages: English, French
Area Served: Sudbury and Manitoulin Districts. All Ontario in emergency.

Service Note: Offers specialized service to adult children of alcoholics (part of service). Biopsychosocial model also use AA philosophy. Individual counselling, some group. Limited number of spaces for female clients. Done as time permits for each counsellor. 50% homeless. Average stay is 40 days.

Access Notes: Men only. Must be detoxed 72 hours alcohol, longer for other drugs. Must be assessed in-house or by phone. Attend AA/NA.

Service Description: **DAY/EVENING**
Contact: Chris Fournier
Hours: M-F 700-2300
Clients: Ages 16-99 Male
Languages: English
Area Served: Sudbury and Manitoulin Districts. All Ontario in emergency.

Service Note: Offers specialized service to adult children of alcoholics (included in program). Biopsychosocial model. Individual/group counselling. Slots shared with STR, if short-term residential not full, accepts day clients (total=15 short-term residential and day). Geared to shift workers. Very limited basis. Average stay is 40 days.

Access Notes: Men only. Must be detoxed 72 hours. Must be assessed in-house or by phone. Attend AA/NA. Prefers to have residential clients but will accept day clients under special circumstances.

Service Description: **SHORT-TERM RESIDENTIAL** Phase I
Contact: Christine Fournier
Hours: M-Su 0-2400
Clients: Ages 16-99 Male
Languages: English
Area Served: Sudbury and Manitoulin Districts. All Ontario in emergency.

Service Note: Offers specialized service to adult children of alcoholics (included in program). Biopsychosocial model and AA philosophy used (focus on Steps 1 to 4). Slot shared with day/evening service. Intensive inpatient program (primary care). 50% homeless. Three additional emergency beds. Average stay is 42 days.

Access Notes: Men only. Must be detoxed 72 hours alcohol, longer for other drugs. Must be assessed in-house. Attend AA/NA. Physical examination required. Participate in exercise, self-help.

Service Description: **LONG-TERM RESIDENTIAL** Phase II
Contact: Christine Fournier
Hours: M-Su 700-2300
Clients: Ages 16-99 Male
Languages: English
Area Served: Sudbury and Manitoulin Districts. All Ontario in emergency.

Service Note: Offers specialized service to adult children of alcoholics (group included in service). Half-day relapse prevention, half-day odd jobs around building "work therapy," evening attendance at AA. Can work/attend school at the end of Phase II. 50% homeless. Average stay is 90 days.

Access Notes: Men only. Must be a graduate of short-term residential treatment service. Must be detoxed. Must be assessed in-house. Cost: $340/month room/board/treatment; Salvation Army will fund if no pension, etc. Attend AA/NA.

SALVATION ARMY ADDICTION AND REHABILITATION CENTRE (SUDBURY)

146 rue Larch
Sudbury ON
P3E 1C2

Directrice : Barb Ridley
Téléphone : (705) 673-1175
Télécopieur : (705) 673-3187

Description de l'organisme : Vise la réadaptation vers la sobriété complète et soutenue, et une vie normale et gratifiante au sein de la collectivité. Fondé sur le modèle en 12 étapes des AA, se concentre sur les cinq premières étapes. De six à huit semaines en établissement incluant éducation, consultations, orientation spirituelle et réunions des NA.

Services offerts : Évaluation, soins continus, traitement de jour et de soir, intervention auprès de la famille, admission/sélection, séjour de longue durée en établissement, consultation externe, séjour de courte durée en établissement, services sans rendez-vous et services d'urgence

Description des services : **CONSULTATION EXTERNE**
Référence : Christine Fournier
Heures d'ouverture : Du lun. au dim. de 7 h à 23 h
Clientèle : Groupe d'âge : de 16 à 99 ans hommes
Langues : Français et anglais
Région desservie : Régions de Sudbury et Manitoulin. Tout l'Ontario pour des services d'urgence.

Autre information - service : Offre des services spécialisés aux adultes enfants d'alcooliques (une partie des services). Modèle biopsychosocial, utilise aussi la philosophie des AA. Consultation individuelle, parfois en groupe. Nombre limité de places pour les femmes. 50 % de sans abri. Durée moyenne du séjour : 40 jours.

Autre information - accès : Hommes seulement. Doit être désintoxiqué pendant 72 heures dans le cas de l'alcool, plus longtemps dans le cas des autres drogues. L'évaluation doit avoir lieu à l'interne ou par téléphone. Doit assister aux réunions de AA/NA.

JUBILEE CENTRE INC.

140 Jubilee West
Timmins Ontario
P4N 4M9

Director: Harry G. Jones
Phone: (705) 268-2666
Fax: (705) 267-6882

Agency Description: Treatment facility administered by a non-profit corporation. Purpose is re-education and re-adaptation of alcohol/drug-dependent people to initiate the process of long-term contented sobriety. Based on 12-Step Program of Recovery of AA.

Services Offered: Continuing Care, Intake/Screening, Short-term Residential

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Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Terry Fortier
Hours: M-Su 0-2400 (continuous care)
Clients: Ages 16-99 Male/Female
Languages: English, French (individual counselling only)
Area Served: Most clients from Cochrane area. All Ontario.

Service Note: Minnesota model. Multidisciplinary, holistic approach. Spiritual component encouraged. Monthly admissions. May contact and work in conjunction with community resources. Average stay is 28 days.

Access Notes: Attend AA/NA three meetings/week—one in-house and two in the community. Must be detoxed five days alcohol and 10 or more days other drugs. Must attend group sessions.

SOUTH COCHRANE ADDICTION SERVICES INC.

85 Pine St. S., Suite 2
Timmins Ontario
P4N 2K1

Director: Cecile Boegel
Phone: (705) 264-5202
Fax: (705) 264-3011

Agency Description: Community-based program designed to offer assessment, referral and case management services to persons experiencing addiction-related problems.

Services Offered: Intake/Screening, Assessment, Continuing Care

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Service Description: **ASSESSMENT** Timmins Office
Contact: Angele Desormeau
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English, French. Interpretation will be arranged for other languages (e.g., Cree, Ojibway)
Area Served: South Cochrane District from Timmins to Holtyre. Excludes north Cochrane area but will accept from other locations in northern Ontario that do not have assessment services.

Service Note: Client is provided with a comprehensive addictions assessment followed by appropriate referrals for treatment. To take part in activities, must be alcohol/drug-free except for prescription medications. Psychiatric clients referred to necessary support (i.e., hospital) before assessment.

Access Notes: Will take emergency cases immediately if possible. Must go through intake/screening process prior to assessment. Must be substance-free.

Other Offices: Iroquois Falls (705-232-4344), Matheson (705-273-2233)

SOUTH COCHRANE ADDICTION SERVICES INC.

85 rue Pine sud, bureau 2
Timmins ON
P4N 2K1

Directrice : Cécile Boegel
Téléphone : (705) 264-5202
Télécopieur : (705) 264-3011

Description de l'organisme : Programme communautaire conçu pour offrir des services d'évaluation, d'orientation et de gestion de cas aux personnes aux prises avec des problèmes liés à l'alcool et aux autres drogues.

Services offerts : Admission/sélection, évaluation, soins continus

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Description des services : **ÉVALUATION** Bureau de Timmins
Référence : Angèle Désormeau
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français et anglais. On peut organiser des services d'interprétation en ce qui concerne les autres langues (p. ex., cri, ojibway)

Région desservie : Région de Cochrane-Sud de Timmins à Holtyre. Ne comprend pas la région de Cochrane-Nord mais accepte les clients d'autres régions du Nord de l'Ontario dépourvues de services d'évaluation.

Autre information - service : On offre au client une évaluation complète de la toxicomanie suivie d'une recommandation à un traitement approprié. Afin de prendre part aux activités, le client doit s'être abstenu d'alcool et de drogue, exception faite des médicaments sur ordonnance. Les clients ayant des troubles psychiatriques sont orientés vers un établissement approprié (p. ex., un hôpital) avant l'évaluation.

Autre information - accès : Accepte les cas d'urgence immédiatement lorsque possible. Doit passer par l'admission/sélection avant l'évaluation. Doit s'être abstenu de consommer toute drogue.

Bureaux : Iroquois Falls (705-232-4344), Matheson (705-273-2233)

NGWAAGAN GAMIG RECOVERY CENTRE INC. (RAINBOW LODGE)

Box 81
Wikwemikong Ontario
P0P 2J0

Director: Alphonse Shawana
Phone: (705) 859-2324
Fax: (705) 859-2325

Agency Description: Non-medical treatment centre restricted to persons of Canadian Native descent. Provides peer counselling both in outreach programs and residential service. Culturally-based program with an AA 12-Step approach for individuals and families.

Services Offered: Continuing Care, Day/Evening, Family Intervention, Intake/Screening, Outpatient, Short-term Residential, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Kim Kitchikeg
Hours: M-F 900-1700
Clients: Ages 18-99 Male/Female
Languages: English, Ojibway
Area Served: Wikwemikong and other Manitoulin District First Nations. All Ontario.

Service Note: Will accept adult children of alcoholics. Clients would spend one to three hours/week in outpatient treatment. Individual/group counselling.

Access Notes: Must be detoxed three days. Must be assessed in-house or at an Assessment and Referral Centre. Attend AA/NA. Mandatory evening group meetings.

Service Description: **DAY/EVENING**
Contact: Kim Kitchikeg
Hours: M-F 830-1630
Clients: Ages 18-99 Male/Female
Languages: English, Ojibway
Area Served: Wikwemikong and other Manitoulin District First Nations. All Ontario.

Service Note: Same program as short-term residential except clients do not stay overnight. To reserve space for a client, call the centre. Completed referral form must be submitted three weeks in advance. Will accept adult children of alcoholics. Individual/group counselling. Average stay is 30 days.

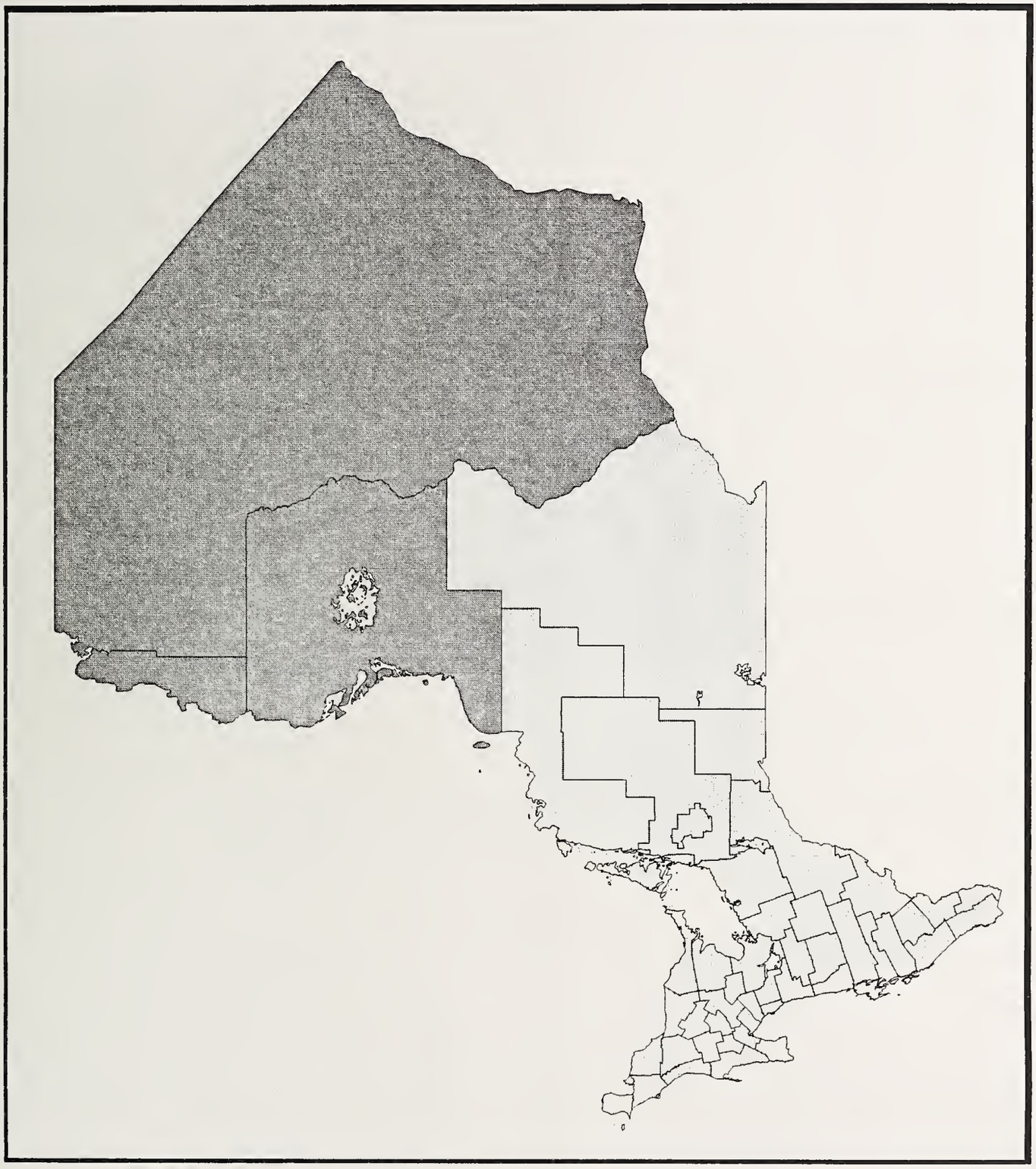
Access Notes: Must be detoxed seven days. Must be assessed in-house or at an Assessment and Referral Centre. Attend AA/NA. Overnight accommodation available at the Recovery Centre.

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Kim Kitchikeg
Hours: M-Su 0-2400
Clients: Ages 18-99 Male/Female
Languages: English, Ojibway
Area Served: Wikwemikong and other Manitoulin District First Nations. All Ontario.

Service Note: Will accept adult children of alcoholics. Culturally based with AA 12-Step and life-skills approach for individual and families. To reserve space for client must call centre. Completed referral form must be submitted three weeks in advance. Average stay is 42 days.

Access Notes: Must be detoxed seven days. Must be assessed in-house or at an Assessment and Referral Centre. Attend AA/NA.

North West District Health Council Region



INCLUDES THE COUNTIES/DISTRICTS OF:

- Kenora
- Rainy River
- Thunder Bay

ATIKOKAN

ATIKOKAN COMMUNITY COUNSELLING, DRUG/ALCOHOL PROGRAM

Box 1956, 123 Marks St.
Atikokan Ontario
P0T 1C0

Director: Sue Diamond / Susan Hanes
Phone: (807) 597-2724
Fax: (807) 597-4679

Agency Description: Outpatient addictions counselling service for clients aged 16 and older, sponsored by Atikokan General Hospital.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Susan Hanes
Hours: M-F 830-1630 (on call 24 hours for emergency/crisis)
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Atikokan and surrounding area (within 100 km).

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Individual counselling. Hospital setting. Also targeted at general mental health and geriatrics. Average stay is 90 days.

Access Notes: Outreach on reserves. Will accept clients under 16 with consent. Must be assessed in-house. No smoking.

DRYDEN

SUNSET COUNTRY COUNSELLING SERVICES

Box 3003
Dryden Ontario
P8N 2Z6

Director: Bruce Craig
Phone: (807) 223-6678
Fax: (807) 223-7183

Agency Description: Community-based service providing assessment, treatment and referral on an outpatient basis to residents of Dryden, Ignace and surrounding areas aged 13 and over who exhibit or are concerned about the possibility of drug and alcohol use.

Services Offered: Assessment, Continuing Care, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT** Alcohol Counselling Services
Contact: Karin Holm-Dickson
Hours: M-F 800-1600
Clients: Ages 12-99 Male/Female
Languages: English
Area Served: Dryden and surrounding district, from Vermillion Bay in the west to Ignace in the east.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (group). Offers specialized service to clients who have been sexually, physically and/or emotionally abused (staff training on abuse). Clients can refer themselves by letter, phone or off the street. Non-judgmental approach, supports individual's right to make decisions. Individual counselling. Average stay is 90 days.

Access Notes: Must be detoxed. Must be assessed in-house. No smoking.

OH-SHKI-BE-MA-TE-ZE-WIN, INC.

P.O. Box 820
Fort Frances Ontario
P9A 3N1

Director: Rudy Morrisseau
Phone: (807) 274-8438
Fax: (807) 274-7753

Agency Description: A Native treatment agency.
Services Offered: Continuing Care, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **OUTPATIENT**
Contact: Sandra Indian
Hours: M-W 1300-2200, Th 900-1700
Clients: Ages 18-80 Male/Female
Languages: English, Ojibway
Area Served: Rainy River District.

Service Note: Held on reserves for the convenience of each of ten bands served. Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Average stay is 56 days.
Access Notes: Must be detoxed three days. Attend AA/NA.

RIVERSIDE COMMUNITY ADDICTION SERVICES

110 Victoria Ave.
Fort Frances Ontario
P9A 2B7

Director: Jon O. Thompson
Phone: (807) 274-4807
Fax: (807) 274-2898

Agency Description: Comprehensive approach to addiction problems: assessment/referral, case management, therapeutic intervention and aftercare. Community development through activities promoting awareness, education and prevention.
Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Walk-in and Crisis

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Service Description: **ASSESSMENT** Fort Frances Office
Contact: Darlene Barrett/Jeff Tilbury
Hours: M-T 800-1700, F 800-1630 (home visiting occasionally)
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Western part of Rainy River District.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Will see anyone within 48 hours of call.
Access Notes: No smoking.
Other Offices: Rainy River (807-852-4462)

Service Description: **OUTPATIENT** Fort Frances Office
Contact: Darlene Barrett/Jeff Tilbury
Hours: M-T 800-1700, F 800-1630 (occasional home visits)
Clients: Ages 18-99 Male/Female
Languages: English
Area Served: Western part of Rainy River District.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Comprehensive approach. Individual, couple, family and group counselling. Average stay is 100 days.
Access Notes: No smoking. Must be assessed by phone or at an Assessment and Referral Centre.
Other Offices: Rainy River (807-852-4462)

DEL-ART MANOR RECOVERY HOME

Box 110
Keewatin Ontario
P0X 1C0

Director: Raymond Clowes
Phone: (807) 547-2125
Fax: (807) 547-2128

Agency Description: This recovery home provides the alcohol/drug-dependent male with a supportive environment in which to deal with his dependence. The client is required to attend in-house and AA meetings.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Ray Clowes
Hours: M-Su 0-2400
Clients: Ages 18-60 Male
Languages: English
Area Served: Thunder Bay west to Manitoba border, U.S. border to Hudson Bay. Accept clients from outside area as space permits.

Service Note: Recovery home. Will accept adult children of alcoholics. Can work or attend school. Structured program to a point. Average stay is 225 days.

Access Notes: Men only. Must be substance-free seven days. Must be assessed at an Assessment and Referral Centre. Cost: if employed or collecting U.I.C., room/board. Must be a graduate of any treatment service (exceptions are made). Attend AA/NA. Physical examination required. Sex offenders screened before admission.

ADDICTIONS COUNSELLING SERVICES

21 Wolsley St.
Kenora Ontario
P9N 3W7

Director: Dave Novak
Phone: (807) 468-6099
Fax: (807) 468-9083

Agency Description: Community service for area residents with chemical abuse problems that facilitates access to relevant support and treatment services. Focus on early intervention. Provides assessment, individualized treatment plan, referral, primary care.

Services Offered: Assessment, Continuing Care, Outpatient, Walk-in and Crisis

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Service Description: **ASSESSMENT**
Contact: Irene Bergman
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Kenora District. From outside catchment area under special circumstances.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics.
Access Notes: No smoking.

Service Description: **OUTPATIENT**
Contact: Irene Bergman
Hours: M-F 830-1630
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: Kenora District. From outside catchment area under special circumstances.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Through assessment, recommendation made as to treatment. Individual counselling (only occasionally offer special groups). Average stay is 135 days.

Access Notes: Must not be under the influence while in counselling. Must be assessed in-house or at other appropriate facility. No smoking.

CLARISSA MANOR RECOVERY HOME INC.

1420 8th St. N.
Kenora Ontario
P9N 2S3

Director: Mildred Snow
Phone: (807) 468-3667
Fax: (807) 468-1276

Agency Description: Offers a supportive environment for the special needs of the female alcoholic or drug abuser. Long-term residential recovery service and outpatient counselling. Individual and group counselling.

Services Offered: Continuing Care, Intake/Screening, Long-term Residential, Outpatient

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Service Description: **OUTPATIENT**
Contact: Mildred Snow
Hours: M-F 800-1600
Clients: Ages 16-99 Female
Languages: English
Area Served: Town of Kenora.

Service Note: Accepts clients with potential for violence towards themselves and others. Group counselling. Average length of program is six to nine months.

Access Notes: Women only. Must be detoxed five days. Attend AA/NA.

Service Description: **LONG-TERM RESIDENTIAL**
Contact: Mildred Snow
Hours: M-F 800-1600 (on call 24 hours)
Clients: Ages 16-99 Female
Languages: English
Area Served: Manitoba to Thunder Bay, USA boundary to Hudson Bay. All Ontario.

Service Note: Recovery home. Accepts clients with potential for violence towards themselves and others. Average stay is six to nine months. Structured program. Can work or attend school if no interference with program.

Access Notes: Women only. Must be detoxed five days. Physical examination required. Attend AA/NA. Accepts pregnant clients (up to delivery date; after delivery if child is in care at another facility).

KENORA DETOXIFICATION CENTRE

6 Matheson St. S.
Kenora Ontario
P9N 3X7

Director: David Novak
Phone: (807) 468-5749
Fax: (807) 468-3363

Agency Description: Non-medical care and observation unit for 25 men and 15 women in different stages: overnight sobering up period; three to five days recovery from the effects of withdrawal; 10-day pre-treatment service 'Introductory to Treatment'.

Services Offered: Detoxification, Intake/Screening, Supportive Stabilization

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Service Description: **DETOXIFICATION**
Contact: Staff on duty
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English, Ojibway
Area Served: Kenora and Rainy River Districts.

Service Note: Non-medical care and observation unit for men and women in an acute state of intoxification or withdrawal from alcohol. Staff includes recovered alcoholics.

Access Notes:

MIGISI ALCOHOL AND DRUG ABUSE TREATMENT CENTRE

P.O. Box 1340
Kenora Ontario
P9N 3X7

Director: Irene Lavand
Phone: (807) 548-5959
Fax: (807) 548-2084

Agency Description: Delivers a holistic treatment plan that includes AA concepts, traditional/cultural principles and lifeskills.

Services Offered: Assessment, Continuing Care, Intake/Screening, Short-term Residential

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Service Description: **SHORT-TERM RESIDENTIAL** Full-Treatment Program
Contact: Evelyn Giles
Hours: M-Su 0-2400
Clients: Ages 19-99 Male/Female
Languages: English, Ojibway
Area Served: Treaty 3 area. All Ontario.

Service Note: Offers specialized service to adult children of alcoholics (counselling). Offers specialized service to clients who have been sexually abused (counselling). Accepts clients with potential for violence towards themselves and others. AA model, life skills, traditional concepts. Individual treatment planning. Traditional healing teaching. Sweat lodge is optional. Traditional elder co-counselling. Average stay is 35 days.

Access Notes: Must be detoxed three days. Must be assessed by phone or at an Assessment and Referral Centre. Attend AA/NA. Will not accept clients with solvent abuse.

YOUTH ADDICTIONS HEALING CENTRE

209 Main Street South 2nd Floor
Kenora Ontario
P9N 3W7

Director: Patti Dryden Holmstrom
Phone: (807) 468-6770
Fax: (807) 468-6093

Agency Description: Ensures that adolescents with addictions from Kenora area receive fair, equitable treatment. Achieved by respecting their unique cultural difference and by using a holistic approach in the development of the individual, family and community.

Services Offered: Assessment, Continuing Care, Day/Evening, Intake/Screening, Outpatient, Supportive Stabilization

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Service Description: **OUTPATIENT** Outreach Program
Contact: Patti Dryden Holmstrom
Hours: M-F 830-1630
Clients: Ages 12-18 Male/Female
Languages: English, Ojibway
Area Served: Kenora area and community within 1.5 hour commute.

Service Note: Accepts clients with potential for violence towards others. Will accept adult children of alcoholics. Based on developmental model. Four Phases 20 week program - relapse group, treatment support group offered once a week. Work with other professionals in the community. Cultural, religious beliefs respected. Average stay is 140 days.

Access Notes: In-house assessment required. Possible for those outside catchment area to access group home while in treatment.

Service Description: **DAY/EVENING**
Contact: Patti Dryden Holmstrom
Hours: M-F 830-1630, and two evening sessions per week
Clients: Ages 12-18 Male/Female
Languages: English, Ojibway
Area Served: Kenora area and community within 1.5 hour commute.

Service Note: Accepts clients with potential for violence towards themselves and others (not on suicide alert). Offers specialized service to adult children of alcoholics (program component). Offers specialized service to clients who have been sexually, physically and/or emotionally abused (works with specializing agencies). Based on developmental model. Individual counselling, school education program and support.

Access Notes: Mandatory attendance. Possible for those outside catchment area to access group home while in treatment.

NORTH OF SUPERIOR PROGRAMS

40 Manitou Rd., P.O. Box 207
Manitouwadge Ontario
P0T 2C0

Regional Director: Ambrose S. Ojah Jr.
Phone: (807) 826-4517
Fax: (807) 826-3088

Agency Description: The substance abuse program offers assessment, referral and follow-up services for individuals and families suffering from the effects of chemical abuse.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening

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Service Description: **ASSESSMENT** Manitouwadge Substance Abuse Assessment/Referral Program
Contact: Diane Atkinson
Hours: M-F 900-1630
Clients: Ages 0-99 Male/Female
Languages: English. French in Manitouwadge and Marathon
Area Served: Manitouwadge, Marathon, Pic Heron Bay Reserve, Mobert Reserve, Hillsport.

Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics.
Access Notes:
Other Offices: Geralton (807-854-1321), Longlac (807-876-2237), Nipigon (807-887-2632), Marathon (807-229-0607)

NORTH OF SUPERIOR PROGRAMS

40 ch. Manitou, C. P. 207
Manitouwadge ON
P0T 2C0

Directrice : Ambrose S. Ojah Jr.
Téléphone : (807) 826-4517
Télécopieur : (807) 826-3088

Description de l'organisme : Le programme de toxicomanie offre des services d'évaluation, d'orientation et de postcure aux individus et leur famille touchés par les effets de l'usage abusif de drogues chimiques.

Services offerts : Évaluation, soins continus, intervention auprès de la famille, admission/sélection

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Description des services : **ÉVALUATION** Programme d'évaluation et d'orientation de la toxicomanie de Manitouwadge
Référence : Diane Atkinson
Heures d'ouverture : Du lun. au ven. de 9 h à 16 h 30
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Anglais. Le français est parlé à Manitouwadge et Marathon
Région desservie : Manitouwadge, Marathon, Pic Heron Bay Reserve, Mobert Reserve, Hillsport.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Accepte les adultes enfants d'alcooliques.
Autre information - accès :
Bureaux : Marathon (807-229-0607)

REVEREND TOMMY BEARDY MEMORIAL WEE CHE HE WAYO-GAMIK FAMILY TREATMENT CENTRE

General Delivery
Muskrat Dam Ontario
P0V 3B0

Director: Colleen McKay
Phone: (807) 471-2554
Fax: (807) 471-2510

Agency Description: A residential program providing support and guidance to substance abusers and their families to understand and overcome their problems. Development of attitudes and skills that will help clients deal with changes within the community.

Services Offered: Continuing Care, Family Intervention, Intake/Screening

Contact: Susan Beardy
Hours: M-F 900-1700
Clients: Ages 0-99 Male/Female
Languages: English, Oji-Cree
Area Served: Nishinawabie-Aski Nation. 28 Northwestern Ontario communities. All Canada.

RED LAKE/EAR FALLS ALCOHOL AND DRUG ASSESSMENT/REFERRAL AND COUNSELLING SERVICE

147 Howey St., P.O. Box 1336
Red Lake Ontario
P0V 2M0

Director: Dr. Oswald Seunath
Phone: (807) 727-1100
Fax: (807) 727-3979

Agency Description: The service provides assessment, referral and counselling. The goal is to assist clients to maintain an addiction-free lifestyle.

Services Offered: Assessment, Continuing Care, Outpatient, Walk-in and Crisis

Service Description: **ASSESSMENT**
Contact: Dr. Oswald Seunath
Hours: M-F 800-1600
Clients: Ages 0-99 Male/Female
Languages: English, Ojibway (translator available)
Area Served: Red Lake, Ear Falls, Golden Township and Reserves in the immediate area. All Ontario if residing in area.
Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Assessed and referred to treatment in a residential facility, to AA, to community counselling, or admitted to the program for ongoing outpatient counselling.
Access Notes: No smoking.

Service Description: **OUTPATIENT**
Contact: Dr. Oswald Seunath
Hours: M-F 800-1600
Clients: Ages 16-99 Male/Female
Languages: English, Ojibway (translator available)
Area Served: Red Lake, Ear Falls, Golden Township and Reserves in the immediate area. All Ontario if residing in area.
Service Note: Accepts clients with potential for violence towards themselves and others. Will accept adult children of alcoholics. Enter via assessment. Individual/group counselling. AA/NA strongly recommended. Average stay is 135 days.
Access Notes: Must be detoxed and sober for program. No smoking.

COMMUNITY COUNSELLING AND ADDICTION SERVICES

61 King St., P.O. Box 506
Sioux Lookout Ontario
P8T 1A8

Acting Program Manager: Marlene Mymryk
Phone: (807) 737-1275
Fax: (807) 737-1856

Agency Description: Provides assessment/referral services and outpatient chemical dependency, co-dependency and relapse prevention counselling. Drug education services are also offered.

Services Offered: Assessment, Continuing Care, Outpatient, Walk-in and Crisis

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Service Description: **ASSESSMENT**
Contact: Mike Bryson
Hours: M-F 830-1630
Clients: Ages 0-99 Male/Female
Languages: English, French, Ojibway
Area Served: Communities of Sioux Lookout and Hudson.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics (individual counselling). Offers specialized service to clients who have been sexually, physically and/or emotionally abused (individual counselling). Uses ASIST, ADS, PEI, DAST, MacAndrew, MMPI-2, MAST. Family systems perspective. Other target group is co-dependents.

Access Notes: For youth use family systems perspective, deals with younger clients in a family context.

Service Description: **OUTPATIENT**
Contact: Ralph Johnson
Hours: M-F 830-1630
Clients: Ages 16-99 Male/Female
Languages: English, Ojibway
Area Served: Communities of Sioux Lookout and Hudson.

Service Note: Accepts clients with potential for violence towards themselves and others. Offers specialized service to adult children of alcoholics. Offers specialized service to clients who have been sexually, physically and/or emotionally abused (individual counselling). Involves relapse prevention and long-term support. Psycho-educational component. Individual/group counselling. Other target group is co-dependents.

Access Notes: Must be assessed in-house. Attend AA/NA. Must not be intoxicated when entering service.

COMMUNITY COUNSELLING AND ADDICTION SERVICES

61 rue King, C.P. 506 *Chef interimaire de la programmation :* Marlene Mymryk
Sioux Lookout ON *Téléphone :* (807) 737-1275
P8T 1A8 *Télécopieur :* (807) 737-1856

Description de l'organisme : Offre des services d'évaluation et d'orientation et de consultation externe pour les personnes dépendantes des drogues chimiques et des services de consultation pour la co-dépendance et la prévention des rechutes.

Services offerts : Évaluation, soins continus, consultation externe, services sans rendez-vous et services d'urgence

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Description des services : **ÉVALUATION**
Référence : Mike Bryson
Heures d'ouverture : Du lun. au ven. de 8 h 30 à 16 h 30
Clientèle : Groupe d'âge : de 0 à 99 ans hommes et femmes
Langues : Français, anglais, ojibway
Région desservie : Communautés de Sioux Lookout et Hudson.

Autre information - service : Accepte les clients potentiellement violents envers eux-mêmes et autrui. Offre des services spécialisés aux adultes enfants d'alcooliques (consultation individuelle). Offre des services spécialisés aux clients qui ont vécu la violence sexuelle, physique ou émotionnelle (consultation individuelle). Utilise les questionnaires ASIST, ADS, IEP, DAST, MacAndrew, MMPI-2 et MAST. Perspective du milieu familial. Les co-dépendants sont un autre groupe cible.

Autre information - accès : Utilise la perspective du milieu familial avec les jeunes, travaille avec des clients plus jeunes dans un contexte familial.

3 C'S REINTRODUCTION CENTRE

R.R. #12, 226 Dog Lake Rd.
Thunder Bay Ontario
P7B 5E3

Director: Vick Toppozini
Phone: (807) 767-4172
Fax: (807) 768-9182

Agency Description: Non-profit organization offering residential reintroduction to the community for males with difficulties due to drugs, alcohol and/or the law. Co-operation and personal growth are emphasized; self-discipline and motivation are expected.

Services Offered: Assessment, Continuing Care, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL**
Contact: Vick Toppozini
Hours: M-Su 730-0030 (staff supervision)
Clients: Ages 18-99 Male
Languages: English
Area Served: All Ontario.

Service Note: Will accept adult children of alcoholics. Recovery home. Six-week pre-vocational aftercare (12-Step skills, assessment and stabilize client). Referral to vocational rehabilitation before discharge. Structured program. Computerized academic review, life skills, group work therapy. Average stay is 180 days.

Access Notes: Men only. Must be detoxed. Must be assessed in-house or by phone. Cannot receive U.I.C. or seek gainful employment during stay. Cost: covered by FBA; if paying direct then cost is $644.51/month for room/board/counselling. Must be a graduate of a treatment service. Attend AA/NA. One meeting/week in-house, three meetings/week outside. Participation in recreational program.

ALCOHOL AND OTHER DRUG ASSESSMENT PROGRAM

411 Donald St. East
Thunder Bay Ontario
P7E 5V1

Director: Nancy Chamberlain
Phone: (807) 625-5454
Fax: (807) 626-9472

Agency Description: Holistic approach, match clients to most appropriate treatment modality, addiction-specific and broad-based. Agency offers individual, couple, family and credit counselling, services for victims of family violence and sexual abuse/assault.

Services Offered: Assessment, Continuing Care

Service Description: **ASSESSMENT**
Contact: Jo Ann Himes/Karen O'Gorman
Hours: M, Tu, W, F 830-2030 (flexible) Th 830-2000
Clients: Ages 0-99 Male/Female
Languages: English
Area Served: Thunder Bay and area.

Service Note: Client phones to set up appointment. Male and female counsellors available. Outreach available (within Thunder Bay) to those unable/unwilling to come to the agency location.

Access Notes: Hours are flexible to meet the needs of working clients.

BALMORAL CENTRE

P.O. Box 3251
Thunder Bay Ontario
P7B 5G7

Director: John LaForest
Phone: (807) 623-6515
Fax: (807) 623-4988

Agency Description: A 15-bed, co-ed (10 male, 5 female), non-medical detoxification unit, providing care for individuals in an acute state of intoxification or withdrawal from alcohol and/or other mood-altering substances.

Services Offered: Detoxification, Intake/Screening

Service Description: **DETOXIFICATION**
Contact: Patrick Montgomery
Hours: M-Su 0-2400
Clients: Ages 16-99 Male/Female
Languages: English. French, Finnish, Ojibway interpreters available.
Area Served: Thunder Bay, Thunder Bay District, Northwestern Ontario. Not restricted.

Service Note: Individual is intoxicated or experiencing withdrawal from alcohol/drugs. Open-ended stay. Introduction to treatment options and self-help groups; referrals are made.

Access Notes: Must be willing to adhere to Centre guidelines.

CROSSROADS CENTRE INCORPORATED

Administrative Office, 499 N. Lillie St.
Thunder Bay Ontario
P7C 4Y8

Executive Director: Arend Visser
Phone: (807) 622-2730
Fax: (807) 622-7587

Agency Description: A complex of five drug and alcohol recovery homes for men and women, age 18 and over. Multimodal program based on the 12-Step philosophy of recovery.

Services Offered: Assessment, Intake/Screening, Long-term Residential

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Service Description: **LONG-TERM RESIDENTIAL** White Pine Lodge
Contact: Gordon Allen (Phone: 807-622-5757)
Hours: M-F 900-1630 (supervised M-Su 800-2400/housesitter 2400-800)
Clients: Ages 18-99 Male
Languages: English
Area Served: Thunder Bay District. All Ontario.

Service Note: Recovery home. Milieu therapy. 12-Step. Structured program. Open-ended stay (minimum three months). Can work/attend school after three months. Advised to have physical examination (COMSOC referrals must have medical form). Average stay is 180 days.

Access Notes: Men only. Must be detoxed. Must be a graduate of a treatment service or must be assessed in-house. Attend AA/NA. If employed, must obtain a leave of absence. Cost: if working, $467 room/board + $80 counselling fee/month; if FBA, client receives $112 institutional allowance + $157 comfort allowance, balance of cheque paid toward room/board/program service fee. Minimum three-month stay.

Service Description: **LONG-TERM RESIDENTIAL** Maple Lodge
Location: 501 N. Lillie St. Thunder Bay Ontario P7C 4Y8
Contact: Rosalyn Copenace (Phone: 807-622-1275)
Hours: M-F 900-1630 (supervised M-Su 800-2400/housesitter 2400-800)
Clients: Ages 18-99 Female
Languages: English
Area Served: Thunder Bay District. All Ontario.

Service Note: Recovery home. Offers special focus groups for clients who have been sexually, physically and/or emotionally abused. Milieu therapy. 12-Step philosophy. Structured program. Open-ended stay. Can work or attend school after three months. Advised to have physical examination. Average stay is 180 days.

Access Notes: Women only. Must be detoxed. Must be a graduate of a treatment service or must be assessed in-house. Attend AA/NA. Accept pregnant clients (up to delivery). If employed, must obtain a leave of absence. Cost: if working, $467 room/board + $80 counselling fee/month; if FBA, person receives $112 institutional allowance + $157 comfort allowance, balance of cheque paid toward room/board/program service fee. Minimum three-month stay.

LAKEHEAD ADDICTIONS CENTRE

580 N. Algoma St., Box 2930
Thunder Bay Ontario
P7B 5G4

Director: Liz Cawley
Phone: (807) 343-4391
Fax: (807) 343-4387

Agency Description: Outpatient service for clients with a dual diagnosis operating mainly in the community (client's own environment). Service is highly individualized and client-directed. Long-term involvement (two to five years) is expected.

Services Offered: Assessment, Continuing Care, Outpatient

Service Description: **OUTPATIENT**
Contact: Liz Cawley
Hours: M-F 830-1630 (flexible according to needs of client)
Clients: Ages 18-45 Male/Female
Languages: English
'Area Served: City of Thunder Bay.

Service Note: Accepts clients with potential for violence towards themselves and others (emergency intervention, crisis planning). Some group augmented by community case management. Men's/women's focus groups. Social leisure skills group (promote group cohesion). Two- to five-year involvement.

Access Notes: Must be assessed in-house. Do not accept clients who have traumatic brain injury, have a developmental disability, have an organic brain disorder or who would be able to access a mainstream program (i.e., no psychiatric problem). Older clients reviewed on individual basis. Designated smoking areas in hospital. Must be willing only to accept contact from our worker. Some persuasion and modified active treatment groups. Access to city childcare.

SMITH ALCOHOL & DRUG DEPENDENCY CLINIC - TREATMENT CENTRE

35 North Algoma St. P.O. Box 3251
Thunder Bay Ontario
P7B 5G7

Senior Director: Janet Sillman
Phone: (807) 343-2425
Fax: (807) 343-9447

Agency Description: Provides an environment conducive to increased self-awareness, understanding of interpersonal relationships and education in the treatment of alcohol/drug dependency. Opportunities are available for introduction to self-help groups.

Services Offered: Assessment, Continuing Care, Family Intervention, Intake/Screening, Outpatient, Short-term Residential

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Service Description: **OUTPATIENT** Outpatient Services
Contact: Secretary (Phone: 807-343-2400)
Hours: M-F 830-1630, M-Th 1800-2100
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Thunder Bay and District. Northwestern Ontario. All Ontario.

Service Note: Holistic approach. Individual/group counselling. Self-help encouraged. Average stay is 365 days.
Access Notes: Must be assessed at an Assessment and Referral Centre. Must be substance-free on arrival; expect client to remain abstinent from drugs/alcohol. Must be willing to attend self-help groups. Clients must not have charges pending. Non-smoking building.

Service Description: **OUTPATIENT** Options for Youth
Contact: Karen Dahl (Phone: 807-343-2418)
Hours: Office M-F 830-1630; Client Services M-F 900-1530
Clients: Ages 11-17 Male/Female
Languages: English, French
Area Served: Thunder Bay. Northwestern Ontario. Will accept clients from outside area if own accommodation arranged.

Service Note: Youth day treatment program. Individual/group counselling. Clients do not attend treatment on statutory holidays (i.e., Christmas, Easter). Five-week cycle. Average stay is 25 days.
Access Notes: Must be substance-free on arrival. Must be assessed in-house or at an Assessment and Referral Centre. Clients must not have charges pending. Out-of-town clients must arrange own accommodation. Non-smoking building.

Service Description: **OUTPATIENT** Driving While Impaired Alternative Program
Contact: Linda James
Hours: M-F 830-1630
Clients: Ages 16-99 Male/Female
Languages: English, French
Area Served: Thunder Bay primarily. Northwestern Ontario.

Service Note: This DWI program offers weekly two-hour educational sessions for seven weeks after an initial intake interview. This is a contract service with the Ministry of Corrections and only runs when needed. Supervised by Adult Residential Program.
Access Notes: Must be referred from Thunder Bay probation/parole.

Service Description: **SHORT-TERM RESIDENTIAL** Smith Clinic Adolescent Residential Program
Contact: Karen Dahl (Phone: 807-343-2421)
Hours: M-Su 0-2400
Clients: Ages 14-17 Male/Female
Languages: English
Area Served: Primarily Thunder Bay and Region (Blind River to Manitoba border). All of Ontario.

Service Note: Phase I is assessment and orientation; Phase II is six to eight weeks intensive treatment; Phase III is one week aftercare planning. Individual/group counselling. Case management. AA/NA recommended. Family week for parents. Teacher for academic education. Average stay is 42 days.

Access Notes: Must be detoxed 48 hours (if not detoxed, sent to emergency). Must be assessed in-house, or at an Assessment and Referral Centre.

Service Description: **SHORT-TERM RESIDENTIAL** Smith Clinic Adult Residential Program
Contact: Linda James
Hours: M-Su 0-2400
Clients: Ages 18-99 Male/Female
Languages: English. French speaking counsellors. Written Ojibway materials available.
Area Served: White River to Manitoba Border. All Ontario.

Service Note: Holistic treatment model. Group therapy, individual counselling, lectures, education, grief group, family conferencing. AA/NA encouraged for those who have come from a 12-Step philosophy. Average stay is 38 days.

Access Notes: Must be detoxed 48 hours (can bring prescription drugs if necessary for health). Must be assessed in-house, by phone, at an Assessment and Referral Centre or by other service provider. Physical examination required (no HIV testing required). Smoking area for clients.

SMITH ALCOHOL & DRUG DEPENDENCY CLINIC - TREATMENT CENTRE

35 rue North Algoma C.P. 3251
Thunder Bay ON
P7B 5G7

Directrice principale : Janet Sillman
Téléphone : (807) 343-2425
Télécopieur : (807) 343-9447

Description de l'organisme : Offre un milieu propice à l'amélioration de la conscience de soi, de la compréhension des relations interpersonnelles et de l'éducation dans le cadre du traitement de la dépendance à l'alcool et aux drogues. Donne des occasions de présenter des groupes d'entraide.

Services offerts : Évaluation, soins continus, intervention auprès de la famille, admission/sélection, consultation externe, séjour de courte durée en établissement

Description des services : **SÉJOUR DE COURTE DURÉE EN ÉTABLISSEMENT** Programme en établissement pour les adultes de la Clinique Smith
Référence Linda James
Heures d'ouverture : Du lun. au dim. de 0 h à 24 h
Clientèle : Groupe d'âge : de 18 à 99 ans hommes et femmes
Langues : Anglais. Certains conseillers parlent français. De la documentation écrite en ojibway est disponible.
Région desservie : De White River à la frontière du Manitoba. Tout l'Ontario.

Autre information - service : Modèle de traitement global. Thérapie de groupe, consultation individuelle, conférences, éducation, groupe pour les personnes affligées, conférences familiales. On encourage les personnes qui proviennent de la philosophie des 12 étapes à assister aux séances des AA/NA. Durée moyenne du séjour : 38 jours.

Autre information - accès : Doit être désintoxiqué pendant 48 heures (le client peut apporter des médicaments sur ordonnance si nécessaires pour sa santé). L'évaluation doit avoir lieu à l'interne, par téléphone, dans un centre d'évaluation et d'orientation ou par un autre fournisseur de services. Examen physique exigé (le test de dépistage du VIH n'est pas exigé). Sections fumeurs pour les clients.

THUNDER BAY SEAWAY NON-PROFIT APARTMENTS

415 Kingsway
Thunder Bay Ontario
P7E 2A6

Senior Director: Lorraine Fortin
Phone: (807) 623-4864
Fax: (807) 626-9522

Agency Description: Transition home offering housing and morale support to recovering alcoholics and persons who are chemically dependent who are actively preparing themselves to enter community.

Services Offered: Continuing Care

Contact: Lorraine Fortin
Hours: M-F 900-1700; flexible
Clients: Ages 16-99 Male/Female
Languages: English
Area Served: All Ontario.

WEENDAHMAGEN ALCOHOL & DRUG ABUSE TREATMENT CENTRE

R.R. #4, Mission Road
Thunder Bay Ontario
P7C 4Z2

Director: Elsie King
Phone: (807) 623-7963
Fax: (807) 623-2810

Agency Description: This Native treatment program is offered to individuals who are chemically dependent on alcohol or drugs. A strong spiritual foundation must exist to overcome all disruptions.

Services Offered: Assessment, Continuing Care, Intake/Screening, Short-term Residential

Service Description: **SHORT-TERM RESIDENTIAL**
Contact: Allan Towgeshig
Hours: Office hours M-F 800-1600; Attendants M-Su 0-2400
Clients: Ages 18-99 Male/Female
Languages: English, Ojibway (spoken and taught to clients)
Area Served: Thunder Bay, 12 reserves around city of Thunder Bay. If vacancies, accept from outside area.

Service Note: Presently only for alcohol and drug problems for individuals. Cultural activities and Ojibway language stressed. Family members can come and will help them along with client. Average stay is 42 days.

Access Notes: Prefer to have no charges pending before the courts. Need to be detoxed only if NNADAP worker deems it necessary. Attend AA/NA. Must participate in cultural activity. Designated smoking areas.

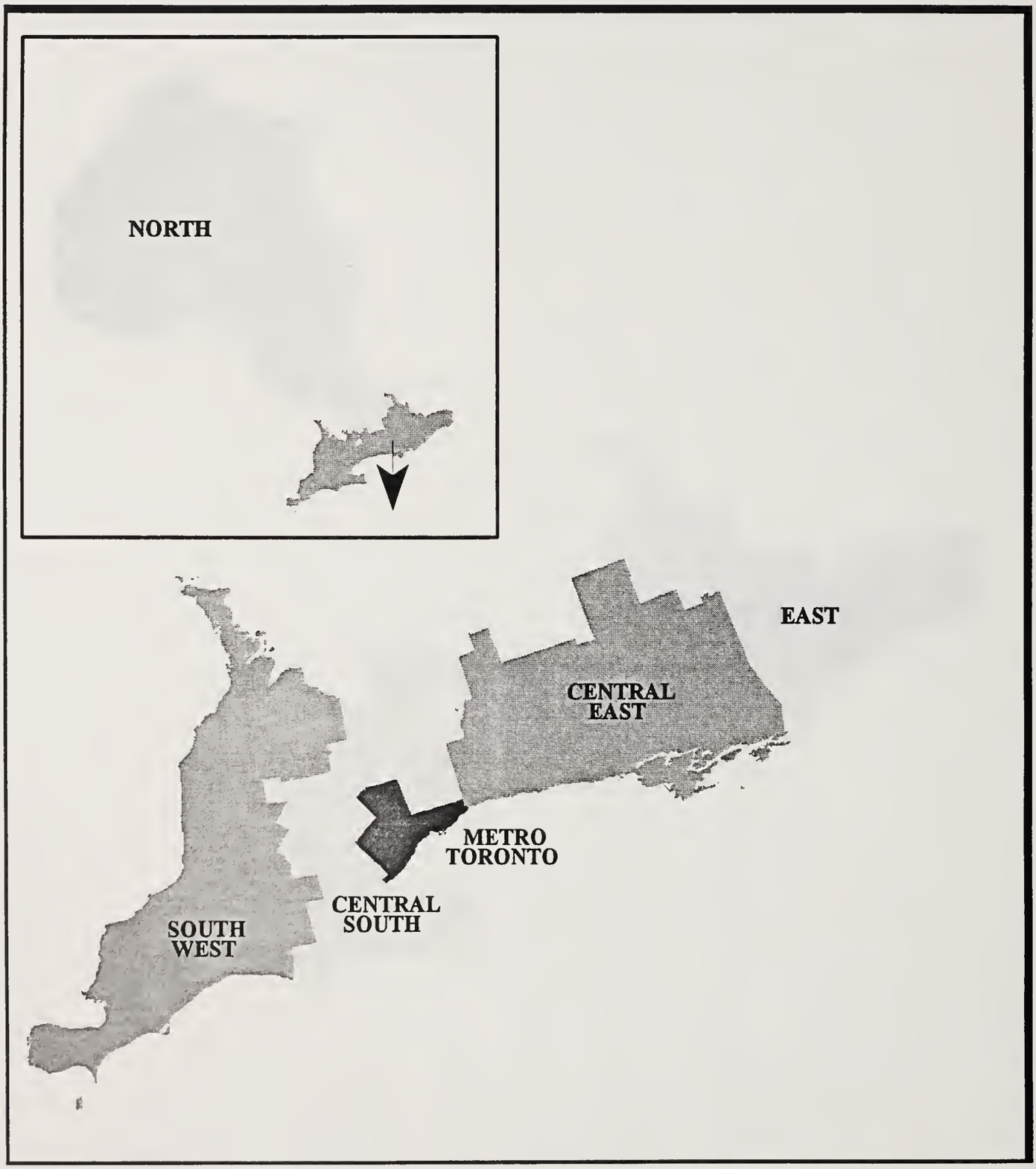
Appendix A / Annexe A

ARF Community Programs

Addiction Research Foundation
Community Programs Department

Service des programmes communautaires de la
Fondation de la recherche sur la toxicomanie

ARF Regions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CENTRAL SOUTH
SOUTH WEST

ARF COMMUNITY PROGRAMS

ADDICTION RESEARCH FOUNDATION
COMMUNITY PROGRAMS DEPARTMENT

The Community Programs Department is the community outreach branch of the Addiction Research Foundation (ARF). Through the 26 local offices of the ARF, its staff provide prevention, health promotion and treatment service development programs aimed at more effective recognition, prevention and treatment of alcoholism and other addictions.

The Department provides services to the people of Ontario in the following ways:

a. assists in implementing community-based addictions programs for schools, municipalities, social service personnel, industry, minority groups and the public;
b. develops and operates demonstration projects in collaboration with various employers and agencies in the health, social and educational sectors;
c. trains health and social service staff in addictions and providing information to the people of Ontario;
d. conducts workshops and community forums for educators, health care professionals and representatives of business and labor.

MAJOR PROGRAM PRIORITIES

A. Prevention and Health Promotion

The Department implements policies, projects and activities designed to increase public knowledge and awareness of the effects of problematic use of alcohol and other drugs, and to encourage the adoption of preventive and health promotion measures.

Specific attention is directed at the following target groups:

a. municipalities: to develop alcohol management policies and practices for municipally owned recreation facilities and parks as a community risk reduction prevention strategy;
b. local district health councils, health, social services and community agencies, and the public: to increase overall awareness and knowledge of the effects of alcohol and other substances, and to encourage alternatives to substance use and abuse;
c. teachers and school boards in Ontario: to develop and implement alcohol and drug education policies, curricula and teacher training programs;
d. communities and members of the driving public: to develop programs to reduce the threat to public safety caused by driving or operating recreational vehicles while under the influence of alcohol or other drugs;
e. persons who use alcohol and/or other drugs in public places and worksites: to identify substance use that represents a threat to the health and safety of themselves and others;
f. parents and youth group leaders: to recognize, prevent and manage alcohol- and other drug-related problems;
g. ethnic, cultural and age-specific groups: to adopt low-risk drinking and drug-taking practices;
h. citizen advocacy groups: to support their efforts to increase public awareness and knowledge of the effects of alcohol and other drug use, and measures to reduce the incidence of drug-related problems.

B. Treatment Services Development

A major program priority of the Foundation's field staff is to work in close collaboration with service providers and other relevant groups, to establish a provincewide network of coordinated community-based alcohol treatment systems of assessment and referral, counselling, primary care and follow-up, and making provision for community living arrangements (such as detoxification centres and recovery homes) for those requiring such care.

In pursuit of this priority, field staff collaborate with major planning bodies such as district health councils and social planning councils, public health agencies, hospitals, and various other health and social agencies to develop and improve the treatment services available to persons with alcohol-related problems. Some of the major program thrusts in this area include:

a. working with addictions agencies, community planners, and informing them about the nature and extent of alcohol problems and the need for community-based alcohol treatment services;
b. participating in needs assessment studies with district health councils to determine gaps in treatment services;
c. training local agency staff regarding various aspects of alcohol use and treatment approaches, including quality enhancements.

C. Workforce Health Programs

Another program priority of the Department is to develop workforce health programs aimed at increasing the capability of the occupational community to understand, prevent and manage the problems and costs resulting from the use and abuse of alcohol and other drugs in the workplace. In pursuit of this objective, the Foundation field staff work closely with E.A.P. councils and provincewide organizations to develop policies and programs.

SERVICE DES PROGRAMMES COMMUNAUTAIRES DE LA FONDATION DE LA RECHERCHE SUR LA TOXICOMANIE

Le Service des programmes communautaires fournit aux collectivités les services extérieurs établis par la Fondation de la recherche sur la toxicomanie (la ARF). Son personnel, réparti dans 26 bureaux locaux, offre des programmes de prévention, de promotion de la santé et d'organisation des services de traitement afin de maximiser le dépistage, la prévention et le traitement de l'alcoolisme et des autres toxicomanies.

Ce service dessert la population de l'Ontario comme suit :

a. facilite l'application de programmes communautaires axés sur la toxicomanie et destinés aux établissements d'enseignement, aux municipalités, aux services sociaux, aux entreprises, aux minorités et au grand public;
b. met en oeuvre des projets de démonstration en collaboration avec divers employeurs et organismes du secteur de la santé, des services sociaux et de l'éducation;
c. donne une formation en toxicomanie au personnel des services de santé et sociaux et diffuse des renseignements à la population de l'Ontario;
d. organise des ateliers et des débats à l'intention des éducateurs, des professionnels de la santé et des représentants des entreprises et des syndicats.

PRIORITÉS EN MATIÈRE DE PROGRAMMATION

A. Prévention et promotion de la santé

Le service met en application des politiques, des projets et des activités ayant pour but d'élargir les connaissances du public, de le sensibiliser aux effets de la consommation abusive d'alcool et d'autres drogues, et d'encourager l'adoption de mesures préventives et d'un mode de vie sain.

Une attention spéciale est apportée aux groupes-cibles suivants :

a. les conseils régionaux de santé, les organismes de santé, de services sociaux et de services communautaires, ainsi que le grand public : intensifier la sensibilisation globale aux effets de l'alcool et d'autres substances, et encourager les solutions de rechange à l'usage et l'abus de l'alcool et des autres drogues;
b. les enseignants et les conseils scolaires de l'Ontario : élaborer et appliquer des politiques d'éducation sur l'alcool et les drogues, ainsi que des programmes de formation des enseignants dans le domaine de l'éducation sur la drogue;
c. les municipalités : en guise de stratégie de réduction du risque dans les collectivités, mettre en oeuvre des politiques et des pratiques de gestion de l'alcool applicables aux installations et aux parcs municipaux;
d. les collectivités et les conducteurs de véhicules automobiles : mettre au point des programmes pour atténuer la menace que représente, pour la sécurité publique, la conduite d'un véhicule sous l'influence de l'alcool ou d'une autre drogue;
e. les personnes qui consomment de l'alcool ou d'autres drogues dans des lieux publics ou au travail : identifier les situations où la consommation d'alcool et de drogues constitue une menace pour la santé et la sécurité de l'usager, et celles d'autrui;
f. les parents et les responsables de groupes de jeunes : reconnaître, prévenir et prendre en charge les problèmes liés à l'alcool et aux drogues;
g. les groupes ethniques ou culturels, et les groupes d'âge précis : adopter des habitudes de consommation modérée de l'alcool et des autres drogues;
h. les groupes de défense des citoyens : appuyer leurs initiatives de sensibilisation du public aux conséquences de la consommation d'alcool et d'autres drogues, de même que les mesures pour réduire l'incidence des problèmes liés à l'alcool et aux drogues.

B. Établissement des services de traitement

L'une des grandes priorités du personnel régional de la Fondation est de travailler, en collaboration étroite avec les fournisseurs de services et autres groupes concernés, à l'établissement d'un réseau provincial communautaire de traitement de l'alcoolisme d'évaluation et d'orientation, de counseling, de soins primaires, de suivi et, pour les personnes qui en ont besoin, de services d'hébergement dans la communauté (comme les centres de désintoxication et les foyers de rétablissement).

Pour concrétiser cet objectif prioritaire, le personnel régional collabore avec les principaux organismes de planification comme les conseils régionaux de santé et les conseils de planification sociale, les organismes de santé publique, les hôpitaux et divers autres organismes de santé ou de services sociaux, afin de mettre sur pied et d'améliorer les services de traitement aux personnes qui ont des difficultés liées à l'alcoolisme. Voici quelques-unes des principales activités dans ce domaine :

a. collaborer avec les organismes spécialisés en toxicomanie et les planificateurs communautaires, et leur expliquer la nature et l'ampleur des problèmes liés à l'alcoolisme, ainsi que la nécessité de services communautaires de traitement de l'alcoolisme;
b. de concert avec les conseils régionaux de santé, participer à une évaluation des besoins des collectivités ontariennes afin d'identifier les lacunes des services de traitement;
c. former les employés des organismes locaux pour les familiariser avec les différentes facettes de la consommation d'alcool et les approches thérapeutiques, y compris l'amélioration de la qualité.

C. Programmes de santé en milieu de travail

Le service des programmes communautaires a comme autre priorité la création de programmes de santé en milieu de travail, afin que les employeurs et employés soient plus en mesure de comprendre, prévenir et gérer les problèmes et frais qu'entraînent l'usage d'alcool ou d'une autre drogue au travail. Pour réaliser cet objectif, le personnel régional de la Fondation participe à l'élaboration de politiques et de programmes, en collaboration avec les conseils chargés des Programmes d'aide aux employés et diverses organisations provinciales.

ADDICTION RESEARCH FOUNDATION
COMMUNITY PROGRAMS DEPARTMENT

Ms. Carolyn P. Nutter
Department Director
33 Russell Street
Toronto, ON M5S 2S1
Tel: 416-595-6046
Fax: 416-595-5018
Mr. Wilfred Orgias
Assistant Director

SOUTH WEST REGIONAL OFFICE

ATT: Mr. Michael T. Gavin
Regional Manager
575 Queen St.
Chatham, ON N7M 2J7
Tel: 519-354-3080
Fax: 519-354-3124

Chatham Community Programs Office
575 Queen St.
Chatham, ON N7M 2J7
Tel: 519-354-1000
Fax: 519-354-3124

London Community Programs Office
700 Richmond St., Suite 201
London, ON N6A 5C7
Tel: 519-433-3171
Fax: 519-433-2722

Owen Sound Community Programs Office
1717 Second Ave. E., Suite 203
Owen Sound, ON N4K 6V4
Tel: 519-371-1861
Fax: 519-371-6744

Sarnia Community Programs Office
265 North Front St., Suite 506
Sarnia, ON N7T 7X1
Tel: 519-337-9611
Fax: 519-337-0462

Windsor Community Programs Office
3200 Deziel Dr., Suite 118
Windsor, ON N8W 5K8
Tel: 519-251-0500
Fax: 519-251-0494

METRO TORONTO REGIONAL OFFICE

ATT: Ms. Andrea Stevens Lavigne
Regional Manager
175 College St.
Toronto, ON M5T 1P8
Tel: 416-595-6126
Fax: 416-595-5019

Metro Toronto Community Programs Office
175 College St.
Toronto, ON M5T 1P8
Tel: 416-595-6090/6028
Fax: 416-595-5019

Halton/Peel Community Programs Office
1270 Central Parkway West, Suite 302
Mississauga, ON L5C 4P4
Tel: 905-270-1431
Fax: 905-270-8388

CENTRAL SOUTH REGIONAL OFFICE

ATT: Mrs. Karen Ferruccio
Regional Manager
63 Church St., Suite 410
St. Catharines, ON L2R 3C4
Tel: 905-988-1271
Fax: 905-988-1266

Barrie Community Programs Office
100 Bell Farm Rd.
Barrie, ON L4M 5K5
Tel: 705-726-4976
Fax: 705-726-7735

Hamilton Community Programs Office
20 Hughson St. S., Suite 804
Hamilton, ON L8N 2A1
Tel: 905-525-1250
Fax: 905-527-6957

Kitchener Community Programs Office
639 King St. W., Suite 201
Kitchener, ON N2G 1C7
Tel: 519-579-1310
Fax: 519-579-4372

Simcoe Community Programs Office
Governor Simcoe Square
40 Colborne St. S.
Simcoe, ON N3Y4H3
Tel: 519-426-7260
Fax: 519-426-1762

St. Catharines Community Programs Office
63 Church St., Suite 410
St. Catharines, ON L2R 3C4
Tel: 905-685-1361
Fax: 905-988-1266

Waterloo Region
Assessment/Referral Centre
639 King St. W.
Kitchener, ON N2G 1C7
Tel: 519-579-3350

NORTH REGIONAL OFFICE

ATT: Mr. Ronald R. Douglas
Regional Manager
144 Pine St., Suite 203
Sudbury, ON P3C 1X3
Tel: 705-675-1181
Fax: 705-675-9121

Kenora Community Programs Office
621 Lakeview Dr.
Harbourview Village Shopping Mall
Kenora, ON P9N 3P6
Tel: 807-468-6372
Fax: 807-468-5257

North Bay Community Programs Office
112 Lakeshore Dr.
North Bay, ON P1A 2A8
Tel: 705-472-3850
Fax: 705-472-8397

Sault Ste. Marie Community Programs Office
205 McNabb St., 3rd Floor
Sault Ste. Marie, ON P6B 1Y3
Tel: 705-256-2226
Fax: 705-256-8233

Sudbury Community Programs Office
144 Pine St., Suite 203
Sudbury, ON P3C 1X3
Tel: 705-675-1195
Fax: 705-675-9121

Thunder Bay Community Programs Office
68 North Algoma St., Suite 102
Thunder Bay, ON P7A 4Z3
Tel: 807-344-5080
Fax: 807-344-5007

Timmins Community Programs Office
119 Pine St. S.
Pine Plaza, Suite 324
Timmins, ON P4N 2K3
Tel: 705-267-6419
Fax: 705-264-0944

CENTRAL EAST REGIONAL OFFICE

ATT: Mr. Richard Christie
Regional Manager
80 Queen St., Suite 200
Kingston, ON K7K 6W7
Tel: 613-546-4268
Fax: 613-546-3931

Belleville Community Programs Office
218 Front St.
Belleville, ON K8N 2Z2
Tel: 613-962-9482
Fax: 613-962-0212

Kingston Community Programs Office
80 Queen St., Suite 200
Kingston, ON K7K 6W7
Tel: 613-546-4266
Fax: 613-546-3931

Peterborough Community Programs Office
223 Aylmer St. N., Suite 07
Peterborough, ON K9J 3K3
Tel: 705-748-9830
Fax: 705-748-3034

Whitby Community Programs Office
1615 Dundas St. E., 2nd Floor
Lang Tower West, Whitby Mall
Whitby, ON L1N 2L1
Tel: 905-576-6277
Fax: 905-576-1281

EAST REGIONAL OFFICE

ATT: Ms. Susan Harrison
Regional Manager
383 Parkdale Ave., Suite 201
Ottawa, ON K1Y 4R4
Tel: 613-728-4104
Fax: 613-725-3280

Cornwall Community Programs Office
132 Second St. E., Suite 304
Cornwall, ON K6H 1Y4
Tel: 613-937-4035/4036
Fax: 613-937-0980

Ottawa Community Programs Office
383 Parkdale Ave., Suite 201
Ottawa, ON K1Y 4R4
Tel: 613-722-1075
Fax: 613-725-3280

Pembroke Community Programs Office
77 Mary St., Suite 201
Pembroke, ON K8A 5V4
Tel: 613-735-1023
Fax: 613-735-4827

Perth Community Programs Office
45 Drummond St. W.
Perth, ON K7H 2J9
Tel: 613-267-1152
Fax: 613-267-3908

Appendix B / Annexe B

Resources for Native Peoples

Ressources à l'intention des autochtones

GENERIC ROLE OF NATIONAL NATIVE ALCOHOL AND DRUG ABUSE (NNADAP) AND COMMUNITY HEALTH REPRESENTATIVE (CHR) COORDINATORS IN ONTARIO REGION

The coordinators' objective is to provide advice and support to community-based CHRs and NNADAP prevention workers. As required, the coordinators may attend Chief and Council meetings and/or Health Committee meetings to respond to information requests. Coordinators provide assistance on health-related matters and training matters, and they address concerns relating to funding, contribution agreements and workplans. The coordinators may act as advocates and serve as liaison between First Nations, their community-based CHRs and NNADAP workers, and funding agencies such as the Medical Services Branch. Coordinators will continue to assist the First Nations community-based workers to promote their networking in their struggle against alcohol and drug abuse, and to address the related health and social issues that result from substance abuse.

RÔLE GÉNÉRIQUE DES COORDONNATEURS DU PROGRAMME DE LUTTE CONTRE L'ABUS DE L'ALCOOL ET DES DROGUES CHEZ LES AUTOCHTONES (PLCAADA) ET DES REPRÉSENTANTS EN SANTÉ COMMUNAUTAIRE (RSC) DANS LES RÉGIONS DE L'ONTARIO

L'objectif des coordonnateurs est de conseiller et d'appuyer les intervenants communautaires des RSC et du PLCAADA qui travaillent dans le domaine de la prévention. Comme prescrit, les coordonnateurs peuvent siéger aux réunions des chefs et du conseil ou aux réunions du Comité de la santé afin d'être en mesure de répondre aux demandes de renseignements. Ils peuvent apporter leur concours sur les questions liées à la santé et à la formation et traiter des préoccupations liées au financement, aux accords de financement et aux plans de travail. Les coordonnateurs peuvent jouer le rôle de défenseur et de lien entre les Premières Nations, les intervenants communautaires des RSC et du PLCAADA et les organismes de financement comme la Direction des services médicaux. Ils continueront d'aider les intervenants communautaires des Premières Nations à faire la promotion de leur réseau d'entraide dans le cadre de la lutte qu'ils mènent contre l'usage abusif d'alcool et de drogue et à aborder les questions de santé et sociales découlant de la toxicomanie.

COMMUNITY HEALTH SERVICE NNADAP/CHR COORDINATORS LIST ONTARIO REGION

Debbie Beaucage
A/Community Halth Advisor
Union of Ontario Indians
Head Office: Nipissing First Nation
P.O. Box 711
North Bay, ON
Phone: 705-497-9127
Fax: 705-497-9135

Kathleen Naponse
Community Health Advisor
Northshore Tribal Council
Whitefish Lake Health Centre
P.O. Box 98
Naughton, ON P0M 2M0
Phone: 705-692-3674
Fax: 705-692-5010

Walter Prince
Zone CHR Coordinator
Thunder Bay Zone
Medical Services Branch
28 North Cumberland Street
Thunder Bay, ON P7A 4X9
Phone: 807-343-5311
Fax: 807-343-5311

Connie Lesperance
Zone NNADAP Coordinator
Thunder Bay Zone
Medical Services Branch
28 North Cumberland Street
Thunder Bay, ON P7A 4X9
Phone: 807-343-5312
Fax: 807-343-5308

Kirk Peltier
Southern Ontario Zone
Medical Services Branch
1547 Merivale Road
Nepean, ON K1A 0L3
Phone: 613-957-0714
Fax: 613-941-2156

Alfred Oshie
Alcohol Health Coordinator
Ojibway Tribal Family Services
512 First Avenue South
Kenora, ON P9N 1W5
Phone: 807-548-4340
Fax: 807-548-2346

Debbie Cheechoo
Executive Director
Keewatinook Alcohol Abuse Program
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Moose Factory, ON P0L 1W0
Phone: 705-658-4674
Fax: 705-658-4152

Sarah Melvin
Community Health Advisor
Sioux Lookout Aboriginal Health Authority
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Sioux Lookout, ON P0V 2T0
Phone: 807-737-4011
Fax: 807-737-1076

Jessie Duncan
Community Health Advisor
Sioux Lookout Aboriginal Health Authority
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Sioux Lookout, ON P0V 2T0
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Fax: 807-737-1076

Francine Pellerin
Community Health Advisor
Sioux Lookout Aboriginal Health Authority
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Sioux Lookout, ON P0V 2T0
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Fax: 807-737-1076

Wendy Johnson-Martin
Community Health Representative
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Ohsweken, ON N0A 1M0
Phone: 519-445-4522
Fax: 519-445-2061

Will Perkins
Community Health Advisor
Dilico Ojibway Child & Family Services
100 Anernki Drive Suite 201
Thunder Bay, ON P7J 1A5
Phone: 807-622-9060
Fax: 807-622-8184
1-800-465-3985

Julie Roundpoint
Community Health Representative
Program Manager
Box 579
Cornwall, ON K6H 5T3
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Fax: 613-575-2181

Terry Elijah
CHR/NNADAP Coordinator
Association Of Iroquois & Allied Indians
387 Princess Avenue
London, ON N6B 2A7
Phone: 519-434-2761
Fax: 519-679-1653

Andria Cooke
Executive Program Director
Akwesasne Addictions Prevention Program
P.O. Box 579
Cornwall Island, ON K6H 5T3
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Fax: 613-575-2181

Glenn Forest
A/Executive Program Director
New Directions
P.O. Box 160
Ohsweken, ON N0A 1M0
Phone: 519-445-2947/2051
Fax: 519-445-4388

Tibby Johnston-Sedore
Community Health Advisor
South West Region
Union Of Ontario Indians
R.R. 5
Wiarton, ON N0H 2T0
Phone: 519-534-2227
Fax: 519-534-5130

Rudy Morriseau
Executive Director
Oh Shiki Be Ma Te Ze Win Inc.
Box 11, Group 4, R. R. 2
Fort Frances, ON P9A 3M3
Phone: 807-274-8438
Fax: 807-274-7753

Updated: December 2, 1994
This information was kindly provided by Health Canada, Medical Services Branch

Appendix C / Annexe C

Additional Resources available from
the Addiction Research Foundation

Ressources supplémentaires disponibles à la
Fondation de la recherche sur la toxicomanie

To order this Directory or other resources produced by the ARF, please contact:

The Addiction Research Foundation
Marketing Services
33 Russell St.
Toronto, Ontario M5S 2S1

PHONE: 1-800-661-1111 (toll-free in Canada or continental USA)
(416) 595-6059 in Toronto

FAX: (416) 593-4694

Pour de plus amples renseignements ou pour commander ces publications ou tout autre produit sur l'usage abusif d'alcool et de drogues, veuillez communiquer avec la :

Fondation de la recherche sur la toxicomanie
Service du marketing
33 rue Russell
Toronto ON M5S 2S1

TÉLÉPHONE : 1-800-661-1111 (sans frais au Canada et sur le territoire continental des États-Unis)
(416) 595-6059 à Toronto

TÉLÉCOPIEUR : (416) 593-4694

ADDITIONAL RESOURCES AVAILABLE FROM THE ADDICTION RESEARCH FOUNDATION

Alcohol and Drug Treatment in Ontario: A Guide for Helping Professionals
Free in Ontario
44 pages
Order code: PZZ93

This guide is designed to help health and social services professionals who are not addictions specialists get clients on the road to treatment. The guide summarizes the options available in Ontario's treatment system, including assessment and referral services and self-help groups.

Alcohol and Drug Treatment in Ontario: A Guide for People Seeking Help
Free in Ontario
Brochure
Order Code: PZZ91

This brochure can be offered to health and social service clients to help them make choices about treatment options in Ontario. It answers common questions regarding services such those related to cost, types and lengths of treatment, and services available for people with special needs.

Alcohol and Drug Problems: A Practical Guide for Counsellors
$34.95 (Ontario PST exempt)
453 pages
Order code: P563

Written by experts in various legal and medical areas, this book offers "hands-on" information to frontline treatment professionals about alcohol and drug use. It explores a wide range of topics, including ethics and professional issues, relapse prevention, AIDS, clients on probation or parole, and workplace issues.
(Cette publication n'est pas disponible en français)

Directory of Client Outcome Measures for Addictions Treatment Programs
$39.00 (Ontario PST exempt)
284 pages
Order code: PG059

This directory includes information on more than 25 measures designed to assess client outcomes in three main areas:

- substance abuse, including alcohol and drug consumption, consequences of use, drinking and drug-using situations, self-efficacy and coping
- other life areas, such as psychological well-being, physical health and cognitive functioning, social and leisure activities, and legal, financial and work status
- treatment response, including client satisfaction and feedback.

The reviews of clinical tools include: information on target population, administrative reliability, scientific validity and ability to measure change. Some samples of actual measures are reproduced.

Treatment providers can use these clinical tools to monitor the progress of clients, pinpoint what works best for different client groups, and evaluate the success rate of their programs over time.

The Evaluation Casebook: Using Evaluation Techniques to Enhance Program Quality in Addictions
$39.00 (Ontario PST exempt)
274 pages
Order code: PG068

This publication offers straightforward advice on how to conduct effective program evaluation. Realistic examples illustrate a wide variety of evaluation techniques, ranging in scope from simple to complex, and from modest to expensive. Through a step-by-step format, you'll discover how to receive clear answers to your questions; collect data; present your findings; and put your results to work. All techniques are rated for cost and level of complexity. An excellent resource for novice or experienced program evaluators.

RESSOURCES SUPPLÉMENTAIRES DISPONIBLES À LA FONDATION DE LA RECHERCHE SUR LA TOXICOMANIE

Traitement des problèmes liés à l'usage d'alcool et de drogues en Ontario : Guide pour les professionels aidants.
Gratuit en Ontario
44 pages
Code de commande : PZZ94

Ce guide est conçu pour aider les professionnels de la santé et des services sociaux non spécialisés en toxicomanie à orienter les clients vers un traitement. Il résume les options offertes par le réseau de traitement ontarien, notamment les services d'évaluation et d'orientation ainsi que les groupes d'initiative personnelle.

Le traitement des problèmes d'usage d'alcool et de drogue en Ontario : Un guide pour les personnes qui recherchent de l'aide
Gratuit en Ontario
Dépliant
Code de commande : PZZ92

Ce dépliant peut être distribué aux clients des services sociaux et de santé afin de les aider à choisir un traitement en Ontario. Il répond à des questions courantes sur les services, par exemple les types de traitements, le coût et la durée, et les services disponibles aux personnes ayant des besoins particuliers.

Version française intitulée *Répertoire des mesures d'évaluation de la situation des clients en phase de suivi à l'usage des programmes de traitement de la toxicomanie*
39 $ (Non asujetti à la taxe de vente de l'Ontario)
303 pages
Code de commande : PG065

Ce répertoire contient des renseignements sur plus de 25 mesures conçues pour évaluer les besoins des clients dans trois domaines principaux :

- toxicomanie, notamment usage d'alcool et de drogue, les conséquences de l'usage, situations qui déclenchent l'usage, compétence personnelle et adaptation;
- autres aspects de la vie, tel bien-être psychologique, santé physique et fonctions cognitives, activités sociales et de loisir, et état juridique, financier et professionnel;
- la réponse au traitement, dont la satisfaction et les commentaires du client.

Les outils cliniques examinés comprennent des renseignements sur la population cible, la fiabilité administrative, la validité scientifique et la capacité de mesurer le changement. Quelques exemples de mesures existantes sont fournis.

Les fournisseurs de traitement peuvent utiliser ces outils cliniques afin de mesurer le progrès des clients, identifier ce qui convient le mieux à chaque groupe de clients et évaluer le taux de succès de leur programmes après un certain temps.

Version française intitulée *Guide d'évaluation : Illustration de techniques visant à améliorer les programmes de traitement de la toxicomanie*
39 $ (Non asujetti à la taxe de vente de l'Ontario)
274 pages
Code de commande : PG069

Cette publication renferme des conseils pratiques sur la manière efficace d'évaluer un programme. Des exemples réalistes illustrent un large éventail de techniques d'évaluation simples ou complexes et coûteuses ou modestes. Grâce à sa formule par étapes, vous découvrirez comment poser des questions qui engendrent des réponses claires, recueillir des données, présenter et appliquer vos résultats. Les niveaux de complexité et de prix de toutes les techniques sont indiqués. Une excellente ressource pour les responsables de l'évaluation des programmes, qu'ils soient novices ou expérimentés.

Indexes / Index

Alphabetic Agency Index

Municipality Index

Treatment Type Indexes

Services for Special Populations Indexes

ALPHABETIC AGENCY INDEX

Page	Agency
69	174 King St. N. Alcoholism Recovery Home, Waterloo
232	3 C's Reintroduction Centre, Thunder Bay
80	416 Addiction Case Management Program, Toronto
	A
41	ADAPT (Alcohol and Drug Assessment, Prevention and Treatment Program), Burlington
39	Addiction Assessment Services of Brant, Inc., Brantford
205	Addiction Counselling For Youth and Adults, Alliance Centre, Sturgeon Falls
178	Addiction Outreach Muskoka Parry Sound, Bracebridge
81	Addiction Research Foundation, Clinical Research and Treatment Institute, Toronto
125	Addiction Services (Hastings and Prince Edward Counties) Inc., Belleville
73	Addiction Services For York Region (ASYR), Aurora
190	Addiction Services of Nipissing, North Bay
145	Addictions Assessment Services of Ottawa-Carleton, Ottawa
224	Addicitons Counselling Services, Kenora
197	Addictions Treatment Clinic, Sault Ste. Marie
25	Adolescent Substance Abuse Program, Teen Health Centre, Windsor
48	Alcohol and Drug Assessment Services, Hamilton
138	Alcohol and Drug Referral Centre of Kingston, Kingston
49	Alcohol and Drug Relapse Prevention Program, Hamilton
63	Alcohol and Drug Treatment Centre (Niagara), St. Catharines
232	Alcohol and Other Drug Assessment Program, Thunder Bay
70	Alcontrol Homes, Waterloo
188	Alemotaeta, James Bay Community Mental Health Program, Moosonee
86	Alpha House, Toronto
197	Alternatives For Youth, Sault Ste. Marie
49	Alternatives For Youth (AY), Hamilton
132	Alwood Inc., Carleton Place
147	Amethyst Women's Addiction Centre, Ottawa
177	Anishnabe Naadmaagi Gamig Substance Abuse Centre, Blind River
69	ARID (Alcohol Recovery in Dignity), Thorold
221	Atikokan Community Counselling, Drug/Alcohol Program, Atikokan
6	Awareness andPrevention of Drug and Alcohol Abuse Program, Kettle Point Reserve
	B
233	Balmoral Centre, Thunder Bay
127	Belleville ATAC Centre (Addictions Treatment Assessment Counselling), Belleville
87	Bellwood Health Services Inc., Scarborough
167	Billy Buffet's House of Welcome Inc. and Billy's House of Transition Inc., Vanier
40	Brant Alcove Rehabilitation Services Inc., Brantford
88	Breakaway Youth and Family Services, Etobicoke
26	Brentwood Recovery Home, Windsor
198	Breton House, Sault Ste. Marie
128	Brock Cottage / Tennant House, Brockville
143	Buenavista-on-the-Rideau, Merrickville

Page Agency

C

178 . . . Camillus Centre, Elliot Lake
89 . . . . Caritas Project - Community Against Drugs, North York
19 . . . . Chippewas of Sarnia Substance Abuse Intervention Program, Sarnia
225 . . . Clarissa Manor Recovery Home Inc., Kenora
204 . . . Cochrane District Detox Centre, Smooth Rock Falls
43 . . . . Community Alcohol and Drug Services, Guelph
199 . . . Community Alcohol/Drug Assessment Program, Algoma Health Unit, Sault Ste. Marie
75 . . . . Community Care Centre For Substance Abuse, Barrie
230 . . . Community Counselling and Addiction Services, Sioux Lookout
90 . . . . Community Older Persons Alcohol Program (COPA), Toronto
90 . . . . Concerns Canada, Agincourt
133 . . . Cornwall & Area Social Detox, Cornwall
110 . . . Credit Valley Hospital Alcohol and Drug Treatment Program, Mississauga
234 . . . Crossroads Centre Incorporated, Thunder Bay

D

149 . . . David Smith Centre, Ottawa
223 . . . Del-Art Manor Recovery Home, Keewatin
120 . . . Destiny Manor, Whitby
91 . . . . Doctor's Hospital Mental Health Services, Alcohol and Drug Services, Toronto
92 . . . . Donwood Institute, Health Recovery Program, Toronto
134 . . . Drug Addiction Program, Eastern Ontario Health Unit, Cornwall
121 . . . Durham Board of Education, Whitby

E

151 . . . Elizabeth Bruyere Health Centre, Detoxification Centre, Ottawa
93 . . . . Elizabeth Fry Society, Drug and Alcohol Counselling Program, Toronto
179 . . . Elliot Lake Family Life Centre, Family Addictions Program, Elliot Lake
152 . . . Empathy House, Ottawa
28 . . . . Essex County Addiction Assessment Referral Service, Windsor

F

25 . . . . First Nations Addiction Awareness Centre, Wiarton
118 . . . Four Counties Addiction Services Team Inc. (FOURCAST), Peterborough
153 . . . Francophone Treatment Unit (FTU), Ottawa
135 . . . Friendship Welcome Centre Inc., Cornwall

G

14 . . . . G & B House, Owen Sound
155 . . . Gateway House, Ottawa
117 . . . Georgianwood Addiction Centre, Penetanguishene
16 . . . . Grey Bruce Detoxification Centre, Owen Sound
17 . . . . Grey Bruce Regional Health Centre, Addiction Day Treatment Programs, Owen Sound
15 . . Grey-Bruce Alcohol Assessment and Referral Service, Owen Sound

Page	Agency
	H
61	Haldimand-Norfolk Addiction Service, Simcoe
55	Halton Recovery House, Hornby
50	Hamilton Men's Detox Centre, Hamilton
51	Hamilton Women's Detox Centre, Hamilton
185	Harmony House Inc., Kirkland Lake
137	Harvest House Ministries, Gloucester
62	Holmes House Haldimand Norfolk Detoxification and Rehabilitation Service, Simcoe
44	Homewood Health Centre, Homewood Alcohol and Drug Services (HADS), Guelph
57	Hope Place Women's Treatment Centre, Milton
94	Hospital For Sick Children, Substance Abuse Program, Toronto
139	Hotel Dieu Hospital Detoxification Centre, Kingston
29	House of Sophrosyne, Windsor
95	Humber Memorial Hospital Chemical Dependency Treatment Unit, Weston
5	Huron Addiction Assessment and Referral Centre, Clinton
	I
140	Institute of Psychotherapy Limited, Kingston
	J
155	James Street Recovery Program, Ottawa
96	Jean Tweed Treatment Centre, Toronto
114	John Howard Society of Durham Region, Oshawa
119	John Howard Society, DATE Program (Drug & Alcohol Treatment & Education), Peterborough
30	John Howard Society, Juvenile Crisis Intervention Program, Windsor
216	Jubilee Centre Inc., Timmins
	K
141	Kairos, Kingston
187	Keewatinook Alcohol Abuse Program, Moose Factory
201	Ken Brown Recovery Home, Sault Ste. Marie
226	Kenora Detoxification Centre, Kenora
97	Kensington Clinic, Toronto
3	Kent County Addictions Program, Chatham
	L
235	Lakehead Addictions Centre, Thunder Bay
206	Lakeside Centre, Sudbury
130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
144	Lennox and Addington Addiction Services, Napanee
156	Lifestyle Enrichment For Senior Adults (LESA), Ottawa
	M
164	MacKay Manor Inc., Renfrew
98	Madeira Residential and Counselling Services, Etobicoke
196	Maison Arc-En-Ciel, Opasatika
169	Maison Fraternite, Vanier
182	Maison Renaissance, Hearst

Page Agency

36 . . . . Maplewood Counselling Inc., Woodstock
52 . . . . Mary Ellis House, Hamilton
31 . . . . Maryvale Adolescent and Family Services, Windsor
98 . . . . Matt Talbot Houses, Toronto
99 . . . . Metro Addiction Assessment Referral Service (MAARS), Toronto
226 . . . Migisi Alcohol and Drug Abuse Treatment Centre, Kenora
53 . . . . Moreland Centre, Hamilton
173 . . . Mount Carmel House Treatment Centre Inc., Williamstown

N

207 . . . N'Swakamok Native Friendship Centre, Sudbury
46 . . . . Native Horizons Treatment Centre, Hagersville
47 . . . . New Credit Alcohol and Drug Abuse Program, Hagersville
58 . . . . New Directions, Ohsweken
59 . . . . New Port Centre, Port Colborne
218 . . . Ngwaagan Gamig Recovery Centre Inc. (Rainbow Lodge), Wikwemikong
64 . . . . Niagara Alcohol and Drug Assessment Service, St. Catharines
65 . . . . Niagara Regional Men's and Women's Detoxification Centres, St. Catharines
192 . . . Nipissing Detoxification Centre, North Bay
193 . . . North Bay Half Way House, North Bay
183 . . . North Cochrane Addiction Services Inc. (NCAS), Kapuskasing
228 . . . North of Superior Programs, Manitouwadge
99 . . . . North York General Hospital Substance Abuse Program, Willowdale
201 . . . Northern Treatment Centre, Sault Ste. Marie
79 . . . . Northumberland Addictions Service, Cobourg

O

181 . . . Oaks Centre Detoxification Services, Elliot Lake
222 . . . OH-SHKI-BE-MA-TE-ZE-WIN, INC., Fort Frances
21 . . . . Onyota'a:ka Drug and Alcohol Counselling Centre, Southwold
141 . . . Options For Change, Kingston
67 . . . . Outpatient Treatment, Education and Counselling Program, St. Catharines
119 . . . Ozanam Community Home, Peterborough
100 . . . Ozanam House, Toronto

P

165 . . . Pathways Alcohol and Drug Treatment Services of Renfrew County, Renfrew
100 . . . Pedahbun Lodge, Toronto
77 . . . . Peel Addiction Assessment and Referral Centre, Brampton
78 . . . . Peel Memorial Hospital, Addiction Counselling Services of Peel, Brampton
111 . . . Peel Youth Substance Abuse Program, Mississauga
23 . . . . Perth Addiction Centre Inc., Stratford
208 . . . Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
115 . . . Pinewood Centre, Oshawa
136 . . . Place Valois Place, Cornwall
42 . . . . Portage Ontario, Elora

Q

7 . . . . . Quintin Warner House, London

Page **Agency**

R

229 .. Red Lake/Ear Falls Alcohol and Drug Assessment/Referral and Counselling Service, Red Lake
79 ... Renascent Centres (Men) P.J. Sullivan Centre, Brooklin
101 .. Renascent Centres (Men) Punanai House, Toronto
101 .. Renascent Centres (Men) Walker House, Downsview
165 .. Renfrew County Alcohol and Drug Assessment Referral Service, Renfrew
131 .. Residential Rehabilitation Unit, Brockville Psychiatric Hospital, Brockville
229 .. Reverend Tommy Beardy Memorial Wee Che He Wayo-Gamik Family Treatment Centre, Muskrat Dam
143 .. Rideau Correctional and Treatment Centre, Merrickville
157 .. Rideauwood Institute, Ottawa
222 .. Riverside Community Addiction Services, Fort Frances
158 .. Roberts/Smart Centre, Ottawa
211 .. Robins Hill After Care Services Inc., Sudbury
213 .. Rockhaven, Sudbury
159 .. Royal Ottawa Hospital Addiction Program, Ottawa

S

188 .. Sagashtawao Healing Lodge, Moosonee
214 .. Salvation Army Addiction and Rehabilitation (Sudbury), Sudbury
102 .. Salvation Army Addiction and Rehabilitation Dept. Toronto West Harbour Light, Toronto
54 ... Salvation Army Addictions and Rehabilitation Centre (Hamilton), Hamilton
202 .. Salvation Army Adult Resource Centre, Sault Ste. Marie
161 .. Salvation Army Anchorage, Ottawa
102 .. Salvation Army Anchorage Addictions and Rehabilitation Centre, Toronto
8 .... Salvation Army Correctional and Justice Services Addiction Education Program, London
103 .. Salvation Army Harbour Light Central, Toronto
103 .. Salvation Army Homestead, Toronto
80 ... Salvation Army Hope Acres Rehabilitation Centre, Glencairn
142 .. Salvation Army Kingston Harbour Light, Kingston
32 ... Salvation Army Substance Abuse Program, Windsor
31 ... Salvation Army, Community & Rehabilitation Services, Windsor
20 ... Sarnia General Hospital Addiction Services, Sarnia
21 ... Saugeen Native Drug & Alcohol Counselling Centre, Southampton
203 .. Sault Ste. Marie Detoxification Centre, Sault Ste. Marie
162 .. Serenity House Inc., Ottawa
163 .. Serenity Renewal for Families, Ottawa
113 .. Seven South St. Recovery Homes, Orillia
76 ... Simcoe Outreach Services, Barrie
236 .. Smith Alcohol & Drug Dependency Clinic - Treatment Centre, Thunder Bay
163 .. Sobriety House, Ottawa
217 .. South Cochrane Addiction Services Inc., Timmins
9 .... St. Joeseph's Detoxification Centre, London
104 .. St. Joseph's Health Centre Detoxification Unit, Toronto
195 .. St. Joseph's Treatment Centre, North Bay
10 ... St. Leonard's Society of London, London
104 .. St. Michael's Halfway Houses, Toronto
105 .. St. Michael's Hospital Detoxification Unit, Toronto
11 ... St. Stephen's House, London
22 ... St. Thomas Addiction Rehabilitation Unit, St. Thomas
45 ... Stonehenge Therapeutic Community, Guelph
106 .. Street Haven at the Crossroads / Grant House, Toronto
33 ... Substance Abuse Program, Community Mental Health Clinic, Windsor
221 .. Sunset Country Counselling Services, Dryden

Page **Agency**

T

112 . . . T.A. Patterson & Associates Inc., Mississauga
12 . . . . Thames Valley Addiction Assessment and Referral Centre, London
238 . . . Thunder Bay Seaway Non-Profit Apartments, Thunder Bay
189 . . . Timiskaming Addiction Assessment Program (TAAP), New Liskeard
107 . . . Toronto East General Hospital Detoxification Centre, Toronto
107 . . . Toronto Hospital, Detoxification Unit, Toronto
166 . . . Tri County Addictions Program (TRICAP), Smiths Falls
13 . . . . Turning Point, London

V

108 . . . VincenPaul Community Homes, Toronto
122 . . . Vitanova Foundation, Woodbridge

W

55 . . . . Waterloo Region Alcohol and Drug Assessment Service, Kitchener
56 . . . . Waterloo Regional Detoxification Centre, Kitchener
54 . . . . Wayside House of Hamilton, Hamilton
68 . . . . Wayside House of St. Catharines, St. Catharines
238 . . . Weendahmagen Alcohol & Drug Abuse Treatment Centre, Thunder Bay
24 . . . . Westover Treatment Centre, Thamesville
34 . . . . Windsor Regional Hospital Detoxification Centre, Windsor
108 . . . Women's Own Detox Centre, Toronto

Y

109 . . . YMCA Youth Substance Abuse Program, Toronto
56 . . . . Young Adult Substance Abuse Clinic, Kitchener
227 . . . Youth Addictions Healing Centre, Kenora
18 . . . . Youth Addictions Services, Owen Sound
109 . . . Youth Clinical Services, Inc., Downsview

MUNICIPALITY INDEX

MAIN OFFICE LISTINGS (See other office index on next page for locations of offices not in the same municipality as the main office.)

Page	Agency
	Agincourt, *see Metro Toronto*
221	Atikokan
73-74	Aurora
75-76	Barrie
125-127	Belleville
177	Blind River
178	Bracebridge
77-78	Brampton
39-40	Brantford
128-131	Brockville
79	Brooklin
41	Burlington
132	Carleton Place
3-4	Chatham
5	Clinton
79	Cobourg
133-136	Cornwall
	Downsview, *see Metro Toronto*
221	Dryden
178-181	Elliot Lake
42	Elora
	Etobicoke, *see Metro Toronto*
222	Fort Frances
79	Glencairn
137	Gloucester
43-45	Guelph
46-47	Hagersville
48-54	Hamilton
182	Hearst
55	Hornby
183-184	Kapuskasing
223	Keewatin
224-227	Kenora
6	Kettle Point Reserve
138-142	Kingston
185-186	Kirkland Lake
55-56	Kitchener
7-13	London
228	Manitouwadge
143	Merrickville
81-109	Metro Toronto
57	Milton
110-112	Mississauga
187	Moose Factory
188	Moosonee
229	Muskrat Dam
144	Napanee
189	New Liskeard
190-195	North Bay
	North York, *see Metro Toronto*
58	Ohsweken
196	Opasatika
113	Orillia
114-116	Oshawa
145-163	Ottawa
14-18	Owen Sound
117	Penetanguishene
118-119	Peterborough
59-60	Port Colborne
229	Red Lake
164-165	Renfrew
19-20	Sarnia
197-203	Sault Ste. Marie
	Scarborough, *see Metro Toronto*
61-63	Simcoe
230-231	Sioux Lookout
166	Smiths Falls
204	Smooth Rock Falls
21	Southampton
21	Southwold
63-68	St. Catharines
22	St. Thomas
23	Stratford
205	Sturgeon Falls
206-215	Sudbury
24	Thamesville
69	Thorold
232-238	Thunder Bay
216-217	Timmins
	Toronto, *see Metro Toronto*
167-172	Vanier
69-70	Waterloo
	Weston, *see Metro Toronto*
120-121	Whitby
25	Wiarton
218	Wikwemikong
173	Williamstown
	Willowdale, *see Metro Toronto*
25-35	Windsor
122	Woodbridge
36	Woodstock

OTHER OFFICE LISTINGS (For services that are not located in the same municipality as the main office.)

Municipality	Page	Agency
Acton	41	ADAPT (Alcohol and Drug Assessment, Prevention and Treatment Program), Burlington
Alexandria	134	Drug Addiction Program, Eastern Ontario Health Unit, Cornwall
Alliston	76	Simcoe Outreach Services, Barrie
Amherstview	144	Lennox and Addington Addiction Services, Napanee
Ajax	115	Pinewood Centre, Oshawa
Arnprior	165	Renfrew County Alcohol and Drug Assessment Referral Service, Renfrew
Attawapiskat	188	Alemotaeta, James Bay Community Mental Health Program, Moosonee
Barry's Bay	165	Renfrew County Alcohol and Drug Assessment Referral Service, Renfrew
Blind River	179	Elliot Lake Family Life Centre, Family Addictions Program, Elliot Lake
Bowmanville	115	Pinewood Centre, Oshawa
Burk's Falls	178	Addiction Outreach Muskoka Parry Sound, Bracebridge
Cambridge	55	Waterloo Region Alcohol and Drug Assessment Service, Kitchener
	56	Young Adult Substance Abuse Clinic, Kitchener
Campbellford	118	Four Counties Addiction Services Team Inc. (FOURCAST), Peterborough
Carleton Place	130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
Casselman	134	Drug Addiction Program, Eastern Ontario Health Unit, Cornwall
Chapleau	208	Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
Clarence Creek	134	Drug Addiction Program, Eastern Ontario Health Unit, Cornwall
Cochrane	183	North Cochrane Addiction Services Inc. (NCAS), Kapuskasing
Collingwood	76	Simcoe Outreach Services, Barrie
Deep River	165	Renfrew County Alcohol and Drug Assessment Referral Service, Renfrew
Dunnville	61	Haldimand-Norfolk Addiction Service, Simcoe
Durham	15	Grey-Bruce Alcohol Assessment and Referral Service, Owen Sound
Elliot Lake	199	Community Alcohol/Drug Assessment Program, Algoma Health Unit, Sault Ste. Marie
Englehart	189	Timiskaming Addiction Assessment Program (TAAP), New Liskeard
Espanola	208	Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
Fort Erie	69	ARID (Alcohol Recovery in Dignity), Thorold
Fort Albany	188	Alemotaeta, James Bay Community Mental Health Program, Moosonee
Gananoque	130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
Georgetown	41	ADAPT (Alcohol and Drug Assessment, Prevention and Treatment Program), Burlington
Hamilton	112	T.A. Patterson & Associates Inc., Mississauga
Hanover	15	Grey-Bruce Alcohol Assessment and Referral Service, Owen Sound
Hawkesbury	134	Drug Addiction Program, Eastern Ontario Health Unit, Cornwall
Hearst	183	North Cochrane Addiction Services Inc. (NCAS), Kapuskasing
Iroquois Falls	217	South Cochrane Addiction Services Inc., Timmins
Kashechewan	188	Alemotaeta, James Bay Community Mental Health Program, Moosonee
Kemptville	130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
Keswick	73	Addiction Services For York Region (ASYR), Aurora
Kincardine	15	Grey-Bruce Alcohol Assessment and Referral Service, Owen Sound
Kirkland Lake	189	Timiskaming Addiction Assessment Program (TAAP), New Liskeard
Lanark	130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
Lindsay	118	Four Counties Addiction Services Team Inc. (FOURCAST), Peterborough
Listowel	23	Perth Addiction Centre Inc., Stratford
London	36	Maplewood Counselling Inc., Woodstock
	24	Westover Treatment Centre, Thamesville
Longlac	228	North of Superior Programs, Manitouwadge
Manitouwadge	228	North of Superior Programs, Manitouwadge
Marathon	228	North of Superior Programs, Manitouwadge
Markham	73	Addiction Services For York Region (ASYR), Aurora

Municipality	Page	Agency
Matheson	217	South Cochrane Addiction Services Inc., Timmins
Meaford	15	Grey-Bruce Alcohol Assessment and Referral Service, Owen Sound
Midland	76	Simcoe Outreach Services, Barrie
Milton	41	ADAPT (Alcohol and Drug Assessment, Prevention and Treatment Program), Burlington
Mindemoya	208	Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
Minden	118	Four Counties Addiction Services Team Inc. (FOURCAST), Peterborough
Mount Forest	43	Community Alcohol and Drug Services, Guelph
Niagara Falls	64	Niagara Alcohol and Drug Assessment Service, St. Catharines
Nipigon	228	North of Superior Programs, Manitouwadge
Northbrook	144	Lennox and Addington Addiction Services, Napanee
Oakville	41	ADAPT (Alcohol and Drug Assessment, Prevention and Treatment Program), Burlington
Orangeville	43	Community Alcohol and Drug Services, Guelph
Orillia	76	Simcoe Outreach Services, Barrie
Oshawa	120	Destiny Manor, Whitby
Ottawa	167	Billy Buffet's House of Welcome Inc. and Billy's House of Transition Inc., Vanier
	169	Maison Fraternite, Vanier
Parry Sound	178	Addiction Outreach Muskoka Parry Sound, Bracebridge
Perth	130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
Pembroke	165	Renfrew County Alcohol and Drug Assessment Referral Service, Renfrew
Port Perry	115	Pinewood Centre, Oshawa
Portland	130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
Prescott	130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
Rainy River	222	Riverside Community Addiction Services, Fort Frances
Richmond Hill	73	Addiction Services For York Region (ASYR), Aurora
Smiths Falls	130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
Smooth Rock F.	183	North Cochrane Addiction Services Inc. (NCAS), Kapuskasing
Southampton	15	Grey-Bruce Alcohol Assessment and Referral Service, Owen Sound
St. Charles	208	Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
St. Marys	23	Perth Addiction Centre Inc., Stratford
St. Thomas	12	Thames Valley Addiction Assessment and Referral Centre, London
Sundridge	178	Addiction Outreach Muskoka Parry Sound, Bracebridge
Sutton	73	Addiction Services For York Region (ASYR), Aurora
Tillsonburg	36	Maplewood Counselling Inc., Woodstock
Walkerton	15	Grey-Bruce Alcohol Assessment and Referral Service, Owen Sound
Wallaceburg	3	Kent County Addictions Program, Chatham
Wawa	199	Community Alcohol/Drug Assessment Program, Algoma Health Unit, Sault Ste. Marie
Welland	64	Niagara Alcohol and Drug Assessment Service, St. Catharines
Wiarton	15	Grey-Bruce Alcohol Assessment and Referral Service, Owen Sound
Winchester	134	Drug Addiction Program, Eastern Ontario Health Unit, Cornwall
Woodstock	12	Thames Valley Addiction Assessment and Referral Centre, London

TREATMENT TYPE INDEXES

OHIP-DESIGNATED ASSESSMENT AND REFERRAL CENTRES

Page Agency

41 .... ADAPT (Alcohol and Drug Assessment, Prevention and Treatment Program), Burlington
39 .... Addiction Assessment Services of Brant, Inc., Brantford
178 ... Addiction Outreach Muskoka Parry Sound, Bracebridge
73 .... Addiction Services For York Region (ASYR), Aurora
190 ... Addiction Services of Nipissing, North Bay
145 ... Addictions Assessment Services of Ottawa-Carleton, Ottawa
224 ... Addicitons Counselling Services, Kenora
48 .... Alcohol and Drug Assessment Services, Hamilton
138 ... Alcohol and Drug Referral Centre of Kingston, Kingston
232 ... Alcohol and Other Drug Assessment Program, Thunder Bay
127 ... Belleville ATAC Centre (Addictions Treatment Assessment Counselling), Belleville
43 .... Community Alcohol and Drug Services, Guelph
199 ... Community Alcohol/Drug Assessment Program, Algoma Health Unit, Sault Ste. Marie
230 ... Community Counselling and Addiction Services, Sioux Lookout
134 ... Drug Addiction Program, Eastern Ontario Health Unit, Cornwall
28 .... Essex County Addiction Assessment Referral Service, Windsor
118 ... Four Counties Addiction Services Team Inc. (FOURCAST), Peterborough
15 .... Grey-Bruce Alcohol Assessment and Referral Service, Owen Sound
61 .... Haldimand-Norfolk Addiction Service, Simcoe
5 ..... Huron Addiction Assessment and Referral Centre, Clinton
3 ..... Kent County Addictions Program, Chatham
130 ... Lanark Leeds Grenville Addiction Assessment Services, Brockville
144 ... Lennox and Addington Addiction Services, Napanee
99 .... Metro Addiction Assessment Referral Service (MAARS), Toronto
64 .... Niagara Alcohol and Drug Assessment Service, St. Catharines
183 ... North Cochrane Addiction Services Inc. (NCAS), Kapuskasing
228 ... North of Superior Programs, Manitouwadge
77 .... Peel Addiction Assessment and Referral Centre, Brampton
23 .... Perth Addiction Centre Inc., Stratford
208 ... Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
115 ... Pinewood Centre, Oshawa
229 ... Red Lake/Ear Falls Alcohol and Drug Assessment/Referral and Counselling Service, Red Lake
165 ... Renfrew County Alcohol and Drug Assessment Referral Service, Renfrew
222 ... Riverside Community Addiction Services, Fort Frances
20 .... Sarnia General Hospital Addiction Services, Sarnia
76 .... Simcoe Outreach Services, Barrie
217 ... South Cochrane Addiction Services Inc., Timmins
12 .... Thames Valley Addiction Assessment and Referral Centre, London
189 ... Timiskaming Addiction Assessment Program (TAAP), New Liskeard
55 .... Waterloo Region Alcohol and Drug Assessment Service, Kitchener
18 .... Youth Addictions Services, Owen Sound

DETOX SERVICES

Page	Agency
81	Addiction Research Foundation, Clinical Research and Treatment Institute, Toronto
233	Balmoral Centre, Thunder Bay
204	Cochrane District Detox Centre, Smooth Rock Falls
75	Community Care Centre For Substance Abuse, Barrie
133	Cornwall & Area Social Detox, Cornwall
151	Elizabeth Bruyere Health Centre, Detoxification Centre, Ottawa
16	Grey Bruce Detoxification Centre, Owen Sound
50	Hamilton Men's Detox Centre, Hamilton
51	Hamilton Women's Detox Centre, Hamilton
62	Holmes House Haldimand Norfolk Detoxification and Rehabilitation Service, Simcoe
44	Homewood Health Centre, Homewood Alcohol and Drug Services (HADS), Guelph
139	Hotel Dieu Hospital Detoxification Centre, Kingston
95	Humber Memorial Hospital Chemical Dependency Treatment Unit, Weston
140	Institute of Psychotherapy Limited, Kingston
226	Kenora Detoxification Centre, Kenora
65	Niagara Regional Men's and Women's Detoxification Centres, St. Catharines
192	Nipissing Detoxification Centre, North Bay
181	Oaks Centre Detoxification Services, Elliot Lake
208	Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
115	Pinewood Centre, Oshawa
159	Royal Ottawa Hospital Addiction Program, Ottawa
203	Sault Ste. Marie Detoxification Centre, Sault Ste. Marie
9	St. Joeseph's Detoxification Centre, London
104	St. Joseph's Health Centre Detoxification Unit, Toronto
105	St. Michael's Hospital Detoxification Unit, Toronto
107	Toronto East General Hospital Detoxification Centre, Toronto
107	Toronto Hospital, Detoxification Unit, Toronto
56	Waterloo Regional Detoxification Centre, Kitchener
34	Windsor Regional Hospital Detoxification Centre, Windsor
108	Women's Own Detox Centre, Toronto

OUTPATIENT SERVICES

Page Agency

80 .... 416 Addiction Case Management Program, Toronto
41 .... ADAPT (Alcohol and Drug Assessment, Prevention and Treatment Program), Burlington
39 .... Addiction Assessment Services of Brant, Inc., Brantford
205 ... Addiction Counselling For Youth and Adults, Alliance Centre, Sturgeon Falls
81 .... Addiction Research Foundation, Clinical Research and Treatment Institute, Toronto
125 ... Addiction Services (Hastings and Prince Edward Counties) Inc., Belleville
73 .... Addiction Services For York Region (ASYR), Aurora
190 ... Addiction Services of Nipissing, North Bay
145 ... Addictions Assessment Services of Ottawa-Carleton, Ottawa
224 ... Addicitons Counselling Services, Kenora
197 ... Addictions Treatment Clinic, Sault Ste. Marie
25 .... Adolescent Substance Abuse Program, Teen Health Centre, Windsor
48 .... Alcohol and Drug Assessment Services, Hamilton
138 ... Alcohol and Drug Referral Centre of Kingston, Kingston
188 ... Alemotaeta, James Bay Community Mental Health Program, Moosonee
86 .... Alpha House, Toronto
197 ... Alternatives For Youth, Sault Ste. Marie
49 .... Alternatives For Youth (AY), Hamilton
147 ... Amethyst Women's Addiction Centre, Ottawa
177 ... Anishnabe Naadmaagi Gamig Substance Abuse Centre, Blind River
221 ... Atikokan Community Counselling, Drug/Alcohol Program, Atikokan
6 ..... Awareness andPrevention of Drug and Alcohol Abuse Program, Kettle Point Reserve
127 ... Belleville ATAC Centre (Addictions Treatment Assessment Counselling), Belleville
87 .... Bellwood Health Services Inc., Scarborough
40 .... Brant Alcove Rehabilitation Services Inc., Brantford
88 .... Breakaway Youth and Family Services, Etobicoke
198 ... Breton House, Sault Ste. Marie
128 ... Brock Cottage / Tennant House, Brockville
143 ... Buenavista-on-the-Rideau, Merrickville
225 ... Clarissa Manor Recovery Home Inc., Kenora
43 .... Community Alcohol and Drug Services, Guelph
199 ... Community Alcohol/Drug Assessment Program, Algoma Health Unit, Sault Ste. Marie
230 ... Community Counselling and Addiction Services, Sioux Lookout
90 .... Community Older Persons Alcohol Program (COPA), Toronto
110 ... Credit Valley Hospital Alcohol and Drug Treatment Program, Mississauga
149 ... David Smith Centre, Ottawa
120 ... Destiny Manor, Whitby
91 .... Doctor's Hospital Mental Health Services, Alcohol and Drug Services, Toronto
121 ... Durham Board of Education, Whitby
93 .... Elizabeth Fry Society, Drug and Alcohol Counselling Program, Toronto
179 ... Elliot Lake Family Life Centre, Family Addictions Program, Elliot Lake
153 ... Francophone Treatment Unit (FTU), Ottawa
17 .... Grey Bruce Regional Health Centre, Addiction Day Treatment Programs, Owen Sound
15 .... Grey-Bruce Alcohol Assessment and Referral Service, Owen Sound
61 .... Haldimand-Norfolk Addiction Service, Simcoe
185 ... Harmony House Inc., Kirkland Lake
137 ... Harvest House Ministries, Gloucester
57 .... Hope Place Women's Treatment Centre, Milton
94 .... Hospital For Sick Children, Substance Abuse Program, Toronto
5 ..... Huron Addiction Assessment and Referral Centre, Clinton
96 .... Jean Tweed Treatment Centre, Toronto
114 ... John Howard Society of Durham Region, Oshawa
119 ... John Howard Society, DATE Program (Drug & Alcohol Treatment & Education), Peterborough

Page	Agency
30	John Howard Society, Juvenile Crisis Intervention Program, Windsor
141	Kairos, Kingston
97	Kensington Clinic, Toronto
3	Kent County Addictions Program, Chatham
235	Lakehead Addictions Centre, Thunder Bay
144	Lennox and Addington Addiction Services, Napanee
156	Lifestyle Enrichment For Senior Adults (LESA), Ottawa
169	Maison Fraternite, Vanier
36	Maplewood Counselling Inc., Woodstock
53	Moreland Centre, Hamilton
207	N'Swakamok Native Friendship Centre, Sudbury
46	Native Horizons Treatment Centre, Hagersville
47	New Credit Alcohol and Drug Abuse Program, Hagersville
58	New Directions, Ohsweken
59	New Port Centre, Port Colborne
218	Ngwaagan Gamig Recovery Centre Inc. (Rainbow Lodge), Wikwemikong
183	North Cochrane Addiction Services Inc. (NCAS), Kapuskasing
99	North York General Hospital Substance Abuse Program, Willowdale
79	Northumberland Addictions Service, Cobourg
222	OH-SHKI-BE-MA-TE-ZE-WIN, INC., Fort Frances
21	Onyota'a:ka Drug and Alcohol Counselling Centre, Southwold
67	Outpatient Treatment, Education and Counselling Program, St. Catharines
165	Pathways Alcohol and Drug Treatment Services of Renfrew County, Renfrew
77	Peel Addiction Assessment and Referral Centre, Brampton
78	Peel Memorial Hospital, Addiction Counselling Services of Peel, Brampton
111	Peel Youth Substance Abuse Program, Mississauga
23	Perth Addiction Centre Inc., Stratford
208	Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
115	Pinewood Centre, Oshawa
229	Red Lake/Ear Falls Alcohol and Drug Assessment/Referral and Counselling Service, Red Lake
157	Rideauwood Institute, Ottawa
222	Riverside Community Addiction Services, Fort Frances
211	Robins Hill After Care Services Inc., Sudbury
159	Royal Ottawa Hospital Addiction Program, Ottawa
214	Salvation Army Addiction and Rehabilitation (Sudbury), Sudbury
8	Salvation Army Correctional and Justice Services Addiction Education Program, London
32	Salvation Army Substance Abuse Program, Windsor
20	Sarnia General Hospital Addiction Services, Sarnia
21	Saugeen Native Drug & Alcohol Counselling Centre, Southampton
236	Smith Alcohol & Drug Dependency Clinic - Treatment Centre, Thunder Bay
195	St. Joseph's Treatment Centre, North Bay
10	St. Leonard's Society of London, London
22	St. Thomas Addiction Rehabilitation Unit, St. Thomas
106	Street Haven at the Crossroads / Grant House, Toronto
33	Substance Abuse Program, Community Mental Health Clinic, Windsor
221	Sunset Country Counselling Services, Dryden
112	T.A. Patterson & Associates Inc., Mississauga
12	Thames Valley Addiction Assessment and Referral Centre, London
166	Tri County Addictions Program (TRICAP), Smiths Falls
24	Westover Treatment Centre, Thamesville
109	YMCA Youth Substance Abuse Program, Toronto
56	Young Adult Substance Abuse Clinic, Kitchener
227	Youth Addictions Healing Centre, Kenora
18	Youth Addictions Services, Owen Sound
109	Youth Clinical Services, Inc., Downsview

DAY/EVENING SERVICES

Page	Agency
81	Addiction Research Foundation, Clinical Research and Treatment Institute, Toronto
125	Addiction Services (Hastings and Prince Edward Counties) Inc., Belleville
49	Alcohol and Drug Relapse Prevention Program, Hamilton
63	Alcohol and Drug Treatment Centre (Niagara), St. Catharines
147	Amethyst Women's Addiction Centre, Ottawa
127	Belleville ATAC Centre (Addictions Treatment Assessment Counselling), Belleville
87	Bellwood Health Services Inc., Scarborough
88	Breakaway Youth and Family Services, Etobicoke
89	Caritas Project - Community Against Drugs, North York
110	Credit Valley Hospital Alcohol and Drug Treatment Program, Mississauga
149	David Smith Centre, Ottawa
120	Destiny Manor, Whitby
92	Donwood Institute, Health Recovery Program, Toronto
118	Four Counties Addiction Services Team Inc. (FOURCAST), Peterborough
17	Grey Bruce Regional Health Centre, Addiction Day Treatment Programs, Owen Sound
62	Holmes House Haldimand Norfolk Detoxification and Rehabilitation Service, Simcoe
95	Humber Memorial Hospital Chemical Dependency Treatment Unit, Weston
96	Jean Tweed Treatment Centre, Toronto
206	Lakeside Centre, Sudbury
169	Maison Fraternite, Vanier
31	Maryvale Adolescent and Family Services, Windsor
58	New Directions, Ohsweken
218	Ngwaagan Gamig Recovery Centre Inc. (Rainbow Lodge), Wikwemikong
79	Northumberland Addictions Service, Cobourg
141	Options For Change, Kingston
115	Pinewood Centre, Oshawa
7	Quintin Warner House, London
131	Residential Rehabilitation Unit, Brockville Psychiatric Hospital, Brockville
143	Rideau Correctional and Treatment Centre, Merrickville
158	Roberts/Smart Centre, Ottawa
159	Royal Ottawa Hospital Addiction Program, Ottawa
214	Salvation Army Addiction and Rehabilitation (Sudbury), Sudbury
20	Sarnia General Hospital Addiction Services, Sarnia
195	St. Joseph's Treatment Centre, North Bay
33	Substance Abuse Program, Community Mental Health Clinic, Windsor
13	Turning Point, London
122	Vitanova Foundation, Woodbridge
227	Youth Addictions Healing Centre, Kenora

SHORT-TERM RESIDENTIAL SERVICES

Page	Agency
81	Addiction Research Foundation, Clinical Research and Treatment Institute, Toronto
125	Addiction Services (Hastings and Prince Edward Counties) Inc., Belleville
70	Alcontrol Homes, Waterloo
177	Anishnabe Naadmaagi Gamig Substance Abuse Centre, Blind River
87	Bellwood Health Services Inc., Scarborough
26	Brentwood Recovery Home, Windsor
178	Camillus Centre, Elliot Lake
120	Destiny Manor, Whitby
92	Donwood Institute, Health Recovery Program, Toronto
153	Francophone Treatment Unit (FTU), Ottawa
155	Gateway House, Ottawa
117	Georgianwood Addiction Centre, Penetanguishene
185	Harmony House Inc., Kirkland Lake
62	Holmes House Haldimand Norfolk Detoxification and Rehabilitation Service, Simcoe
44	Homewood Health Centre, Homewood Alcohol and Drug Services (HADS), Guelph
57	Hope Place Women's Treatment Centre, Milton
29	House of Sophrosyne, Windsor
140	Institute of Psychotherapy Limited, Kingston
96	Jean Tweed Treatment Centre, Toronto
216	Jubilee Centre Inc., Timmins
206	Lakeside Centre, Sudbury
169	Maison Fraternite, Vanier
182	Maison Renaissance, Hearst
226	Migisi Alcohol and Drug Abuse Treatment Centre, Kenora
53	Moreland Centre, Hamilton
173	Mount Carmel House Treatment Centre Inc., Williamstown
46	Native Horizons Treatment Centre, Hagersville
59	New Port Centre, Port Colborne
218	Ngwaagan Gamig Recovery Centre Inc. (Rainbow Lodge), Wikwemikong
79	Renascent Centres (Men) P.J. Sullivan Centre, Brooklin
101	Renascent Centres (Men) Punanai House, Toronto
101	Renascent Centres (Men) Walker House, Downsview
131	Residential Rehabilitation Unit, Brockville Psychiatric Hospital, Brockville
159	Royal Ottawa Hospital Addiction Program, Ottawa
188	Sagashtawao Healing Lodge, Moosonee
214	Salvation Army Addiction and Rehabilitation (Sudbury), Sudbury
236	Smith Alcohol & Drug Dependency Clinic - Treatment Centre, Thunder Bay
163	Sobriety House, Ottawa
195	St. Joseph's Treatment Centre, North Bay
22	St. Thomas Addiction Rehabilitation Unit, St. Thomas
238	Weendahmagen Alcohol & Drug Abuse Treatment Centre, Thunder Bay
24	Westover Treatment Centre, Thamesville

LONG-TERM RESIDENTIAL SERVICES

Page	Agency
69	174 King St. N. Alcoholism Recovery Home, Waterloo
232	3 C's Reintroduction Centre, Thunder Bay
125	Addiction Services (Hastings and Prince Edward Counties) Inc., Belleville
70	Alcontrol Homes, Waterloo
86	Alpha House, Toronto
132	Alwood Inc., Carleton Place
69	ARID (Alcohol Recovery in Dignity), Thorold
167	Billy Buffet's House of Welcome Inc. and Billy's House of Transition Inc., Vanier
40	Brant Alcove Rehabilitation Services Inc., Brantford
26	Brentwood Recovery Home, Windsor
198	Breton House, Sault Ste. Marie
128	Brock Cottage / Tennant House, Brockville
143	Buenavista-on-the-Rideau, Merrickville
89	Caritas Project - Community Against Drugs, North York
225	Clarissa Manor Recovery Home Inc., Kenora
234	Crossroads Centre Incorporated, Thunder Bay
223	Del-Art Manor Recovery Home, Keewatin
120	Destiny Manor, Whitby
152	Empathy House, Ottawa
153	Francophone Treatment Unit (FTU), Ottawa
135	Friendship Welcome Centre Inc., Cornwall
14	G & B House, Owen Sound
55	Halton Recovery House, Hornby
137	Harvest House Ministries, Gloucester
29	House of Sophrosyne, Windsor
155	James Street Recovery Program, Ottawa
201	Ken Brown Recovery Home, Sault Ste. Marie
206	Lakeside Centre, Sudbury
164	MacKay Manor Inc., Renfrew
98	Madeira Residential and Counselling Services, Etobicoke
196	Maison Arc-En-Ciel, Opasatika
169	Maison Fraternite, Vanier
52	Mary Ellis House, Hamilton
98	Matt Talbot Houses, Toronto
193	North Bay Half Way House, North Bay
201	Northern Treatment Centre, Sault Ste. Marie
119	Ozanam Community Home, Peterborough
100	Pedahbun Lodge, Toronto
136	Place Valois Place, Cornwall
42	Portage Ontario, Elora
7	Quintin Warner House, London
211	Robins Hill After Care Services Inc., Sudbury
213	Rockhaven, Sudbury
214	Salvation Army Addiction and Rehabilitation (Sudbury), Sudbury
102	Salvation Army Addiction and Rehabilitation Dept. Toronto West Harbour Light, Toronto
54	Salvation Army Addictions and Rehabilitation Centre (Hamilton), Hamilton
202	Salvation Army Adult Resource Centre, Sault Ste. Marie
161	Salvation Army Anchorage, Ottawa
102	Salvation Army Anchorage Addictions and Rehabilitation Centre, Toronto
103	Salvation Army Harbour Light Central, Toronto
103	Salvation Army Homestead, Toronto
80	Salvation Army Hope Acres Rehabilitation Centre, Glencairn

Page **Agency**

142 .. Salvation Army Kingston Harbour Light, Kingston
31 ... Salvation Army, Community & Rehabilitation Services, Windsor
162 .. Serenity House Inc., Ottawa
113 .. Seven South St. Recovery Homes, Orillia
10 ... St. Leonard's Society of London, London
104 .. St. Michael's Halfway Houses, Toronto
11 ... St. Stephen's House, London
45 ... Stonehenge Therapeutic Community, Guelph
106 .. Street Haven at the Crossroads / Grant House, Toronto
13 ... Turning Point, London
108 .. VincenPaul Community Homes, Toronto
54 ... Wayside House of Hamilton, Hamilton
68 ... Wayside House of St. Catharines, St. Catharines

SERVICES FOR SPECIAL POPULATIONS INDEXES

NATIVE PEOPLES

Page **Agency**

80 ... 416 Addiction Case Management Program, Toronto
190 .. Addiction Services of Nipissing, North Bay
232 .. Alcohol and Other Drug Assessment Program, Thunder Bay
188 .. Alemotaeta, James Bay Community Mental Health Program, Moosonee
177 .. Anishnabe Naadmaagi Gamig Substance Abuse Centre, Blind River
221 .. Atikokan Community Counselling, Drug/Alcohol Program, Atikokan
6 .... Awareness andPrevention of Drug and Alcohol Abuse Program, Kettle Point Reserve
19 ... Chippewas of Sarnia Substance Abuse Intervention Program, Sarnia
25 ... First Nations Addiction Awareness Centre, Wiarton
206 .. Lakeside Centre, Sudbury
226 .. Migisi Alcohol and Drug Abuse Treatment Centre, Kenora
207 .. N'Swakamok Native Friendship Centre, Sudbury
46 ... Native Horizons Treatment Centre, Hagersville
47 ... New Credit Alcohol and Drug Abuse Program, Hagersville
58 ... New Directions, Ohsweken
59 ... New Port Centre, Port Colborne
218 .. Ngwaagan Gamig Recovery Centre Inc. (Rainbow Lodge), Wikwemikong
201 .. Northern Treatment Centre, Sault Ste. Marie
222 .. OH-SHKI-BE-MA-TE-ZE-WIN, INC., Fort Frances
21 ... Onyota'a:ka Drug and Alcohol Counselling Centre, Southwold
100 .. Pedahbun Lodge, Toronto
229 .. Reverend Tommy Beardy Memorial Wee Che He Wayo-Gamik Family Treatment Centre, Muskrat Dam
188 .. Sagashtawao Healing Lodge, Moosonee
21 ... Saugeen Native Drug & Alcohol Counselling Centre, Southampton
238 .. Weendahmagen Alcohol & Drug Abuse Treatment Centre, Thunder Bay
227 .. Youth Addictions Healing Centre, Kenora

SENIORS

Page	Agency
125	Addiction Services (Hastings and Prince Edward Counties) Inc., Belleville
90	Community Older Persons Alcohol Program (COPA), Toronto
179	Elliot Lake Family Life Centre, Family Addictions Program, Elliot Lake
156	Lifestyle Enrichment For Senior Adults (LESA), Ottawa
98	Matt Talbot Houses, Toronto
163	Serenity Renewal for Families, Ottawa

WOMEN

Page	Agency
80	416 Addiction Case Management Program, Toronto
81	Addiction Research Foundation, Clinical Research and Treatment Institute, Toronto
48	Alcohol and Drug Assessment Services, Hamilton
49	Alcohol and Drug Relapse Prevention Program, Hamilton
63	Alcohol and Drug Treatment Centre (Niagara), St. Catharines
70	Alcontrol Homes, Waterloo
147	Amethyst Women's Addiction Centre, Ottawa
198	Breton House, Sault Ste. Marie
128	Brock Cottage / Tennant House, Brockville
143	Buenavista-on-the-Rideau, Merrickville
225	Clarissa Manor Recovery Home Inc., Kenora
234	Crossroads Centre Incorporated, Thunder Bay
120	Destiny Manor, Whitby
91	Doctor's Hospital Mental Health Services, Alcohol and Drug Services, Toronto
92	Donwood Institute, Health Recovery Program, Toronto
93	Elizabeth Fry Society, Drug and Alcohol Counselling Program, Toronto
152	Empathy House, Ottawa
51	Hamilton Women's Detox Centre, Hamilton
57	Hope Place Women's Treatment Centre, Milton
29	House of Sophrosyne, Windsor
96	Jean Tweed Treatment Centre, Toronto
235	Lakehead Addictions Centre, Thunder Bay
206	Lakeside Centre, Sudbury
169	Maison Fraternite, Vanier
52	Mary Ellis House, Hamilton
53	Moreland Centre, Hamilton
65	Niagara Regional Men's and Women's Detoxification Centres, St. Catharines
21	Onyota'a:ka Drug and Alcohol Counselling Centre, Southwold
141	Options For Change, Kingston
208	Pinegate Addiction Service, Program of Network North/Community Mental Health Grp, Sudbury
115	Pinewood Centre, Oshawa
7	Quintin Warner House, London
101	Renascent Centres (Men) Walker House, Downsview
157	Rideauwood Institute, Ottawa
211	Robins Hill After Care Services Inc., Sudbury
103	Salvation Army Homestead, Toronto
20	Sarnia General Hospital Addiction Services, Sarnia
195	St. Joseph's Treatment Centre, North Bay
106	Street Haven at the Crossroads / Grant House, Toronto
34	Windsor Regional Hospital Detoxification Centre, Windsor
108	Women's Own Detox Centre, Toronto

YOUTH

Page	Agency
39	Addiction Assessment Services of Brant, Inc., Brantford
205	Addiction Counselling For Youth and Adults, Alliance Centre, Sturgeon Falls
81	Addiction Research Foundation, Clinical Research and Treatment Institute, Toronto
190	Addiction Services of Nipissing, North Bay
25	Adolescent Substance Abuse Program, Teen Health Centre, Windsor
48	Alcohol and Drug Assessment Services, Hamilton
63	Alcohol and Drug Treatment Centre (Niagara), St. Catharines
197	Alternatives For Youth, Sault Ste. Marie
49	Alternatives For Youth (AY), Hamilton
132	Alwood Inc., Carleton Place
147	Amethyst Women's Addiction Centre, Ottawa
87	Bellwood Health Services Inc., Scarborough
88	Breakaway Youth and Family Services, Etobicoke
149	David Smith Centre, Ottawa
92	Donwood Institute, Health Recovery Program, Toronto
121	Durham Board of Education, Whitby
179	Elliot Lake Family Life Centre, Family Addictions Program, Elliot Lake
61	Haldimand-Norfolk Addiction Service, Simcoe
94	Hospital For Sick Children, Substance Abuse Program, Toronto
29	House of Sophrosyne, Windsor
155	James Street Recovery Program, Ottawa
119	John Howard Society, DATE Program (Drug & Alcohol Treatment & Education), Peterborough
30	John Howard Society, Juvenile Crisis Intervention Program, Windsor
141	Kairos, Kingston
3	Kent County Addictions Program, Chatham
196	Maison Arc-En-Ciel, Opasatika
169	Maison Fraternite, Vanier
36	Maplewood Counselling Inc., Woodstock
31	Maryvale Adolescent and Family Services, Windsor
21	Onyota'a:ka Drug and Alcohol Counselling Centre, Southwold
67	Outpatient Treatment, Education and Counselling Program, St. Catharines
111	Peel Youth Substance Abuse Program, Mississauga
208	Pinegate Addiction Service, Program of Network North/Community Mental Health Grp, Sudbury
115	Pinewood Centre, Oshawa
136	Place Valois Place, Cornwall
42	Portage Ontario, Elora
157	Rideauwood Institute, Ottawa
158	Roberts/Smart Centre, Ottawa
20	Sarnia General Hospital Addiction Services, Sarnia
163	Serenity Renewal for Families, Ottawa
236	Smith Alcohol & Drug Dependency Clinic - Treatment Centre, Thunder Bay
112	T.A. Patterson & Associates Inc., Mississauga
109	YMCA Youth Substance Abuse Program, Toronto
56	Young Adult Substance Abuse Clinic, Kitchener
227	Youth Addictions Healing Centre, Kenora
18	Youth Addictions Services, Owen Sound
109	Youth Clinical Services, Inc., Downsview

OTHER LANGUAGES

Page	Agency
	Arabic
122	Vitanova Foundation, Woodbridge
	Cree
188	Alemotaeta, James Bay Community Mental Health Program, Moosonee
230	Community Counselling and Addiction Services, Sioux Lookout
188	Sagashtawao Healing Lodge, Moosonee
217	South Cochrane Addiction Services Inc., Timmins
	Croatian
115	Pinewood Centre, Oshawa
122	Vitanova Foundation, Woodbridge
	Czecoslovakian
130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
	Dutch
51	Hamilton Women's Detox Centre, Hamilton
64	Niagara Alcohol and Drug Assessment Service, St Catharines
67	Outpatient Treatment, Education and Counselling Program, St Catharines
9	St. Joeseph's Detoxification Centre, London
	Estonian
115	Pinewood Centre, Oshawa
	Finnish
197	Addictions Treatment Clinic, Sault Ste. Marie
233	Balmoral Centre, Thunder Bay
208	Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
	French
205	Addiction Counselling For Youth and Adults, Alliance Centre, Sturgeon Falls
81	Addiction Research Foundation, Clinical Research and Treatment Institute, Toronto
73	Addiction Services For York Region (ASYR), Aurora
190	Addiction Services of Nipissing, North Bay
145	Addictions Assessment Services of Ottawa-Carleton, Ottawa
147	Amethyst Women's Addiction Centre, Ottawa
167	Billy Buffet's House of Welcome Inc. and Billy's House of Transition Inc., Vanier
26	Brentwood Recovery Home, Windsor
204	Cochrane District Detox Centre, Smooth Rock Falls
199	Community Alcohol/Drug Assessment Program, Algoma Health Unit, Sault Ste Marie
75	Community Care Centre For Substance Abuse, Barrie
230	Community Counselling and Addiction Services, Sioux Lookout
133	Cornwall & Area Social Detox, Cornwall
149	David Smith Centre, Ottawa
134	Drug Addiction Program, Eastern Ontario Health Unit, Cornwall
151	Elizabeth Bruyere Health Centre, Detoxification Centre, Ottawa
179	Elliot Lake Family Life Centre, Family Addictions Program, Elliot Lake
153	Francophone Treatment Unit (FTU), Ottawa
117	Georgianwood Addiction Centre, Penetanguishene
51	Hamilton Women's Detox Centre, Hamilton

Page	Agency
185	Harmony House Inc., Kirkland Lake
62	Holmes House Haldimand Norfolk Detoxification and Rehabilitation Service, Simcoe
139	Hotel Dieu Hospital Detoxification Centre, Kingston
3	Kent County Addictions Program, Chatham
130	Lanark Leeds Grenville Addiction Assessment Services, Brockville
156	Lifestyle Enrichment For Senior Adults (LESA), Ottawa
164	MacKay Manor Inc., Renfrew
196	Maison Arc-En-Ciel, Opasatika
169	Maison Fraternite, Vanier
182	Maison Renaissance, Hearst
59	New Port Centre, Port Colborne
64	Niagara Alcohol and Drug Assessment Service, St Catharines
65	Niagara Regional Men's and Women's Detoxification Centres, St Catharines
192	Nipissing Detoxification Centre, North Bay
193	North Bay Half Way House, North Bay
183	North Cochrane Addiction Services Inc. (NCAS), Kapuskasing
228	North of Superior Programs, Manitouwadge
181	Oaks Centre Detoxification Services, Elliot Lake
78	Peel Memorial Hospital, Addiction Counselling Services of Peel, Brampton
208	Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
115	Pinewood Centre, Oshawa
136	Place Valois Place, Cornwall
42	Portage Ontario, Elora
158	Roberts/Smart Centre, Ottawa
211	Robins Hill After Care Services Inc., Sudbury
159	Royal Ottawa Hospital Addiction Program, Ottawa
214	Salvation Army Addiction and Rehabilitation (Sudbury), Sudbury
203	Sault Ste. Marie Detoxification Centre, Sault Ste. Marie
236	Smith Alcohol & Drug Dependency Clinic - Treatment Centre, Thunder Bay
217	South Cochrane Addiction Services Inc., Timmins
9	St. Joeseph's Detoxification Centre, London
33	Substance Abuse Program, Community Mental Health Clinic, Windsor
189	Timiskaming Addiction Assessment Program (TAAP), New Liskeard
68	Wayside House of St. Catharines, St. Catharines
34	Windsor Regional Hospital Detoxification Centre, Windsor
	German
62	Holmes House Haldimand Norfolk Detoxification and Rehabilitation Service, Simcoe
64	Niagara Alcohol and Drug Assessment Service, St. Catharines
122	Vitanova Foundation, Woodbridge
	Hindi
115	Pinewood Centre, Oshawa
	Italian
39	Addiction Assessment Services of Brant, Inc., Brantford
89	Caritas Project - Community Against Drugs, North York
30	John Howard Society, Juvenile Crisis Intervention Program, Windsor
97	Kensington Clinic, Toronto
208	Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
42	Portage Ontario, Elora
122	Vitanova Foundation, Woodbridge
108	Women's Own Detox Centre, Toronto

Page	Agency
	Norwegian
108	Women's Own Detox Centre, Toronto
	Ojibway
190	Addiction Services of Nipissing, North Bay
177	Anishnabe Naadmaagi Gamig Substance Abuse Centre, Blind River
233	Balmoral Centre, Thunder Bay
226	Kenora Detoxification Centre, Kenora
226	Migisi Alcohol and Drug Abuse Treatment Centre, Kenora
207	N'Swakamok Native Friendship Centre, Sudbury
218	Ngwaagan Gamig Recovery Centre Inc. (Rainbow Lodge), Wikwemikong
222	OH-SHKI-BE-MA-TE-ZE-WIN, INC., Fort Frances
229	Red Lake/Ear Falls Alcohol and Drug Assessment/Referral and Counselling Service, Red Lake
21	Saugeen Native Drug & Alcohol Counselling Centre, Southampton
236	Smith Alcohol & Drug Dependency Clinic - Treatment Centre, Thunder Bay
217	South Cochrane Addiction Services Inc., Timmins
238	Weendahmagen Alcohol & Drug Abuse Treatment Centre, Thunder Bay
108	Women's Own Detox Centre, Toronto
227	Youth Addictions Healing Centre, Kenora
	Oneida
21	Onyota'a:ka Drug and Alcohol Counselling Centre, Southwold
	Polish
73	Addiction Services For York Region (ASYR), Aurora
90	Community Older Persons Alcohol Program (COPA), Toronto
99	Metro Addiction Assessment Referral Service (MAARS), Toronto
	Portuguese
89	Caritas Project - Community Against Drugs, North York
91	Doctor's Hospital Mental Health Services, Alcohol and Drug Services, Toronto
97	Kensington Clinic, Toronto
111	Peel Youth Substance Abuse Program, Mississauga
108	Women's Own Detox Centre, Toronto
	Serbian
122	Vitanova Foundation, Woodbridge
	Sign
138	Alcohol and Drug Referral Centre of Kingston, Kingston
208	Pinegate Addiction Service, Program of Network North/Community Mental Health Group, Sudbury
	Spanish
89	Caritas Project - Community Against Drugs, North York
62	Holmes House Haldimand Norfolk Detoxification and Rehabilitation Service, Simcoe
97	Kensington Clinic, Toronto
64	Niagara Alcohol and Drug Assessment Service, St Catharines
111	Peel Youth Substance Abuse Program, Mississauga
31	Salvation Army, Community & Rehabilitation Services, Windsor
34	Windsor Regional Hospital Detoxification Centre, Windsor
108	Women's Own Detox Centre, Toronto

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Directory : alcohol and
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